

MARVEL

WHAT WOULD

HULK

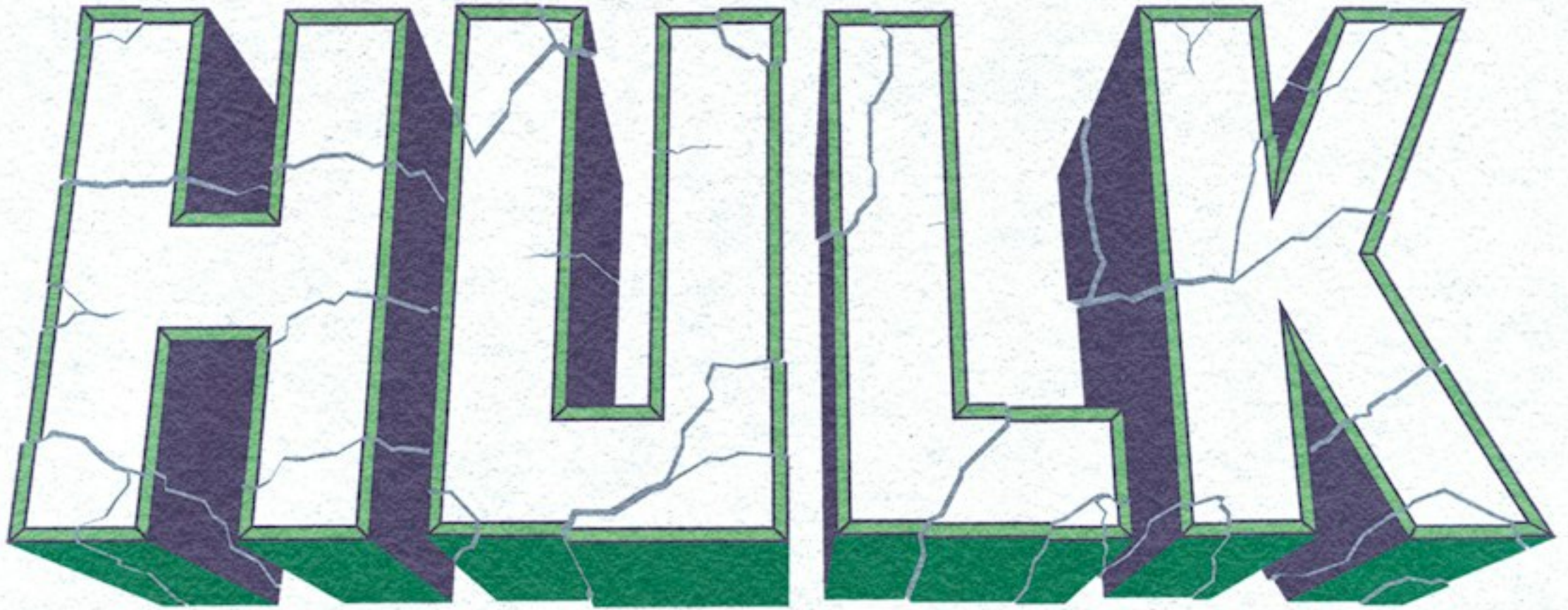
DO?



**A
SUPER HERO'S
GUIDE TO
EVERYDAY
LIFE**

MARVEL

WHAT WOULD



DO?

A STUDIO PRESS BOOK

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FSC DUMMY

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MARVEL

WHAT WOULD

HULK

DO?





MINDFULNESS...

THERE NO NEED FOR MINDFULNESS.
HULK ALWAYS FULLY PRESENT AND
IN TOUCH WITH EMOTIONS.

PEOPLE SAY ANGER NOT THE
ONLY EMOTION, AND HULK AGREE.

RAGE, FURY AND EXTREME
IRRITATION ALSO VERY IMPORTANT
FOR STRESS RELIEF AND
SELF-ACTUALISATION.

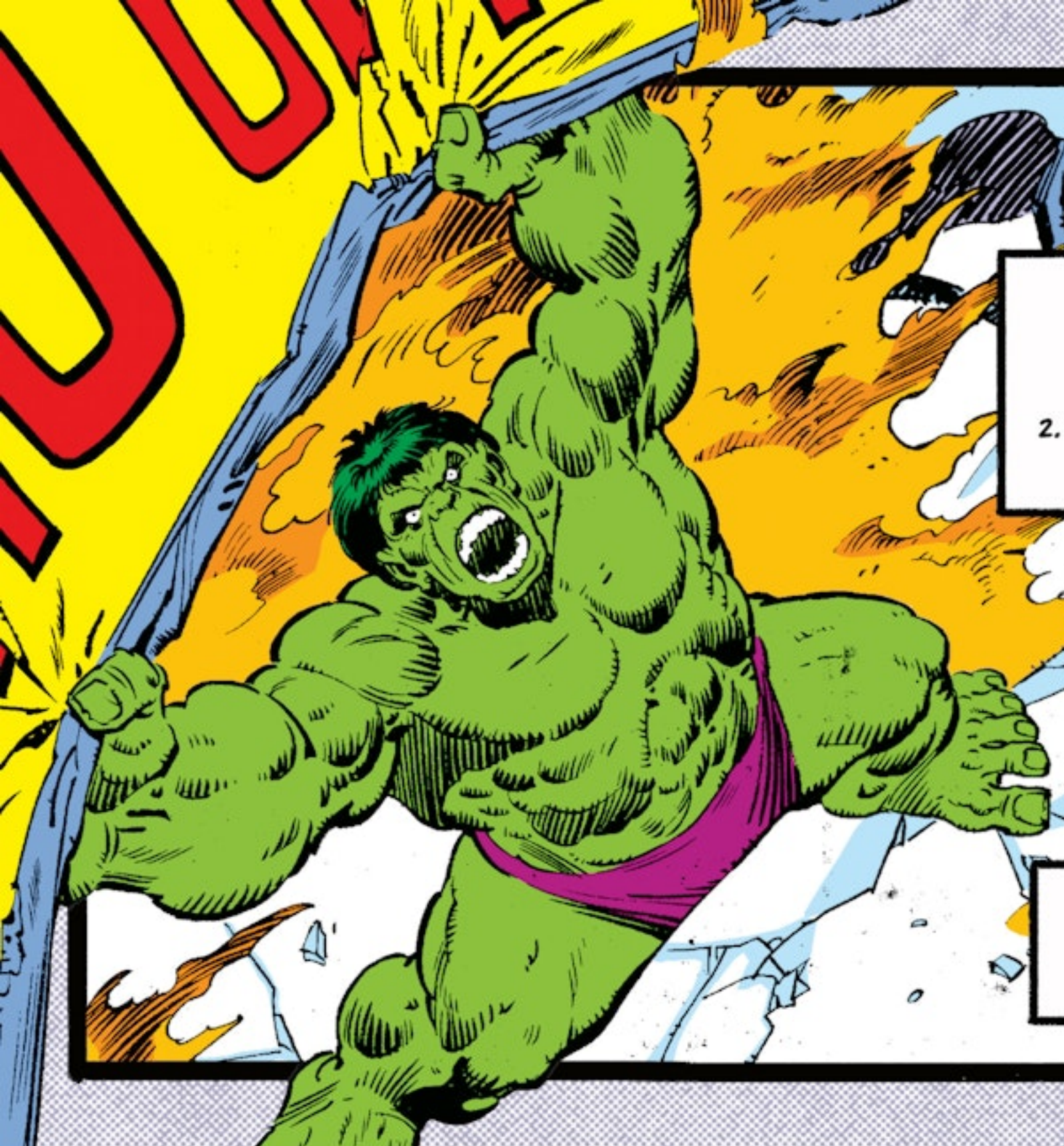
GETTING THE LID OFF A JAR...

BUNCH!

IF LID NOT COME OFF JAR, HIT JAR
AGAINST WALL UNTIL IT SMASH.
DR BANNER SAY THIS IS
OVERREACTION...

... BUT JAR NEED TO
KNOW THAT YOU ARE
STRONGER THAN IT.





WORKING OUT...

**HULK VERY GOOD AT WORKING OUT.
HERE IS HULK'S WORKOUT PLAN:**

- 1. PICK UP TRUCK IN EACH HAND.**
- 2. MAKE SURE TO BEND KNEES, LIFT TRUCK.**
- 3. THROW IT AS HARD AS POSSIBLE.**

**HULK VERY STRONG, SO FOR PEOPLE
WHO ARE PUNY LIKE THOR, IT OKAY TO
START WITH SOMETHING LIGHTER,
LIKE CAR OR HELPFUL PASSER-BY.**

**MAKE SURE TO COOL
DOWN AFTERWARDS
BY UPROOTING SMALL TREE.**

GETTING A HAIRCUT...

NO NEED TO PAY FOR FANCY
HAIRCUT — IT JUST GROW BACK.
HULK CUT OWN HAIR USING
UPSIDE-DOWN BOWL AND ENTHUSIASM.



COOKING...



IT LITTLE KNOWN FACT THAT
HULK IS EXCELLENT COOK.
EVERYBODY ALWAYS ASKING
FOR RECIPE FOR HULK'S MASH:

1. TAKE POTATO
2. HIT POTATO VERY HARD

A CLASSIC
DISH.

BUMPING INTO AN EX...

IT ALWAYS AWKWARD TO SEE
OLD FLAME WITH NEW PARTNER,
BUT HULK NEVER GREEN WITH ENVY.
IT IMPORTANT TO BE THE BIGGER MAN.

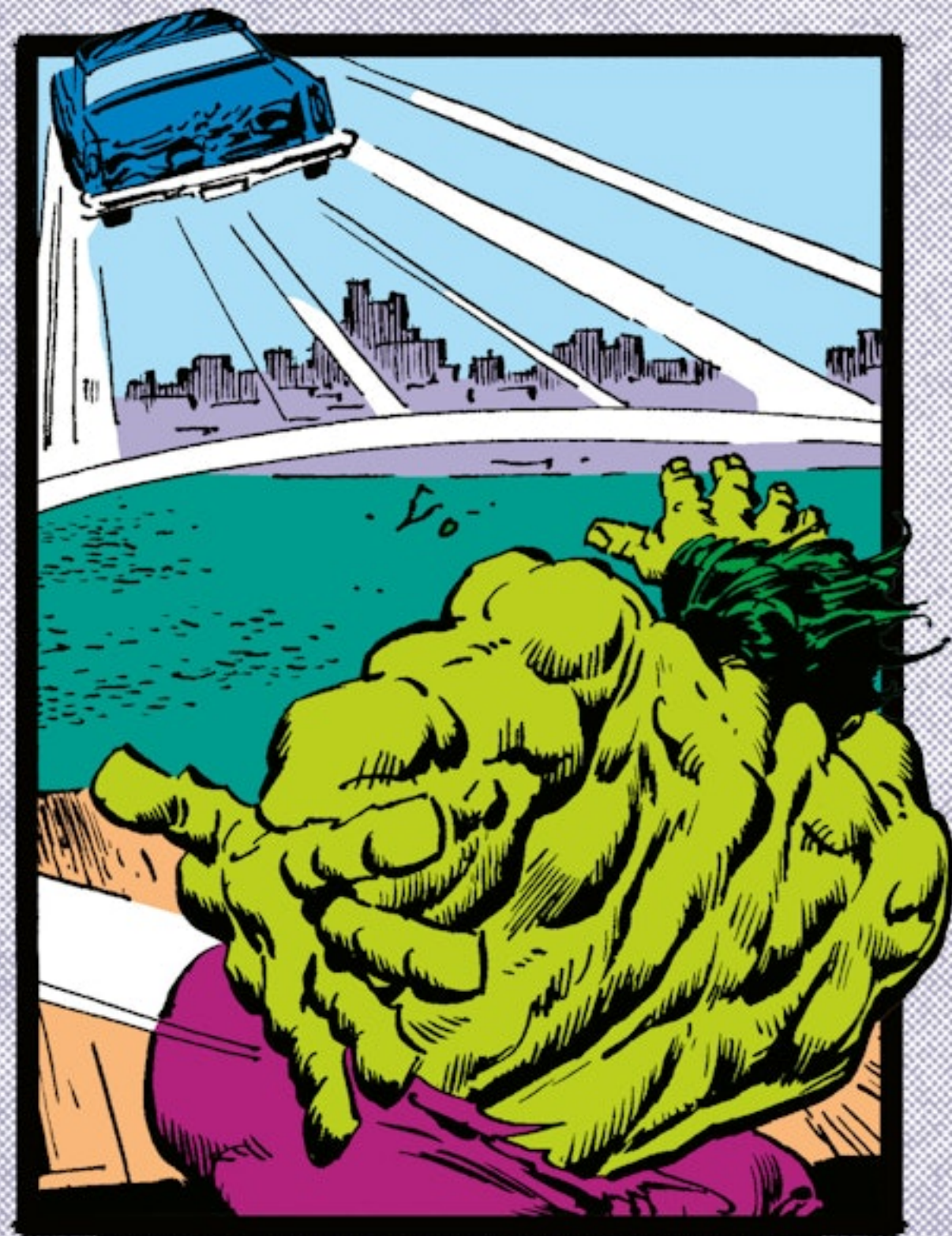


HULK ALWAYS THE BIGGER MAN,
BECAUSE HULK IS ENORMOUS.

GETTING STUCK IN TRAFFIC...



IF HULK SMASH ALL CARS IN THE
WAY, TRAFFIC GO MUCH FASTER.



A comic book illustration of the Hulk, depicted in bright green with black outlines, smashing through a chaotic pile of broken furniture. He is shown from the waist up, with his arms raised and fists clenched, pushing through purple and blue wooden beams. The background is a solid red color. The entire scene is framed by a black border.

RECYCLING...

HULK IS EXPERT AT GOING
GREEN. RECYCLING VERY
GOOD FOR THE PLANET...

... SO HE USE OLD BITS OF FURNITURE
OR EMPTY FOOD TINS TO THROW
AT PEOPLE WHO USE TOO MUCH
SINGLE-USE PLASTIC.

OFFICE CONFLICT...

HULK UNDERSTAND THE VALUE OF
A HAPPY WORKING ENVIRONMENT.
IF CO-WORKER IS BEING DIFFICULT,
HULK KNOW IT IMPORTANT TO
COMMUNICATE OPENLY...



... BY THROWING
THEM GREAT
DISTANCE.



FASHION...

PEOPLE DON'T NEED TO TELL
HULK — HULK ALREADY KNOW
HE A VERY STYLISH PERSON.
WHEN CHOOSING CLOTHES,
IT BEST TO PICK A LOOK THAT
SUIT YOU AND STICK TO IT.

HULK LIKE TO WEAR RIPPED
PURPLE SHORTS BECAUSE
THEY GO WITH EVERYTHING.

FACING YOUR FEARS...

HULK FIND IT BEST TO CONFRONT
FEARS HEAD-ON. ALL HE NEED TO
FACE FEARS IS BRAVERY, STRENGTH...

... AND ENOUGH GAMMA RADIATION
IN BLOODSTREAM THAT HE MUCH
SCARIER THAN EVERYTHING ELSE.



HOUSEWORK...

HULK OFTEN HAVE TO RENOVATE HIS HOUSE, AS IT GET SMASHED UP IN BATTLES WITH SUPER VILLAINS A LOT.

IF SOMETHING GET DIRTY,
BEST SOLUTION IS TO BREAK
IT AND WAIT FOR DR BANNER
TO REPLACE IT WITH NEW ONE.



A comic book panel showing the Hulk, a large green muscular figure, using his immense strength to smash a pencil. The pencil is being crushed between his fingers, with a large cloud of purple smoke or dust erupting from the point of impact. The background is filled with dynamic yellow and red streaks, suggesting a powerful explosion or impact. The Hulk's face is partially visible, showing a determined and powerful expression.

ACADEMIA...

SOME SAY THAT MOST PEOPLE
DON'T USE THE DEGREES THEY
GET, BUT HULK TECHNICALLY HAVE
A PHD AND HE PRETTY SURE HE
KNOW WHAT HE TALKING ABOUT.

HE USE KNOWLEDGE OF
PHYSICS TO WORK OUT HOW
BEST TO SMASH THINGS.



WEIGHTLIFTING...

**WHEN CARRYING ENTIRE TEAM,
HULK MAKE SURE TO LIFT
WITH LEGS, NOT BACK.**

TEAMWORK...

WORKING TOGETHER AND ASKING
FOR HELP ARE IMPORTANT PART OF
ACHIEVING GOALS IN WORKPLACE.

HULK FIND THE OTHER AVENGERS VERY
USEFUL FOR TASKS LIKE PICKING UP THINGS
THAT HULK THROW, GIVING HULK NEW
THINGS TO THROW AND FETCHING SNACKS.



FINE DINING...

WHEN DINNER IS INTERRUPTED BY SUPER
VILLAIN ATTACK, NICE RESTAURANTS
USUALLY HAVE LOTS OF THINGS TO THROW.

CORRECT ETIQUETTE IS TO START BY
THROWING CUTLERY ON OUTSIDE AND
WORK IN — HULK WON'T EMBARRASS
HIMSELF AND DO IN WRONG ORDER.



The Hulk is depicted in a dynamic, comic book style. He is green with spiky black hair, wearing a purple long-sleeved shirt. He is shown from the waist up, leaning forward with his mouth open in a shout or roar, revealing white teeth. His right arm is raised, and his left arm is bent. The background is a bright yellow with black outlines and a black dot pattern. The text is in white boxes with black borders.

BEING A SPORTS FAN...

HULK DON'T FOLLOW MANY SPORT,
BECAUSE HE ONLY WANT TO WATCH
SPORT HE NOT GOOD AT HIMSELF,
OTHERWISE IT GET BORING.

THIS A PROBLEM FOR HULK,
BECAUSE HE MUCH FASTER AND
STRONGER THAN ANY PUNY HUMAN...

... APART FROM ICE DANCERS.
THEY SPIN MUCH FASTER THAN HULK
CAN SPIN, AND HE RESPECT THAT.



FRIENDSHIP...

IT IMPORTANT TO SUPPORT
FRIENDS IN GOOD TIMES AND BAD.

IT GOOD THING HULK IS STRONG
ENOUGH TO ALWAYS LIFT UP
FRIENDS DURING ARGUMENTS.

GARDENING...



EVERYBODY KNOW THAT HULK IS
VERY GREEN-FINGERED. GROWING
PLANTS GOOD FOR RELAXING,
AND PEOPLE ALWAYS TELL
HULK HE NEED TO RELAX.



DIG LITTLE HOLE IN GROUND,
PUT PLANT IN HOLE, THEN SIT
PATIENTLY AND WAIT FOR PLANT
TO GET BIG. DR BANNER SAY THAT
TALKING TO PLANT CAN HELP IT
GROW, SO HULK LIKE TO YELL AT
PLANT TO MAKE IT GROW FASTER.

ASKING FOR A RAISE...

WHEN ASKING BOSS FOR A
RAISE, HULK FOCUS ON UNIQUE
VALUE HE BRING TO THE TEAM.

FOR EXAMPLE, HULK PUNCH
MUCH HARDER THAN PUNY THOR,
SO HE ESSENTIAL TO AVENGERS.



LIVING WITH ROOMMATES...

ONE OF MOST COMMON
ARGUMENTS WITH ROOMMATES
IS WHAT TEMPERATURE
TO KEEP HOUSE AT.

DR BANNER LIKE TEMPERATURE HOT.
HULK LIKE TEMPERATURE COLD.

COMPROMISE BY RIPPING THERMOSTAT
OUT OF WALL AND YELLING.

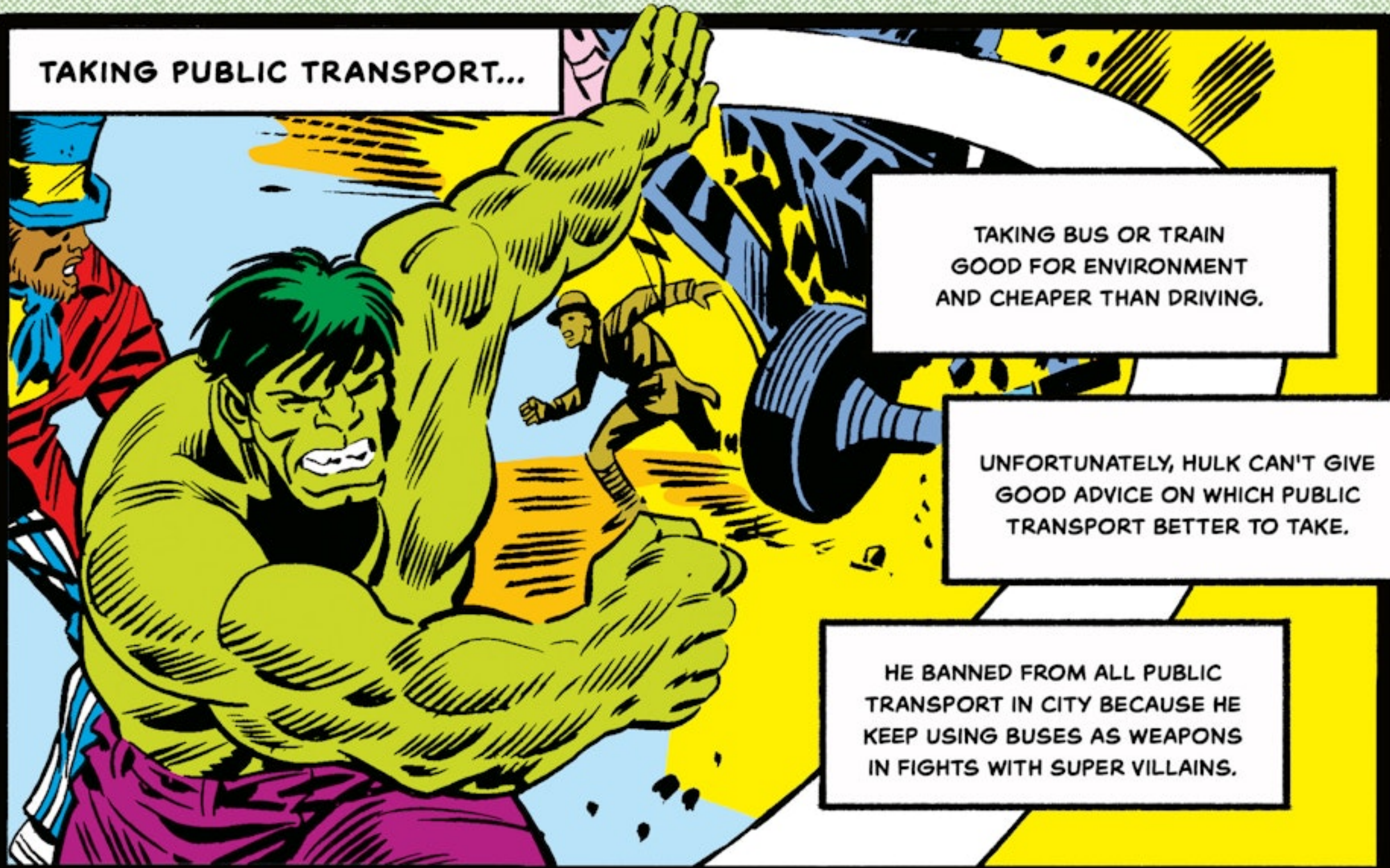


TAKING PUBLIC TRANSPORT...

TAKING BUS OR TRAIN
GOOD FOR ENVIRONMENT
AND CHEAPER THAN DRIVING.

UNFORTUNATELY, HULK CAN'T GIVE
GOOD ADVICE ON WHICH PUBLIC
TRANSPORT BETTER TO TAKE.

HE BANNED FROM ALL PUBLIC
TRANSPORT IN CITY BECAUSE HE
KEEP USING BUSES AS WEAPONS
IN FIGHTS WITH SUPER VILLAINS.





BUYING COFFEE...

COFFEE SHOP LIE. FLAT WHITE NOT
EVEN FLAT, AND WHEN HULK SMASH
CUP TO MAKE IT FLAT, THEY ASK HULK
TO LEAVE AND NOT COME BACK.

DR BANNER NOT HAPPY ABOUT THIS,
BECAUSE HE LIKE THAT COFFEE SHOP.
HULK ADVISE HIM TO BE MORE
SPECIFIC IN COFFEE ORDER.



FAMILY DISPUTES...

MOST FAMILY DISPUTES BEST
RESOLVED BY HONESTLY
EXPRESSING FEELINGS.

EVEN WHEN HULK ACCIDENTALLY TURNED
COUSIN GREEN THROUGH BLOOD
TRANSFUSION, FAMILY WERE MOSTLY
VERY UNDERSTANDING.



SUNNY WEATHER...

**EVEN GREEN SKIN CAN BURN,
SO HULK ALWAYS WEAR SUN
CREAM WHEN IT HOT OUTSIDE.**

**HULK BEEN EXPOSED TO
ENOUGH RADIATION ALREADY,
HE DON'T NEED ANY MORE.**



BODY POSITIVITY...

HULK SORRY TO SAY, BUT OTHER
PEOPLE WILL NEVER BE AS BIG AND
STRONG AS HULK, WITH SUCH
NICE GREEN COMPLEXION.

STILL, IT IMPORTANT
TO RESPECT AND LOOK
AFTER YOUR BODY...

... EVEN THOUGH
IT NOT SIZE
OF HULK.



PHOBIAS...

HULK AFRAID OF NOTHING. HULK IS VERY BRAVE. TRUE, SPIDERS NOT HULK'S FAVOURITE THING — HE FIND WAY THEY MOVE CREEPY...

... BUT THEN HE MET A VERY NICE LITTLE SPIDER FROM QUEENS AND REALISE THERE NOTHING TO BE AFRAID OF.

A comic book panel showing the Hulk, a large green muscular figure, crashing through the fuselage of a red airplane. He is shown in mid-air, with his right arm extended forward. The airplane is split open, and a pilot in a red flight suit is visible in the cockpit, looking down in shock. The background is a bright blue sky with white clouds. The Hulk's expression is one of intense anger or determination, with his teeth bared.

AIR TRAVEL...

THIS A TRICKY ONE TO GIVE
ADVICE ON, AS HULK STILL
LEARNING ABOUT THIS.

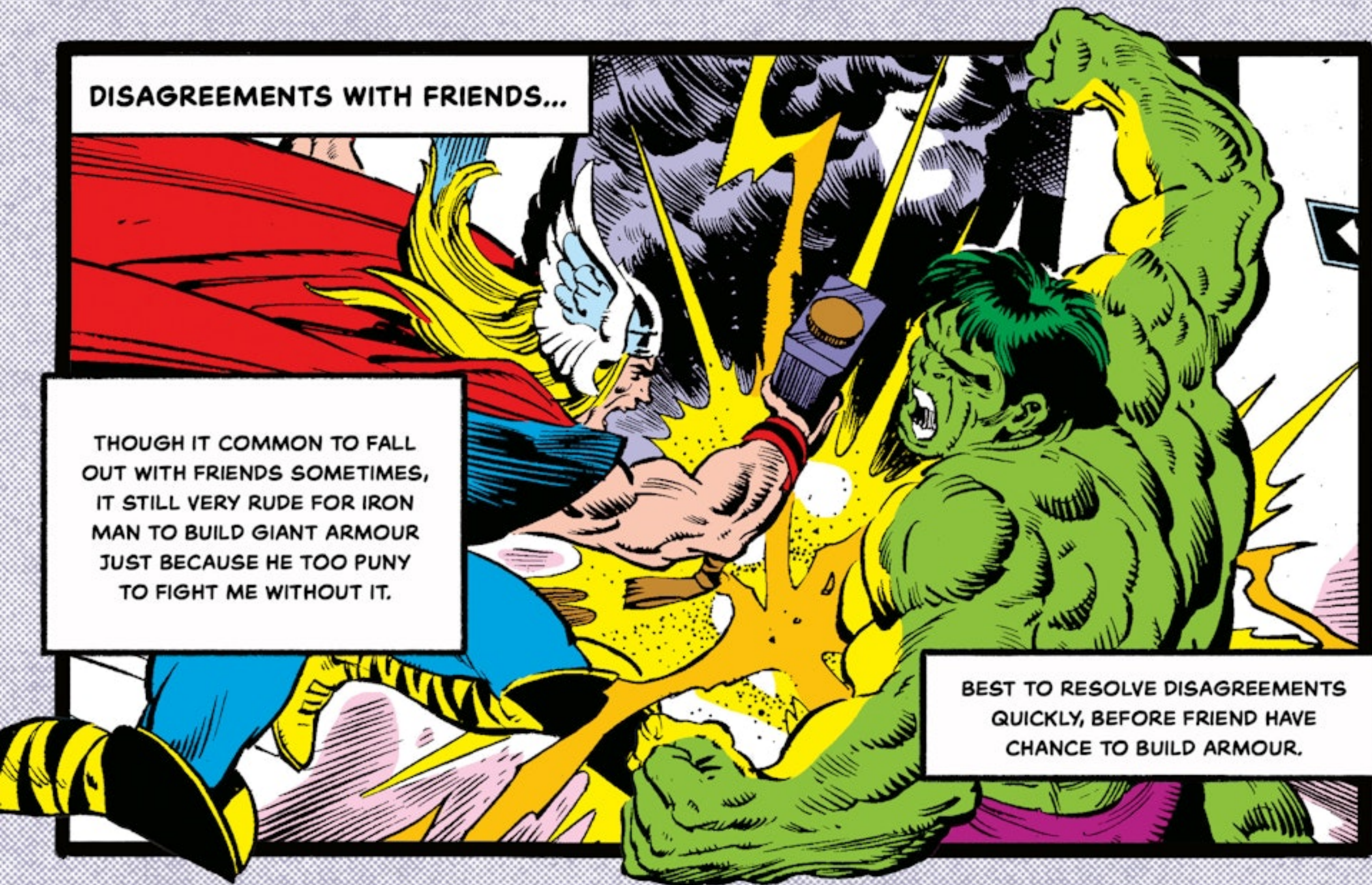
HE RECENTLY BEEN INFORMED
THAT THERE ARE OTHER WAYS
TO EXIT AN AEROPLANE THAN
JUMPING OUT MID-FLIGHT...

... BUT HE NOT
CONVINCED.

DISAGREEMENTS WITH FRIENDS...

THOUGH IT COMMON TO FALL
OUT WITH FRIENDS SOMETIMES,
IT STILL VERY RUDE FOR IRON
MAN TO BUILD GIANT ARMOUR
JUST BECAUSE HE TOO PUNY
TO FIGHT ME WITHOUT IT.

BEST TO RESOLVE DISAGREEMENTS
QUICKLY, BEFORE FRIEND HAVE
CHANCE TO BUILD ARMOUR.



LOW SELF-CONFIDENCE...



HULK WORK VERY HARD ON
SELF-ESTEEM. HULK KNOW HE
CALLED INCREDIBLE FOR A REASON.

OTHER MARVEL BOOKS...

