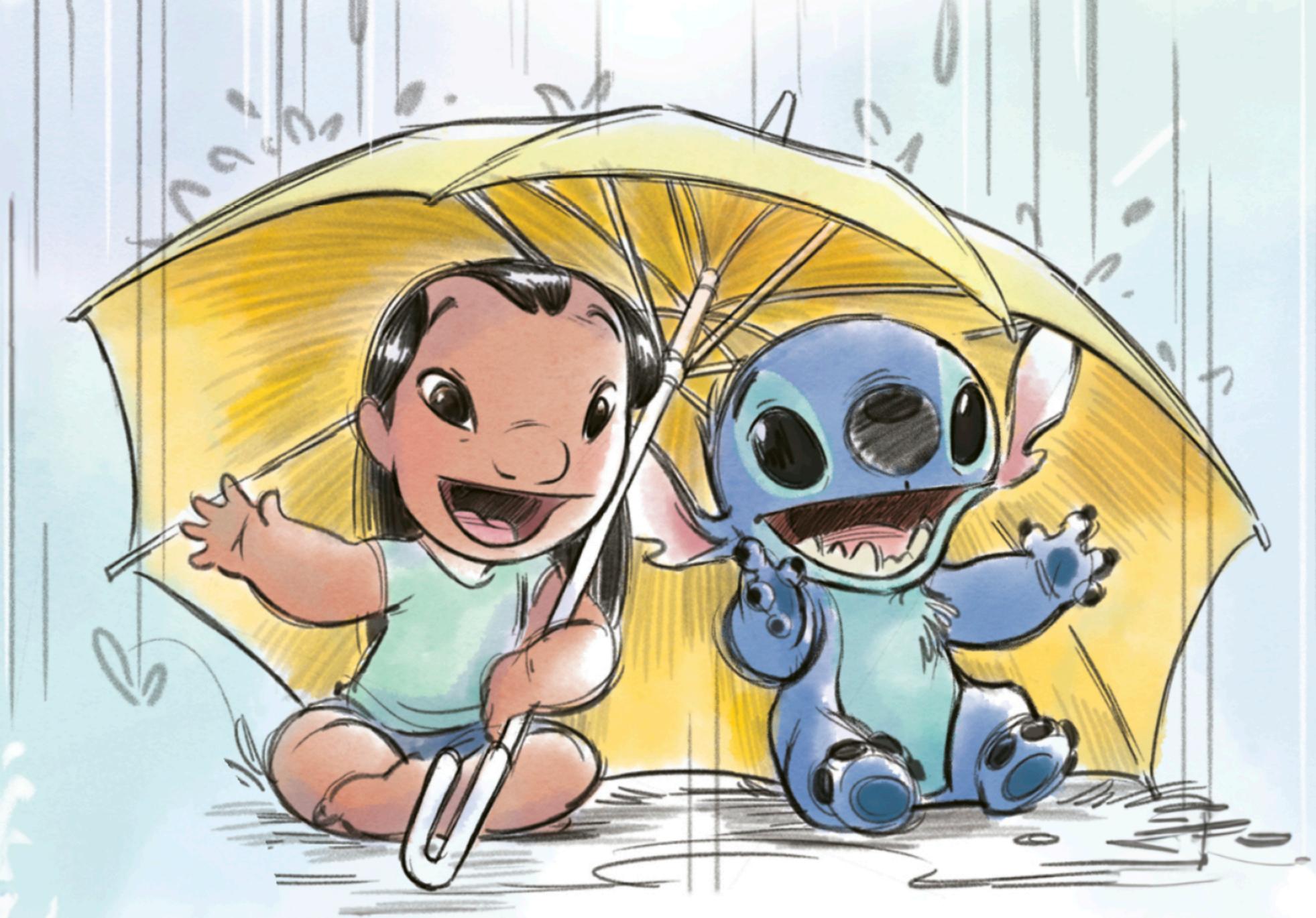
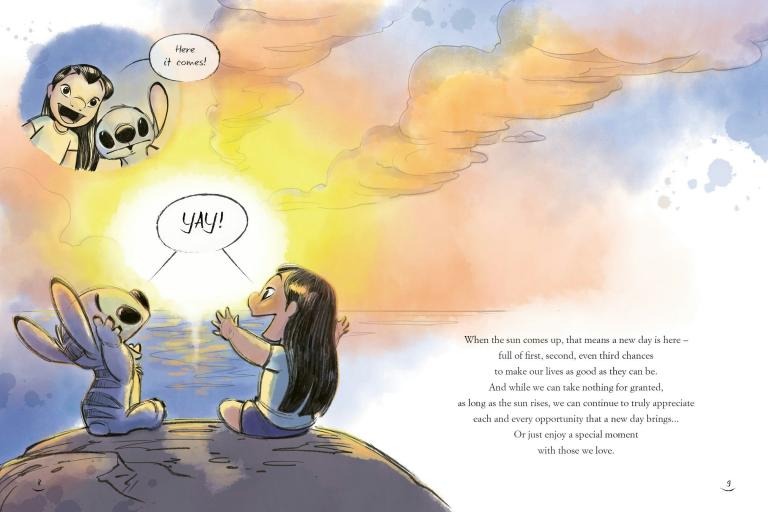
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## Phana means Family



Musings on Everyday Life



## Broken Shells









If something appears broken, it's tempting to toss it aside.

We do this with seashells,

and sometimes we do this with people, too...

But if we embrace the imperfect – in others
as well as ourselves – we may be surprised at the beauty
that can result.





Life moves fast, and it's easy to get so busy that we lose touch with our families and friends. Everyone may need a lū'au, the Hawaiian party that gives a chance to reconnect and renew bonds of family and friendship. It means feeling welcomed and loved, and eating a lot, too!