

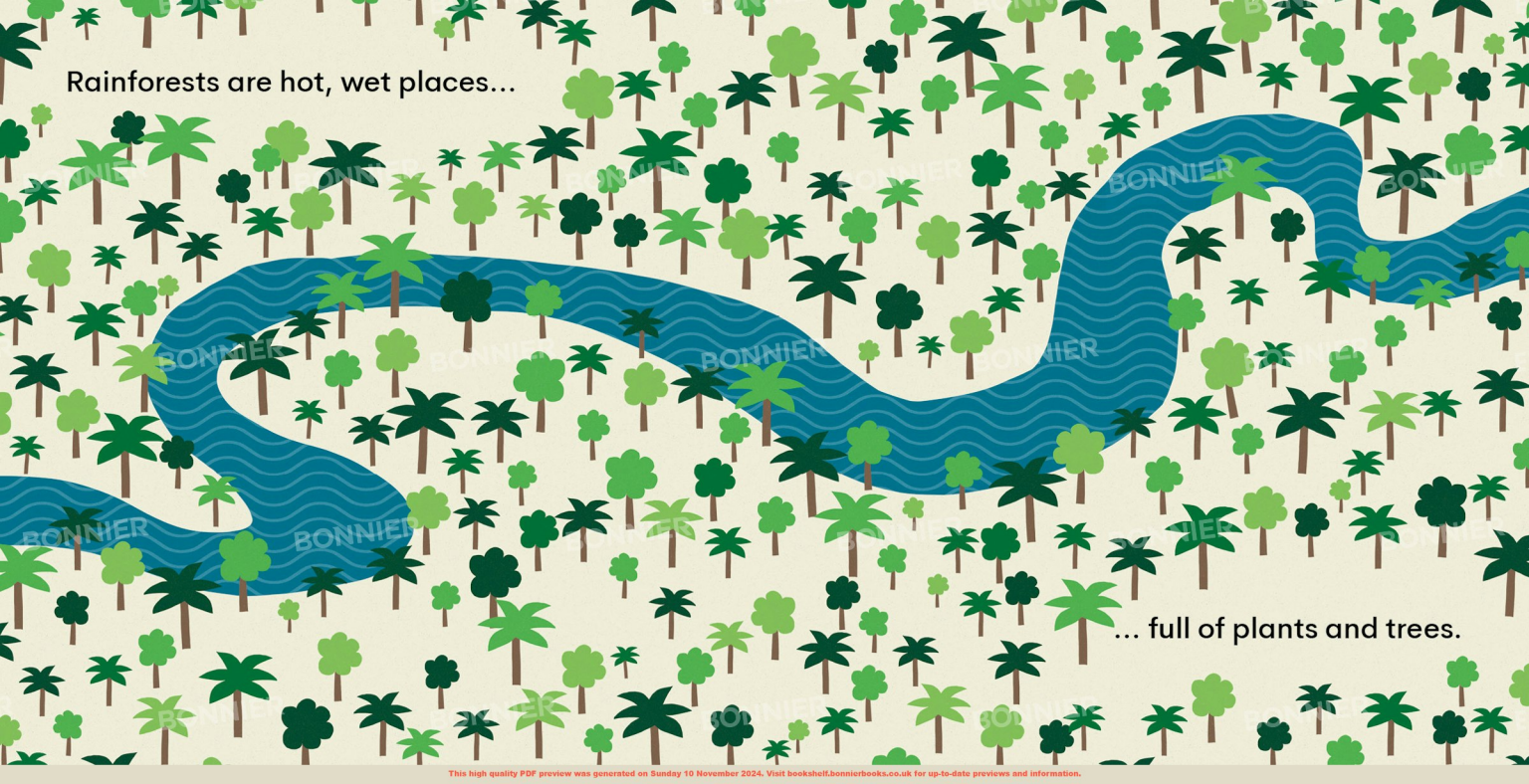


Rainforest



Lorna Freytag

Rainforests are hot, wet places...




... full of plants and trees.

Many of the world's plants
and animals live here.





In a rainforest it rains...
and it rains.



This helps plants
to grow quickly and stops
the planet from getting too hot.

Rainforests give us clean air to breathe...

... and they take away the dirty air.





Some useful food and medicine comes from the rainforest.



But we need to be careful not to take away too much.

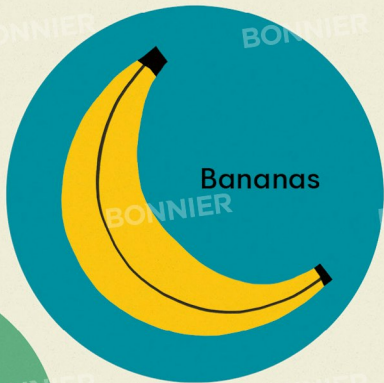
Trees are being chopped down to make paper and to clear space for farms.



But there are things we can do to help. Choose fair trade food that will grow back quickly...



Chocolate



Bananas

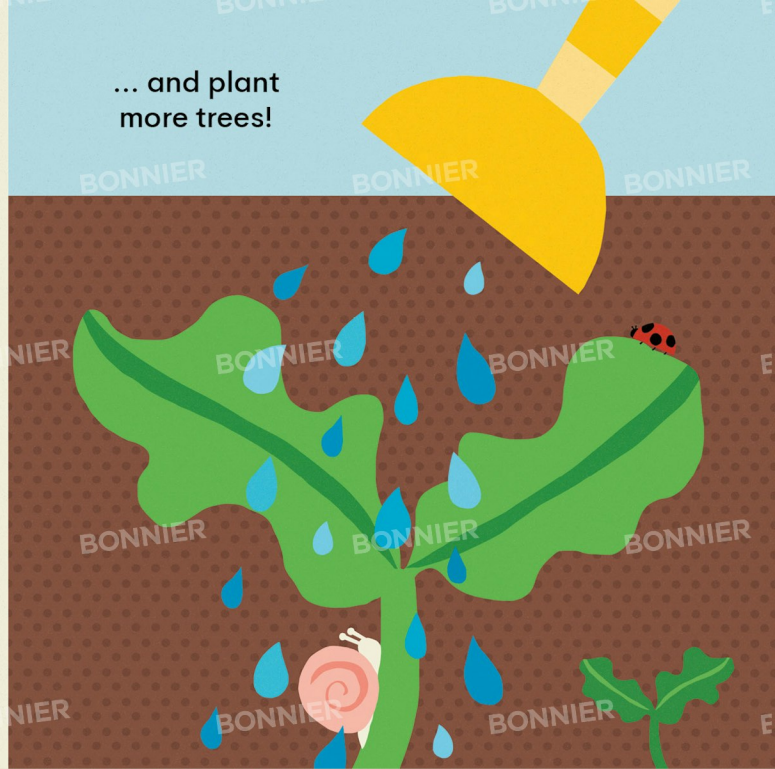


Coffee



Nuts

... and plant more trees!



Use less paper and
cardboard and
recycle as much as
you can!



A little help
can make a
BIG
difference!