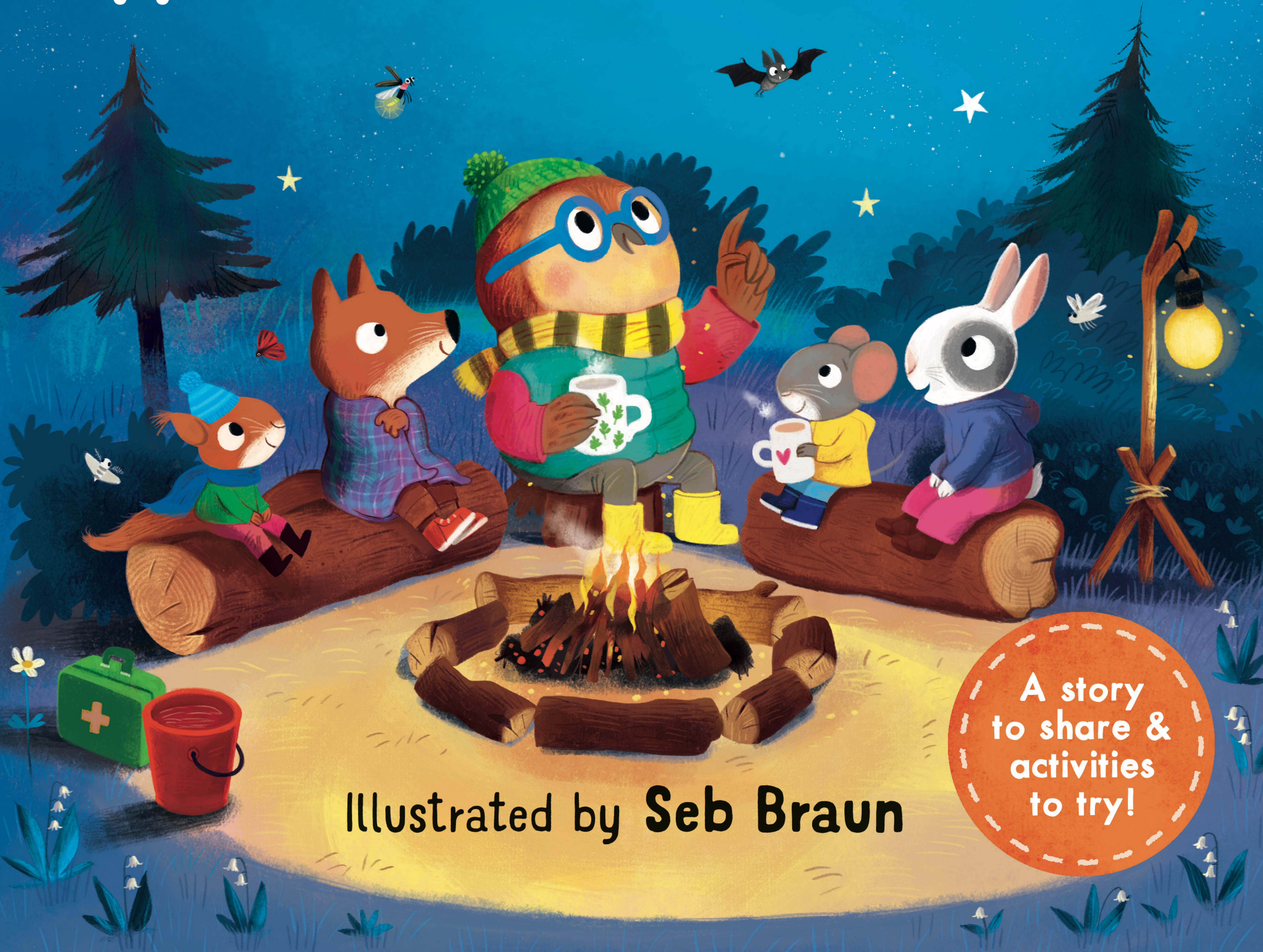


Mrs Owl's
FOREST SCHOOL
THE MOONLIT CAMPOUT

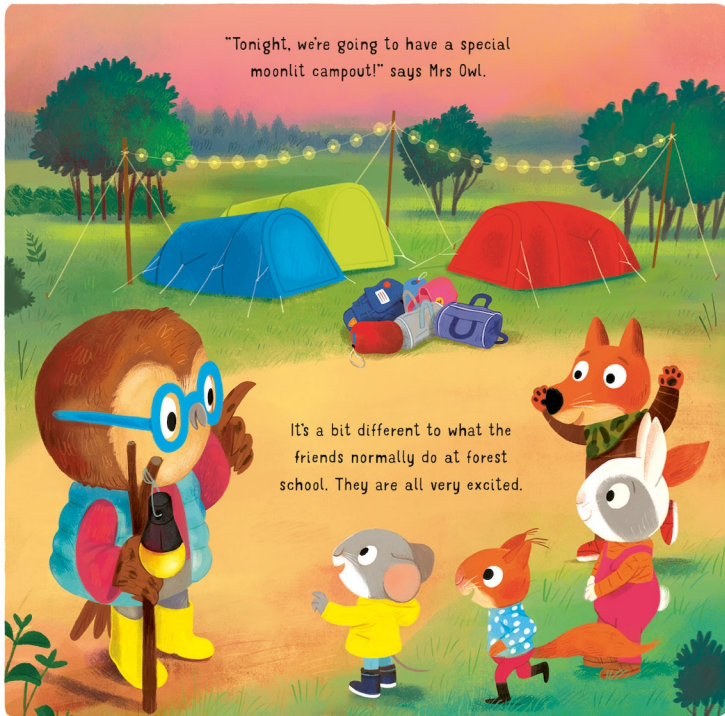


Illustrated by **Seb Braun**

A story
to share &
activities
to try!

"Tonight, we're going to have a special moonlit campout!" says Mrs Owl.

It's a bit different to what the friends normally do at forest school. They are all very excited.



"Wow, are these our tents?" says Fox, bounding into the glade.

"Yes, but it's not time for bed just yet," laughs Mrs Owl. "We've got lots to do before it gets dark. And I need your help to do the most important job of all ..."



"Who's hungry?" asks Mrs Owl.

All the friends are feeling peckish after their busy evening.



Then the animals take it in turns to hold the stick-sieve over the fire. The heat makes the corn start to pop.



Mrs Owl pours some corn kernels into two sieves, fastens them shut and ties them to a stick.



When the popping stops, the popcorn is ready to eat.

Delicious!

There are lots of other ways to cook on a fire. Why not try Mrs Owl's campfire recipes?

MRS OWL'S CAMPFIRE RECIPE!

You will need:



Bananas



Tongs



Knife



Tin Foil

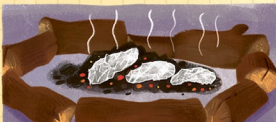


Toppings

1. Take an unpeeled banana. Very carefully cut a slit down the centre lengthways.



3. Place the banana in the embers of the fire – this is best when the fire is dying down. Leave it for 1–2 minutes.



2. Put in some tasty toppings, like chocolate, marshmallows or strawberries. Wrap the banana tightly in tin foil.



4. Using tongs, remove the banana from the fire. If it's squishy, it's cooked! Carefully unwrap and enjoy!



For a savoury treat, you can bake potatoes in a campfire. Wrap them in tin foil and leave for 30–60 minutes. YUM!

"Can we have a story now?" asks Fox, rubbing his nice full tummy.



"What a brilliant idea!" says Mrs Owl. Everyone snuggles down to listen to Mrs Owl's tale.

But Squirrel can't enjoy the story. Squirrel is looking anxiously at the dark. Suddenly there is a loud rustling behind them.



"EEEEPPP!"

squeaks Squirrel, leaping into the air!



"It doesn't look so dark anymore," says Rabbit.

"I can see all the way to our tents," says Fox. "I couldn't before."

"It's called night vision," says Mrs Owl.

"Your eyes adjust to the dark,
and you can see much more."



MRS OWL'S GUIDE TO NIGHT VISION

Cover one eye with your hand, and stare towards a light for 15 minutes
(not directly at a light or fire, as this can hurt your eyes).

Cover the eye that had been open, and uncover the eye that was kept
in the dark. Notice how much more you can see with that eye!

Now everyone feels much braver, but they're getting a bit chilly.
They snuggle into their extra layers.



"Well done, everyone," says Mrs Owl. "You all worked together to build a fire
and cook a tasty snack. And Squirrel discovered that the night sky
is beautiful! But I think there's still time for one last thing ..."