



# Time for Bed Animals

Ben  
Lerwill

Maribel  
Lechuga

# DOGS

Dogs like to lick their paws before they go to sleep. It helps them to feel relaxed and keeps their paws clean.

What do you do before you get into bed?



Before they lie down, dogs often turn in circles to find the perfect spot. They like feeling safe and comfortable.

Puppies need more sleep than adult dogs. Very old dogs need lots of sleep too.

# CHIMPANZEES

Chimpanzees build their own beds, using strong sticks and branches. They make their beds in trees.

What do you like best about your bed?

Chimpanzees live in big family groups, called troops.

Sleeping in the treetops keeps them safe from any prowling predators



# DOLPHINS



Dolphins sleep with one eye open! These clever animals are always half-awake, even in the middle of the night.

*Do you feel nice and sleepy when you close your eyes at bedtime?*

*By staying half-awake, dolphins can float up to the surface when they need to breathe.*

*Amazingly, when they sleep like this, only one half of their brain goes to sleep. During the night, they can swap which side of their brain is awake, and which side is resting.*

# CATS

Cats have dreams too. Sometimes we can even see their legs and ears twitching! What do you think cats dream about?

How about you? What's your favourite kind of dream?



Just like you, cats like snoozing in places that are warm and cosy.



Some cats snore! This happens when their bodies are very relaxed. Dogs, lions and bears sometimes snore too – and so do people!