



Dedicated to Niamh - S.B.

A TEMPLAR BOOK

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Certified Forest Childcare Provider

Printed in China



Stay safe!

It's important to stay safe while you play outside. This symbol will warn you when you need to take extra care.



Forest School kit list:





Water bottle



Sturdy shoes

Something to eat

Extras for a rainy day:





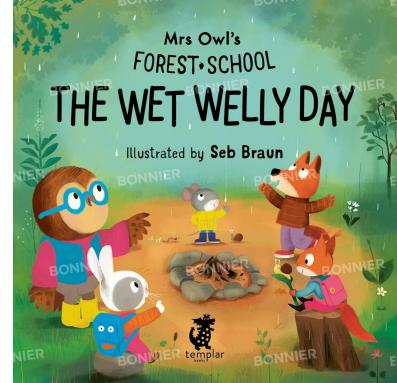
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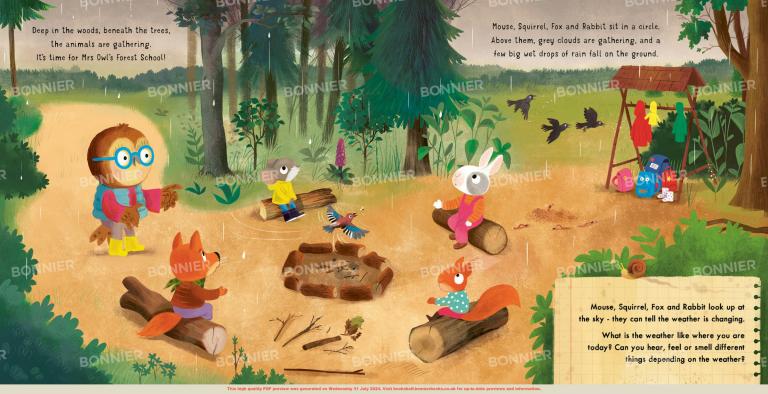


A waterproof hat or cap

Waterproof

trousers







"Oh no," squeals Squirrel.

"IT'S RAINING!"

Heavy raindrops are falling all around them.

"We can't play out in the rain," says Rabbit sadly.

"Of course we can!" says Mrs Owl.
"Quick, everyone into your waterproofs."

Mrs Owl helps the children change into their waterproof jackets and trousers.

They all have welly boots, too.

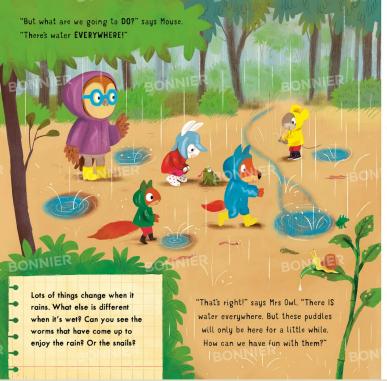


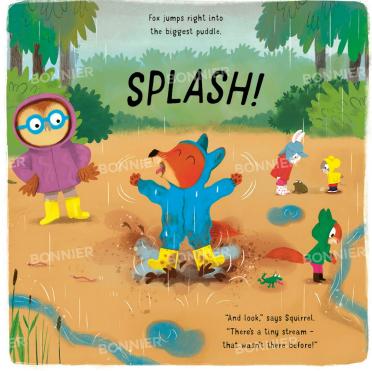






"See?" says Mrs Owl.
"There's no such thing as bad weather - just the wrong clothes!"





"Well spotted," says Mrs Owl.

"Would you like to make a little boat that we can send down the stream?"

MRS OWL'S GUIDE TO MAKING A BOAT

You will need:



2 Big Sticks for the base

HILLING



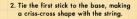


10 Smaller Sticks String (at

String (at least 1 metre)

Clo

Snap your small sticks so they are all about the same length.







3. Repeat this for all other sticks.

Do the same thing on the other
side of the boat.

If you want a sail, tie or glue your cloth onto another stick and push it firmly between the sticks of the raft.

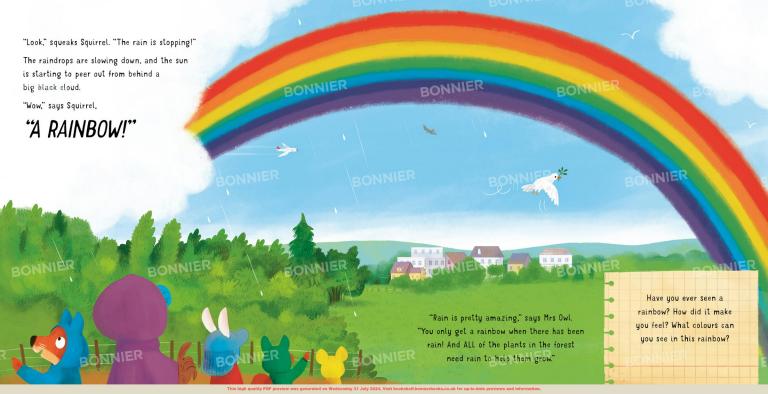


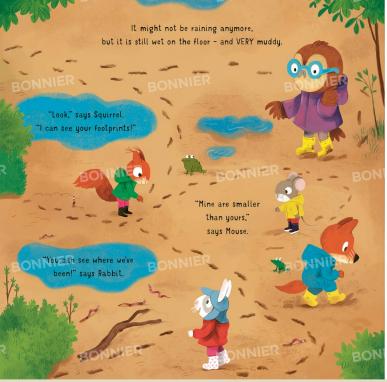




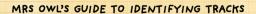




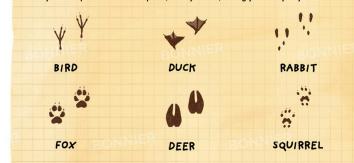


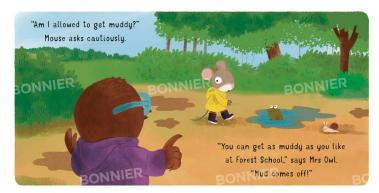






See if you can spot some of these prints, or any others, during your rainy day adventures.



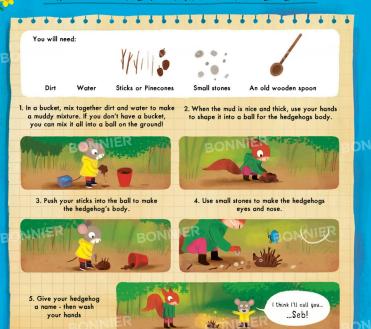








MRS OWL'S GUIDE TO MAKING A MUD HEDGEHOG





and...

"My mud pie!" cries Rabbit.
Her pie has been all squashed.
BONNER

...right into

Rabbit's mud pie.

Fox looks down at the mess.

He isn't jumping up and
down anymore.

"I'm sorry," says Fox.
"I didn't mean to
squash your pie."



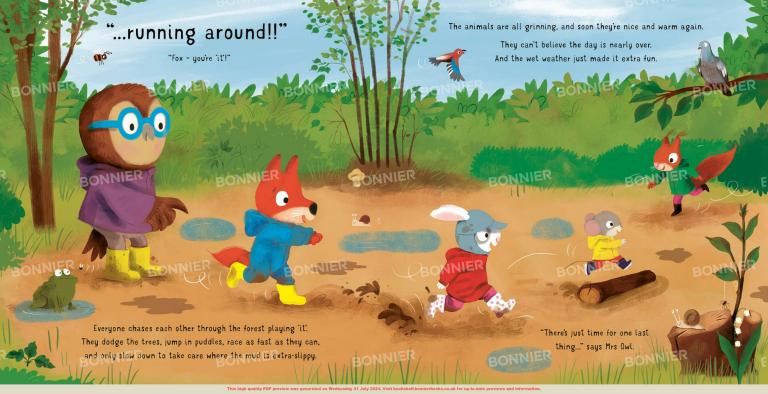


Rabbit tries her best to smile.
"It's ok," she says,
but she still looks a bit sad.

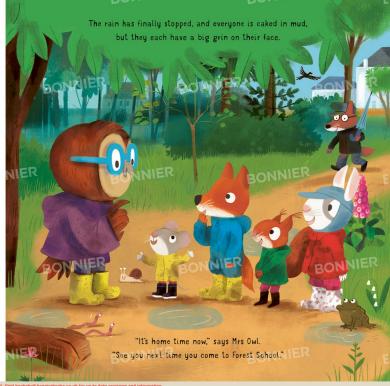
"That was kind of you to say sorry,"
says Mrs Owl. "Sometimes, when
we're excited we forget to take
care of things and other people.
But you showed great care thinking
of Rabbit's feelings now."











Everyone can enjoy what Forest School has to offer. It doesn't matter if you go to Forest School or if you've never heard of it! Whether you live in the countryside or the city, you can try some of these activities . . .

RAIN ON THE WAY



Meteorologists are scientists who study the weather.

They can predict what the weather will be like days or even weeks into the future.

But there are also some every-day signs that rain is on the way. See if you can spot some!



Looking at the clouds! White, whispy clouds usually mean fair weather.

Low, dark clouds mean rain.



There are signs in nature that a storm is coming. Birds will circle in the air, and pine cones will close up.

Have you ever heard the saying "Red in the morning, shepherd's warning; red at night, shepherd's delight"? Scientists say this old saying is usually true!

Red sky in the morning warns of storms, but if spotted at night, the next day's weather be a delight!



WEATHER CHART

You could keep a 'weather diary' to document how the weather changes day by day. Write or draw a picture to show what the weather was like every day. Do you notice any patterns?

Does the weather ever put you in a good mood, or a bad mood? Some people like rainy days, and some people prefer sun. Which do you like best?





Sometimes it's just too windy or the rain is too heavy for it to be safe to play outside. Why not build Mrs Owl's boats out of everyday things in your house and sail it in the bath?



Never play outside in a thunderstorm. If you are outside when a storm starts, stay away from large trees and do not use an umbrella.



Join the animals for another Forest School adventure in:

Look out for more books coming soon...