

step-by-step

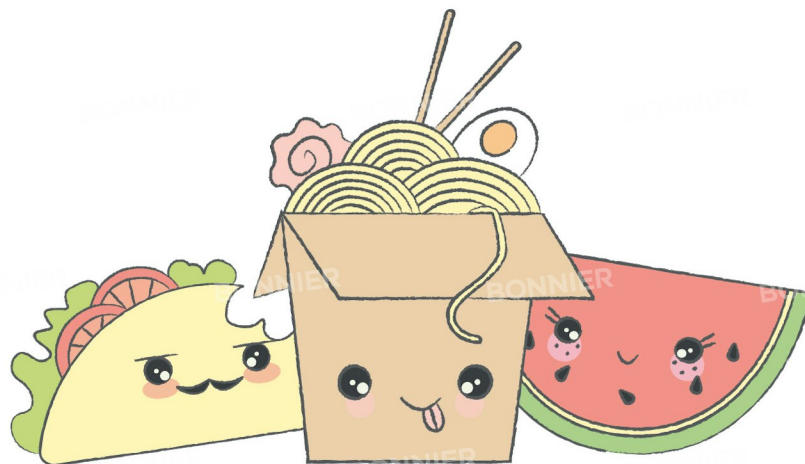
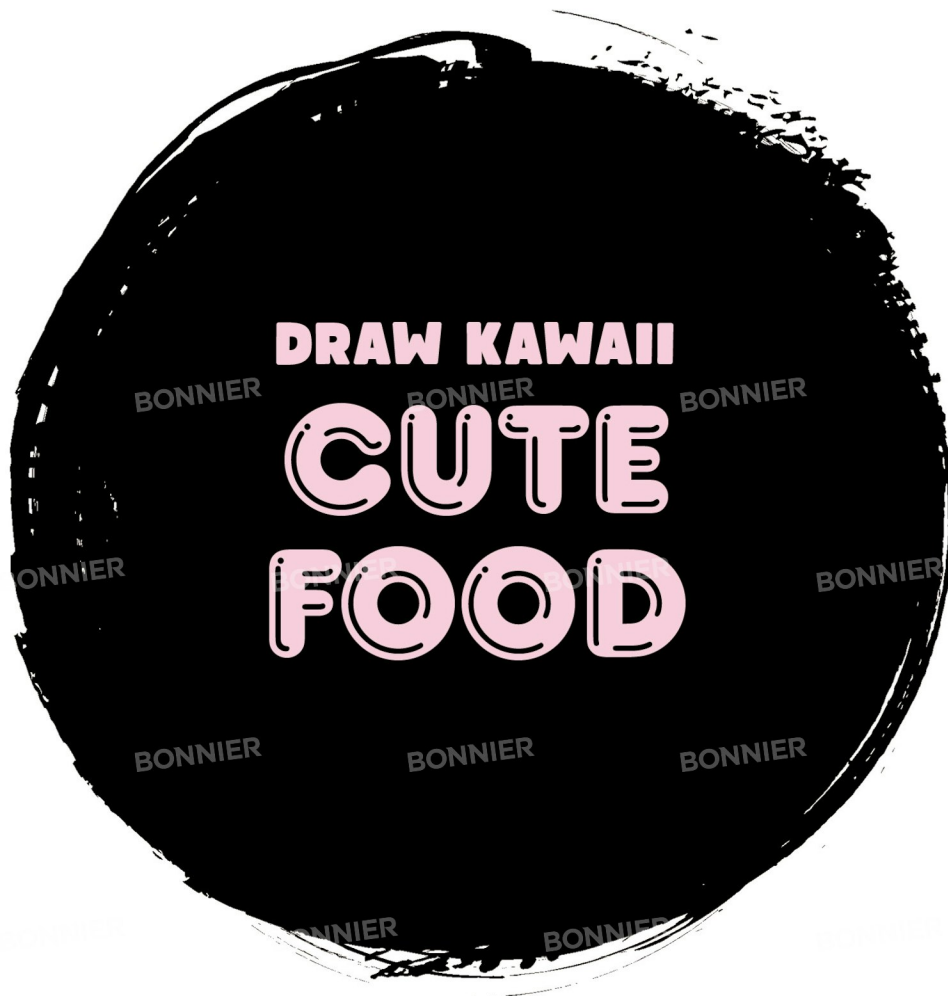
DRAW KAWAII

CUTE FOOD



by
Isobel
Lundie





Hatch

First published in the UK in 2022
by The Salariya Book Company Ltd
This edition published in the UK in 2024 by Hatch Press,
an imprint of Bonnier Books UK
4th Floor, Victoria House
Bloomsbury Square, London WC1B 4DA
Owned by Bonnier Books
Sveavagen 56, Stockholm, Sweden
www.bonnierbooks.co.uk

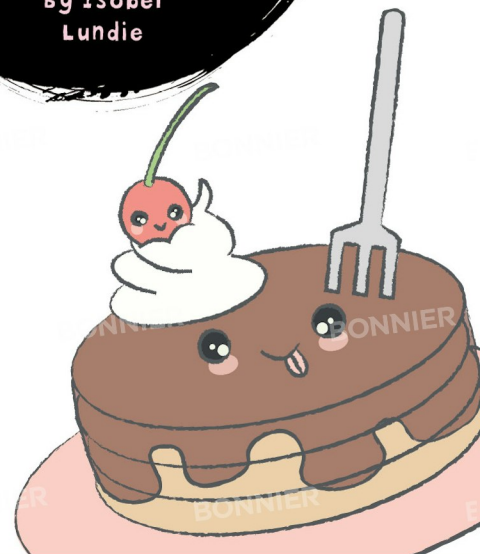
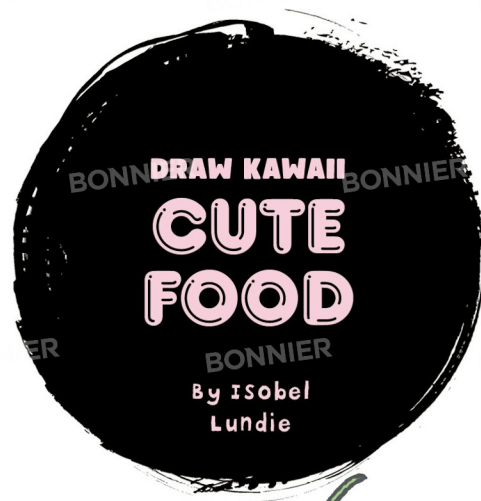
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1 3 5 7 9 10 8 6 4 2

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ISBN 978-1-80078-994-4

Printed in India



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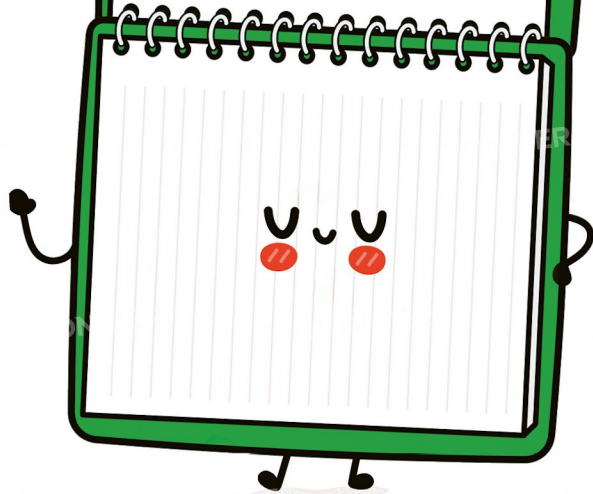
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Introduction

what is kawaii?

The word kawaii means 'cute' in the Japanese language but a Japanese art style has evolved which is also known as 'kawaii'. This style emphasises the 'cuteness' of the characters and objects it depicts.

This book shows you how to master drawing your own 'kawaii' food pictures. It includes tips and general information before you start and then a series of step-by-step projects for you to follow.



Materials



Pencil

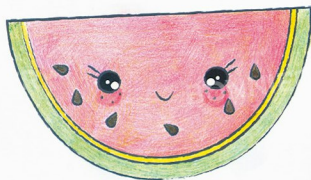
Drawing with an HB pencil makes it easier to erase any unwanted lines.

Materials

The ideas in this book can be used in different ways and with different materials. Here are some suggestions.

coloured paper

Try drawing kawaii food on coloured paper!



coloured pencils

Coloured pencils are ideal for shading. See this watermelon drawing.

Labels

Make your own kawaii labels for your presents.



stickers

Draw onto stickers to make cute drawings for your friends!



ink

Use a small brush to make cute inky paintings!



Sketchbook

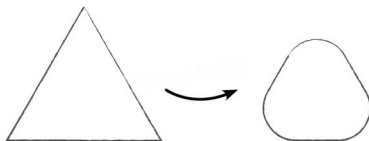
Use a sketchbook so you keep all your drawings together.



Making everything cute

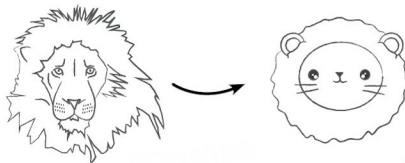
Soften shapes

Rounding off the points of a triangle softens its shape. Try softening the edges of shapes when drawing your kawaii characters.



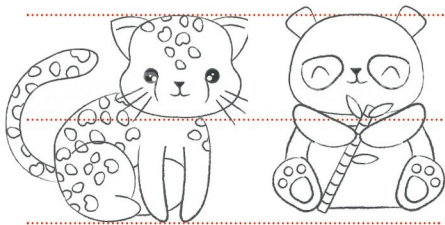
Simplify drawings

Make your drawing cuter by simplifying it down to its key features. This way you can make almost anything cute!



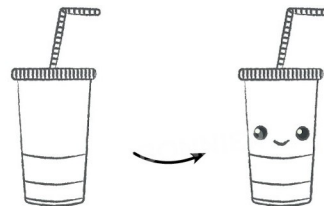
Proportions

The kawaii body should be proportioned as shown. A large head, with a short body and short legs.



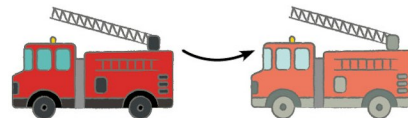
Add a cute face

You can make almost anything cute by drawing an appealing cartoon face on it.



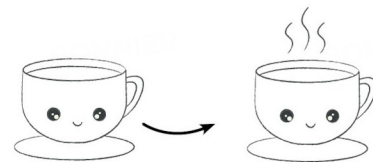
Colours to soften

Pastel colours are cuter. Try using soft pastel colours to make your characters cuter.



Motion lines

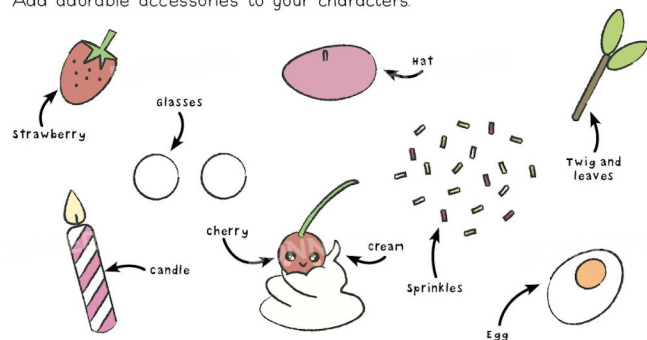
Adding motion lines in this way is a simple and effective way to convey movement in a drawing.



Adding extras

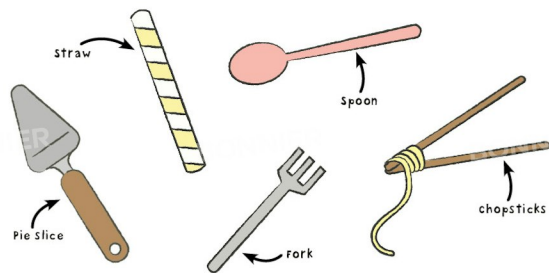
Cute accessories

Add adorable accessories to your characters.



Cute utensils

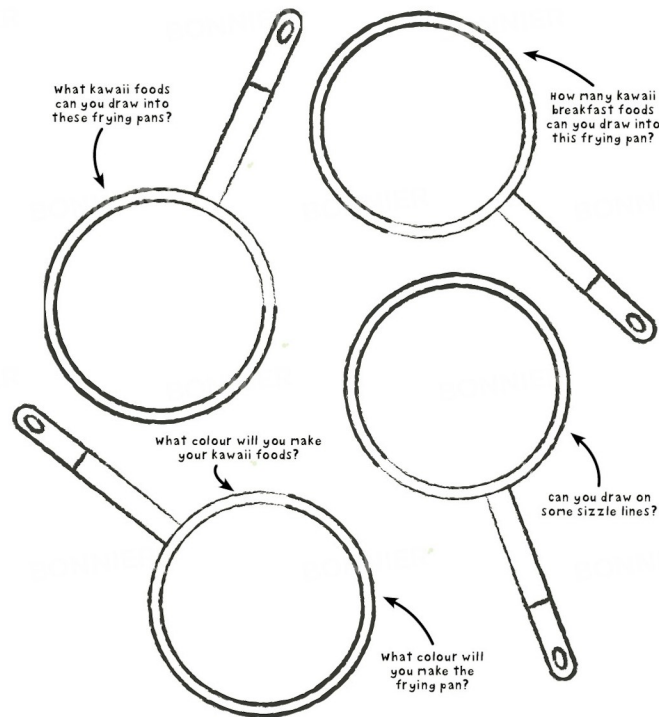
Don't forget that utensils help to bring a character to life!



Drawing practice

Foods have all manner of distinguishing features.

You'll need to get to know them all in order to draw them.



Expressions

changing your character's expression adds personality.



Happy

Draw smiley
'n'-shaped eyes.



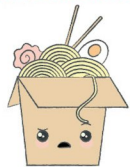
Sad

Draw downturned
mouth and eyebrows.



Angry

Draw scrunched eyes.



Confused

Draw one eyebrow
raised.



Scared

Raise both eyebrows.



Excited

Draw a wider mouth.



Silly

Draw in a floppy
tongue.



Tired

Draw sleepy eyes.

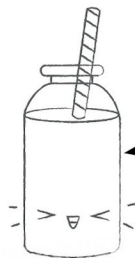


Embarrassed

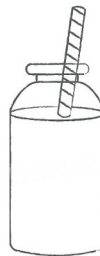
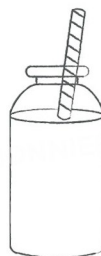
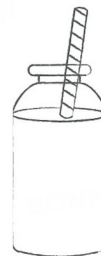
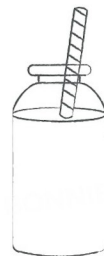
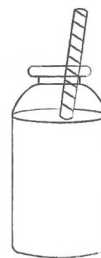
Draw a pursed mouth.

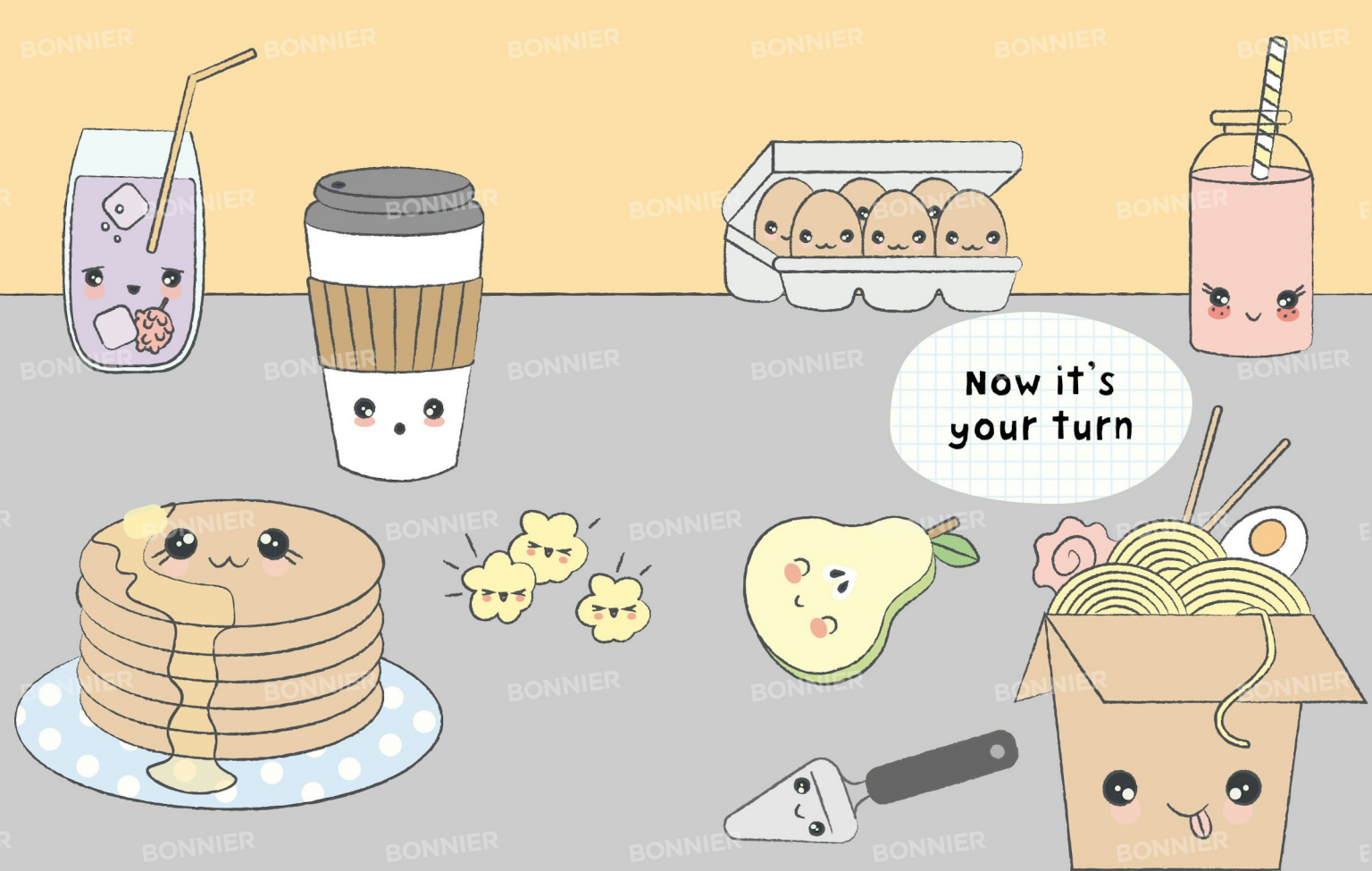
Practising expressions

Why not try adding some of these expressions to make milkshake faces?

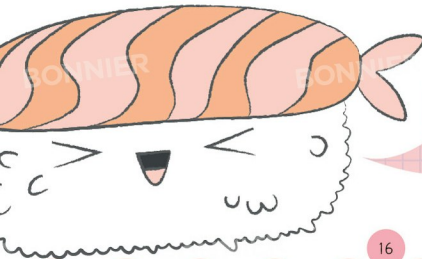
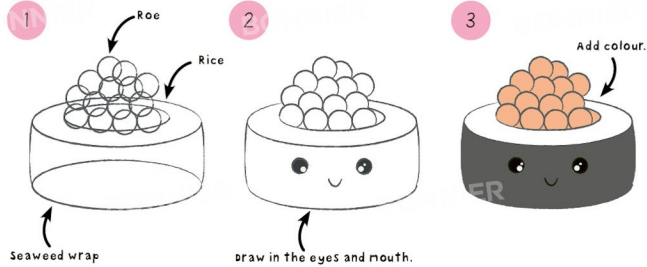
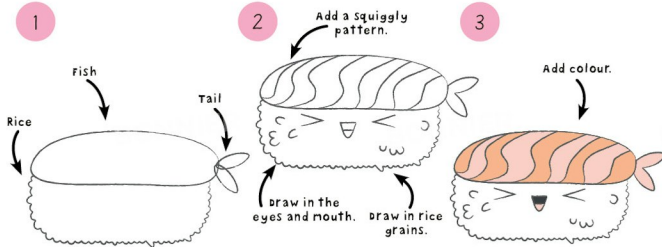


**Excited
milkshake!**



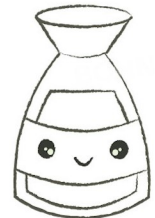


Kawaii sushi

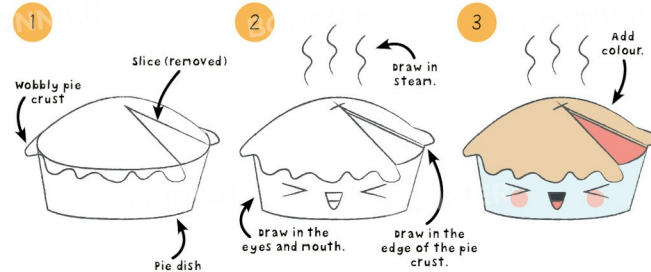
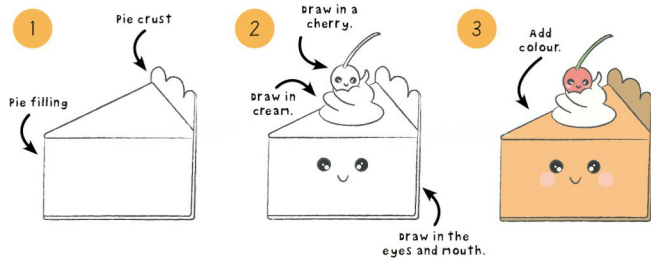


Why not draw your kawaii sushi being prepared in a sushi bar?

draw your own kawaii sushi.



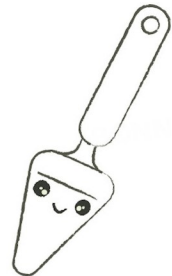
Kawaii pie



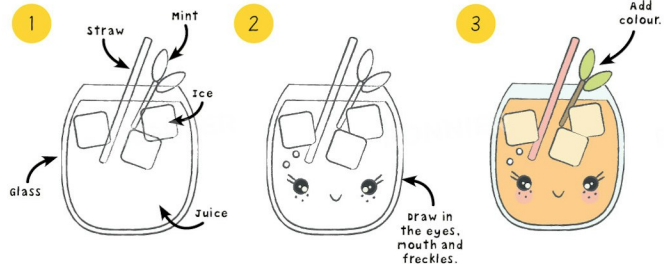
Why not draw your kawaii pie cooling on a windowsill?



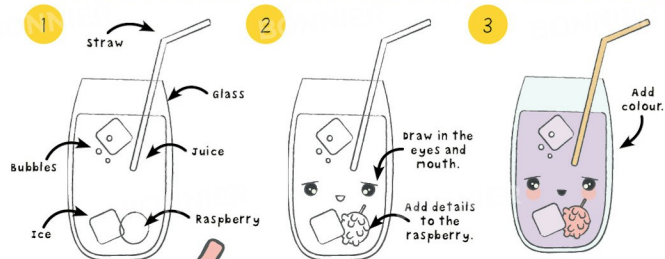
draw your own kawaii pie.



Kawaii juice



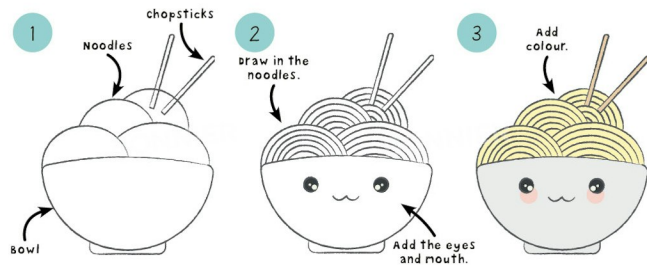
Draw your own
kawaii juice.



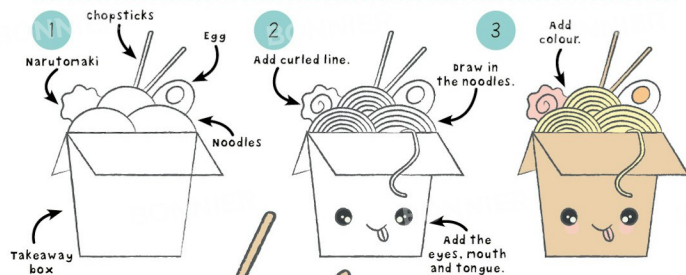
Why not
draw a selection
of kawaii drinks
with different
fruits and
expressions?



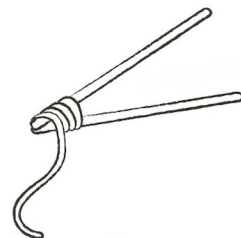
Kawaii ramen



Draw your own
kawaii ramen.

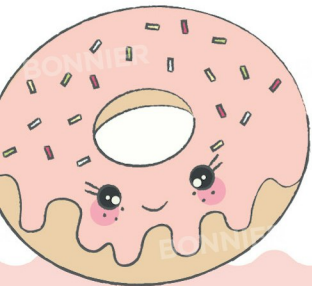
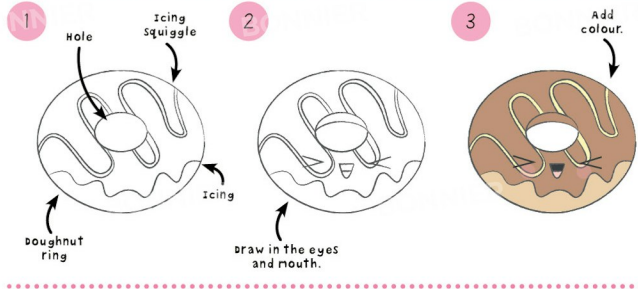
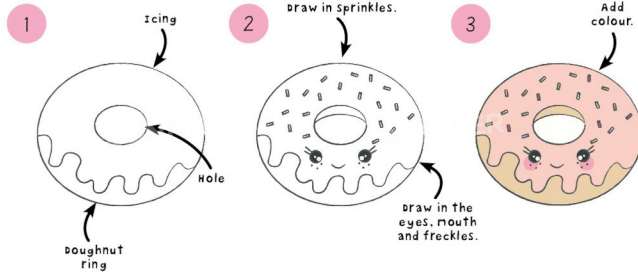


Why not draw
a kawaii person
eating your
kawaii ramen?



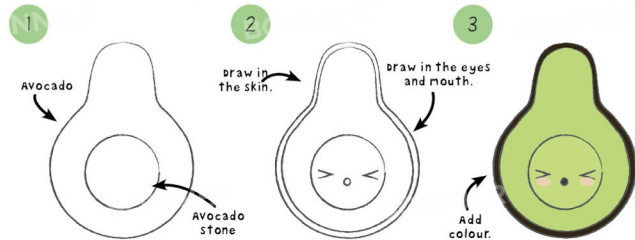
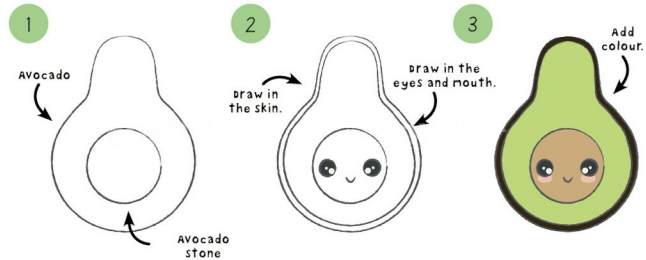
Kawaii doughnut

Draw your own kawaii doughnut.



Why not draw your kawaii doughnuts on display in an American diner?

Kawaii avocado

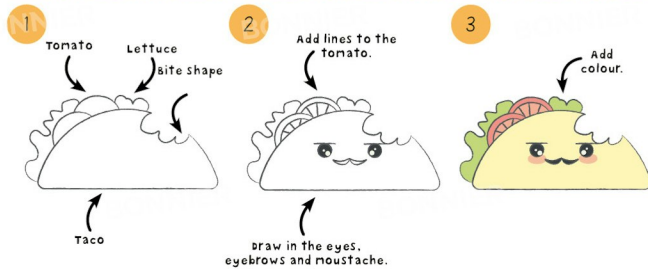
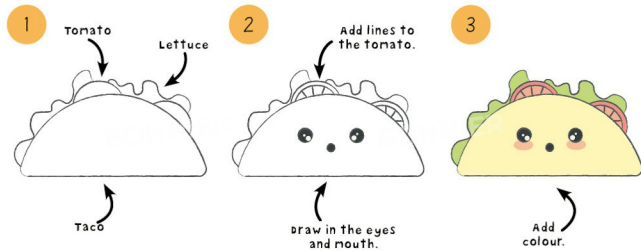


Why not draw your kawaii avocado in a basket outside a greengrocer's shop?

draw your own kawaii avocado.



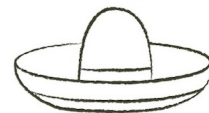
Kawaii taco



Why not draw your kawaii taco on a restaurant plate?



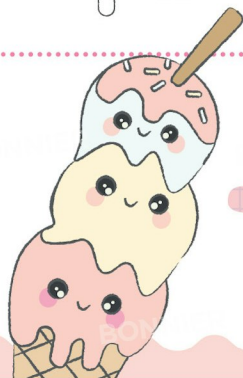
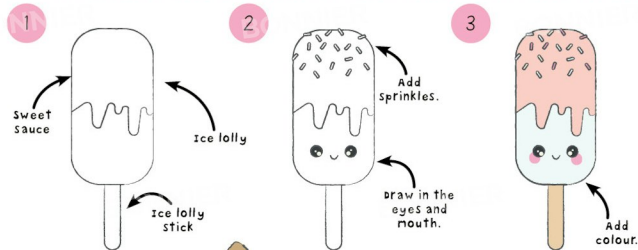
draw your own kawaii taco.



Kawaii ice cream



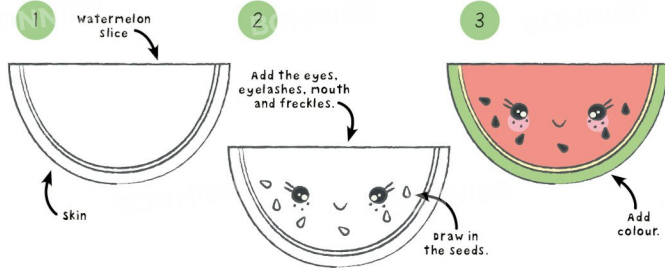
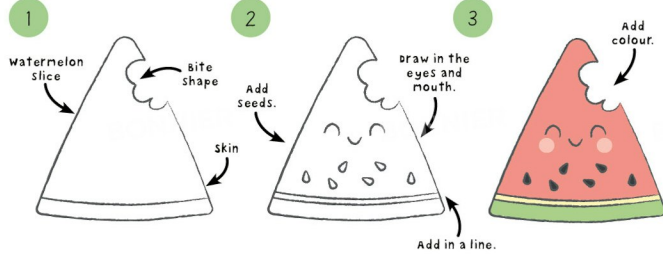
Draw your own kawaii ice cream.



Why not draw a kawaii person eating your kawaii ice cream at the beach?

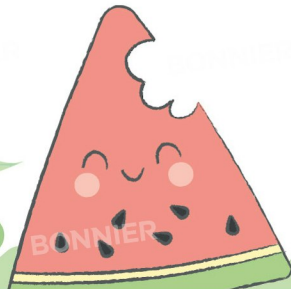


Kawaii watermelon slice



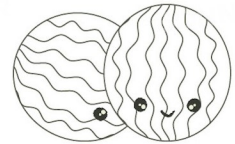
Why not draw a kawaii character eating a slice of your kawaii watermelon on a hot summer day?

32

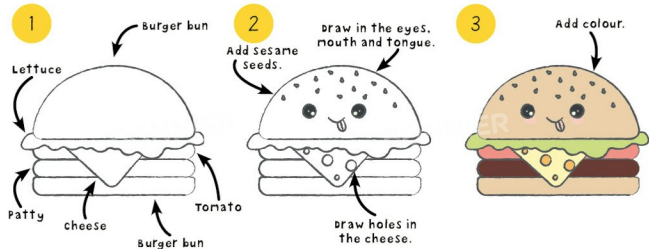


draw your own kawaii watermelon slice.

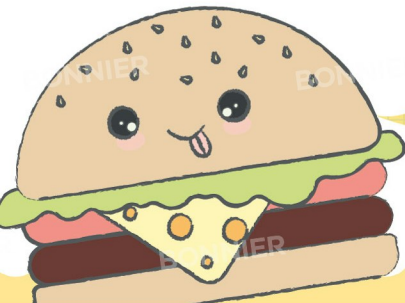
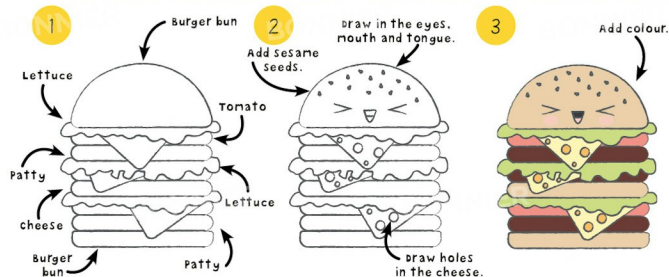
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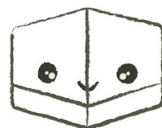
Kawaii burger



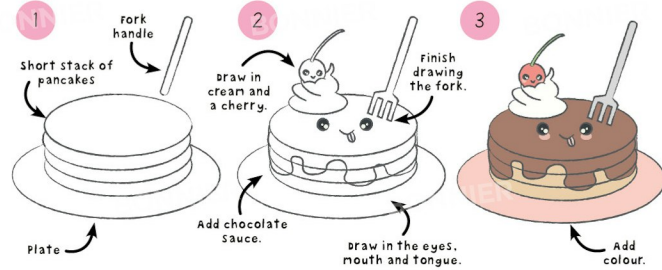
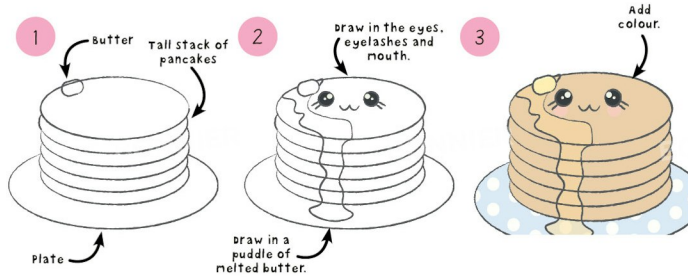
Draw your own kawaii burger.



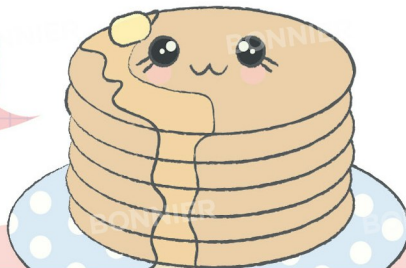
Why not draw your kawaii burger with some kawaii fries and a kawaii milkshake?



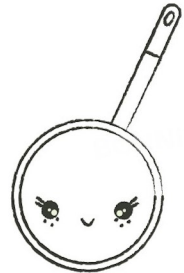
Kawaii pancakes



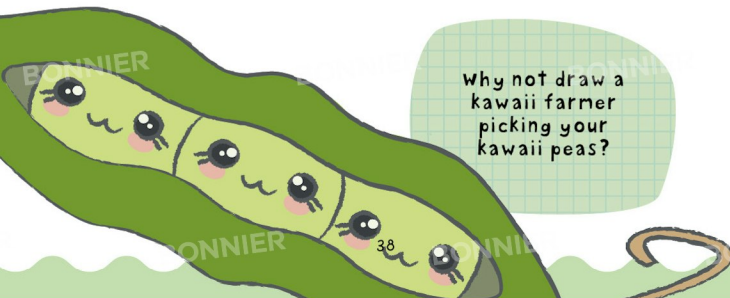
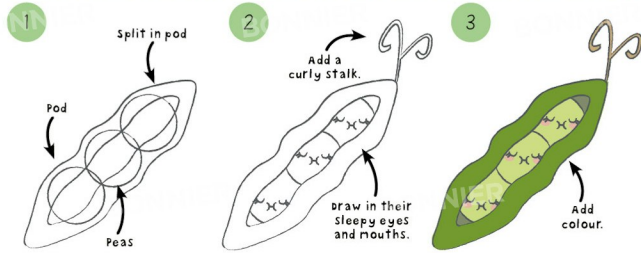
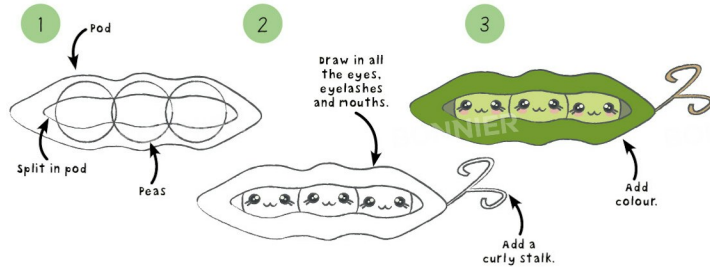
Why not draw your plate of kawaii pancakes on a table, beside a glass of kawaii orange juice?



draw your own kawaii pancakes.

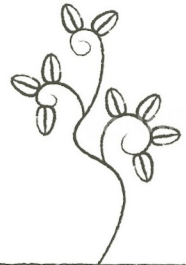


Kawaii peas in a pod

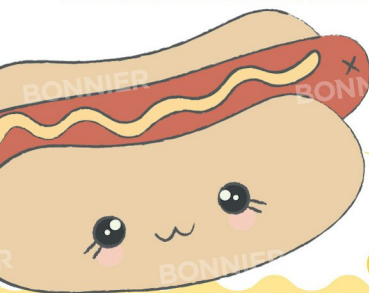
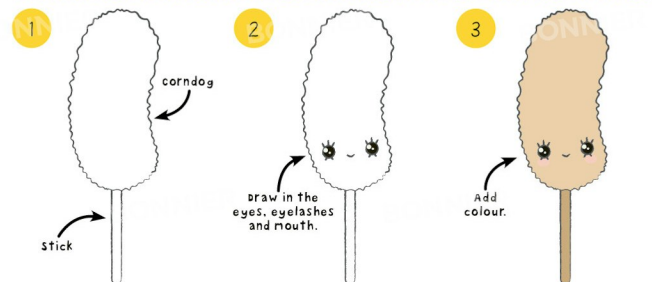
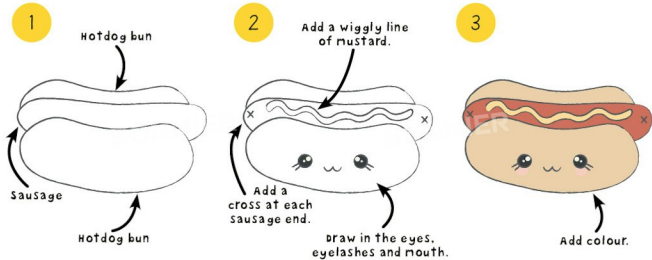


Why not draw a kawaii farmer picking your kawaii peas?

draw your own kawaii peas in a pod.

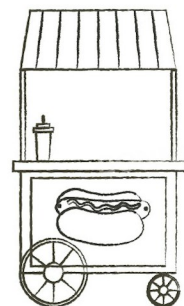


Kawaii hotdog

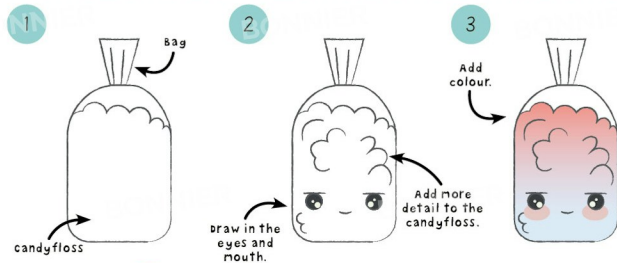
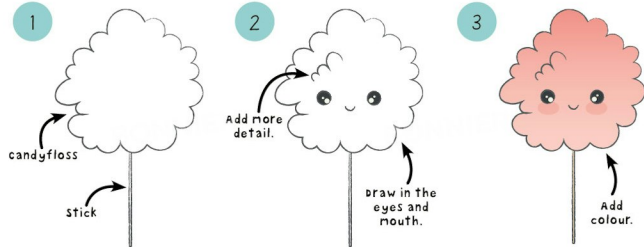


Why not draw a kawaii character holding a kawaii hotdog at a football match?

draw your own kawaii hotdog.

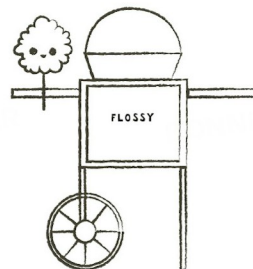


Kawaii candyfloss

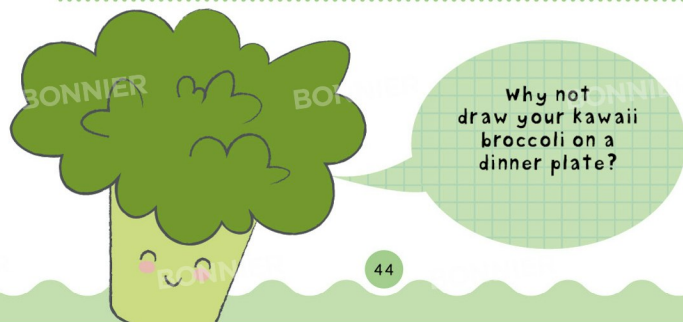
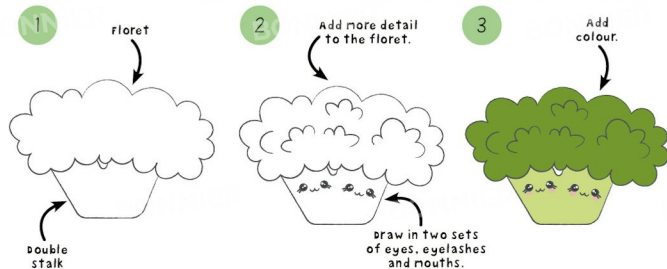
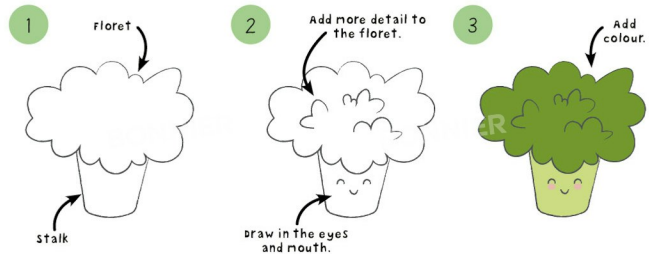


Why not draw
your kawaii
candyfloss
being sold at
a funfair?

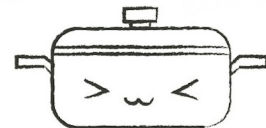
Draw your own
kawaii candyfloss.



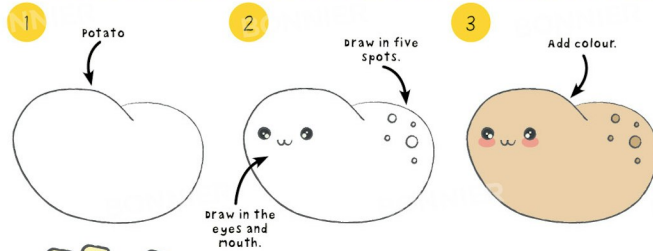
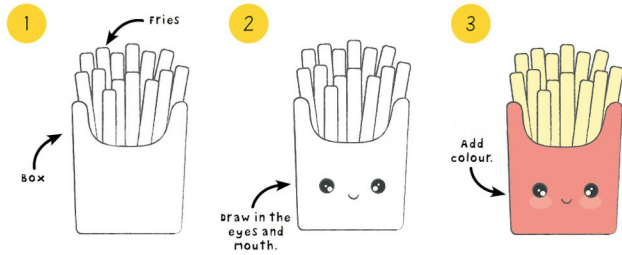
Kawaii broccoli



draw your own kawaii broccoli.

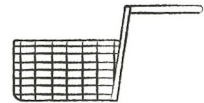


Kawaii potato



Why not draw
your kawaii
fries with a
kawaii hotdog?

draw your own
kawaii potatoes.

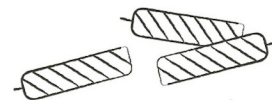


Kawaii cupcake

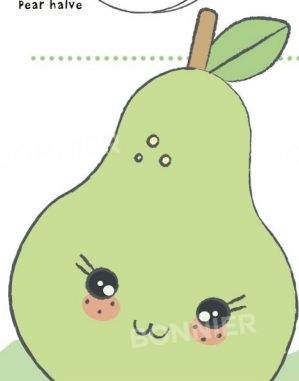
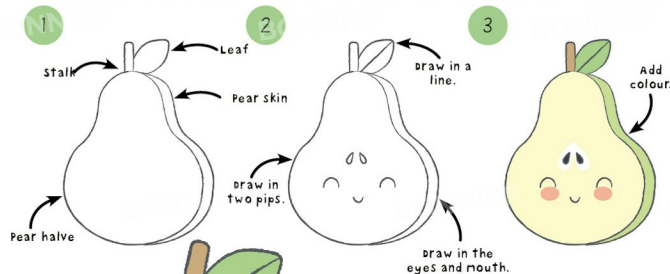
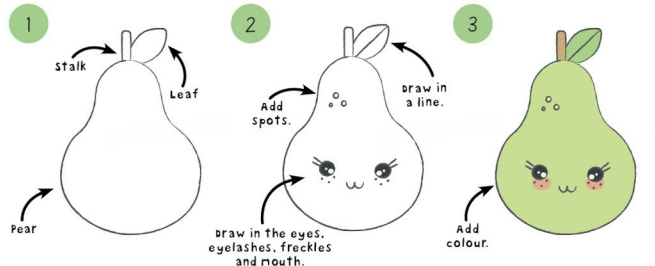


Why not
draw a plateful
of kawaii
cupcakes?

draw your own
kawaii cupcake.



Kawaii pear

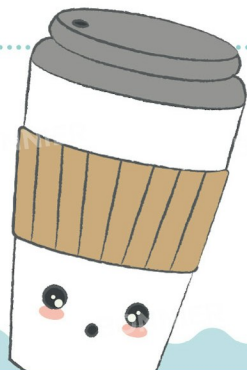
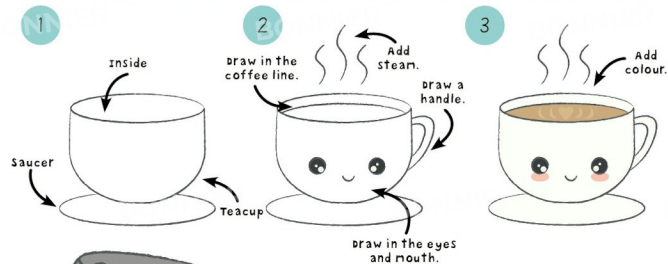
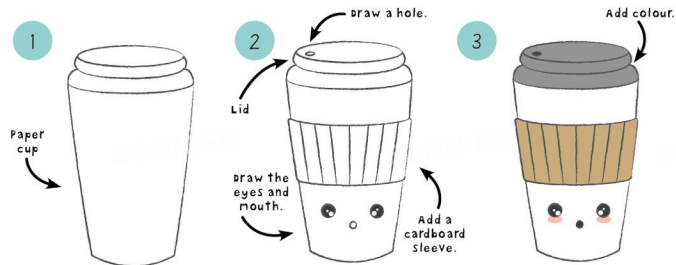


Why not draw
your kawaii pear
hanging from a
tree?

Draw your own
kawaii pear.



Kawaii coffee

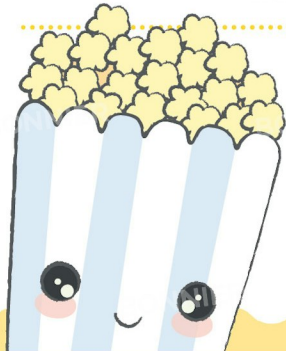
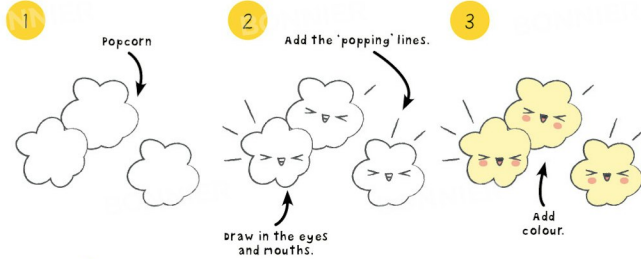
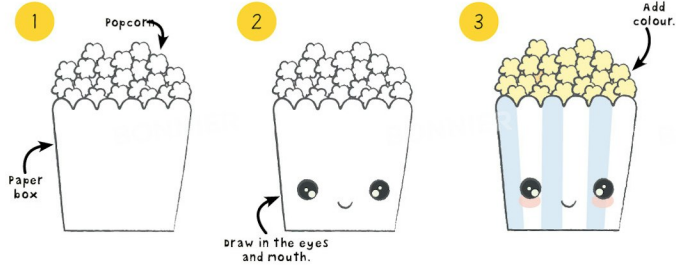


Why not
draw your kawaii
coffee cup on top
of a coffee shop
counter?

draw your own
kawaii coffee.

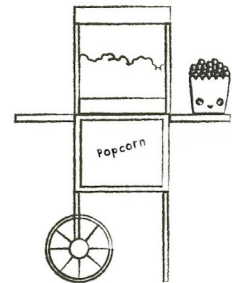


Kawaii popcorn

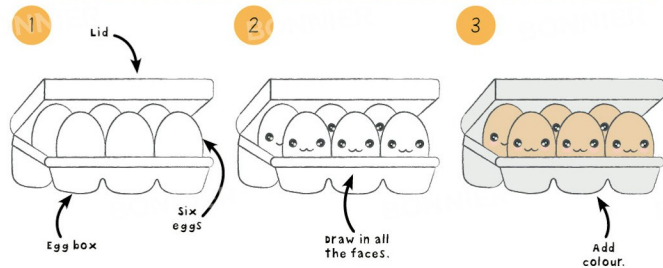
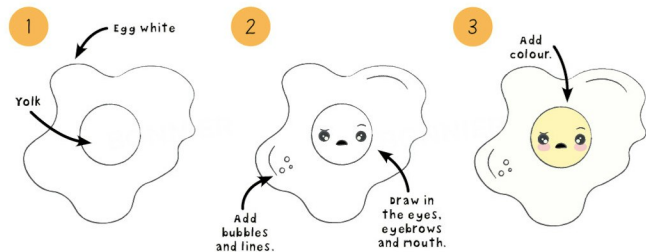


Why not draw a kawaii boy holding your box of kawaii popcorn?

draw your own kawaii popcorn.

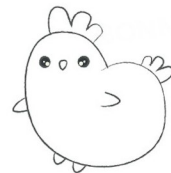


Kawaii egg



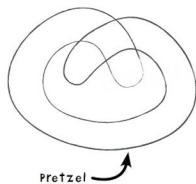
Why not draw
some kawaii
eggs sitting in
a frying pan?

draw your own
kawaii egg.

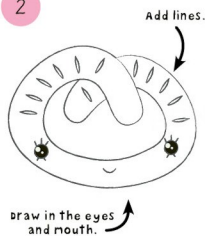


Kawaii bread

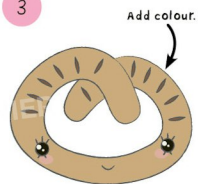
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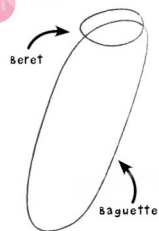
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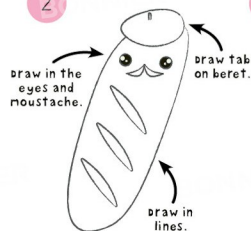
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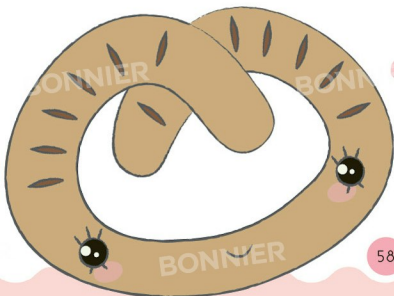
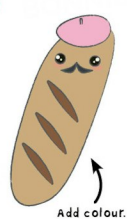
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2



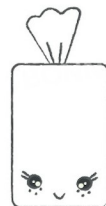
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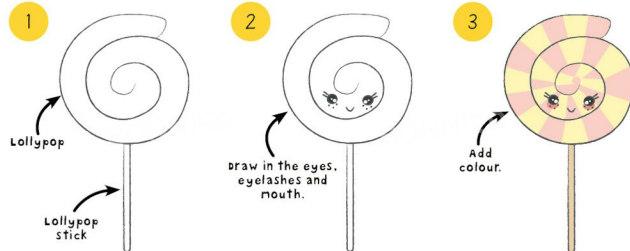
Why not draw
your kawaii
bread in a
baker's window?

draw your own
kawaii bread.



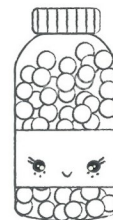
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Kawaii sweets

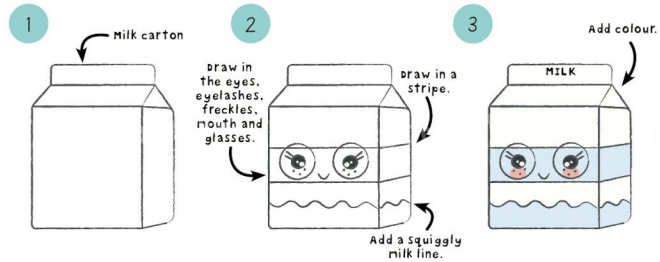


Why not draw your kawaii sweets in a sweet shop window?

Draw your own kawaii sweets.



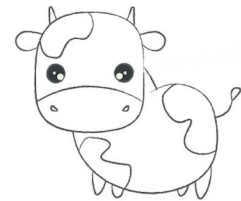
Kawaii milk



Why not draw a line of kawaii milk cartons in a supermarket fridge?

62

draw your own kawaii milk.



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Glossary

Floret The tree-like parts that branch off from the stem of the broccoli.

Pastel Shades of colour that are soft and gentle. Pastel colours are made with pastel crayons.

Pretzel A type of pastry where the dough has been tied into a knot before baking.

Ramen A Japanese dish consisting of wheat noodles in a meat or fish-based broth.

Sushi A Japanese dish that is made from rice and seafood or vegetables.

Taco A Mexican dish consisting of a wheat tortilla with a filling, usually meat-based.

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