

star



Skills

Potty Time

with
FLAPS
and
SLIDERS



Fernando Martín

This is the way we use the potty.
Do you know what to do?



TOP TIPS

Wait for your child to show signs of needing the loo, such as shifting on their feet. Avoid training during times of change, like having a new baby.

Are you ready to take your nappy off,
and try the potty too?



Let your child see you on the loo, or pop teddy on a potty if you have one. Children love to practise real-life activities with their toys before they have a go themselves.

TOP TIPS



TOP TIPS

Let your child go shopping for their own potty with you. A travel-potty can be a great purchase to avoid on-the-go emergencies!

Let's go to the shops
and choose the potty
you like best.

And don't forget some snazzy pants
for when you're getting dressed!



TOP TIPS

Children will love to pick their own pants, too. Choosing a design they love can help them transition from nappies to feeling all grown-up.



While you're sitting
on the potty,
why not look at
something fun?

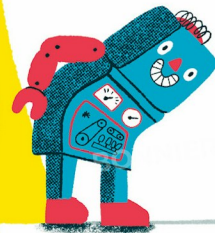
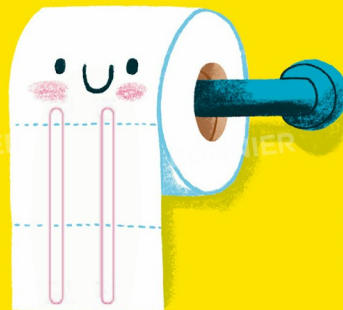


TOP TIPS

Giving children a toy or book to look at on the potty can distract them and help them to relax. A book about going to the potty can help encourage the transition.



And when you've done
your wee or poo you
need to wipe your bum!



Let your little one have a go at wiping their own bum, but you might want to give it a wipe, too! Make sure girls learn to wipe from front to back.

TOP TIPS



Oops, a wee went on the floor.
It's made a little puddle.



TOP TIPS

Accidents happen – it's all part of potty-training. Don't show frustration. Try to avoid difficult clothing like tights or trousers with buttons, if you can.



Don't worry – we'll just get you changed.
You're not in any trouble.



Your child is learning a new skill. Don't worry if things go well for a while, then take a step back. Everyone gets there in their own time.

TOP TIPS

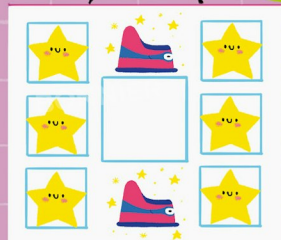
Encourage good hygiene habits and make sure you both wash your hands after using the potty. A step will help children reach the sink.



I love the way you wash your hands.
Well done – you've come so far.



You've earned a sticker for your chart –
a shiny golden star!



Make sure to praise your child when they are doing well. Try to avoid big rewards like presents, but a sticker chart can be a great motivation.