

FROM
THE FILMS OF
Harry Potter

WIZARDING
WORLD



LOYALTY

A GUIDED JOURNAL FOR
EMBRACING YOUR INNER

HUFFLEPUFF™

Harry Potter™



LOYALTY

◆ —◆
A GUIDED JOURNAL FOR
EMBRACING YOUR INNER

HUFFLEPUFF™

◆ —◆



INTRODUCTION



LOYALTY. PATIENCE. DEDICATION. These are the traits of Hufflepuff house, the kindest house at Hogwarts, dressed in its warm colours of yellow and black and represented by a badger. There are many notable and beloved Hufflepuff characters in the Harry Potter films. From Cedric Diggory and Professor Sprout to Nymphadora Tonks, Hufflepuffs are represented by a wide range of witches and wizards. But what does it mean to truly be a Hufflepuff? How can you bring out your natural qualities of loyalty, patience and dedication and apply them to your everyday life?

This journal, composed of 52 weeks of prompts, will help you reflect on, connect with and develop the Hufflepuff inside you. Each week includes two kinds of prompts. The first is a simple form where you can record daily acts of loyalty, patience or dedication. Taking the structure of a simple “one-line-a-day” journal, this form allows you to record small “Hufflepuff moments” that you encounter throughout your week. There is no pressure to fill one out every day. After all, you may not have the opportunity to demonstrate loyalty or dedication every day. But it gives you an opportunity to notice and note small ways that you embody your Hufflepuff persona. The second prompt goes deeper, referencing specific quotes, moments, places or characters from the films and inviting you to think about how being a Hufflepuff shapes and affects your life. These prompts include freewriting, letter writing, list making, colouring and more.

The Harry Potter films have inspired us, now it's time to explore further and embrace your inner Hufflepuff.



WEEK 1

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 2

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 2

COLOURING MEDITATIONS

The Sorting Hat sorts each Hogwarts student into their house on their first night at school, taking into account their background, talents, personalities and personal choice. Due to your loyalty, patience and dedication, you have been sorted into Hufflepuff. Colour in the hat below, and decorate the rest of the page with iconography and details that represent your identity as a Hufflepuff.



WEEK 3

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 4

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 5

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 5

"Your triumphs will earn you points. Any rule-breaking and you will lose points."

—Professor McGonagall, *Harry Potter and the Philosopher's Stone*

It's important to celebrate our victories.

Make a list of five recent accomplishments you achieved that you believe would earn you points for Hufflepuff. Award yourself with the number of points you think you earned. Good job!



1. _____

_____ *Points:* _____

2. _____

_____ *Points:* _____

3. _____

_____ *Points:* _____

4. _____

_____ *Points:* _____

5. _____

_____ *Points:* _____

WEEK 6

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 7

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 8

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 9

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 10

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 10

"We've all got both light and dark inside us. What matters is the part we choose to act on. That's who we really are."

—Sirius Black, *Harry Potter and the Order of the Phoenix*

Sirius Black speaks this powerful quote to Harry in *Harry Potter and the Order of the Phoenix* at a moment when Harry is feeling scared, anxious and insecure in his identity. This quote could be interpreted to mean that we all have our strong points and our weak points, our positive attributes and our flaws. Hufflepuffs are usually described as loyal, patient and dedicated. But even these qualities can be taken too far if you allow people to take advantage of you. Think about two moments in your life, one when your behaviour reflected the “light” side of Hufflepuff and one when it reflected the “dark” side. Describe these events below. What can you learn from them?



Light:

Dark:

WEEK 11

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 12

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

Monday

Tuesday

Wednesday

Thursday

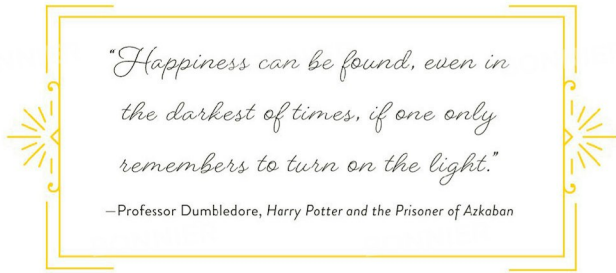
Friday

Saturday

Sunday



WEEK 12



List ten things that bring joy to your Hufflepuff heart.

Refer back to these when you are experiencing times of trouble or stress.

- 1. _____

- 2. _____

- 3. _____

- 4. _____



- 5. _____

- 6. _____

- 7. _____

- 8. _____

- 9. _____

- 10. _____

WEEK 13

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 14

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 14

COLOURING MEDITATIONS

It's time to show some house pride. Colour the Hufflepuff crest below, and decorate the rest of the page with embellishments and decorations of your choosing.



WEEK 15

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 16

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

Monday

Tuesday

Wednesday

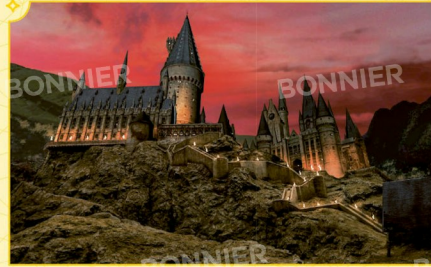
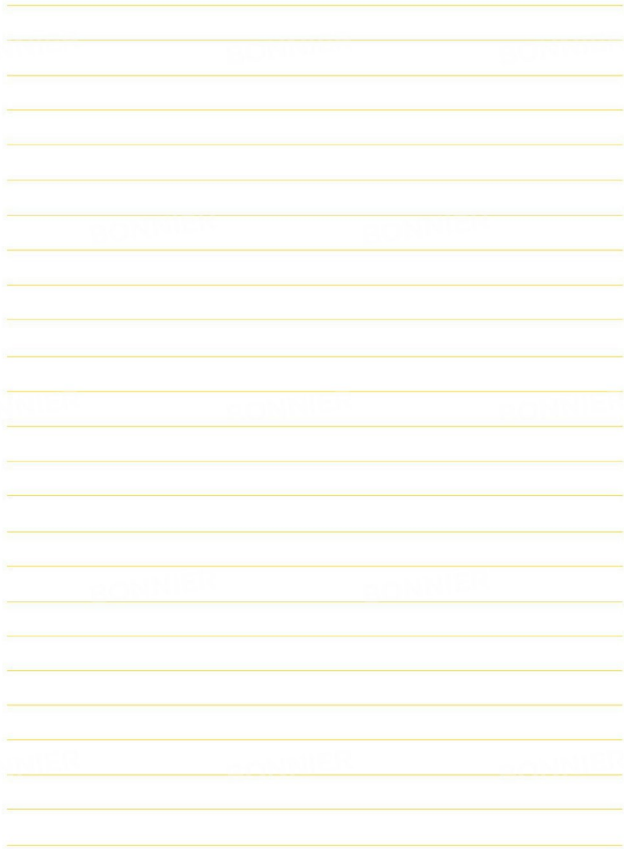
Thursday

Friday

Saturday

Sunday





CLOCKWISE FROM TOP LEFT: The exterior of Hogwarts castle by Andrew Williamson; a concept piece of the stained glass window in the prefects' bathroom by Adam Brockbank; a study of the Owlery by Andrew Williamson; a concept sketch of the second-years in Greenhouse Three by Andrew Williamson.

WEEK 17

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 17



IMAGINE YOU HAVE THE OPPORTUNITY to interview one Hufflepuff from the Harry Potter films. Who would you choose?

Write ten questions you would ask them.

10 QUESTIONS FOR: _____

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____

WEEK 18

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

Monday

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Sunday



WEEK 19

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

Monday

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Saturday

Sunday



WEEK 20

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

Monday

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Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 20

"Words are, in my not-so-humble opinion, our most inexhaustible source of magic. Capable of both inflicting injury and remedying it."

—Professor Dumbledore, *Harry Potter and the Deathly Hallows - Part 2*

WORDS MATTER!

Write a mantra to help you tap into your inner Hufflepuff.

Use the space below to sketch out your thoughts, and write the final version in the shield on the next page.



MY HUFFLEPUFF MANTRA

A large shield-shaped area with a white border. Inside the shield, there are several horizontal lines for writing. At the bottom center of the shield, there is a small yellow silhouette of a dog, representing the Hufflepuff house crest.

WEEK 21

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

Monday

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Saturday

Sunday



WEEK 21

“Welcome to Hogwarts. Now in a few moments, you will pass through the doors and join your classmates, but before you can take your seats, you must be sorted into your houses. They are Gryffindor, Hufflepuff, Ravenclaw and Slytherin. Now while you’re here, your house will be like your family.”

—Professor McGonagall, *Harry Potter and the Philosopher’s Stone*

Think about your closest friends.

What houses do they belong to? Are they the same as you?

How does this affect your relationships?



WEEK 22

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

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WEEK 23

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 24

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

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Thursday

Friday

Saturday

Sunday



WEEK 25

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

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Friday

Saturday

Sunday



WEEK 26

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

Monday

Tuesday

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Saturday

Sunday



WEEK 27

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

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Friday

Saturday

Sunday



WEEK 28

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

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Friday

Saturday

Sunday



WEEK 29

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

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Saturday

Sunday



WEEK 30

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

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Saturday

Sunday



WEEK 31

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

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Saturday

Sunday



WEEK 32

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

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Saturday

Sunday



WEEK 33

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication



Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 34

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 35

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

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Saturday

Sunday



WEEK 36

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

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Saturday

Sunday



WEEK 37

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

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Sunday



WEEK 37



WHILE LIFE IN THE HARRY POTTER FILMS never lacks excitement, in the real world, we all get bored from time to time. But boredom can be addressed with just a little creativity. Make a list of ten things you could do right now to challenge, interest or inspire your inner Hufflepuff. Refer back to this the next time you need a little inspiration.

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____

WEEK 38

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

Monday

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Sunday



WEEK 38

COLOURING MEDITATIONS

Helga Hufflepuff's cup is an iconic Hufflepuff artifact that was inspired by gold goblets and thistle-shaped medieval cups. What artifacts in your own life represent your identity as a Hufflepuff? Colour in the cup below, and then decorate the opposite page with illustrations, taped or glued-in ephemera, or other embellishments that symbolize these artifacts.



WEEK 39

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

Monday

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Saturday

Sunday



WEEK 39

*"For in dreams we enter a world
that is entirely our own. Let them
swim in the deepest ocean or glide
over the highest cloud."*

—Professor Dumbledore, *Harry Potter and the Prisoner of Azkaban*

Our dreams can reveal a lot about our inner world.

Write down a recent dream you had and how it
relates to your identity as a Hufflepuff.



WEEK 40

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication



Monday

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Sunday



WEEK 40

IMAGINE YOU'VE BEEN MADE a prefect at Hogwarts.

It's your job to help guide the new first-years in Hufflepuff.

Write down five pieces of advice you would give them to help them embrace their Hufflepuff identity.

1. _____

2. _____

3. _____

4. _____

5. _____

WEEK 41

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

Monday

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Sunday



WEEK 42

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

Monday

Tuesday

Wednesday

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Friday

Saturday

Sunday



WEEK 43

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

Monday

Tuesday

Wednesday

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Friday

Saturday

Sunday



WEEK 44

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

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Sunday



WEEK 45

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

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Saturday

Sunday



WEEK 45



YOU'VE JUST LANDED A MAJOR JOB INTERVIEW.

How can you use your assets as a Hufflepuff to get the job?

Make a list of five things you can do to prepare.



1. _____

2. _____



3. _____

4. _____

5. _____

WEEK 46

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

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Wednesday

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Friday

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Sunday



WEEK 47

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

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Thursday

Friday

Saturday

Sunday



WEEK 48

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 49

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 50

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 51

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 52

HUFFLEPUFF MOMENTS:

Daily Acts of Loyalty, Patience and Dedication

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



WEEK 52

*"Soon we must all face the
choice between what is right
and what is easy."*

—Professor Dumbledore, *Harry Potter and the Goblet of Fire*

For this final prompt, reflect on what you've learned.

How do your qualities as a Hufflepuff help you make the right choices?





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