

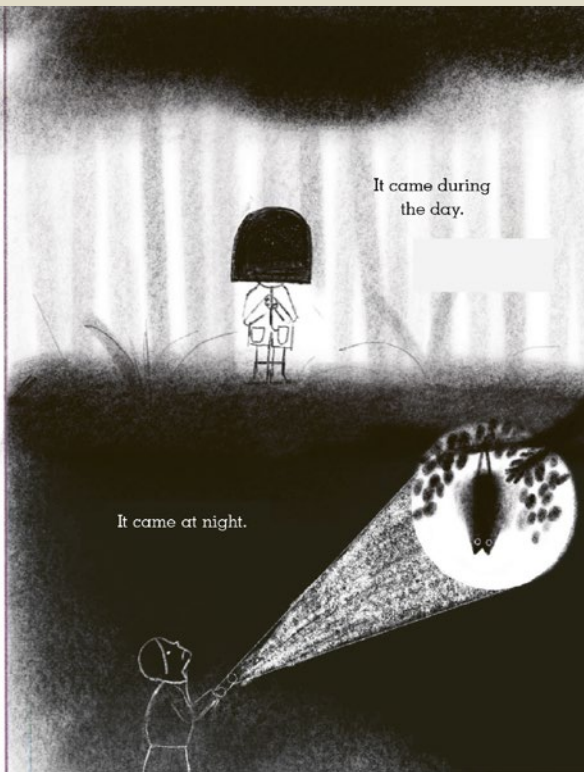
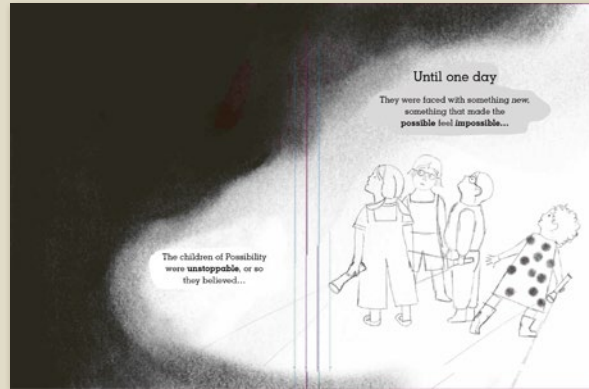
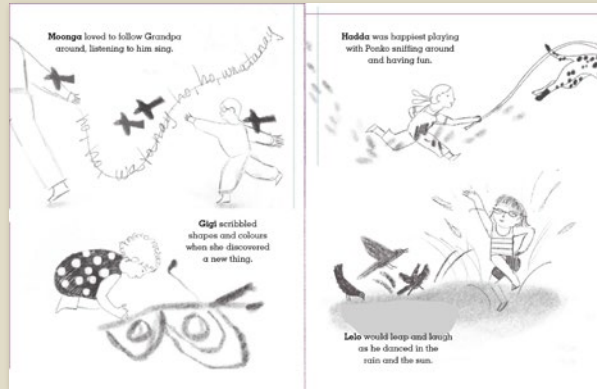
Everybody has a Fear



A beautifully illustrated and thought-provoking picture book that looks at the relationship children have with fear.

- This beautiful picture book explores themes of fear and anxiety, helping children to visual their fears and use mindfulness techniques to overcome them.
- A beautifully written and accessible narrative weaved together by Koleka Putuma, a South African multi-award-winning theatre practitioner, writer and poet.
- A universal picture book that can be used to explain fear to young readers and promote useful discussions.

Everybody has a Fear



Pub Date	14/08/2025
Pub Price	£14.99
ISBN	9781800784123
H x W	280 x 215mm
Binding	Hardback
Age Range	5-7 years
Author	Koleka Putuma
Extent	48pp
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