# BE GREEN!

AN ACTIVITY BOOK FOR YOUNG PEOPLE WHO WANT TO SUSTAIN AND PROTECT THE WORLD WE LIVE IN

# OUR FRIEND, THE EARTH

The Earth gives us a home to live in, food to eat, medicine to heal us, water to drink, air to breathe, and energy to run our machines, towns and cities. It is more important than ever to treasure and protect it.

*Colour in our amazing planet*

## UNDER THREAT

Over the course of many centuries, the Earth's human population has grown. We have had a massive impact on the environment in which we live. We have created pollution on the land, in the skies and in the seas.

## WHAT IS THE ENVIRONMENT?
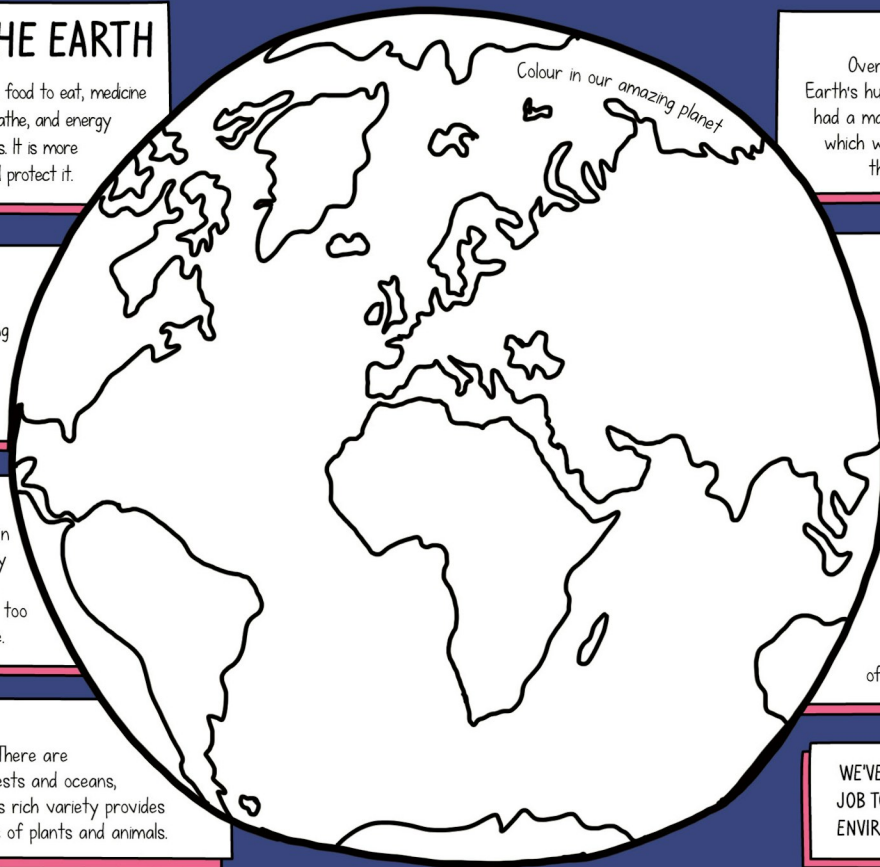
When we talk about the environment, we mean everything in the world around us.
This includes the air, water, plants, animals and food chains.

## CLIMATE CHANGE

One of the biggest consequences of pollution is climate change – the Earth is warming up faster than ever before. Scientists believe that this warming could seriously disrupt the way that our environment works.

## ONE AND ONLY

The Earth is the only planet in the Solar System with exactly the right conditions for us to survive. It is not too hot, nor too cold, allowing it to support life.

## ALL CONNECTED

The Earth is finely balanced. The water cycle, weather, plants and animals, and the passing of the seasons, all work in harmony with each other. A small change to any of these can affect others massively.

## NATURAL HABITATS

The Earth is very diverse. There are mountains and deserts, forests and oceans, ice caps and grasslands. This rich variety provides homes for countless species of plants and animals.

**WE'VE ONLY GOT ONE EARTH. IT'S OUR JOB TO TRY TO PRESERVE THIS UNIQUE ENVIRONMENT. LET'S DO IT TOGETHER!**

# BUY NOTHING DAY

How much do you consume and throw away in a single day? The answer probably varies on different days of the week and at different times of the year.

In wealthy parts of the world, so much waste and pollution is needless. Pick a day and ask everyone in your household to agree to make it a 'buy nothing day'.
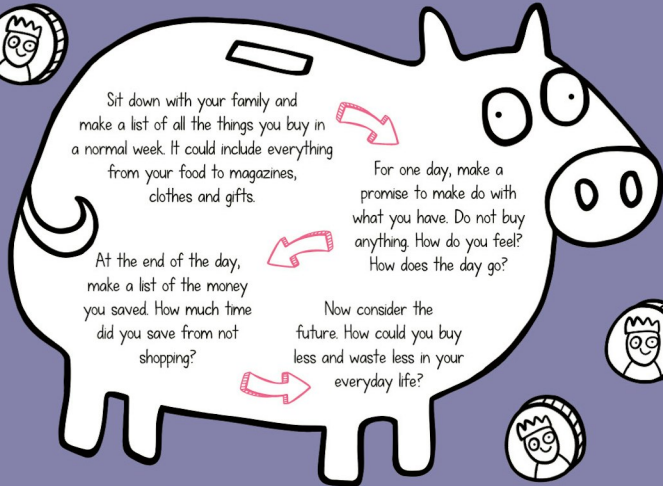
Sit down with your family and make a list of all the things you buy in a normal week. It could include everything from your food to magazines, clothes and gifts.

For one day, make a promise to make do with what you have. Do not buy anything. How do you feel? How does the day go?

At the end of the day, make a list of the money you saved. How much time did you save from not shopping?

Now consider the future. How could you buy less and waste less in your everyday life?

WHY DO YOU THINK PEOPLE BUY SO MUCH STUFF?

DO YOU THINK THEY NEED EVERYTHING THAT THEY BUY? WHY?

# THINK POSITIVE

When it comes to creating a greener, cleaner world there is a lot to do, but lots of good things are also happening every single day, right across the globe! Fill in a sticky note every time you find out about something positive that's happening to help the environment. It could be locally or on a wider scale.

WHY NOT...
Watch the national news?
Talk to your friends?
Check out local community noticeboards?

# PROJECT PROTECT

Many animal species living today are endangered and some have already become extinct. Human beings and their actions are the biggest threat that animals face today.

As we spread out across more and more of the planet, we destroy natural habitats, making it very difficult for some species to survive.
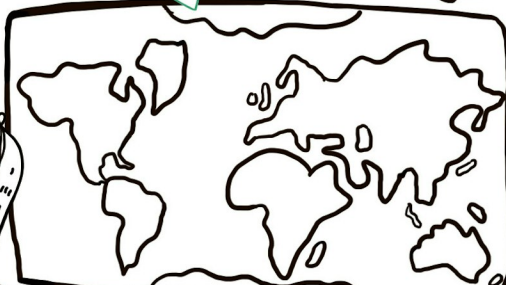
Do your bit to find out about animal conservation! Pick an endangered species that you care about, then find out about it either online or at the library.

Now write about it on these project pages.

THE TYPE OF ANIMAL I WANT TO PROTECT IS:
.............................................................

DRAW A PICTURE OF IT HERE:

DRAW AN ARROW TO SHOW WHERE THIS ANIMAL LIVES:

Reasons why this animal is endangered:

Three things that I can do to help:

This animal is amazing because:

# I CAN SEE A RAINBOW

## MAKE A BEAUTIFUL RAINBOW OUT OF OLD MAGAZINES

**1**

Tear up the pages of a glossy magazine or comic book into small scraps of paper.

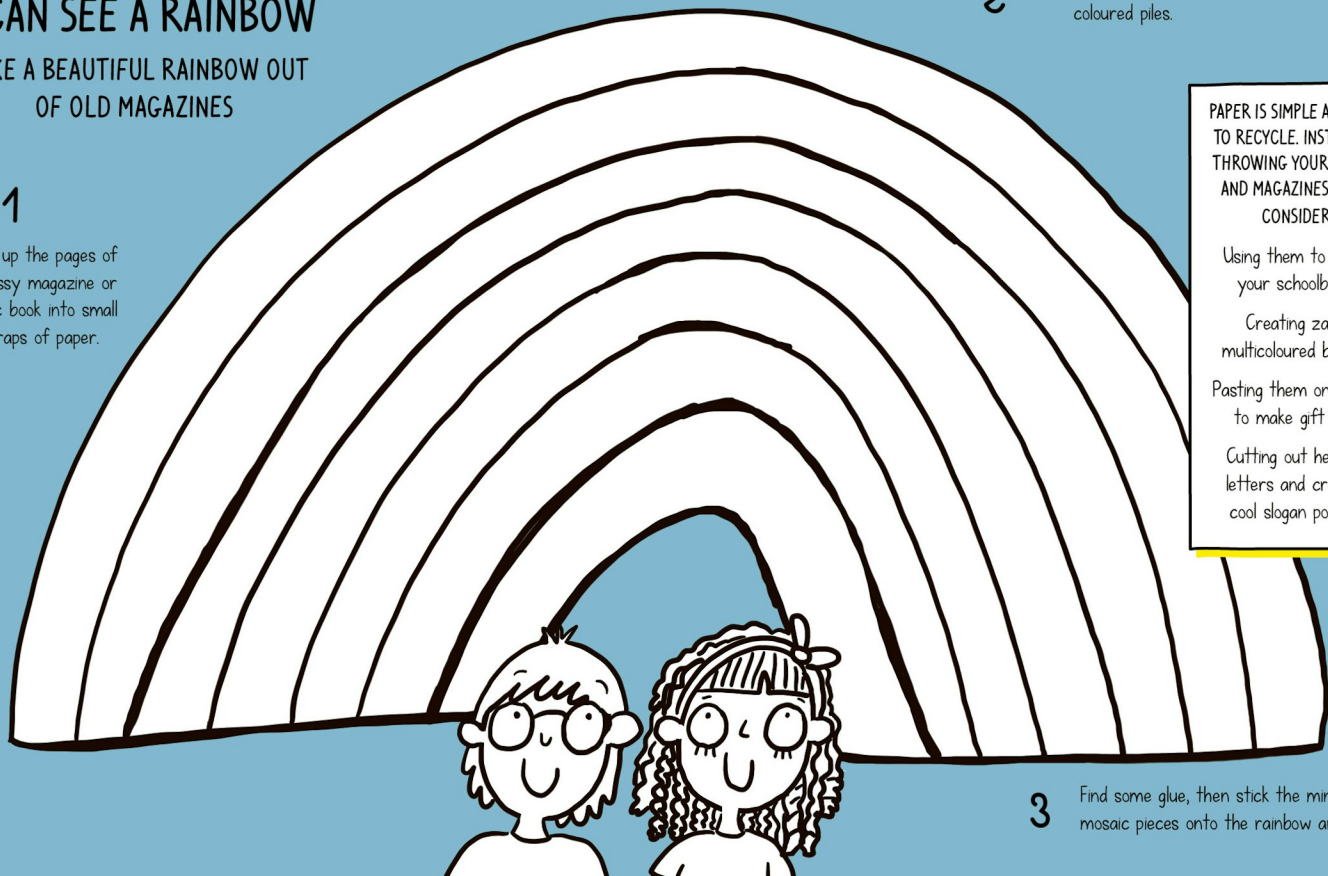**2** Sort the scraps into coloured piles.

PAPER IS SIMPLE AND EASY TO RECYCLE. INSTEAD OF THROWING YOUR COMICS AND MAGAZINES AWAY, CONSIDER:

Using them to cover your schoolbooks

Creating zany, multicoloured bunting

Pasting them onto card to make gift tags

Cutting out headline letters and creating cool slogan posters

**3** Find some glue, then stick the mini mosaic pieces onto the rainbow arch.