

Wash Those Hands!

The perfect guide for little monsters everywhere

John Townsend &
Carolyn Scrace



The
**MONSTER
SQUAD**

Wash Those Hands!

Soap and bubbles wash off troubles!



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All hands to the pump!



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Clean hands are cool!



I'm being safe for you by



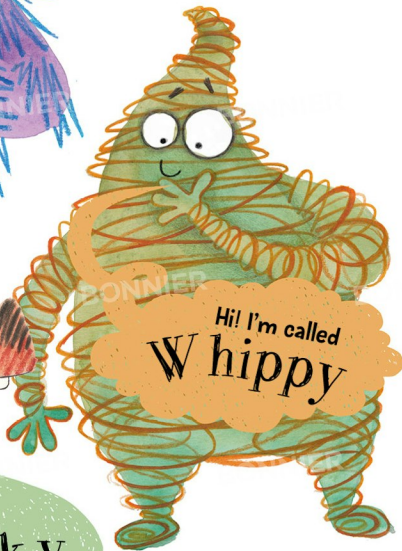
Meet the Monster Squad!



Hello!
My name is **Yeti**



My
name is **Rocky**



Hi! I'm called
Whippy



Hey! I'm **Zork**



Hi, I'm **Curly**



And I am
their pet called
Smidge!

We're the friendly Monster Squad!

We scribble and we write,
Making manners fun,
To show you what is right.



Some little children can forget
To leave clean rooms behind them...
So we're the friendly Monster Squad,
Here to gently remind them.'



Some children leave their fingerprints
On everything they've seen...
So the Monster Squad like to say,
'Please keep your fingers clean.'



The Monster Squad give awards
For the cleanest hands.
Just spread the word, but not the germs,
So the whole world understands.

Soap and bubbles
wash off troubles!

If you touch,
scrub them much!



If you're grubby, just get scrubby!
Have a splash and a splosh,
a swish and a swosh
As you think, 'I'll use the sink
And give those hands a wash.'



Children with clean fingers sparkle!
They leave no dirt behind...
They show their manners every day,
By being so clean and kind.'



After you've been to the toilet,
Remember what to do:
Wash your hands, no need to rush,
And dry them properly too.



Soap your fingers, rub your thumbs,
Sing 'Happy Birthday,' twice for fun.
That's the way, to scrub away
Till all the germs are gone.

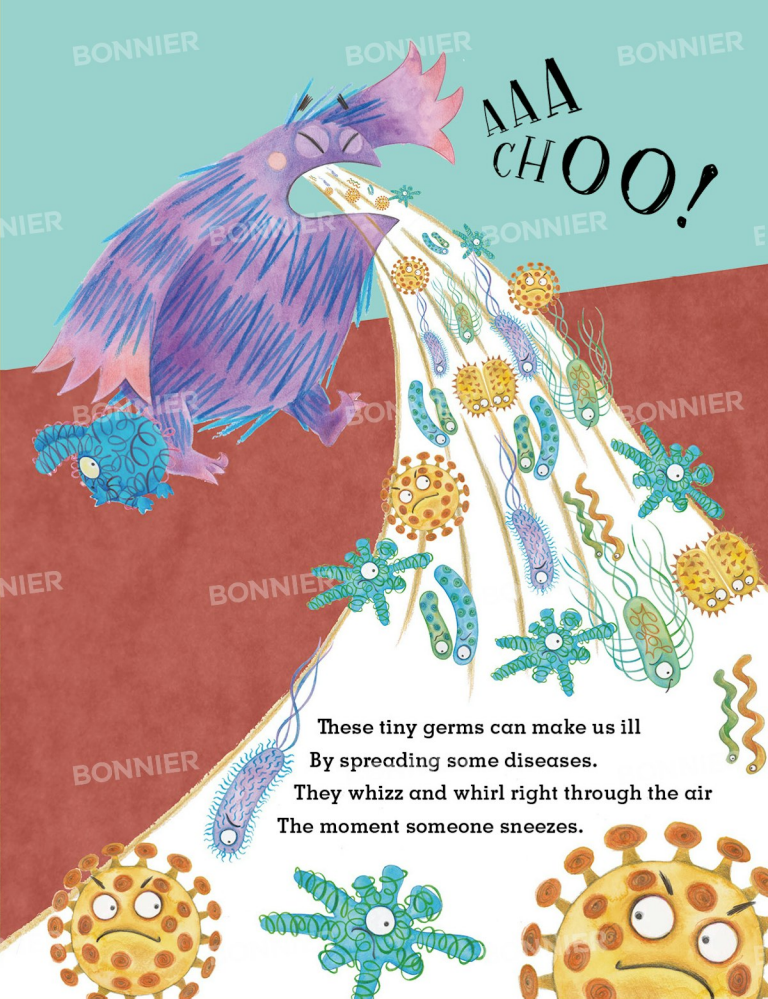


Whippy says that the word 'hygienic'
Means 'both safe and clean'.

Let's wash off all those pesky germs,
So tiny they can't be seen.



AAA
CHOO!



These tiny germs can make us ill
By spreading some diseases.
They whizz and whirl right through the air
The moment someone sneezes.

Rocky asks that when you're sneezing,

"Remember to use a tissue!
Toss it in the bin and wash your hands...
And you'll be a hygiene hero!"



It shows respect to wash your hands
Whenever you've been sneezing,
You care for others when you do...
Good manners are so pleasing!



'Germs are clingers – scrub those fingers!'
That's what Curly thinks.
'Keep them spotless, clean and dirtless,
When you handle food and drinks.'



No germ lingers on clean fingers,
That's what Zork insists...
**Be firm, beat germs, as we have learned
To scrub those hands and wrists.'**



As soon as Yeti comes indoors,
He reaches for the taps
He scrubs his nails with soapy suds,
Where germs can set their traps.



Smidge just loves to have a bath
To soak away her troubles...
Soon dirt and germs will wash away
With all the soapy bubbles.



It's bedtime, but before we sleep,
There's one thing we must do:
We'll clean our teeth and wash our hands,
And say goodnight when through.



That feels so clean and tingly,
Now you're tucked up in bed.
Close those eyes, you're snug and spotless...
And sweet dreams lie ahead!





All hands to the pump!

Children who can keep their hands clean
Make the Monster Squad groove
'Yay - clean hands, let's do a happy dance
If you're squeaky clean we approve!



Safe high five!

So let's get splashing
Get the water sloshing
Give your hands a good washing
And give a happy high-five!



Happy high five!

HAVE YOU HEARD THE MAGIC WORDS?



**GOOD MANNERS
ARE FREE!**


Washing hands will never tire us
It will defeat germs or a virus!
Be aware — so wash with care!
Don't be smug — scrub away the bugs!
It's good manners to keep hands clean!



**Give soap a squirt,
brush off the dirt!**



**Well done for your
monster manners!**



**Children with clean
fingers sparkle!**



**Let's shake hands to say
goodbye, if they're clean!**

CAN YOU HELP US FIND THE ANSWERS TO THIS QUIZ?

QUESTION 1

What should we always try to do after going to the toilet?



QUESTION 2

What song should we sing twice when washing our hands?



QUESTION 3

AAA
CHOO!

What did Inky ask us to do with a tissue after we've sneezed into it?



QUESTION 4

Should we wash our hands after sneezing?

Look at the last page of the book to see if you are right!



MORE MONSTER QUESTIONS

QUESTION 5

What does the word 'hygienic' mean?



QUESTION 6

Should I keep my hands clean when I'm handling food?



QUESTION 7

What do I do as soon as I come indoors?



QUESTION 8

Before we go to bed, what must we remember to do?



Look at the last page of the book to see if you are right!

GOODBYE!



Goodbye!

Goodbye!

Goodbye!

Goodbye!

Goodbye!

Answers to the quiz:

- 1 Wash our hands, then rub them dry.
- 2 'Happy Birthday.'
- 3 Throw it in the trash.
- 4 Yes!
- 5 Safe and clean.
- 6 Yes!
- 7 I reach for the taps.
- 8 Clean our teeth and wash our hands.