



ecobaby

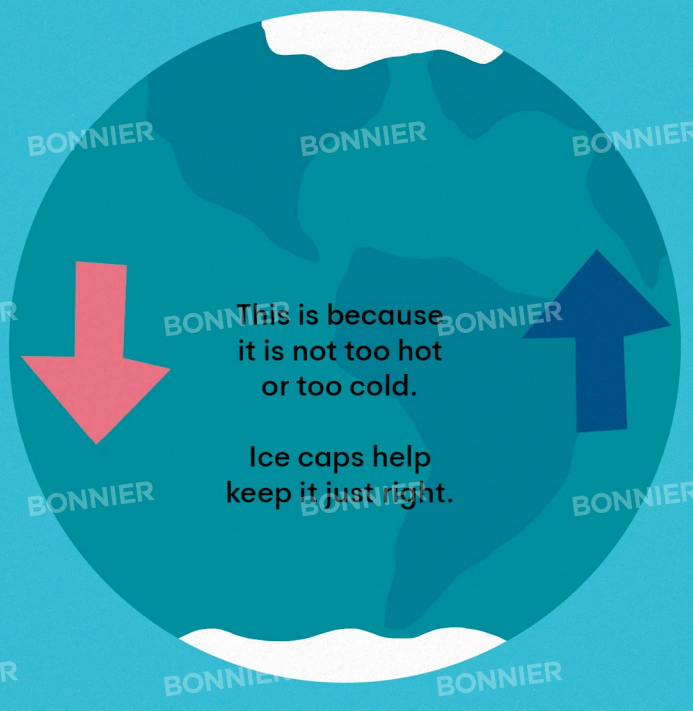


Ice Caps



Lorna Freytag

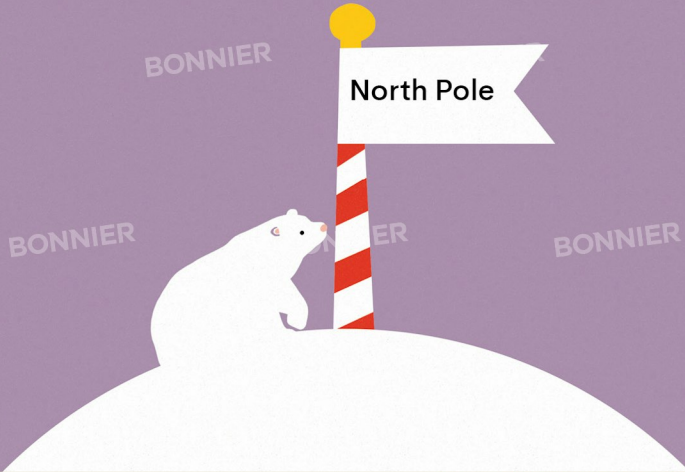
Our planet is full of life.



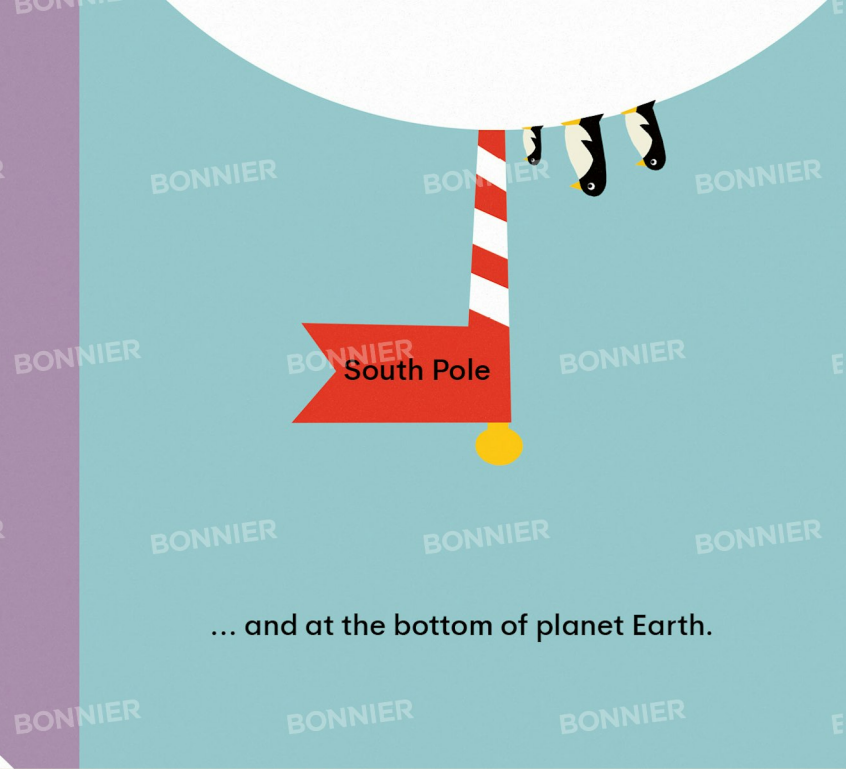
This is because
it is not too hot
or too cold.

Ice caps help
keep it just right.

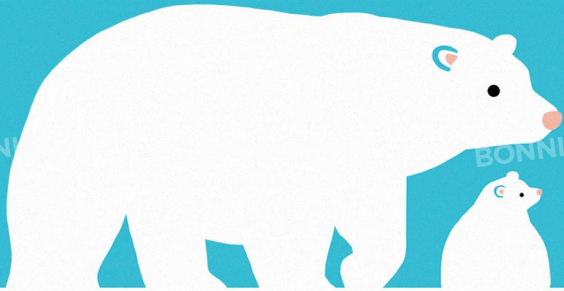
Ice caps are huge sheets of ice
at the top...



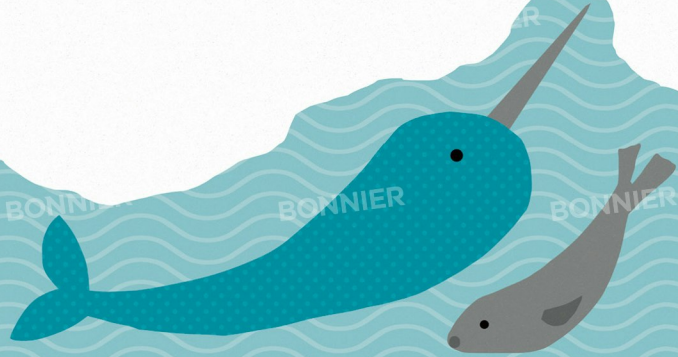
... and at the bottom of planet Earth.



Polar bears, seals and narwhals
live at the North Pole.



Ice caps are home to
animals, birds and fish.





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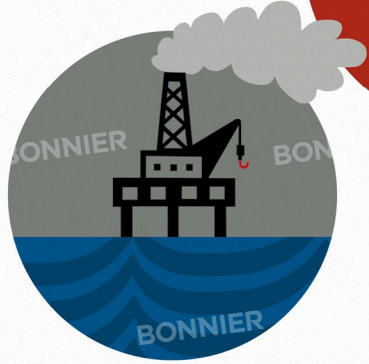
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At the South Pole
there are lots of...



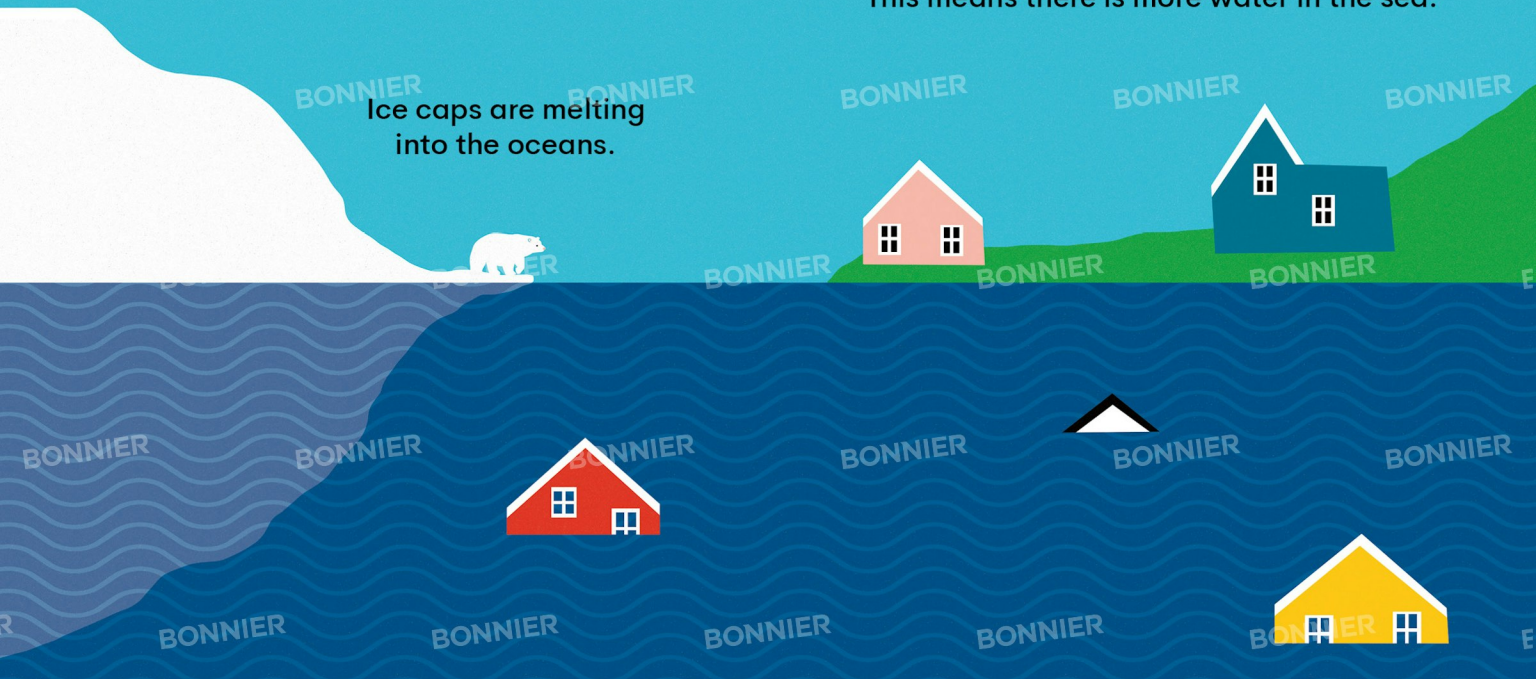
... penguins!




Earth is getting warmer
because our machines
heat up the air.

This means there is more water in the sea.

Ice caps are melting
into the oceans.



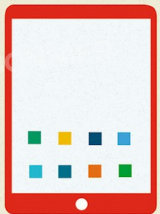


But there's lots you
can do to help!

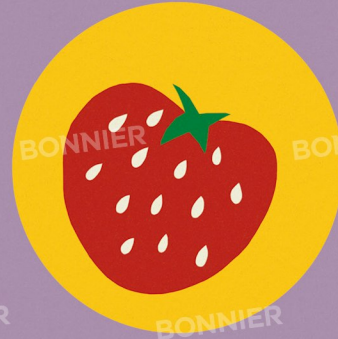
Walk, take the bus
or cycle instead of
taking the car.



Switch off lights and turn off things when they are not being used.



Plant a tree or grow your own food.



A little help can make a **BIG** difference!