

COURAGE

A GUIDED JOURNAL FOR EMBRACING YOUR INNER

GRYFFINDOR™









GRYFFINDORS, LIKE HARRY, RON and Hermione – not to mention Professor Dumbledore – use courage, bravery and determination to accomplish their goals. By purposefully embracing your inner Gryffindor qualities, you are taking active steps to realise your dreams. What are you hoping to achieve or discover by using this journal? How do you see your Gryffindor traits helping you do this?

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GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination



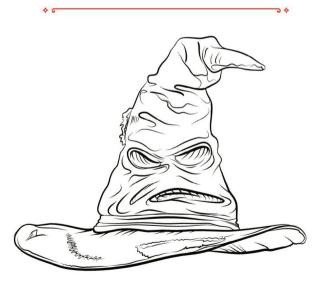


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COLOURING MEDITATIONS

The Sorting Hat sorts each Hogwarts student into their house on their first night at school, taking into account their background, talent, personalities and personal choice. Due to your courage, bravery and determination, you are a Gryffindor. Colour in the hat below and decorate the rest of the page with iconography and embellishments that represent your identity as a Gryffindor.



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GRYFFINDOR MOMENTS:

Daily Acts of Courage, Bravery and Determination





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