

FROM
THE FILMS OF
Harry Potter
WIZARDING
WORLD



COURAGE

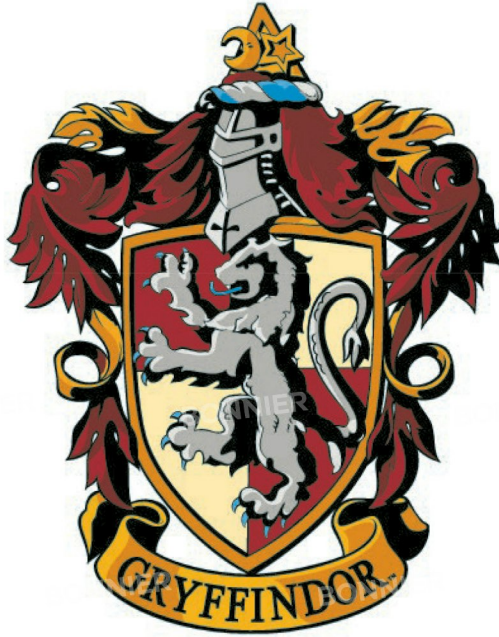


A GUIDED JOURNAL FOR
EMBRACING YOUR INNER

GRYFFINDORTM



Harry Potter™



COURAGE



A GUIDED JOURNAL FOR
EMBRACING YOUR INNER

GRYFFINDOR™



INTRODUCTION



COURAGE. BRAVERY. DETERMINATION. These are the traits of Gryffindor house, the bravest house at Hogwarts, emblazoned in their bold colours of red and gold and represented by a roaring lion. There are many notable and beloved Gryffindor characters in the Harry Potter films. From Harry Potter and Professor Dumbledore to the deceitful Peter Pettigrew, Gryffindors are represented by a wide range of witches and wizards. But what does it mean to truly be a Gryffindor? How can you bring out your natural qualities of courage, bravery and determination and apply them to your everyday life?

This journal, composed of 52 weeks of prompts, will help you reflect on, connect with and develop the Gryffindor inside you. Each week includes two kinds of prompts. The first is a simple form where you can record daily acts of courage, bravery and determination. Taking the structure of a simple “one-line-a-day” journal, this form allows you to record small “Gryffindor moments” that you encounter throughout your week. There is no pressure to fill one out every day. After all, you might not have the opportunity to be courageous every day. But it gives you an opportunity to notice and note small ways that you embody your Gryffindor persona. The second prompt goes deeper, referencing specific quotes, moments, places or characters from the films and inviting you to think about how being a Gryffindor shapes and affects your life. These prompts include freewriting, letter writing, list making, colouring and more.

The Harry Potter films have inspired us, now it’s time to explore further and embrace your inner Gryffindor.

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WEEK 1

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 1



GRYFFINDORS, LIKE HARRY, RON and Hermione – not to mention Professor Dumbledore – use courage, bravery and determination to accomplish their goals. By purposefully embracing your inner Gryffindor qualities, you are taking active steps to realise your dreams. What are you hoping to achieve or discover by using this journal? How do you see your Gryffindor traits helping you do this?



WEEK 2

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 2

COLOURING MEDITATIONS

The Sorting Hat sorts each Hogwarts student into their house on their first night at school, taking into account their background, talent, personalities and personal choice. Due to your courage, bravery and determination, you are a Gryffindor. Colour in the hat below and decorate the rest of the page with iconography and embellishments that represent your identity as a Gryffindor.



WEEK 3

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 3



IN *HARRY POTTER AND THE PHILOSOPHER'S STONE*, Harry discovers the Mirror of Erised in an unused classroom at Hogwarts. When he looks into it, he sees his parents. As Professor Dumbledore later explains, the mirror shows the viewer whatever their heart most desires. What do you think you would see if you looked in the mirror? Do you see a connection to your identity as a Gryffindor? What is it?





WEEK 4

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 5

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 5

"Your triumphs will earn you points. Any rule-breaking and you will lose points."

—Professor McGonagall, *Harry Potter and the Philosopher's Stone*

It's important to celebrate our victories.

Make a list of five recent accomplishments you achieved that you believe would earn you points for Gryffindor. Award yourself with the number of points you think you earned. Good job!



1. _____

Points: _____

2. _____

Points: _____

3. _____

Points: _____

4. _____

Points: _____

5. _____

Points: _____

WEEK 6

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 6



ON HARRY’S FIRST DAY AT HOGWARTS, he and Ron
get lost and are late to class. As a Gryffindor, imagine how you
would spend your first day at Hogwarts.





WEEK 7

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



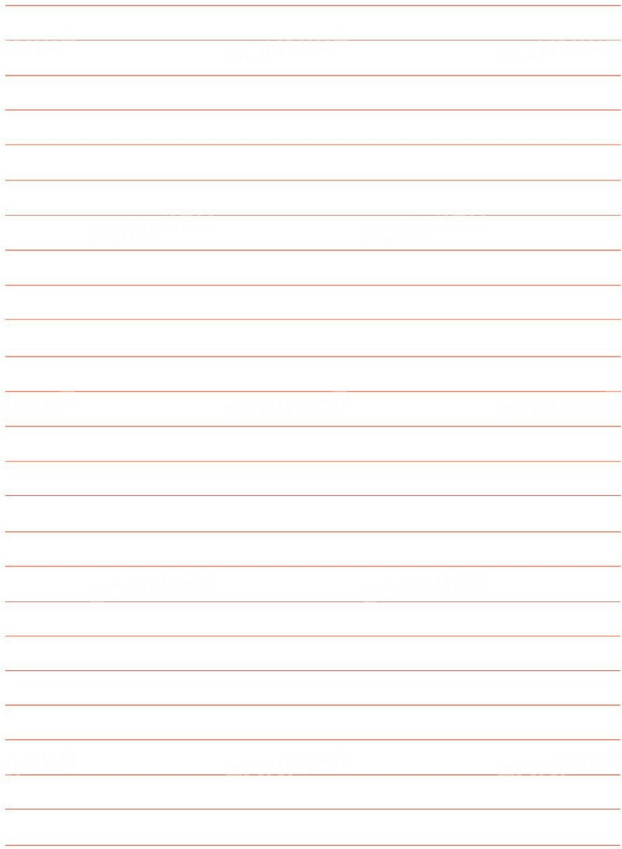
WEEK 7

OUR SKILLS AND TALENTS often reflect the inner qualities we naturally possess. For example, Harry is a skilled flier, a talent that could be said to reflect the Gryffindor traits of daringness and nerve.

What specific skills and talents do you possess, and how do you feel they relate to your qualities as a Gryffindor?



ABOVE: Concept art of Harry and the Firebolt by Dermot Power.



THIS PAGE: Concept art by Adam Brockbank.

WEEK 8

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 8



PROFESSOR MCGONAGALL IS THE HEAD of Gryffindor house during Harry's time at Hogwarts. There is no question that teachers, particularly those we work closely with, have a huge effect on the kind of person we grow up to be. Write a letter to your "head of house" – a teacher or mentor who helped you develop your Gryffindor qualities – reflecting on what they taught you and thanking them for being part of your journey.





WEEK 9

GRYFFINDOR MOMENTS:
Daily Acts of Courage, Bravery and Determination

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 9



PROFESSOR REMUS LUPIN comes to Hogwarts in *Harry Potter and the Prisoner of Azkaban* to be the new Defence Against the Dark Arts teacher. How do you think Professor Lupin's qualities as a Gryffindor are represented in his personality as a teacher? What do you think you could learn from him, both as a Gryffindor and as a person?





WEEK 10

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination

Monday

Tuesday

Wednesday

Thursday

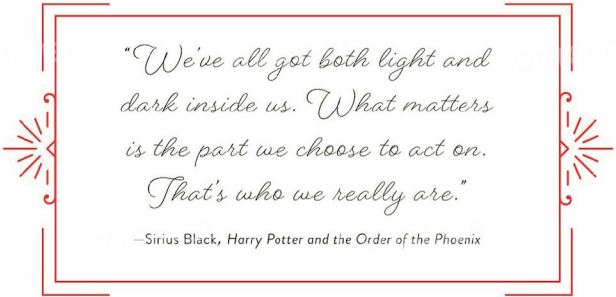
Friday

Saturday

Sunday



WEEK 10



"We've all got both light and dark inside us. What matters is the part we choose to act on. That's who we really are."

—Sirius Black, *Harry Potter and the Order of the Phoenix*

Sirius Black speaks this powerful quote to Harry in *Harry Potter and the Order of the Phoenix* at a moment when Harry is feeling scared, anxious and insecure in his identity. This quote could be interpreted to mean that we all have our strong points and our weak points, our positive attributes and our flaws. Gryffindors are usually described as courageous, brave and determined. Taken in another light, this could be interpreted as reckless and impulsive. Think about two moments in your life, one where your behaviour reflected the “light” side of Gryffindor and one where it reflected the “dark” side. Describe these events on the following page.

What can you learn from them?



Light: _____

Dark: _____

WEEK 11

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 11



IN *HARRY POTTER AND THE HALF-BLOOD PRINCE*, Fred and George Weasley finally achieve their long-term goal of opening their own joke shop. Write down three long-term goals you are currently working on. How do you see your assets as a Gryffindor helping you accomplish these aspirations?



1. _____

2. _____

3. _____



WEEK 12

GRYFFINDOR MOMENTS:
Daily Acts of Courage, Bravery and Determination

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 12



"Happiness can be found, even in the darkest of times, if one only remembers to turn on the light."

—Professor Dumbledore, *Harry Potter and the Prisoner of Azkaban*

List ten things that bring joy to your Gryffindor heart.

Refer back to these when you are experiencing times of trouble or stress.

- 1. _____
- _____
- _____
- _____
- 2. _____
- _____
- _____
- _____
- 3. _____
- _____
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- 4. _____
- _____
- _____



- 5. _____
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- 6. _____
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- 8. _____
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- 9. _____
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- 10. _____
- _____
- _____

WEEK 13

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 13



IN HARRY POTTER AND THE PHILOSOPHER'S STONE, Neville Longbottom tries to prevent Harry, Ron and Hermione from leaving the Gryffindor common room when they're sneaking out to find the Philosopher's Stone. Worried that his friends will get Gryffindor into trouble again, Neville even goes so far as to try to fight them to keep them from leaving. Do you think Neville made the right decision in that moment? Knowing what he knew at the time, would you have made the same choice? Why or why not?



Handwriting practice lines (left column) consisting of multiple horizontal lines.

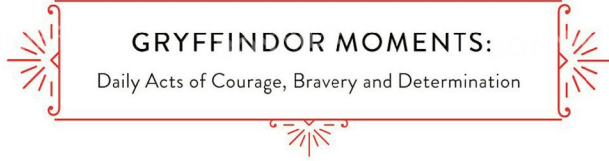


Handwriting practice lines (right column) consisting of multiple horizontal lines.

WEEK 14

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination



Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

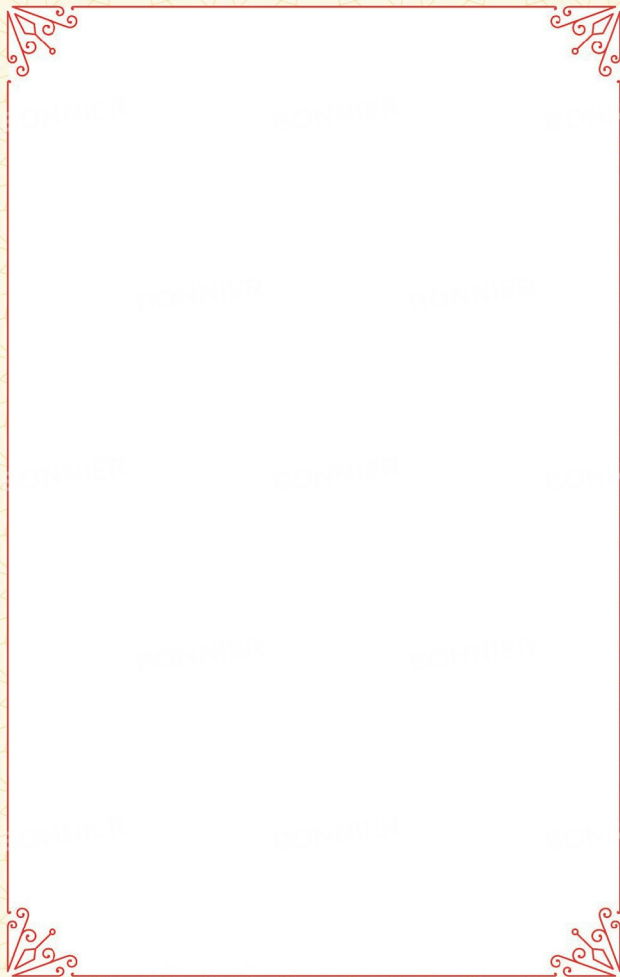
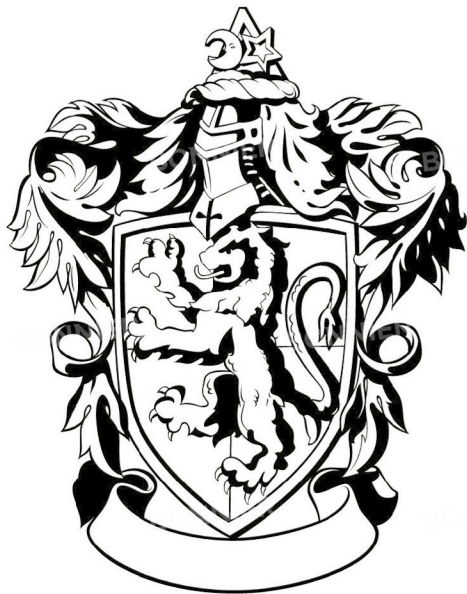
Sunday



WEEK 14

COLOURING MEDITATIONS

It's time to show some House Pride. Colour the Gryffindor crest below and decorate the rest of the page with embellishments and decorations of your choosing.



WEEK 15

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 15



IN THE HARRY POTTER FILMS, Harry Potter and Draco Malfoy are bitter rivals. Have you ever had a rivalry with another person? Were they in the same house as you or a different one? What about this person clashed with your traits as a Gryffindor?



Lined writing area on page 66 with red horizontal lines. A decorative red sparkles graphic is located in the bottom left corner.

Lined writing area on page 67 with red horizontal lines.

WEEK 16

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination

Monday

Tuesday

Wednesday

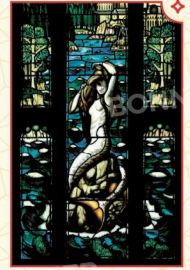
Thursday

Friday

Saturday

Sunday





CLOCKWISE FROM TOP LEFT: The exterior of Hogwarts castle by Andrew Williamson; a concept piece of the stained glass window in the prefects' bathroom by Adam Brockbank; a study of the Owlery by Andrew Williamson; a concept sketch of the second-years in Greenhouse Three by Andrew Williamson.

WEEK 17

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 17



IMAGINE YOU HAVE THE OPPORTUNITY to interview one Gryffindor from the Harry Potter films. Who would you choose?

Write ten questions you would ask them.



10 QUESTIONS FOR: _____

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____

WEEK 18

GRYFFINDOR MOMENTS:
Daily Acts of Courage, Bravery and Determination

Monday

Tuesday

Wednesday

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Friday

Saturday

Sunday



WEEK 18



PETER PETTIGREW WAS A GRYFFINDOR and close friend of Harry Potter's father, James. Despite being a Gryffindor, Pettigrew made some choices that went against the qualities usually associated with the house – namely, his decision to betray Lily and James to Voldemort when Harry was just one year old. Have you ever made a choice that went against your house's traits? Why? Describe the circumstances below.





WEEK 19

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 19



IN THE HARRY POTTER FILMS, family members are often – but not always – placed in the same houses. While all of the Weasleys are in Gryffindor and all of the Malfoys are in Slytherin, characters like Sirius Black and Parvati and Padma Patil are placed in different houses than other members of their family. What houses would your parents and siblings belong to and why? How do you think this might have contributed to your being a Gryffindor?

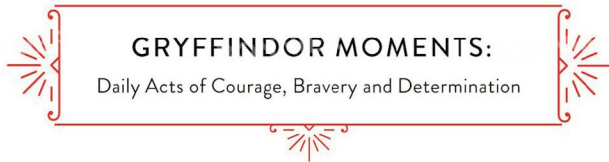




WEEK 20

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination



Monday

Tuesday

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Sunday



WEEK 20

"Words are, in my not-so-humble opinion, our most inexhaustible source of magic. Capable of both inflicting injury and remedying it."

—Professor Dumbledore, *Harry Potter and the Deathly Hallows - Part 2*


WORDS MATTER.

Write a mantra to help you tap into your inner Gryffindor.

Use the space below to draft your thoughts and write the final version in the shield on the opposite page.



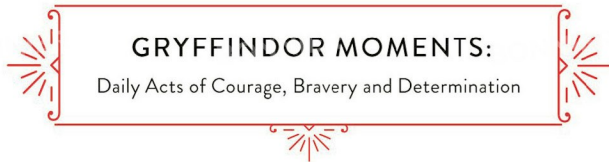
MY GRYFFINDOR MANTRA



WEEK 21

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination



Monday

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Wednesday

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Friday

Saturday

Sunday



WEEK 21

"Welcome to Hogwarts. Now in a few moments, you will pass through the doors and join your classmates, but before you can take your seats, you must be sorted into your houses. They are Gryffindor, Hufflepuff, Ravenclaw and Slytherin. Now while you're here, your house will be like your family."

—Professor McGonagall, *Harry Potter and the Philosopher's Stone*

Think about your closest friends.

What houses do they belong to? Are they the same as you?

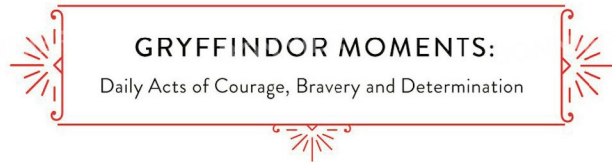
How does this affect your relationships?



WEEK 22

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination



Monday

Tuesday

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Thursday

Friday

Saturday

Sunday



WEEK 22



THINK ABOUT YOUR OWN SOCIAL INTERACTIONS as a "typical" Gryffindor. Write about a time you and your friends acted like Gryffindors. What did you do? Why is this particular memory valuable to you?





WEEK 23

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination

Monday

Tuesday

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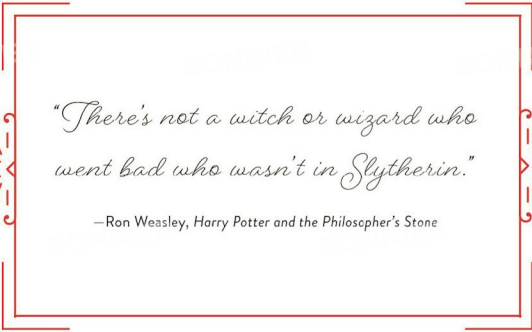
Friday

Saturday

Sunday



WEEK 23



"There's not a witch or wizard who went bad who wasn't in Slytherin."

—Ron Weasley, *Harry Potter and the Philosopher's Stone*

The above quote, spoken by Ron Weasley during the Sorting Ceremony in *Harry Potter and the Philosopher's Stone*, illustrates the fact that stereotypes exist even in the wizarding world. Whether it's the belief that all Slytherins are "bad" or that all Gryffindors are "arrogant" or "reckless", these stereotypes can be hurtful and unfair. What are some general stereotypes about Gryffindors that you feel are unfair?

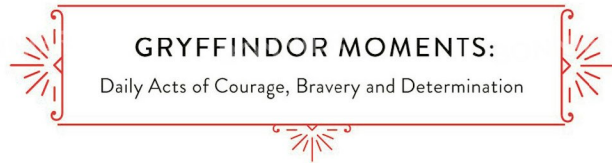
What do you say when confronted by them?



WEEK 24

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination



Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 24

*"But, listen, if it really means that
much to you, you can choose . . .*

*The Sorting Hat takes your
choice into account."*

—Harry Potter, *Harry Potter and the Deathly Hallows* – Part 2

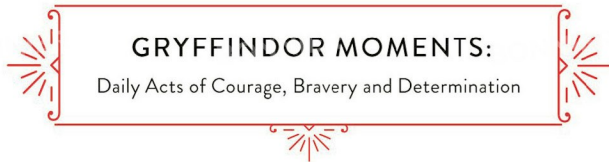
In the Harry Potter films, the Sorting Hat was originally planning to put Harry in Slytherin, but he pleaded with the hat not to, and the Sorting Hat accepted his choice. Given the choice, would you choose to be in Gryffindor? Why or why not?



WEEK 25

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination



Monday

Tuesday

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WEEK 25



IN *HARRY POTTER AND THE PHILOSOPHER'S STONE*, Harry, Ron, Hermione and Draco Malfoy are caught out of bed at night and sentenced to detention in the Forbidden Forest. Imagine you've been sentenced to detention at Hogwarts. Based on your personality as a Gryffindor, what rules do you think you'd be most likely to break and why?

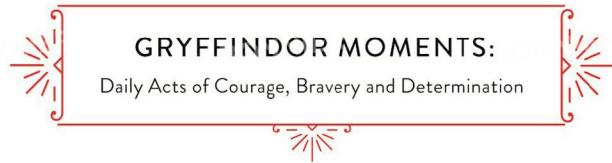




WEEK 26

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination



Monday

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Saturday

Sunday



WEEK 26

IN *HARRY POTTER AND THE PRISONER OF AZKABAN*, Professor Lupin teaches the third-year students how to repel a Boggart, a Dark creature that takes the form of whatever the person fears the most. Do you have any specific fears that relate to your identity as a Gryffindor? Fear of failure? Fear of boredom? Fear of spiders? Write these down here. On the following page where it reads “Riddikulus!” write what you would use to repel the Boggart if it turned into what you fear.



ABOVE: The Boggart version of Potions Master Severus Snape, dressed as Neville Longbottom's grandmother. Design by Jany Temime, drawn by Laurent Guinci.

WEEK 27

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination

Monday

Tuesday

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Friday

Saturday

Sunday



WEEK 27



THINK ABOUT THE HOUSE that you find the most difficult to relate to. What is it about that house that you, as a Gryffindor, find difficult to understand or appreciate?

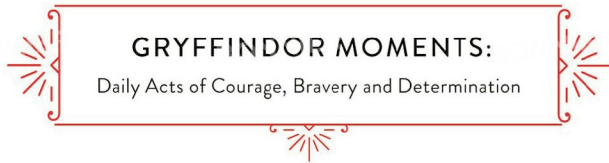
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Lined writing area for the right page, featuring a decorative red diamond icon in the top right corner.

WEEK 28

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination



Monday

Tuesday

Wednesday

Thursday

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Saturday

Sunday



WEEK 29

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination

Monday

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Thursday

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Saturday

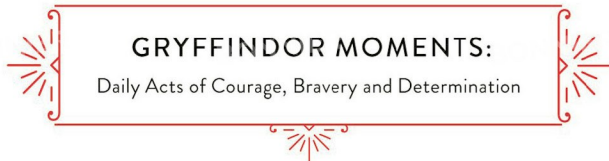
Sunday



WEEK 30

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination



Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 30



IMAGINE YOUR HOUSE JUST WON the House Cup.
How would you celebrate? Use this space to jot down some ideas
for the perfect House Cup party that Gryffindors everywhere
would love to attend.

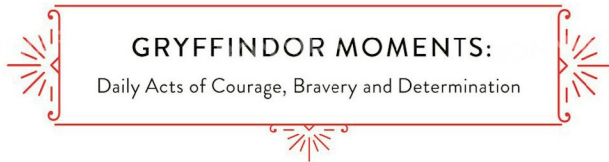




WEEK 31

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination



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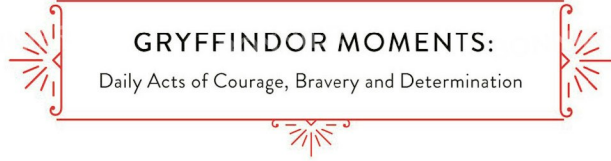
Sunday



WEEK 32

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination



Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 32



IN *HARRY POTTER AND THE HALF-BLOOD PRINCE*, Harry is given the task of retrieving a memory from Professor Slughorn. This poses a bit of a problem as the reluctant professor does his best to avoid Harry once he realises what Harry's trying to do. Harry eventually solves the problem by taking a dose of Felix Felicis and appealing to Slughorn's memory of Harry's mother. As a Gryffindor, how do you solve problems? When was the last time you used your Gryffindor qualities to solve a problem and how?



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Lined writing area for page 139, featuring horizontal lines.

WEEK 33

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination

Monday

Tuesday

Wednesday

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Saturday

Sunday



WEEK 33



IN *HARRY POTTER AND THE ORDER OF THE PHOENIX*, Harry mistakenly believes a vision sent to him by Lord Voldemort that shows his godfather, Sirius, in danger. Harry rushes to his godfather's aid, an action that eventually leads to Sirius's death. Think about the last time you made a mistake. Were there any aspects of your identity as a Gryffindor that played a part in the situation? What could you have done differently?





WEEK 34

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination

Monday

Tuesday

Wednesday

Thursday

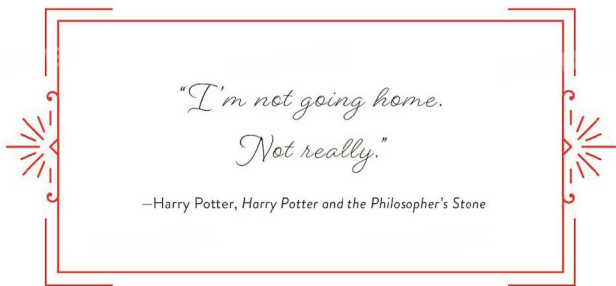
Friday

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WEEK 34



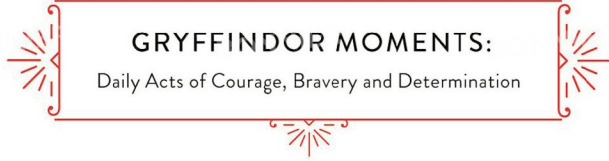
Everyone has special places in their lives. Places where they feel the most like themselves. For Harry, this is Hogwarts. Think about a space that is important to you as a Gryffindor. How does this space bring out those qualities that symbolise your inner Gryffindor?



WEEK 35

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination



Monday

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WEEK 35

IN *HARRY POTTER AND THE GOBLET OF FIRE*, Harry faces a Hungarian Horntail guarding a golden egg as the first task in the Triwizard Tournament. He uses his broomstick to complete the task, a decision that plays into his assets as a Gryffindor. How would you use your Gryffindor qualities – courage and nerve – to achieve this task?

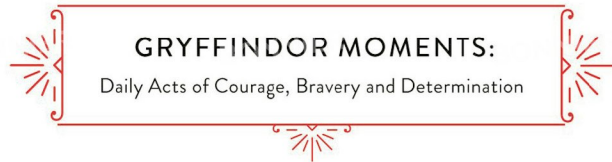


ABOVE: Concept art of Harry battling the Hungarian Horntail by Paul Catling.

WEEK 36

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination



Monday

Tuesday

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Sunday



WEEK 36



IN *HARRY POTTER AND THE CHAMBER OF SECRETS*, Harry discovers he can speak Parseltongue, a skill that frightens him due to its association with Dark wizards. Have you ever discovered something about yourself that frightened you? How can you use your assets as a Gryffindor to overcome that fear?

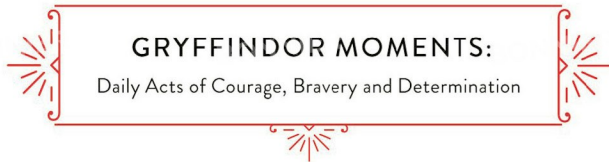




WEEK 37

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination



Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 37



WHILE LIFE IN THE HARRY POTTER FILMS never lacks excitement, in the real world, we all get bored from time to time. But boredom can be addressed with just a little creativity. Make a list of ten things you can do right now to challenge, interest or inspire your inner Gryffindor. Refer back to this the next time you need some inspiration.



1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

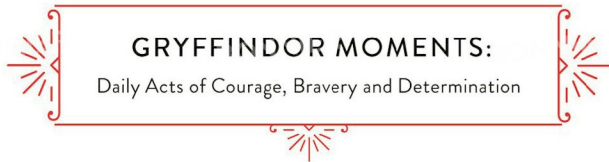
9. _____

10. _____

WEEK 38

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination



Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

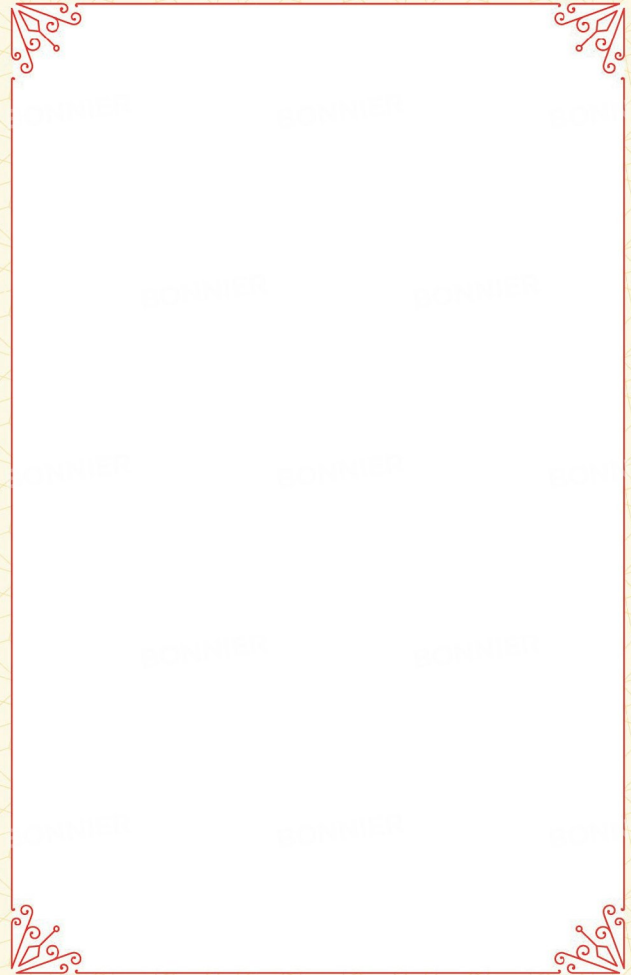
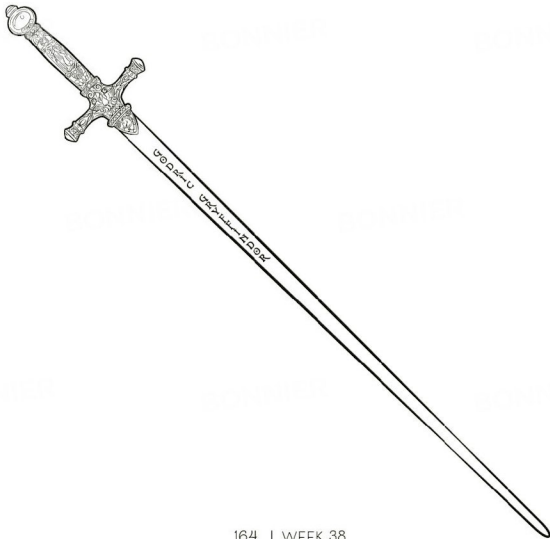
Sunday



WEEK 38

COLOURING MEDITATIONS

The Sword of Gryffindor is an iconic Gryffindor artifact that is known to appear to Gryffindors when they have a great need for it. What artifacts in your own life represent your identity as a Gryffindor? Colour in the sword below, and then decorate the rest of the page with illustrations, taped or glued-in ephemera, or other embellishments that symbolise these artifacts.



WEEK 39

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 39

*"For in dreams we enter a world
that is entirely our own. Let them
swim in the deepest ocean or glide
over the highest cloud."*

—Professor Dumbledore, *Harry Potter and the Prisoner of Azkaban*

Our dreams can reveal a lot about our inner world.

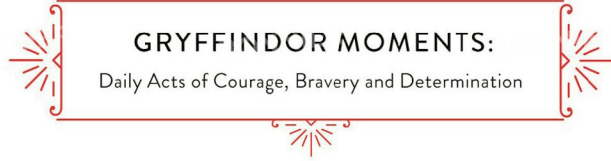
Write down a recent dream you had and how it
relates to your identity as a Gryffindor.



WEEK 40

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination



Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 40

IMAGINE YOU'VE BEEN MADE prefect at Hogwarts.

It's your job to help guide the new first-years in Gryffindor.

Write down five pieces of advice you would give them to help them embrace their Gryffindor identity.

1. _____

2. _____

3. _____

4. _____

5. _____

WEEK 41

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 41



IN THE HARRY POTTER FILMS, Harry encounters many adult figures who he looks up to and respects – Remus Lupin, Minerva McGonagall and even Severus Snape – who help shape his development into a hero. Think about a real-world Gryffindor in your life who has inspired you. What about this person do you most admire and respect?

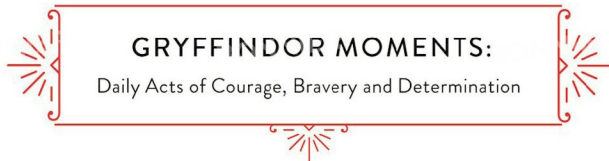




WEEK 42

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination



Monday

Tuesday

Wednesday

Thursday

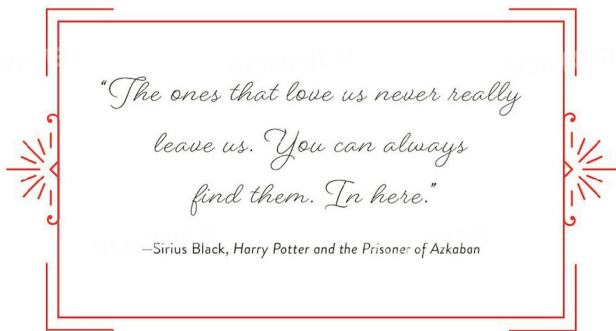
Friday

Saturday

Sunday



WEEK 42



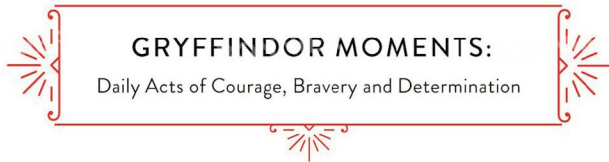
Think about someone you've lost in your life, either through death or another circumstance. Reflect on your relationship with that person and what they taught you. Did they play any part in your development as a Gryffindor? How so?



WEEK 43

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination



Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

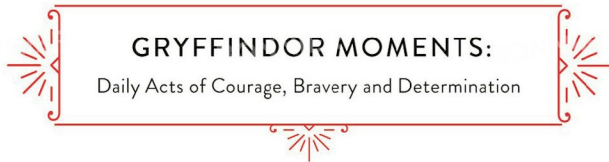
Sunday



WEEK 44

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination



Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 44



IN THE HARRY POTTER FILMS, there are moments of great danger and grief, especially in the later films as the wizarding world becomes enveloped in a devastating war against Lord Voldemort. In the real world, everyone deals with stress, pain and emotional upheaval from time to time. That's why it's important to prioritise self-care. As a Gryffindor, what does self-care mean to you? How do you take care of yourself when faced with stress or pain?





WEEK 45

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 45



YOU'VE JUST LANDED A MAJOR JOB INTERVIEW.

How can you use your assets as a Gryffindor to get the job?

Make a list of five things you can do to prepare.



1. _____

2. _____



3. _____

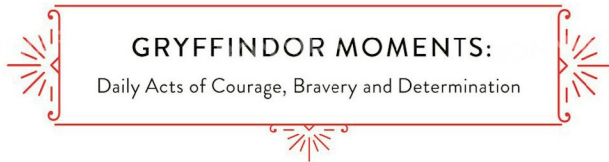
4. _____

5. _____

WEEK 46

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination



Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 46



THERE ARE MANY GREAT EXAMPLES of Gryffindor heroes in the Harry Potter films: Harry, Ron, Hermione, Neville Longbottom and many more. What do you think defines a Gryffindor hero? How can you, as a Gryffindor, be a hero to someone in your life?



Ruled lines for writing answers to the questions on the left page.



Ruled lines for writing answers to the questions on the right page.

WEEK 47

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 47



IN HARRY POTTER AND THE CHAMBER OF SECRETS, Draco Malfoy goads Ron Weasley into attacking him by calling Hermione a foul name, an act that plays into Ron's Gryffindor qualities of chivalry and determination. Has anybody ever used your traits as a Gryffindor against you? How could you have reacted differently?





WEEK 48

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 48



IN *HARRY POTTER AND THE ORDER OF THE PHOENIX*, Harry and his friends start Dumbledore’s Army, a secret student group dedicated to fighting Dolores Umbridge’s rules and learning practical Defence Against the Dark Arts skills. As a Gryffindor, how can you stand up for what you believe in? What kind of steps do you feel you can take to contribute?



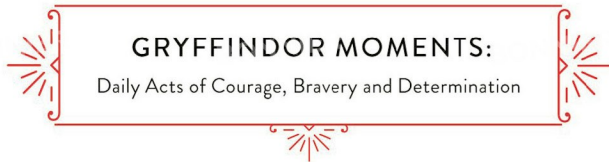
Handwriting practice lines on page 206. The page contains 12 horizontal lines. A decorative red diamond graphic is located in the bottom left corner of the page.

Handwriting practice lines on page 207. The page contains 12 horizontal lines.

WEEK 49

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination



Monday

Tuesday

Wednesday

Thursday

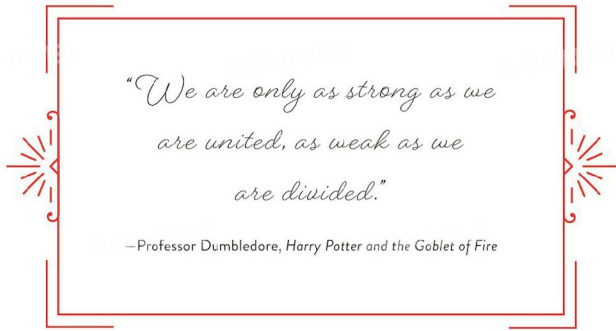
Friday

Saturday

Sunday



WEEK 49



*“We are only as strong as we
are united, as weak as we
are divided.”*

—Professor Dumbledore, *Harry Potter and the Goblet of Fire*

Think of a time you were in conflict with someone who embodies the characteristics of another house. How were you able to resolve the situation? Did your qualities as a Gryffindor prove to be an asset or an obstacle?



WEEK 50

GRYFFINDOR MOMENTS:
Daily Acts of Courage, Bravery and Determination

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 50



AS EVERYONE KNOWS, the traits of Gryffindor are courage, bravery and determination. After fifty weeks of reflection and development, which of these traits do you identify with the most? Which do you identify with the least? Are there any additional traits that you feel match the Gryffindor profile that are not talked about as much?



Multiple horizontal lines provided for writing answers.



Multiple horizontal lines provided for writing answers.

WEEK 51

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination

Monday

Tuesday

Wednesday

Thursday

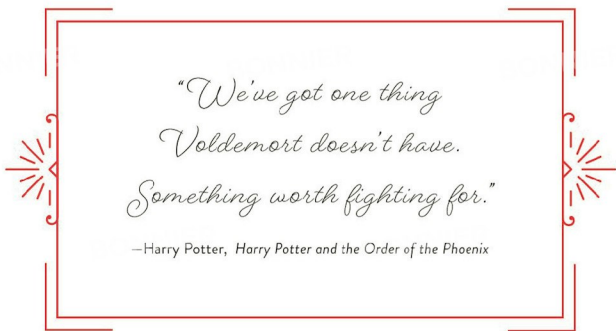
Friday

Saturday

Sunday



WEEK 51



*"We've got one thing
Voldemort doesn't have.
Something worth fighting for."*

—Harry Potter, *Harry Potter and the Order of the Phoenix*

Everybody believes in fighting for something.
As a Gryffindor, what do you think is worth fighting for?
How do you fight for it?



WEEK 52

GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination

Monday

Tuesday

Wednesday

Thursday

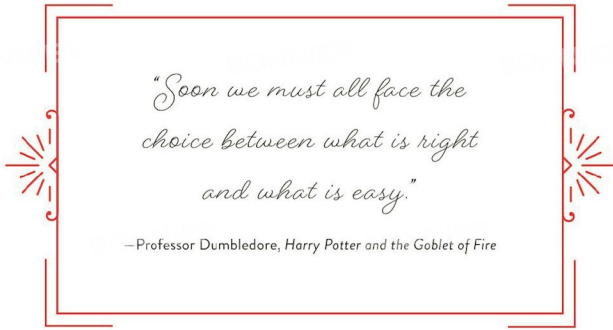
Friday

Saturday

Sunday



WEEK 52



For the final prompt, reflect on what you've learned.

How do your qualities as a Gryffindor
help you make the right choices?





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Library of Congress Cataloging-in-Publication Data available.

ISBN: 978-1-78741-956-8

Publisher: Raoul Goff
Creative Director: Chrissy Kwasnik
Senior Designer: Ashley Quackenbush
Editorial Assistant: Anna Wostenberg
Production Editor: Jennifer Bentham
Text by Hilary VandenBroek

Associate Publisher: Vanessa Lopez
VP of Manufacturing: Alix Nicholaeff
Editor: Hilary VandenBroek
Managing Editor: Lauren LaPera
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