

*Sarah Maycock*

# Sometimes I feel...



A menagerie of feelings  
big and small

*Sarah Maycock*

Dedicated to my mother, Georgina, without whom  
this book wouldn't exist. Also to my father, Stephen, my sister,  
Louisa, and my husband, Tom, for their endless support.

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# Sometimes I feel...



B P P



But there will always  
be someone bigger  
than me and sometimes  
I will feel small.





Sometimes  
I feel as

**HAPPY**  
as a  
**Lark.**



But not all days can be filled with song . . .



. . . and sometimes I will need time  
before I can join in with the chorus.





Sometimes

I feel as

**STRONG**




as an

**Ox.**

But the days that leave me  
worn out and weary  
will make me stronger tomorrow.







Sometimes  
I feel as

**B U S Y**  
as a  
**Bee.**





But slowing down to see the beauty all  
around me is time just as well spent.





Sometimes  
I feel as

***BRAVE***  
as a  
**Lion.**





But when the roar of the storm  
seems frightening . . .

. . . I know it will pass  
and so will my fear.



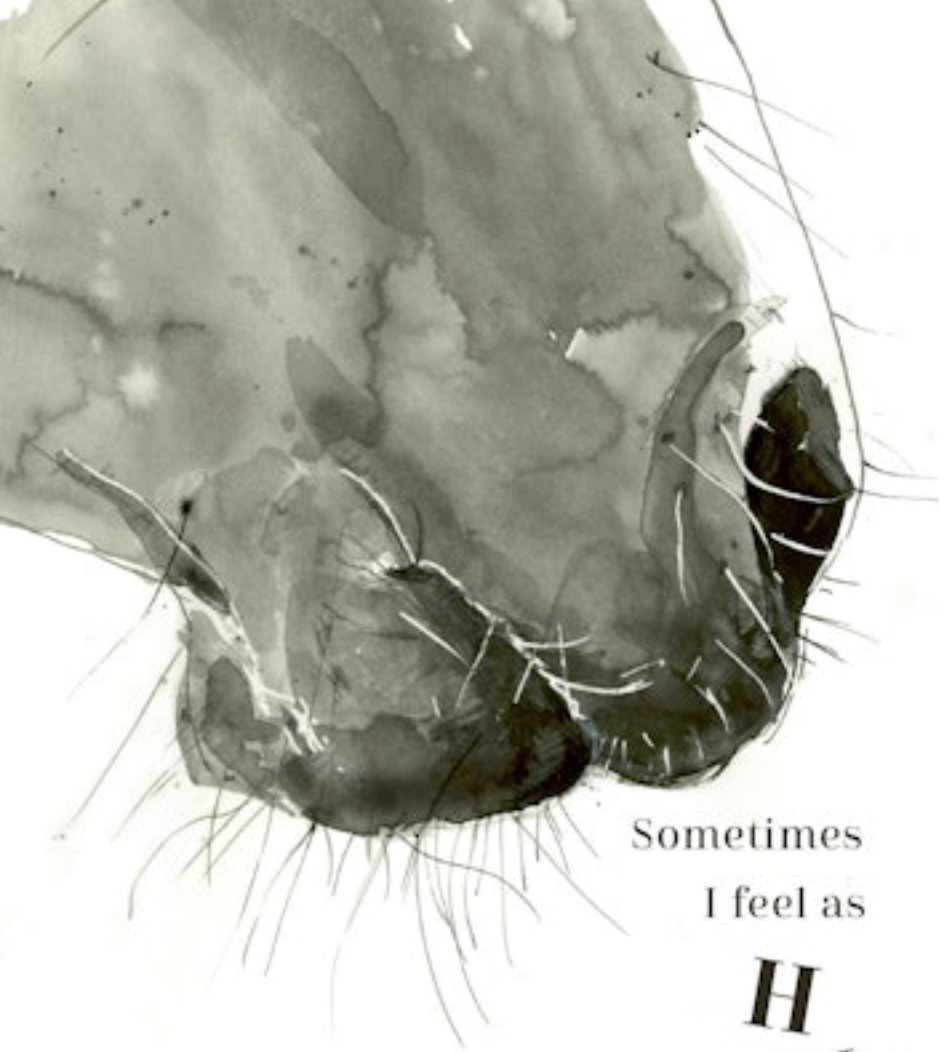


Sometimes  
I feel as  
**CUNNING**  
as a  
**Fox.**



But when I'm too clever  
for my own good,  
I get caught out.





Sometimes  
I feel as

**H  
U  
N  
G  
R  
Y**

as a

**Horse.**





But stopping when  
I've had enough . . .



. . . means there's plenty left  
for everyone else.



Sometimes  
I feel as

**CuRiOuS**

as a  
**Cat.**



But it's impossible to know  
the answers to everything . . .



. . . and sometimes I have  
to give my mind a rest.



Sometimes  
I feel as


**BLIND**

as a

**Bat.**







But when the way  
ahead is unclear . . .

. . . following my  
instincts will help me  
choose the right path.



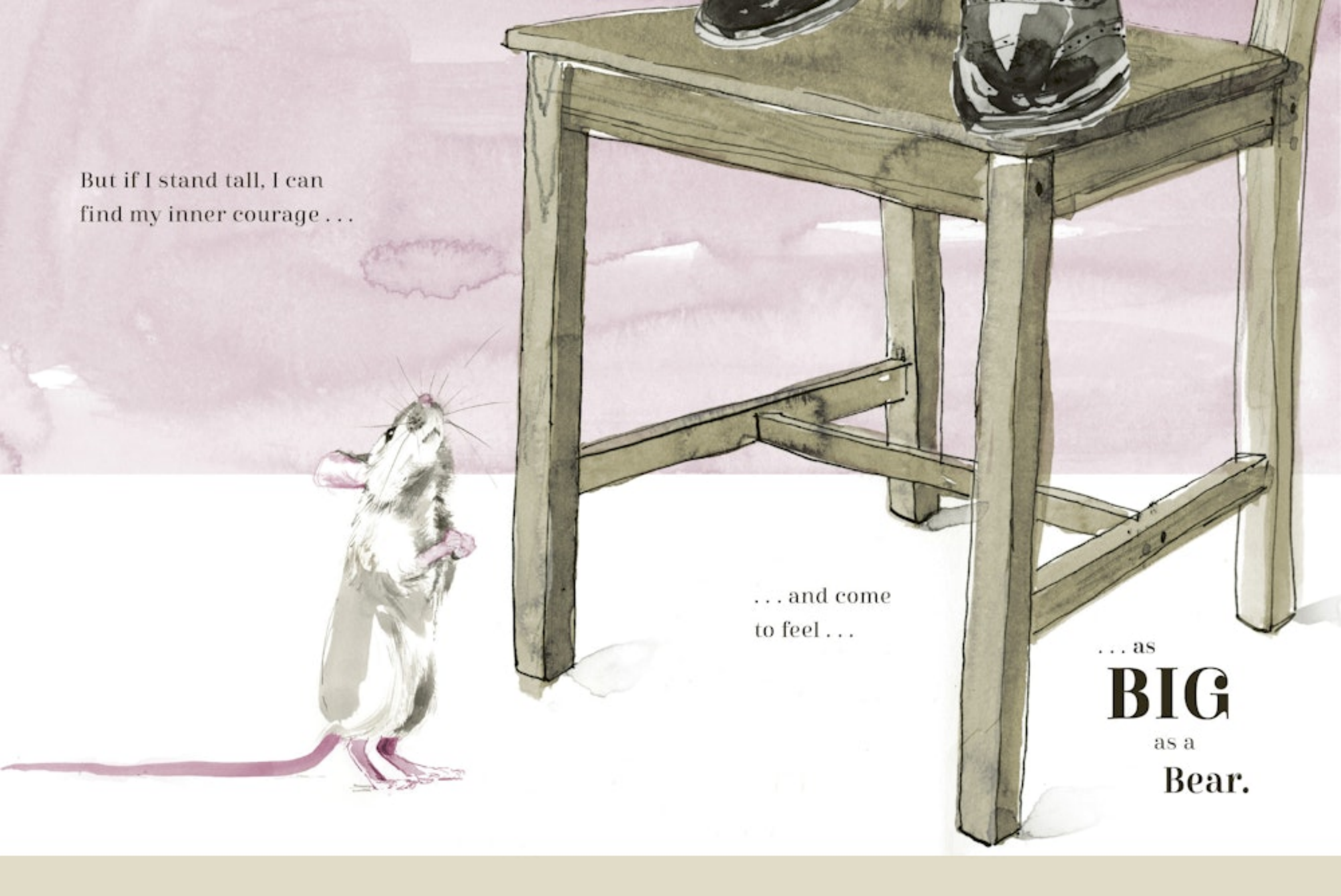
Sometimes  
I feel as  
TIMID  
as a  
**Mouse.**



But if I stand tall, I can  
find my inner courage . . .

. . . and come  
to feel . . .

. . . as  
**BIG**  
as a  
Bear.







## A note from the artist



*T*his book began its life in 2011 as my final year project at Kingston University. I wanted to explore the universal nature of animals and how we can relate them to our own experiences and characteristics. In each animal I painted, I saw a feeling that at face value seemed simple, but was there was another side? In looking closer, there is empathy, and in relating, there is self-awareness.

Animals provide an endless way to explore my favourite media, ink and watercolour. I spent time drawing at London Zoo and working from nature documentaries to really see how they move and love thinking about how swooping brush marks could capture a living form. I will never tire of drawing animals.

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