



BIRDS EVERYWHERE



ILLUSTRATED BY BRITTA TECKENTRUP
WRITTEN BY CAMILLA DE LA BEDOYERE





IT'S A BIRD! (SO WHAT IS THAT?)

There are more than 10,000 species of bird around the world and they all have a beak, two legs, two wings and a feathered body. Mother birds lay eggs with a hard shell to protect the chick that grows inside. After a few weeks, the eggs hatch and the parents feed the chicks until they can take care of themselves.

BONY SKELETONS

Birds are vertebrates, which means they have bony skeletons. Their muscles are attached to their bones. which also protects the bird's soft organs such as the heart. The bones in a bird's skeleton are full of tiny holes, which keeps them light and makes it easier to fly.

> Stomach and gizzard

Intestines



Some birds have a crop (a muscular stomach and birds that eat hard food into smaller pieces so they are easy to digest.

> A bird's bones are supported by struts.

Struts are structures that help to strengthen the bone and protect it during take off or landing.

LUNCHBOX

pouch in their throats), where food is stored before it passes into the stomach. The gizzard is part of the food often have little stones inside it. These stones help to grind the

> Ducks spend much of their time in water and have webbed feet that are perfectly suited or swimming.

Beak or bill

Nostril

Breast

Winas

FLEXIBLE FEET

Bird feet are adapted for walking,

perching and holding. Each foot has

two, three or four toes. Birds have

different shaped feet depending on the environment where they live.

> Songbirds have three toes facing forwards and one toe facing back. This arrangement works well for perching on branches.

SENSES Most birds have excellent eyesight and good hearing, but do not have strong senses of smell

or taste. Their ears are small holes that are hidden behind their eyes, protected by feathers.

> Jacanas are tropical waders. They can walk on floating lily leaves because they have very wide feet that spread their weight.

Feathers (all of a

bird's feathers are

called its plumage)

WHY FLY WHEN IT'S FUN TO RUN?

Before humans brought land mammals, such as cats and dogs, to New Zealand, the birds that lived there had few predators. Over time, some of the birds that could safely live and nest on the ground lost the ability to fly.



The kākāpō is the world's rarest parrot. It only comes out at night and it uses its stout legs to walk, jog or climb.



Kiwis have soft, fluffy feathers. They sniff out worms using nostrils at the tip of their beak, which is so sensitive it can feel the wrigaling of worms under the soil.





Takahēs live in pairs and often stay together for life. If one takahē cannot see its partner, it calls 'cooet' loudly so the birds can quickly find each other.

Weka hens stay close to the burrow where they hide their cup-shaped nest

and eggs. Wekas eat almost anything, from seeds and lizards to rotting meat.



BIRDS HAVE BEEN AROUND FOR AGES

Birds have been around for a really long time. Many dinosaurs had colourful feathers and, by around 150 million years ago, some of them had evolved (gradually developed) wings. They used their wings to fly into the trees, possibly to escape from predators or to find food. Over time, these flying dinosaurs evolved to become the first birds.



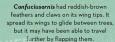
Although Anchiornis had wings, it probably couldn't fly. It used its long feathered limbs to climb trees instead. This bird-like dinosaur was just 35 centimetres long.

230 MILLION

YEARS AGO



Often called the 'first bird'. its thought Archaeopteryx could fly short distances. It had feathers, a long bony tail, claws on its wings and a beak that was lined with teeth.



Stubby little wings are no use for flying, but they can be used like paddles to swim. Hesperornis was a diving bird that, like a modern penguin, swam

The ancestors of flying birds were dinosaurs that lived on

land. Known as theropods, these creatures were small and

speedy hunters that feasted on

other reptiles and bugs.



underwater to catch fish.



Argentavis was a giant bird

with a wingspan of six metres.

It was a member of a group

of predatory birds called the

'monster birds' and would have

dwarfed modern condors.

The first songbirds were perching in trees and singing to their mates more than 50 million years ago. They probably ate seeds, like modern finches.



Presbuornis was a longlegged bird and is thought to be a prehistoric relative of water-loving birds such as geese, ducks and swans.

Huge 'terror birds', such as Titanis, couldn't fly but they could chase their prev. using their long legs to race across the grasslands of North America.



Enormous birds of prey, such as Teratornis, were fierce hunters until the last Ice Age 11,700 years ago. As the world cooled down, there was less food to eat and Teratornis along with many other large birds - died out.



TODAY

There are at least 10,350 species of bird alive today and scientists now believe that all of them are closely related to dinosaurs - from the smallest oriole to the mighty golden eagle.



WHERE DO BIRDS LIVE?

Birds need a safe home to raise their chicks, in a place where they can find food nearby. They can be found near rivers, coasts, deserts and grasslands, but forests and woodlands are their favourite homes. In fact, there are more types of bird found in forests than any other habitat.

GLOBAL BIRDS

DESERT BIRDS

Water can be difficult to come across in a desert. but sandgrouse have a clever way to solve this problem. Males sit in waterholes where their feathers soak up water, like a sponge. Then they fly back to the nest and the chicks suck on their feathers when they are thirsty.

HIDEY-HOLES

Hornbills, macaws and owls make their homes inside natural tree holes, but woodpeckers use their sharp beaks to drill a new hole where they lay their eggs.

Trees provide plenty of food for birds, from seeds, flowers and fruits to bugs and small reptiles, Butcherbirds and shrikes first kill their prev, then impale them on twigs or thorns while they eat them and return later for the leftovers.

KITCHEN CUPBOARD

BEST FOR NESTS

Tucked away in a leafy tree, a goldfinch nest can be hard to find. That means this little bird's eggs and chicks are more likely to survive.

CAN YOU FIND?

Potoos and frogmouths have such good camouflage they are almost impossible to see when they sit perfectly still on a branch. Can you find one of each?

A PLACE TO PERCH

There's a bird's eye view from a treetop. Perched high up, blackbirds can look out for food, danger or a mate.

MOUNTAIN BIRDS

Enormous condors fly above the Andes mountains. They use their broad wings to glide on warm air currents, which lift them high into the sky. Some condors have wingspans of more than three metres.

GRASSLAND BIRDS

can come in useful in grassland habitats where there are few places to hide and hungry lions prowl. Ostriches are flightless at speeds of 60 kilometres per hour.

GROUND BIRDS

Ground birds often have patterned feathers that help them to hide from potential predators. Female pheasants have dull brown feathers that camouflage them when they nest on the ground. You can easily spot their male partners as they have much more colourful plumage.



WATER BIRDS

Birds from all over the world gather at the Andalucian coast in Spain, where the Atlantic Ocean and Mediterranean Sea meet the land. Alongside rivers and wetlands, birds can find food in the shallow sea waters and rest before continuing their journeys to places where they will nest and lay their eggs.

OCEAN HABITAT

Out at sea, there aren't many places to stop and rest, or to lay eggs. Many seabirds are long-distance travellers that have to fly for hours - or even days - dipping and diving to find food before they reach their coastal homes.

Large flocks of **shearwaters** skim across the surface of the water looking for fish, shellfish or squid.

COASTAL HABITAT

Coastal birds gather on Andalucia's high cliffs, where they are safe from predators. They hunt fish in the sea, or pick up worms and shellfish that they find in the soft mud when the tide goes out.

Tough shellfish are too hard for most birds to eat, but the **oystercatcher** has a strong, blunt beak that can easily crack open hard shells. The **skua** is known as a 'pirate bird' because it attacks other seabirds and steals food from them.

Air sacs beneath a gannet's chest feathers work like cushions to soften the blow as it hits the water. Gannets can plunge more than 15 metres into the salty water to catch fish.

WETLAND HABITAT

Wetlands and rivers are home to many birds, but there's enough food for millions of migrating birds passing through, too. These weary travellers enjoy a well deserved rest before continuing their journeys.

Puffins are called 'parrots of the sea' because they stand upright and have colourful faces. They nest at the coast where they hunt slippery sand eels to feed to their chicks.

CAN YOU FIND?

There's a flash of bright vellow as some

golden orioles fly past. These migrating

birds nest in trees that grow alongside

rivers and wetlands.

Marsh harriers nest on the ground, hidden by the tall reeds that grow in wetlands. They hunt mice, rats and voles as well as other birds. Can you find a harrier in its nest?

As it wades through water, the egret's feet disturb little fish, frogs or bugs, which the bird snaps up with its long beak.

The black-winged stilt has longer legs for its size than any other bird. Long legs are useful when wading through shallow water looking for tiny insects to eat.

THE POWER TO FLY

Flying is a very useful skill for birds. Imagine flying high in the sky, enjoying a bird's eye view of the world below - you can travel quickly, find food or spot new places to call home. Being able to soar up into the sky is also a great way to escape from dangerous predators on the ground.

BIRDS OF A FEATHER

Feathers grow from a bird's skin, just like hair grows from ours. Birds need feathers to fly, but they have other uses too - they can keep a bird warm and dry, help to camouflage it with its surroundings and attract a mate with they're vibrant colours.



THERE ARE THREE MAIN TYPES OF FEATHER:

Down feathers are soft and fluffy for warmth.

Flight feathers grow on a bird's wings and tail. They help to lift the bird's body up into the air.

Contour feathers are stiff and cover the bird's body, giving it a smooth shape so it glides easily through the air as it flies. This is called streamlining.

Flight

Contour

WONDERFUL WINGS

Wings are essential for flight and their shape and size give scientists clues as to the way a bird flies and its speed.



PONNIER

Wand cring albatrosses are not the fastest filers, but they can stay at sea for years at time. They have the largest wingspan of any bird - up to a colosal three metres. Their huge wings allow them to soar on the wind, barely needing to flae.



BOI

Birds with pointed wings that curve backwards are usually fast flyers. Swifts are aerial acrobats that quickly change direction as they dart, dip and dive to catch flying insects.





Short rounded wings help small birds, such as sparrows, to flit easily between trees and shrubs, and lift off at speed if a quick escape is needed.

FLOCK TOGETHER!

There's safety in numbers, so birds often live or travel in groups called **flocks**. It's harder for a predator to attack a large group than it is to attack a single bird.

BONNIER

Starlings gather in large flocks called murmurations. As the flock flies, the birds swoop, dive and change direction together, creating a beautiful bird dance in the sky. Starlings often perform their flock-dances in the evening, just before they settle down to sleep for the night.

SONNIER

When one bird starts to change direction, the birds nearest to it follow suit. In a blink of an eye, the message to move spreads across the whole flock and the group changes shape and flies away in a different direction.



CAN YOU FIND?

Flocks of starlings twist and swirl to confuse predators, so they can't pick out one starling from the group. Can you find a puzzled falcon?

Blue jays make good lookouts in groups. If one member of the flock spies danger it screeches loudly, telling the others to either escape or mob the potential attacker.











PENGUIN PARADE

Antarctica is the coldest place on Earth. It is covered with a thick blanket of ice and snow that stretches out into the Southern Ocean, where it is so cold that even the seawater freezes. Despite the howling winds and blizzards, hardy emperor penguins complete a long and dangerous journey each year in order to raise their families.

Plants can't grow in this icy

wilderness, so the penguins don't make nests. Instead, females keeps their eggs warm and safe by resting them on their partner's feet.

their way to the sea. They will spend the rest of the summer there, eating By December, the chicks have and fattening up so they are ready to grown almost as tall as their parents. Their fluffy grey plumage is gradually being replaced by glossy black and white feathers.

It's September and summer is finally on its way. The chicks are growing bigger and their parents take turns trekking back to the sea to fetch more food.

WASTENT & Males must survive for months on end without food while the females are gone. Cold and hungry, they huddle together for warmth and protection as the worst of the winter's weather hits the colony.

> In July, the females begin to return to the colony with stomachs full of fish. The males and females call out to each other until each bird finds its mate.

Some of the eggs have already begun to hatch. The females feed the chicks with fish that they regurgitate from their stomachs. Their partners can now begin the long journey back to the sea to eat for the first time in months.

NESTS

Emperor penguins don't build nests, but most birds do. Nests come in many shapes and sizes, but a cup shape is the most common. They are usually made from plant material and they protect eggs from predators.

The long Antarctic winter - which lasts from

March to October - is just beginning and

thousands of emperor penguins gather

together in a huge group, called a colony.

The male penguins find their partners and

mate. Each female lays a single egg.

Together, the families begin to make

survive the next winter.

Swiftlets make tiny nests

from dried spit and attach them to cave walls. In some parts of the world, the nests are collected and turned into soup.



Ovenbird parents work together to build a big nest from mud. The mother sits on her eggs for 14 days to keep them warm, a process called incubation.

In the middle of winter, a night can last for 24 hours in Antarctica. There is no food in this frozen land, so the females must make the long journey to the sea to go fishing. Depending on the location of the colony.

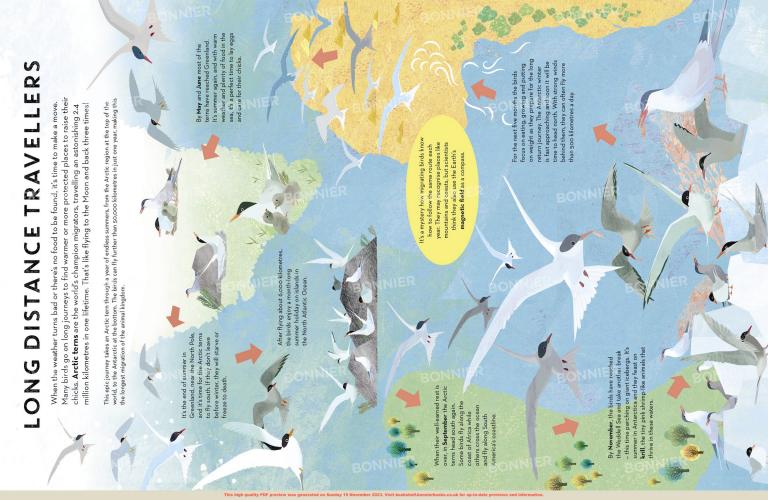
this can be a gruelling 80

kilometre journey.

This male weaver bird uses

grass to weave nests. He hangs upside-down beneath a nest and flaps his wings to tempt a female to come and lay her eggs inside.





BIRDS AND PEOPLE

Birds have been part of culture, mythology and history for thousands of years, but they also enrich our daily lives with their songs and fascinating behaviour. As we become more aware of the importance of the natural world, we are learning to treasure our feathered friends and take better care of their habitats.



THAT'S

EGGSTRA-ORDINARY! An ostrich egg is about 15 centimetres long and it can be turned into a giant omelette! Chickens and ostriches that live on farms lay eggs that are unfertilised. This means the eggs won't grow into chicks and can be used as a good source of protein in our diets.



The phoenix is a mythical bird that the ancient Greeks believed could live for hundreds of years before dving in a blaze of flames and being reborn from the ashes. The ancient Egyptians revered the hawk god. Horus, who they believed protected their pharaohs (rulers) from evil.



A pigeon called GI Joe saved the lives of 100 soldiers in the Second World War. He carried a message to American soldiers that warned them not to bomb a town where the British soldiers had just arrived. GI Joe was awarded a medal for his bravery.

BIRDWATCHING

Birdwatching is one of the world's most popular hobbies. It's fascainating learning how to recognise the birds that live around us in gardens and parks, and visiting wild places to spot new species.

Binoculars, a camera, a notebook and a pen are useful tools for a birdwatcher.

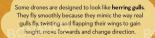
You can watch from a safe distance, but you should never disturb a bird's nest or touch its eggs and chicks. This is to avoid hurting the animals and spreading diseases between people and birds.

> If you see a bird with a metal ring on one leg, it might be part of a scientific study on migration. Scientists track these birds to discover how well they are coping with climate change, the loss of their habitats and other threats.

Make a note of the bird's size and how it behaves, looking carefully at its colours and listening to its song. Use this information to identify the bird and find out more about how it lives.

BIRDS IN SCIENCE

People have always wondered what it would be like to fly like a bird. In the fifteenth century, Italian artist and inventor Leonardo da Vinci designed a flying machine called the Ornithopter. It wasn't until 1903 that the first successful aeroplane was invented by Wilbur and Orville Wright.



In 1976, a scientist called Irene Pepperberg bought Alex, an African grey parrot, from a pet shop. She taught him to say at least 150 words, which he used to 'talk' with Dr Pepperberg, Alex helped scientists discover more about how birds learn new skills and communicate.

