



step-by-step

# DRAW KAWAII

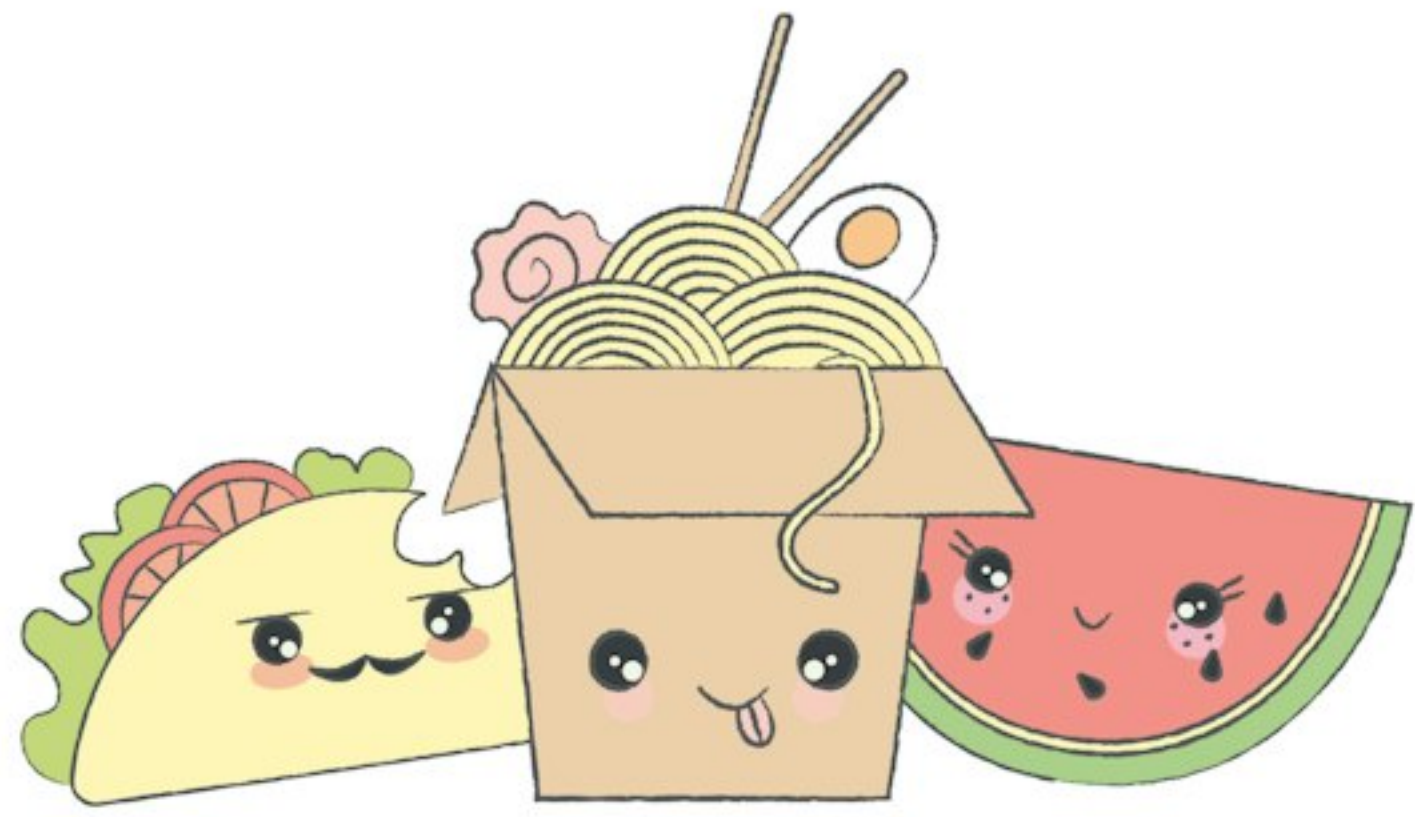
## CUTE FOOD



by  
ISOBEL  
LUNDIE



**DRAW KAWAII**  
**CUTE**  
**FOOD**



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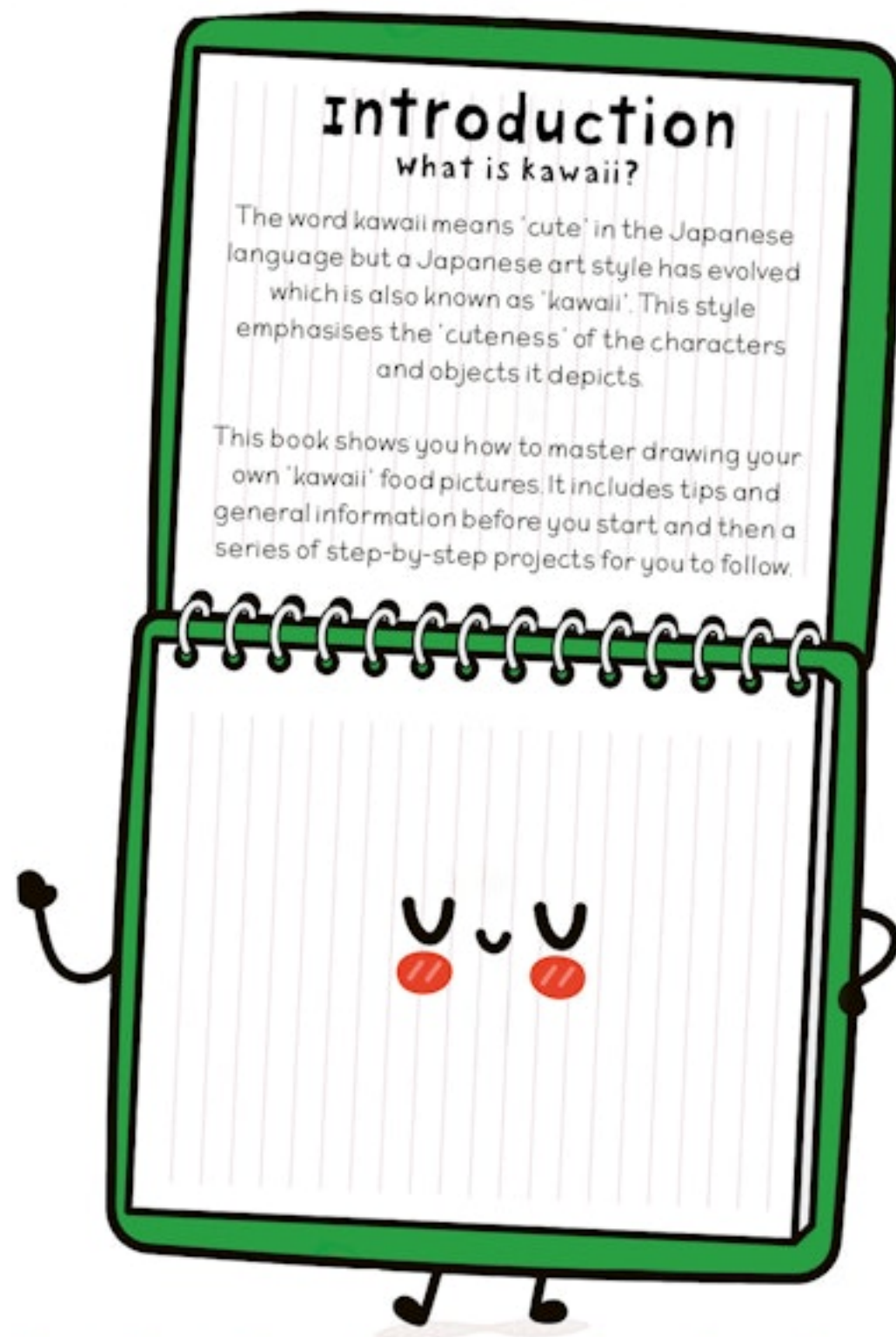
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# Materials



## Pencil

Drawing with an HB pencil makes it easier to erase any unwanted lines.

## Materials

The ideas in this book can be used in different ways and with different materials. Here are some suggestions.

## coloured paper

Try drawing kawaii food on coloured paper!



## coloured pencils

Coloured pencils are ideal for shading. See this watermelon drawing.

## Labels

Make your own kawaii labels for your presents.



## stickers

Draw onto stickers to make cute drawings for your friends!



## ink

Use a small brush to make cute inky paintings!



## sketchbook

Use a sketchbook so you keep all your drawings together.

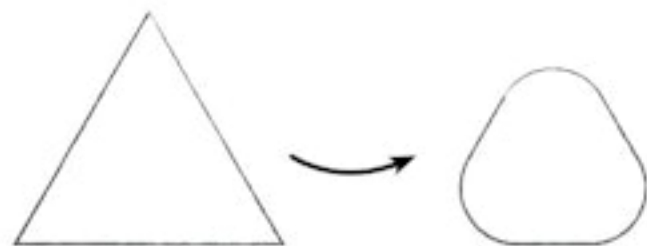




# Making everything cute

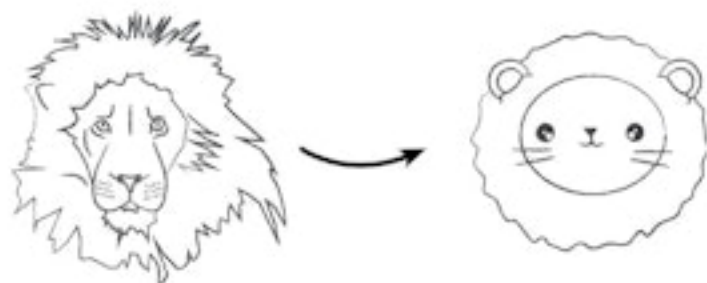
## Soften shapes

Rounding off the points of a triangle softens its shape. Try softening the edges of shapes when drawing your kawaii characters.



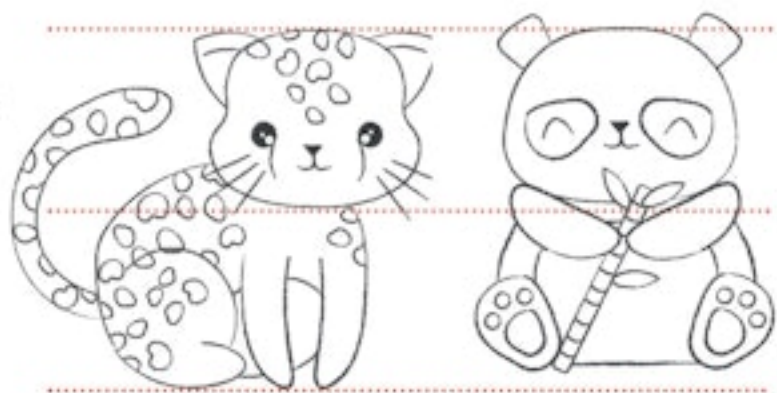
## Simplify drawings

Make your drawing cuter by simplifying it down to its key features. This way you can make almost anything cute!



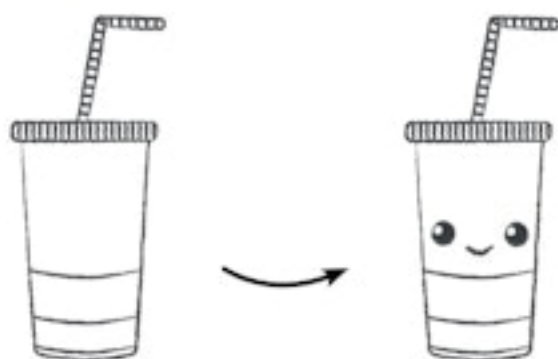
## Proportions

The kawaii body should be proportioned as shown. A large head, with a short body and short legs.



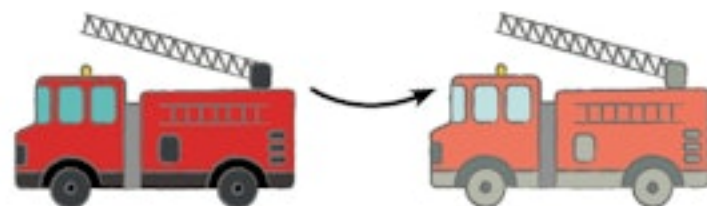
## Add a cute face

You can make almost anything cute by drawing an appealing cartoon face on it.



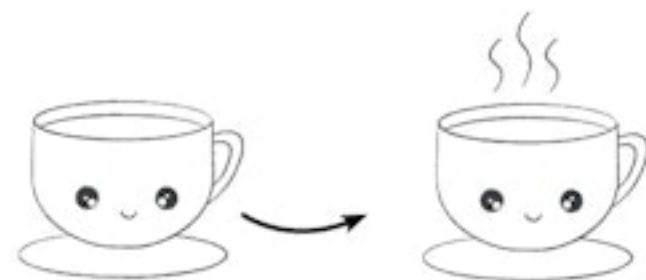
## colours to soften

Pastel colours are cuter. Try using soft pastel colours to make your characters cuter.



## Motion lines

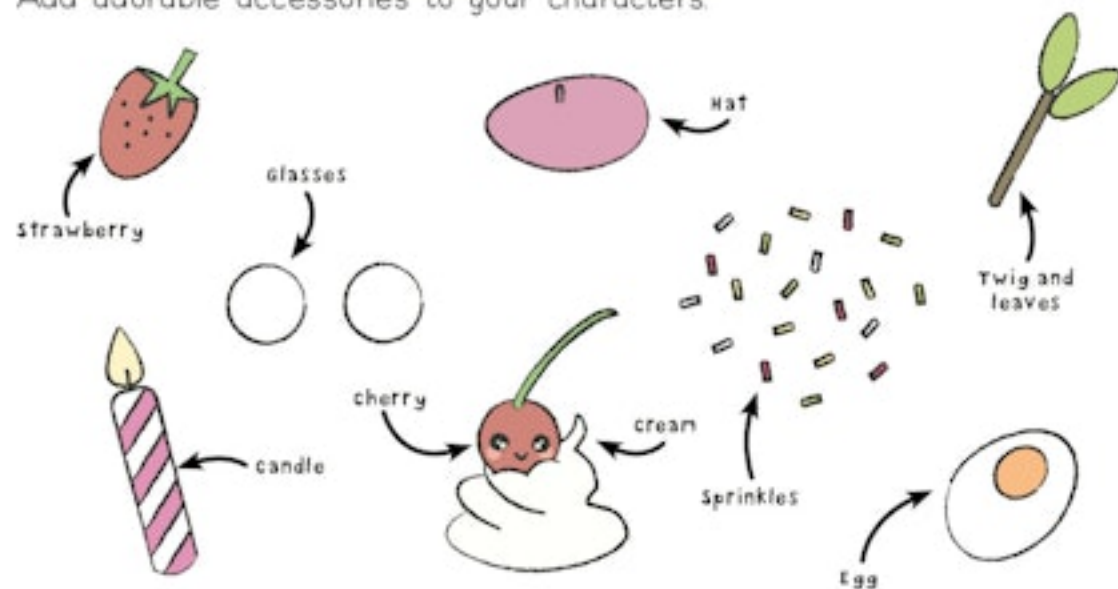
Adding motion lines in this way is a simple and effective way to convey movement in a drawing.



# Adding extras

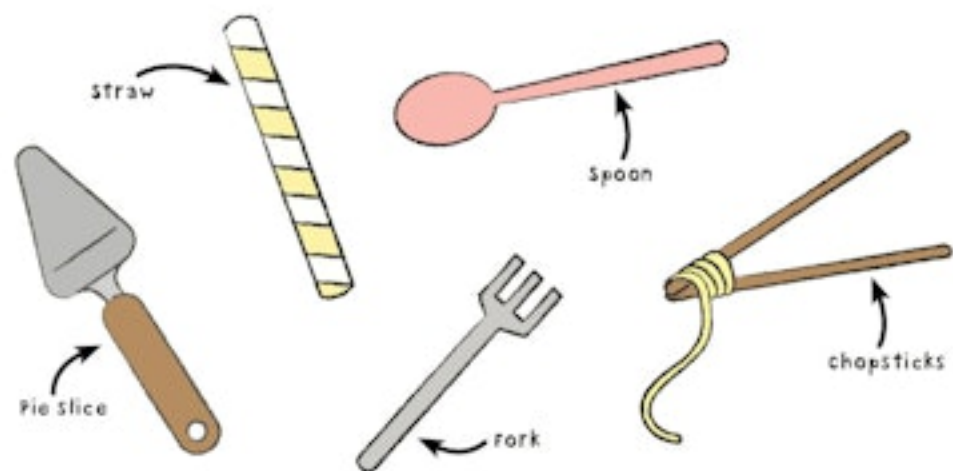
## cute accessories

Add adorable accessories to your characters.



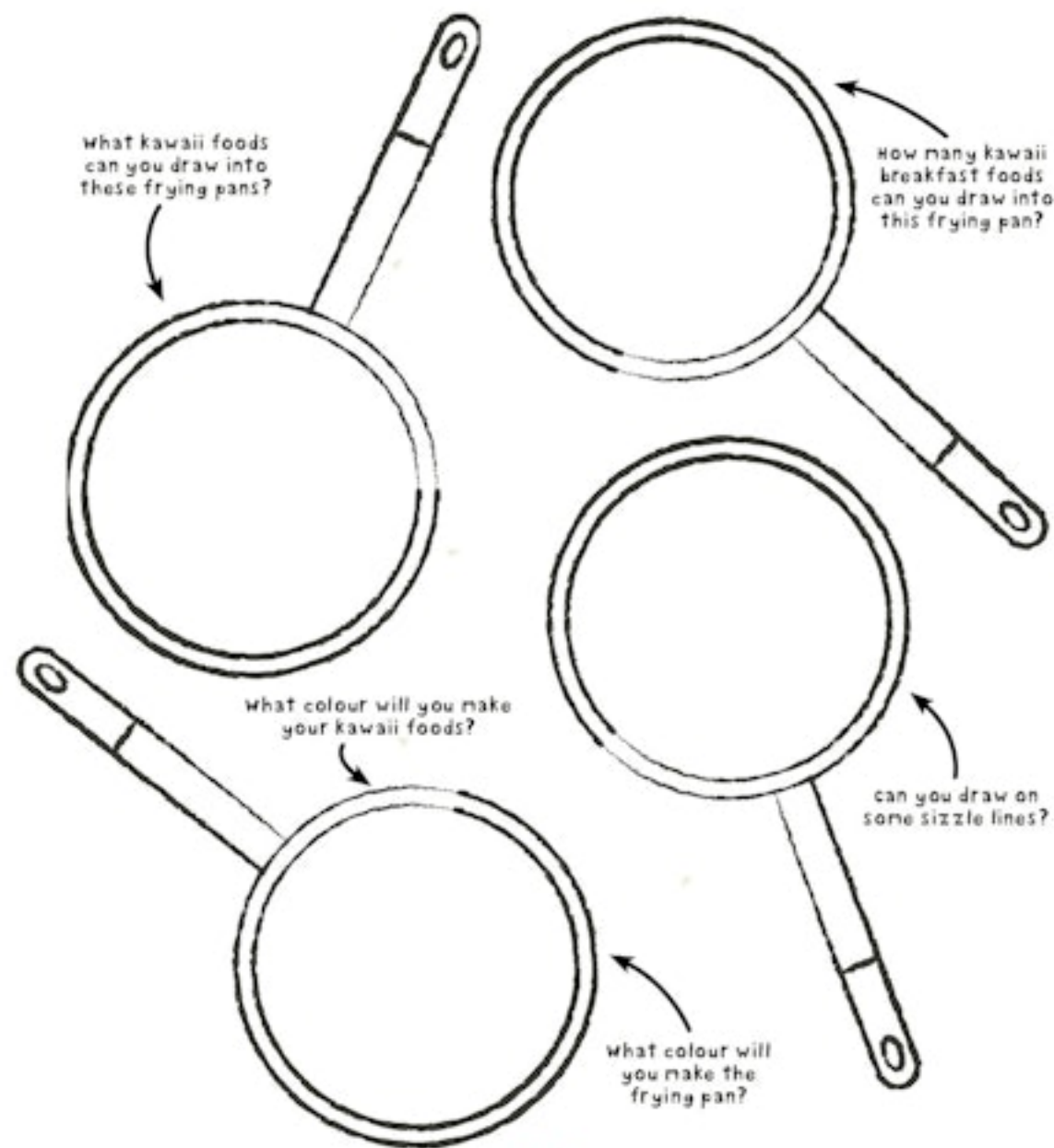
## cute utensils

Don't forget that utensils help to bring a character to life!



## drawing practice

Foods have all manner of distinguishing features. You'll need to get to know them all in order to draw them.





# Expressions

changing your character's expression adds personality.



**Happy**

Draw smiley 'n'-shaped eyes.



**Sad**

Draw downturned mouth and eyebrows.



**Angry**

Draw scrunched eyes.



**confused**

Draw one eyebrow raised.



**scared**

Raise both eyebrows.



**Excited**

Draw a wider mouth.



**Silly**

Draw in a floppy tongue.



**Tired**

Draw sleepy eyes.

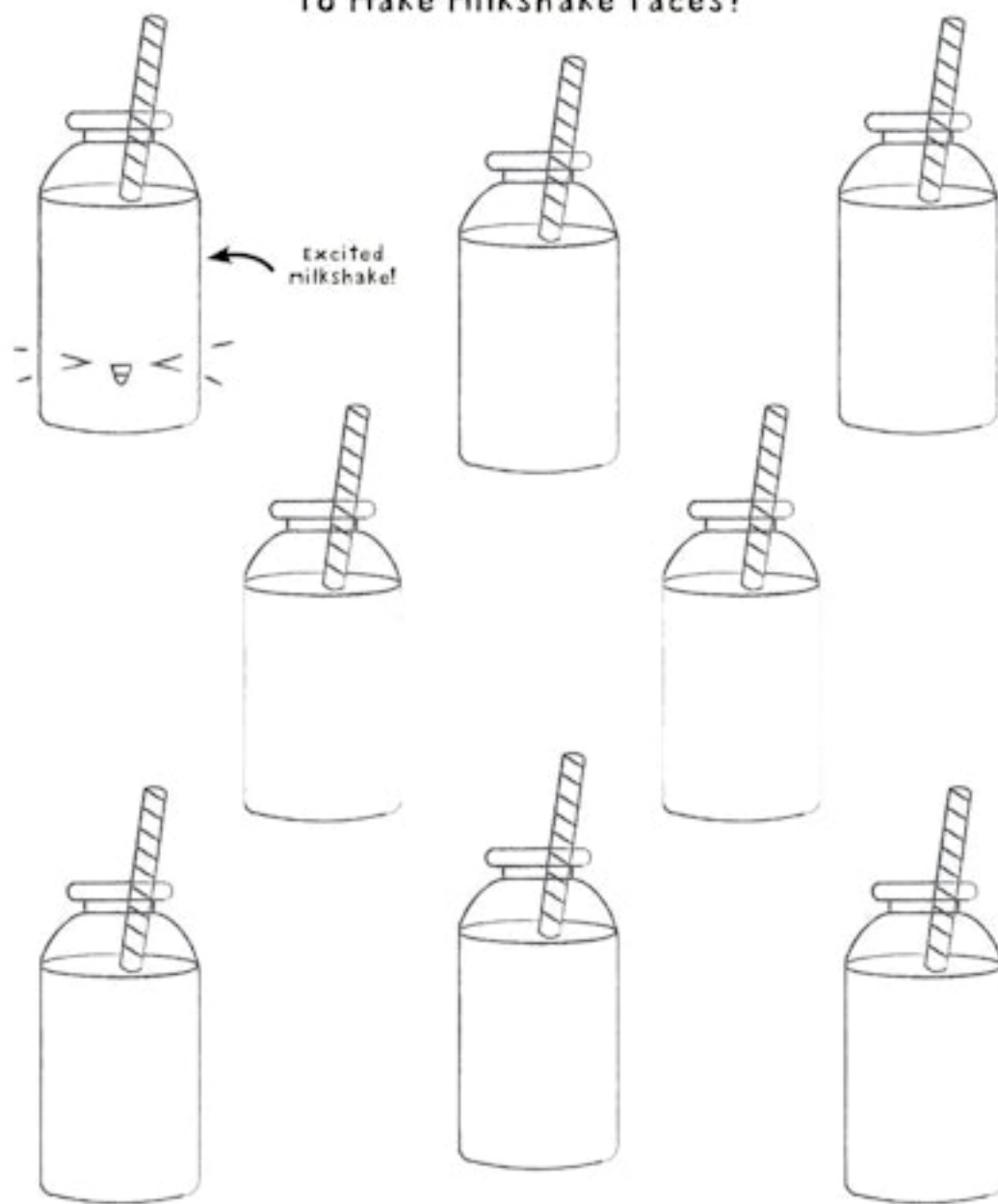


**Embarrassed**

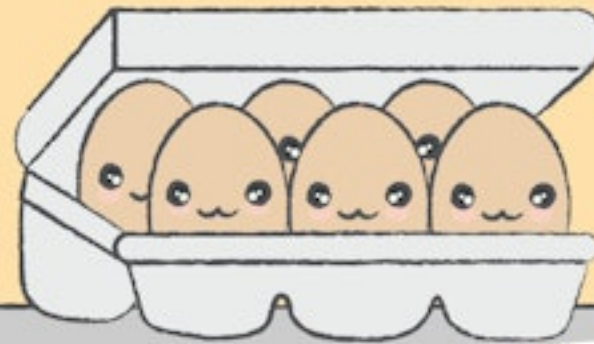
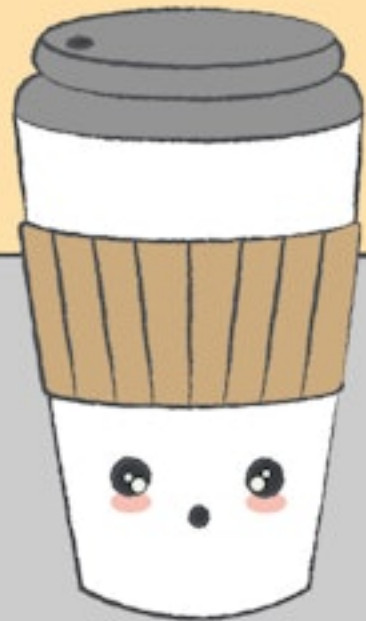
Draw a pursed mouth.

# Practising expressions

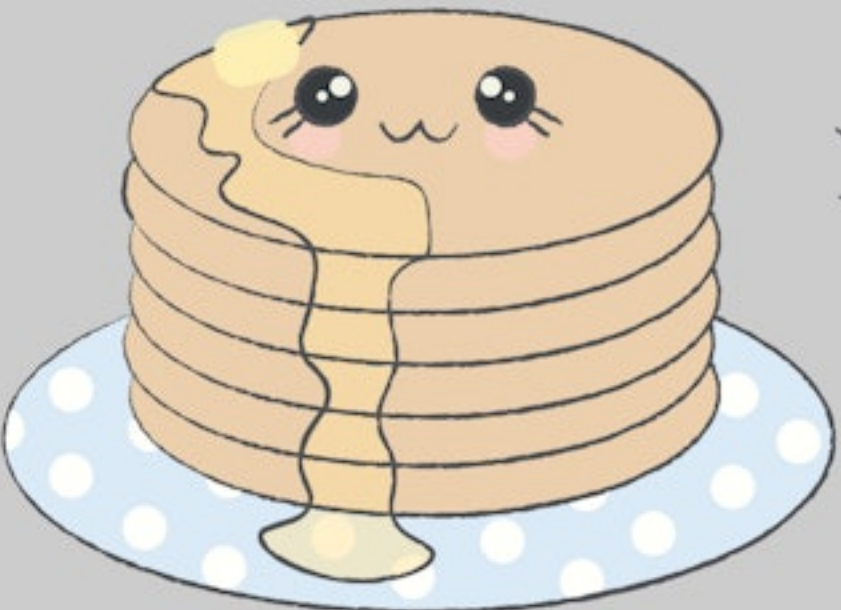
Why not try adding some of these expressions to make milkshake faces?



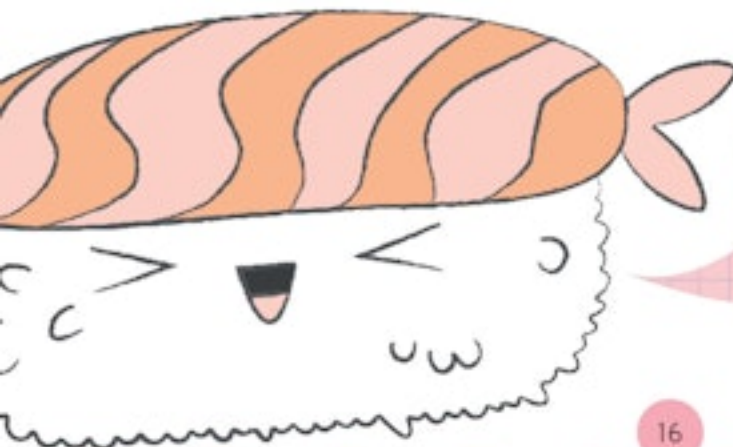
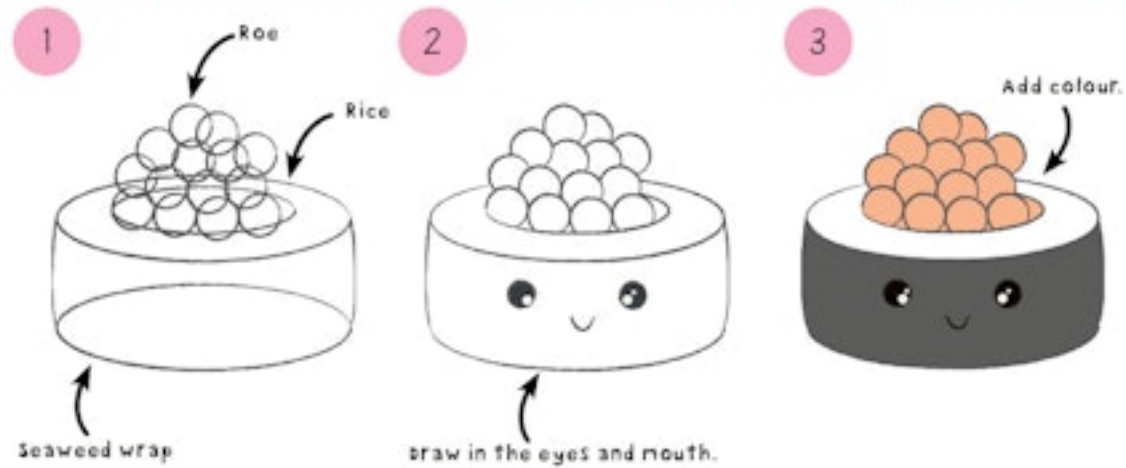
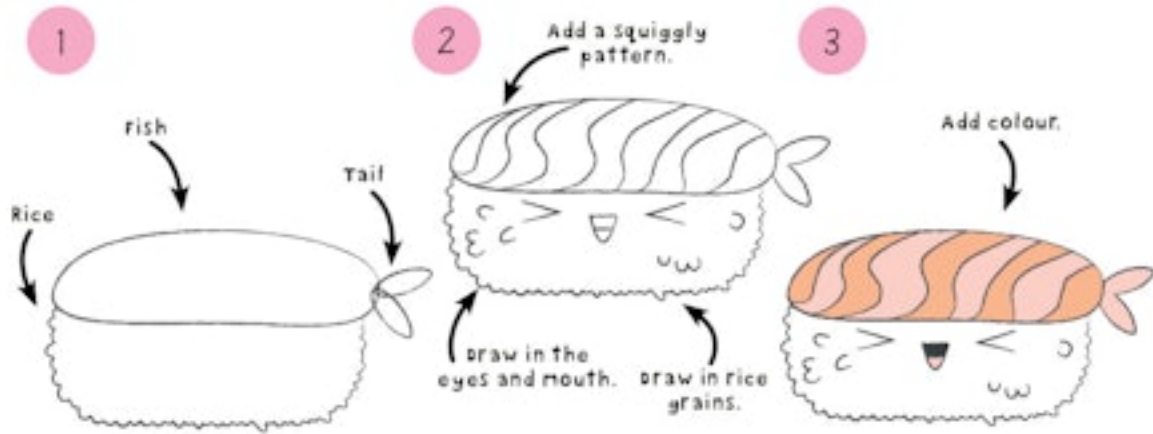




Now it's  
your turn



# Kawaii sushi



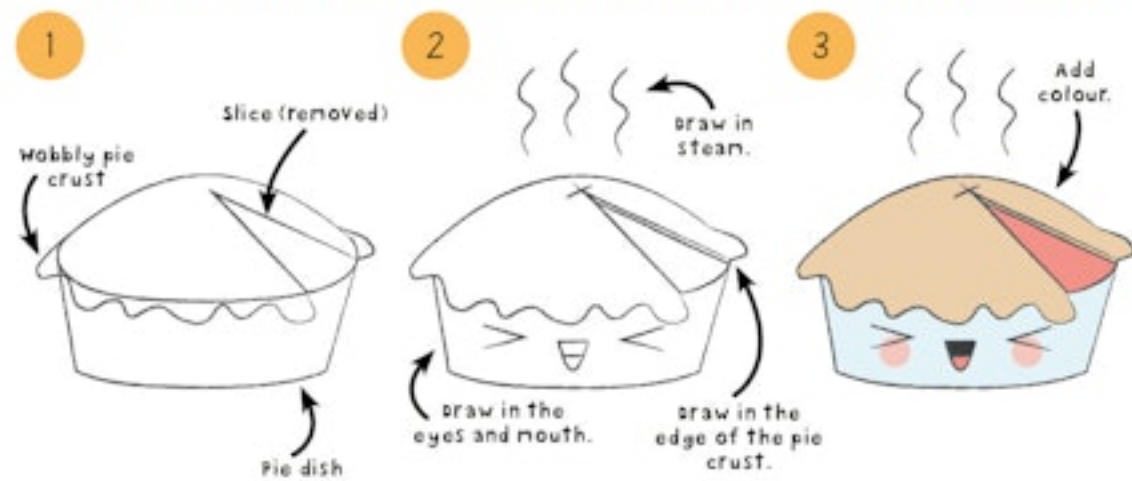
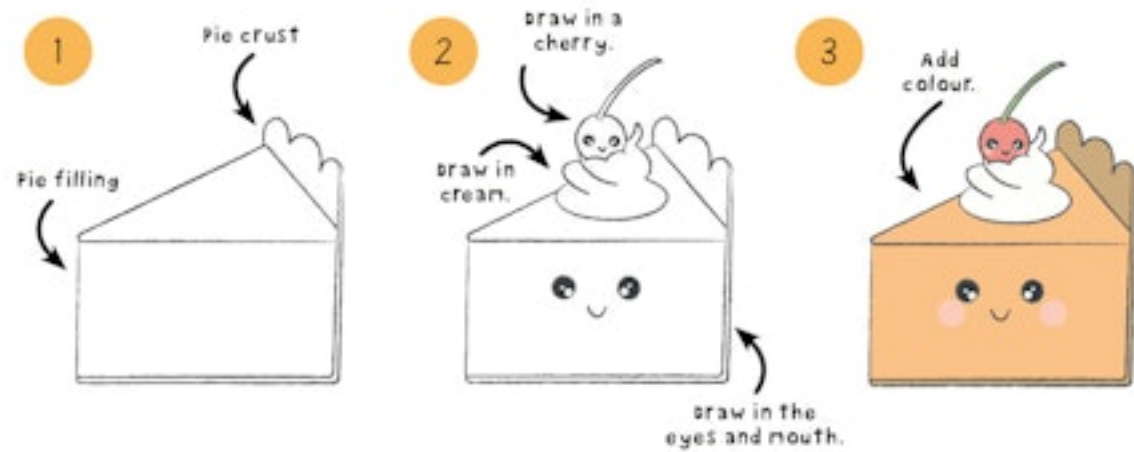
Why not draw your kawaii sushi being prepared in a sushi bar?

draw your own kawaii sushi.





# Kawaii pie



Why not draw your kawaii pie cooling on a windowsill?

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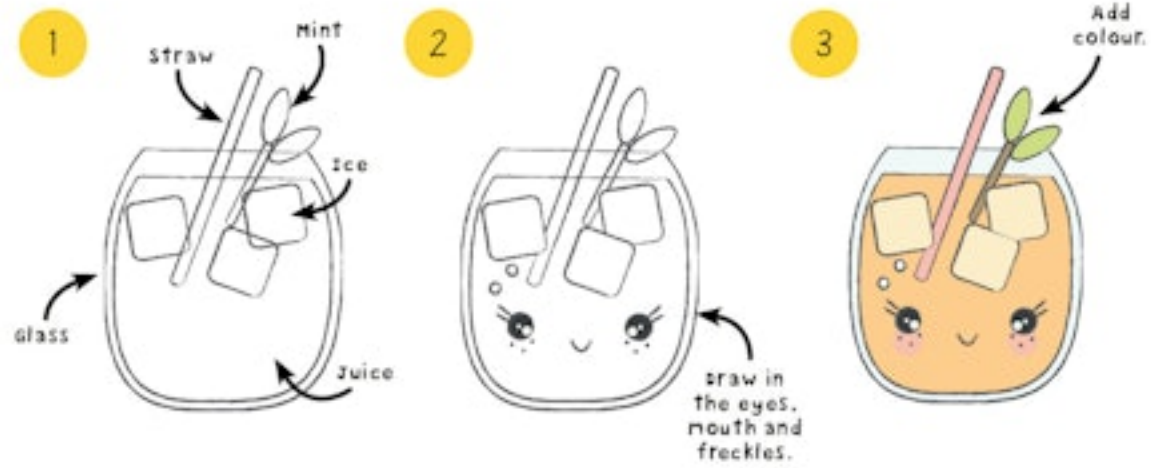


draw your own kawaii pie.



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# Kawaii juice



Draw your own kawaii juice.

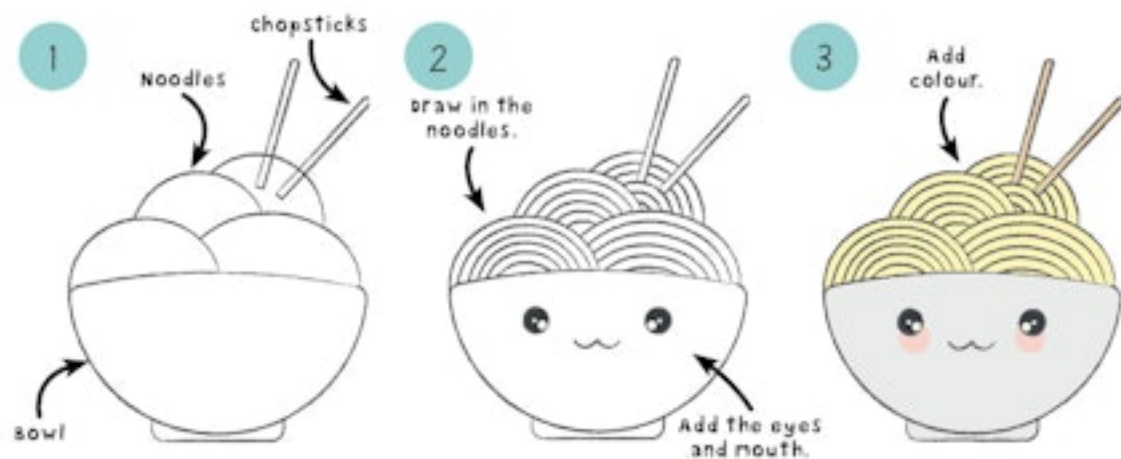


Why not draw a selection of kawaii drinks with different fruits and expressions?

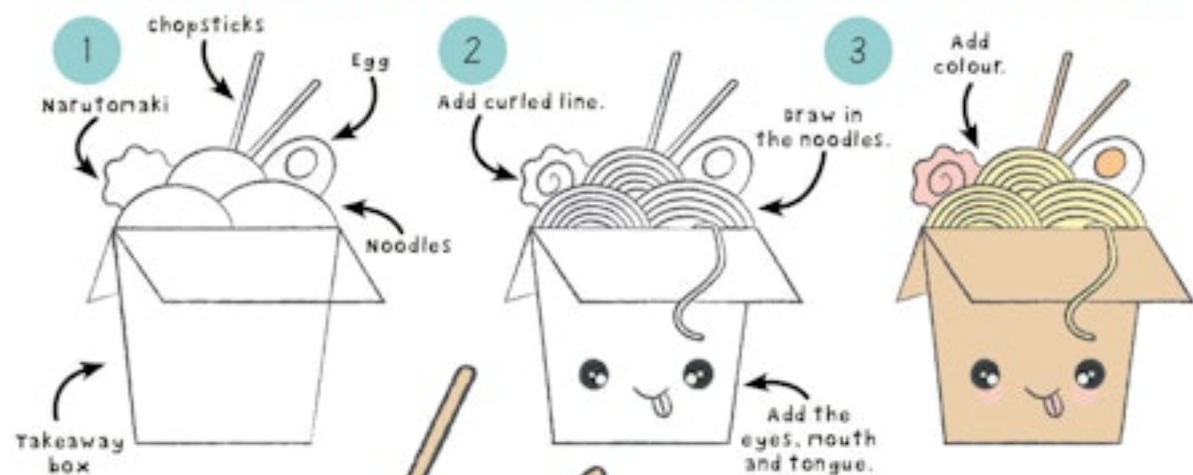




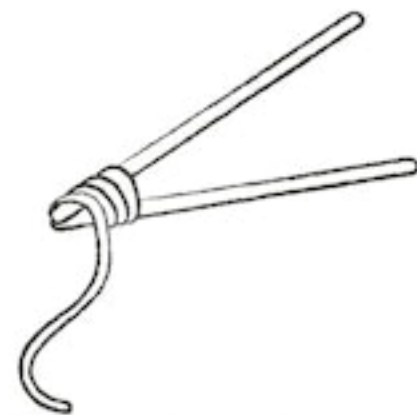
# Kawaii ramen

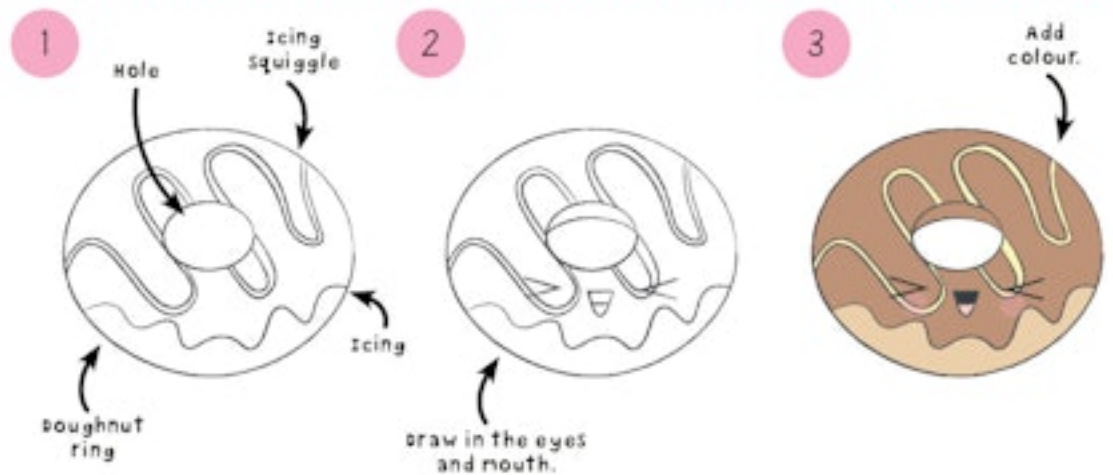
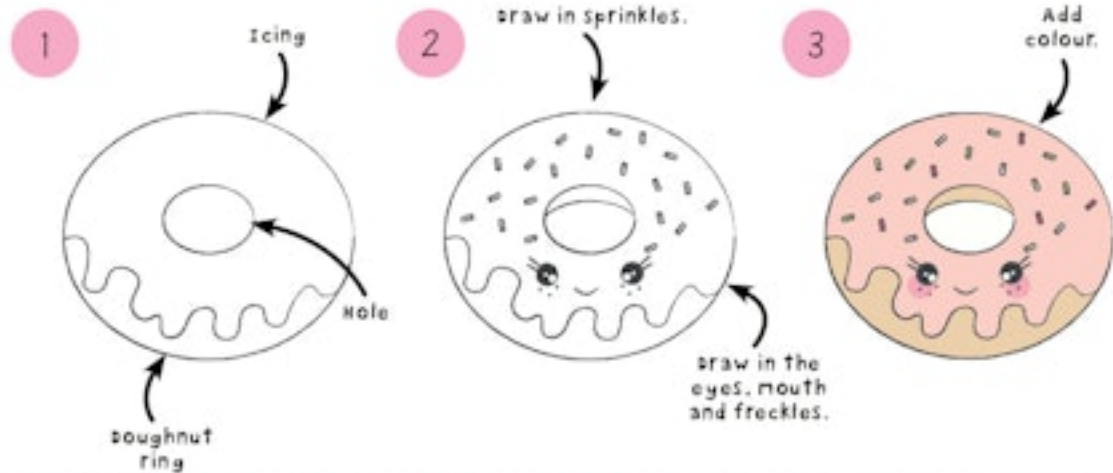


Draw your own kawaii ramen.



Why not draw a kawaii person eating your kawaii ramen?





Why not draw your kawaii doughnuts on display in an American diner?

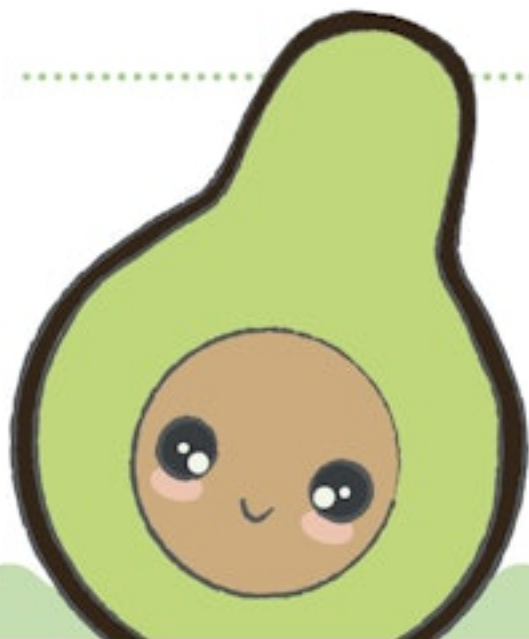
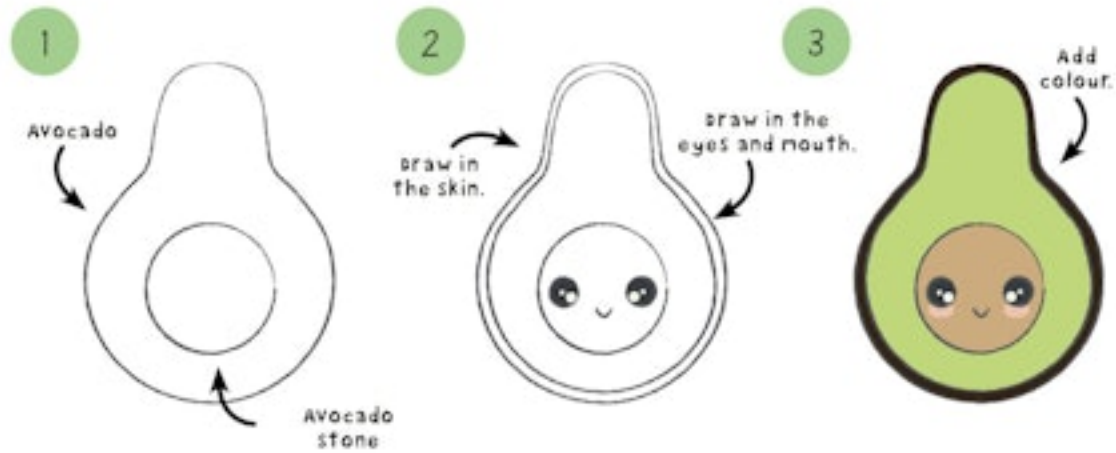
# Kawaii doughnut

Draw your own kawaii doughnut.





# Kawaii avocado



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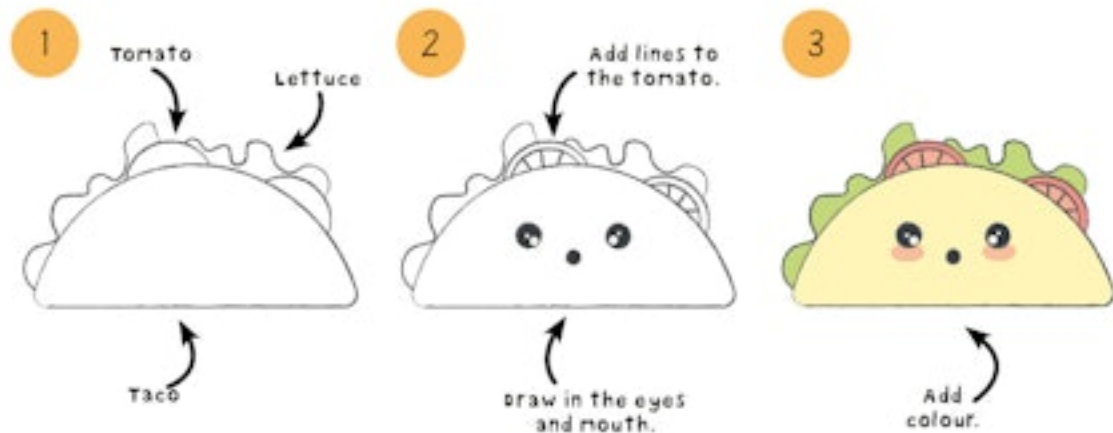
Why not draw your kawaii avocado in a basket outside a greengrocer's shop?

draw your own kawaii avocado.



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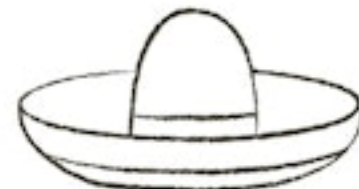
# Kawaii taco



Why not draw your kawaii taco on a restaurant plate?



draw your own kawaii taco.

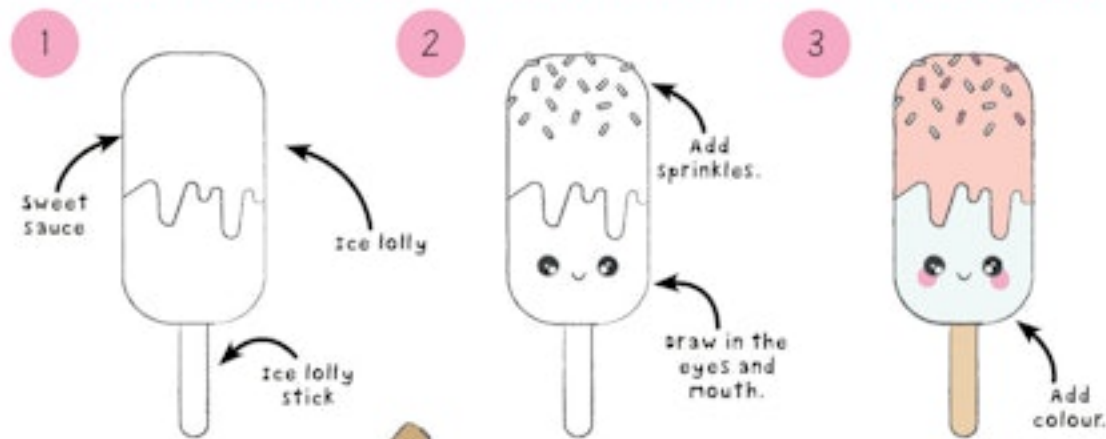




# Kawaii ice cream



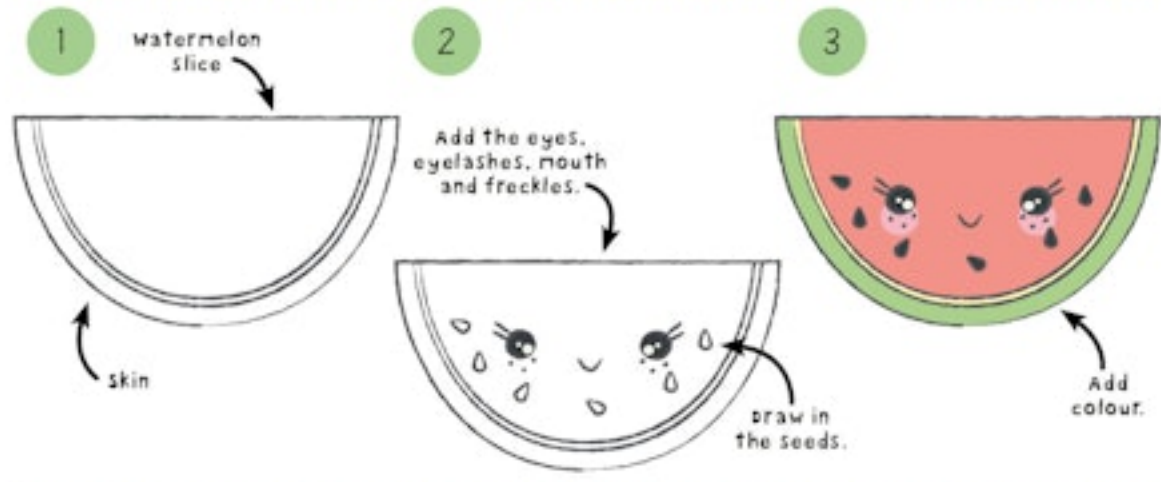
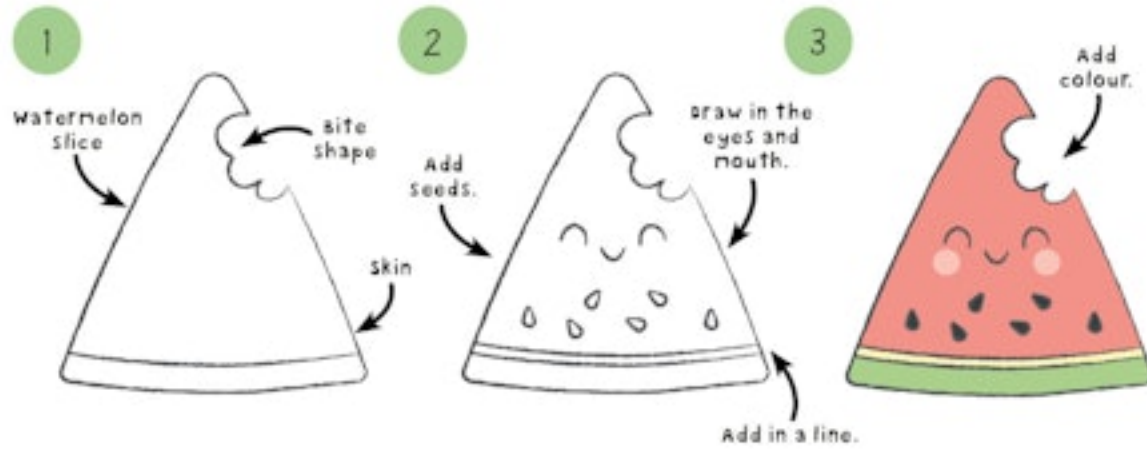
Draw your own kawaii ice cream.



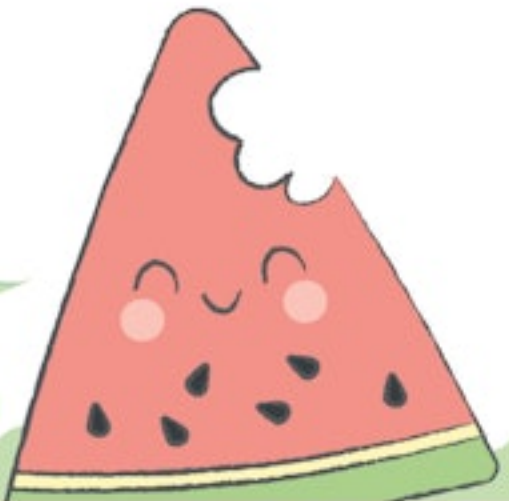
Why not draw a kawaii person eating your kawaii ice cream at the beach?



# Kawaii watermelon slice



Why not draw a kawaii character eating a slice of your kawaii watermelon on a hot summer day?

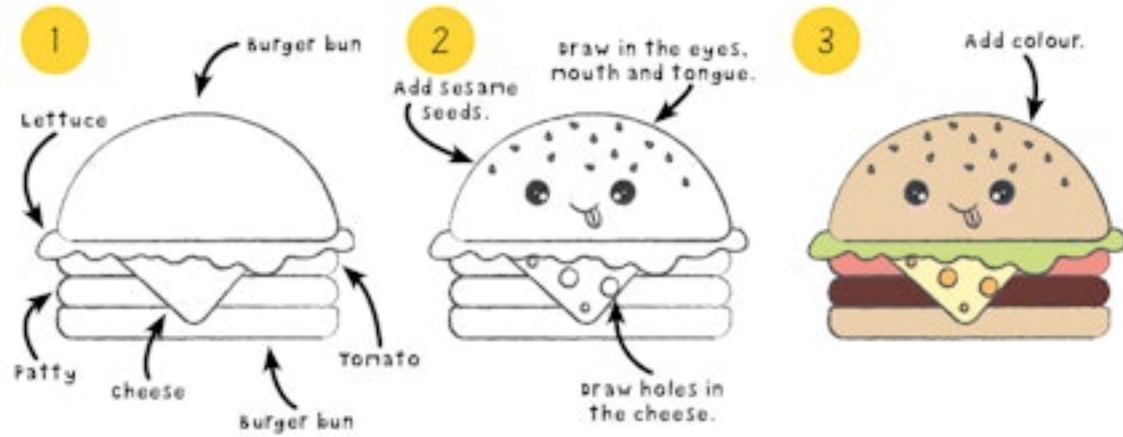


draw your own kawaii watermelon slice.

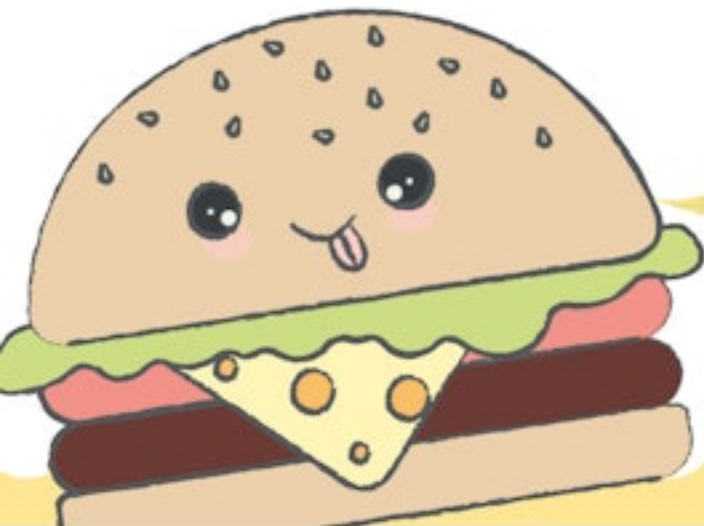
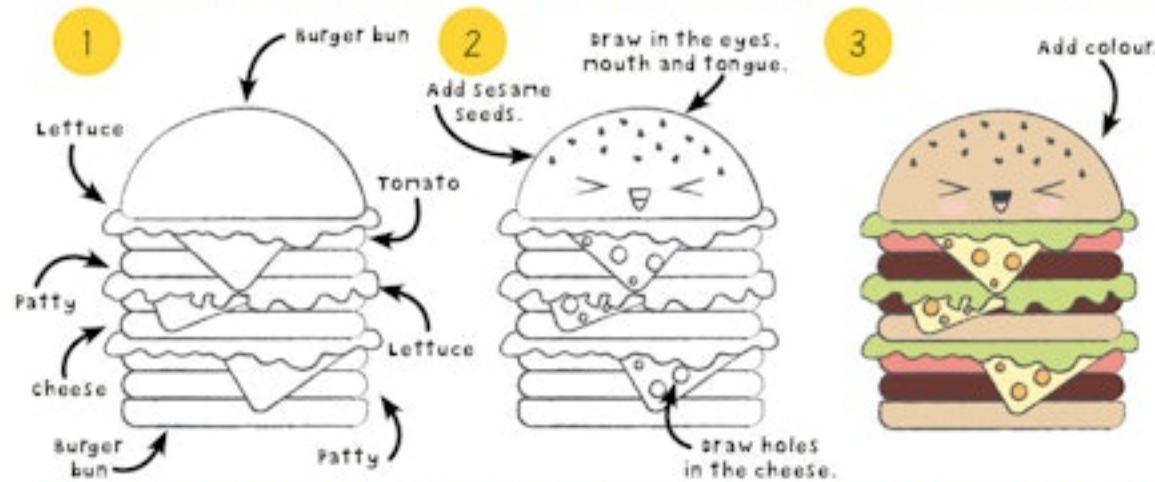




# Kawaii burger



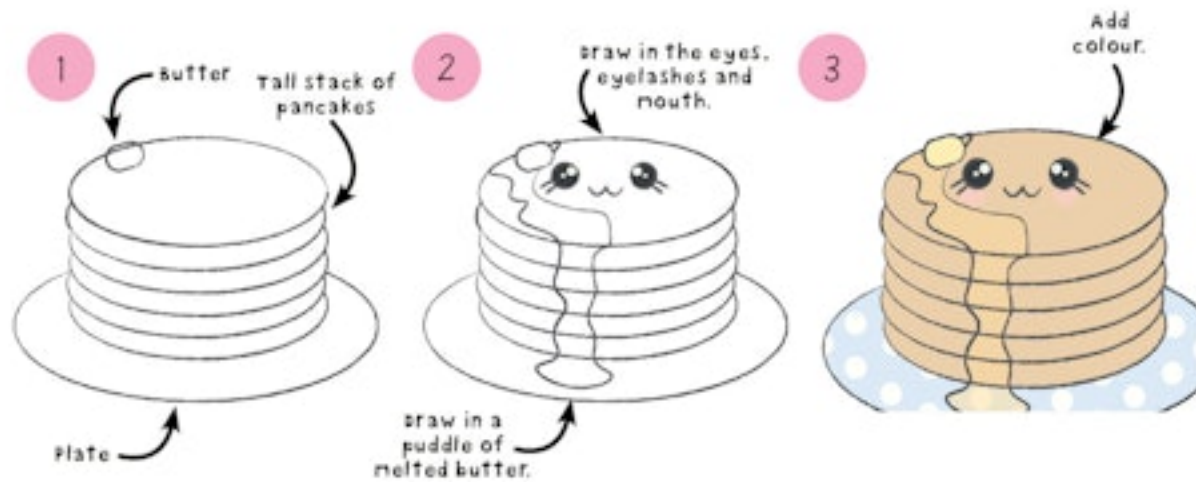
draw your own kawaii burger.



Why not draw your kawaii burger with some kawaii fries and a kawaii milkshake?



# Kawaii pancakes



Why not draw your plate of kawaii pancakes on a table, beside a glass of kawaii orange juice?

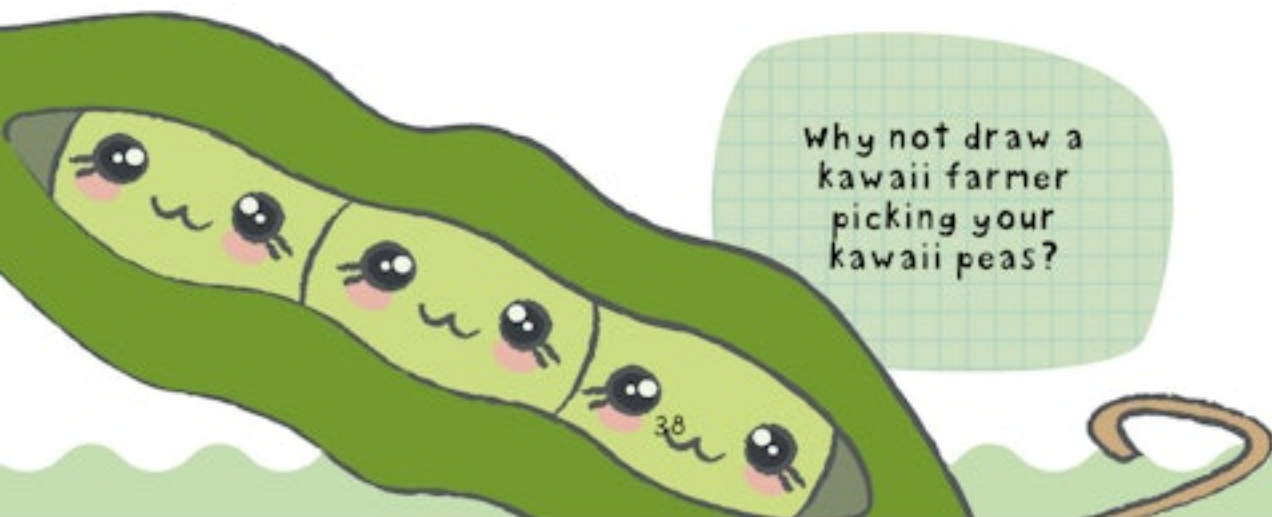
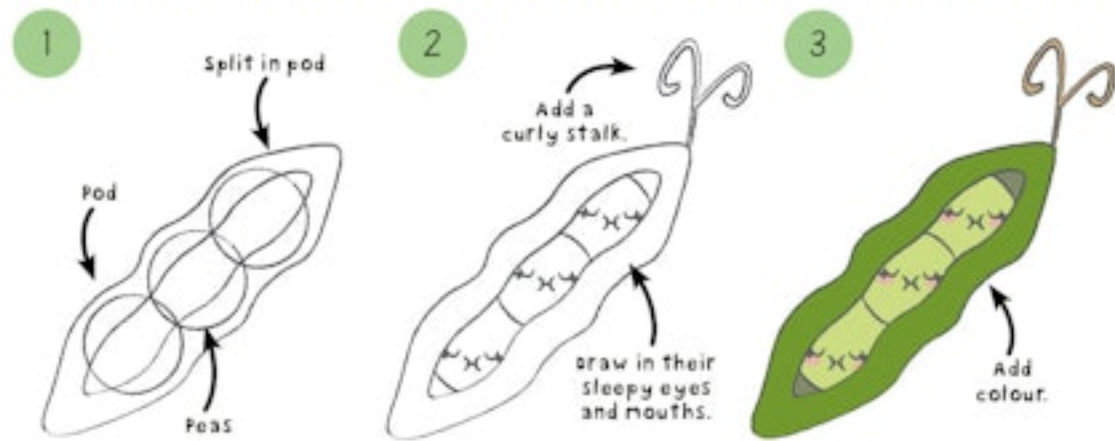
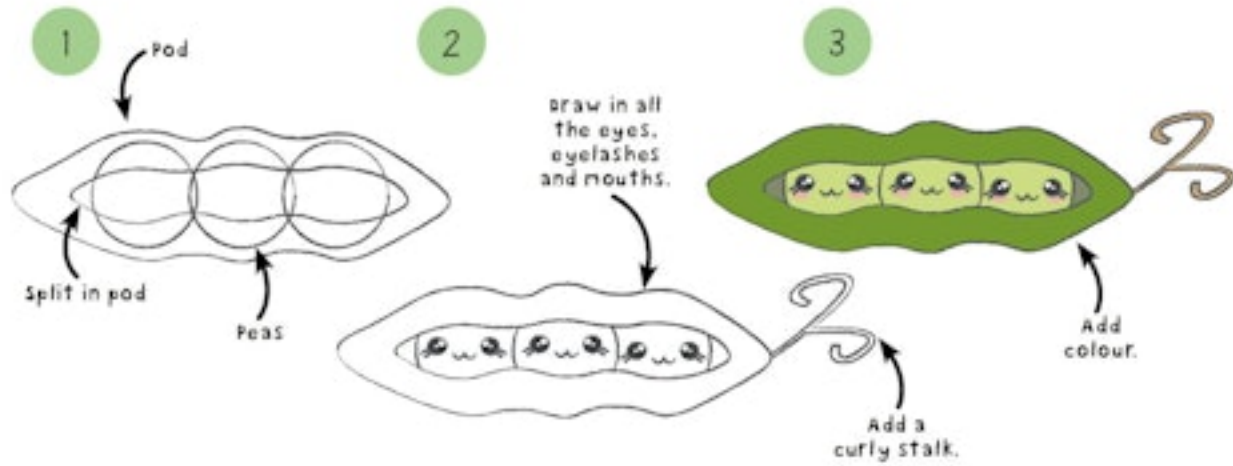


draw your own kawaii pancakes.





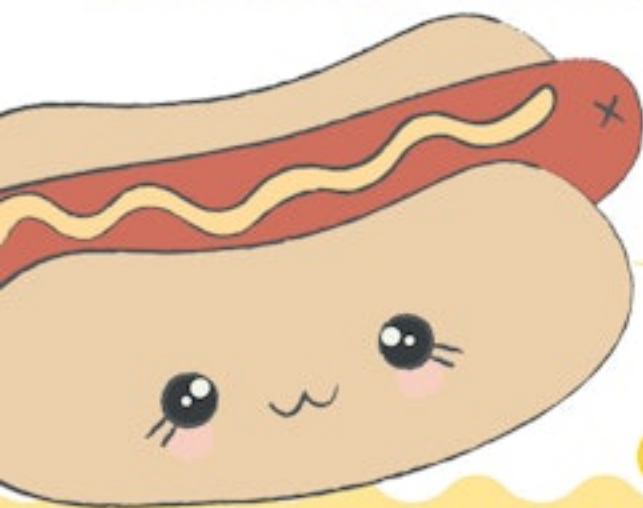
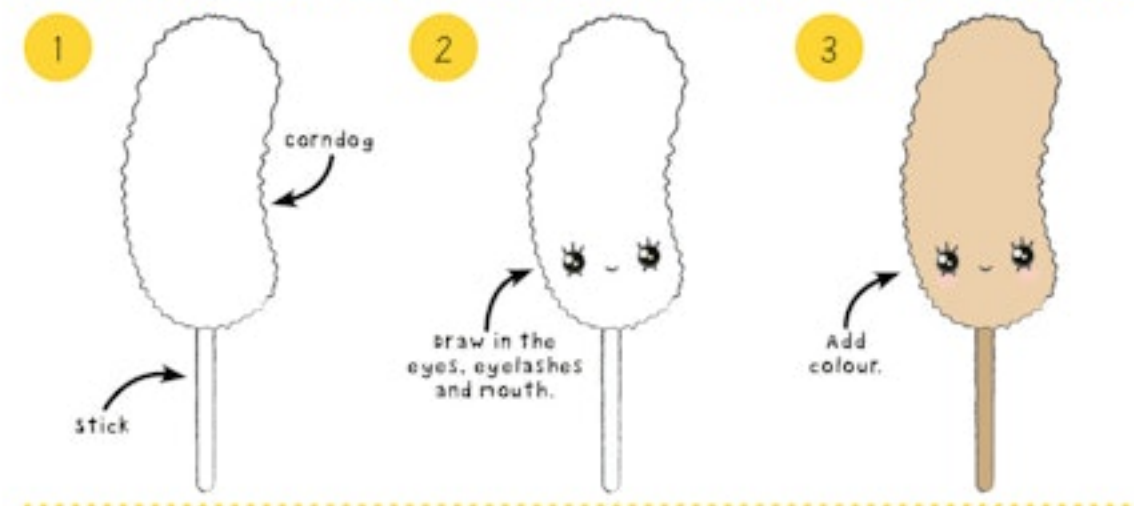
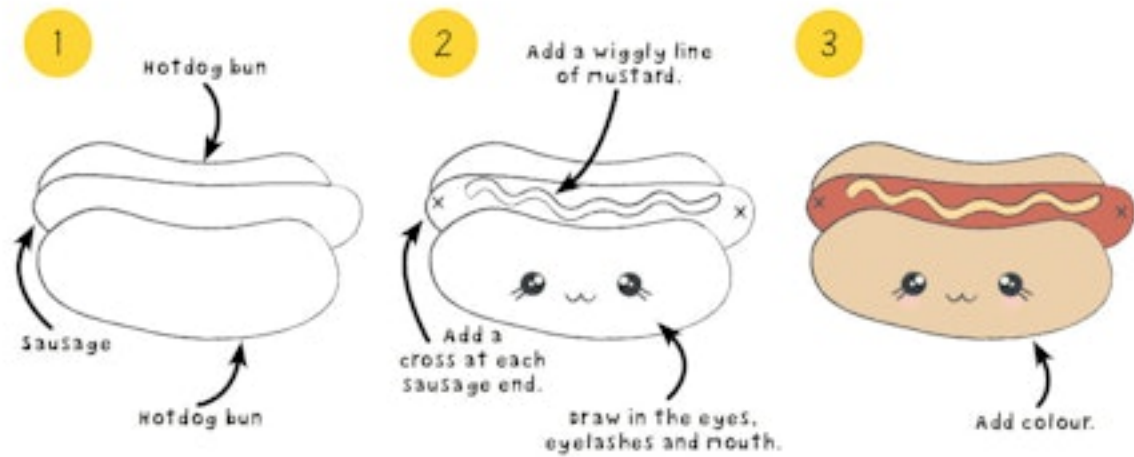
# Kawaii peas in a pod



Draw your own kawaii peas in a pod.

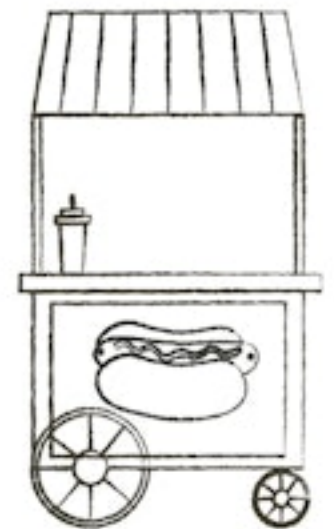


# Kawaii hotdog



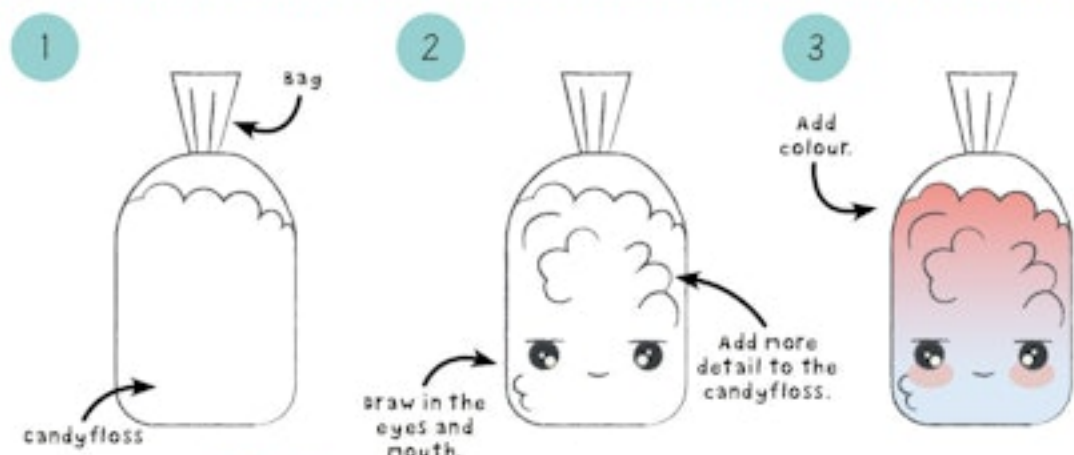
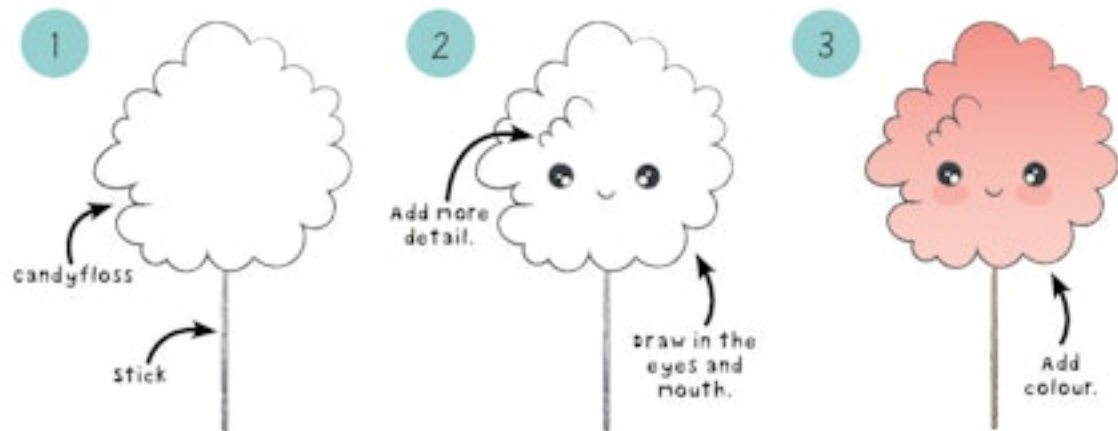
Why not draw a kawaii character holding a kawaii hotdog at a football match?

Draw your own kawaii hotdog.





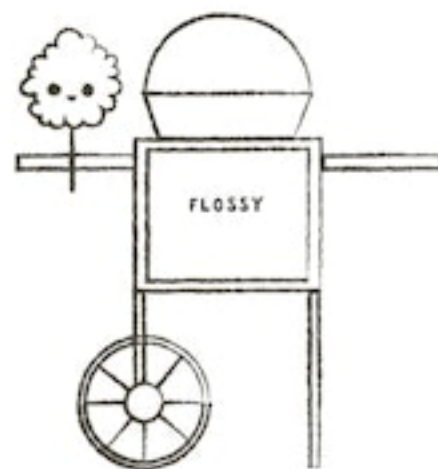
# Kawaii candyfloss



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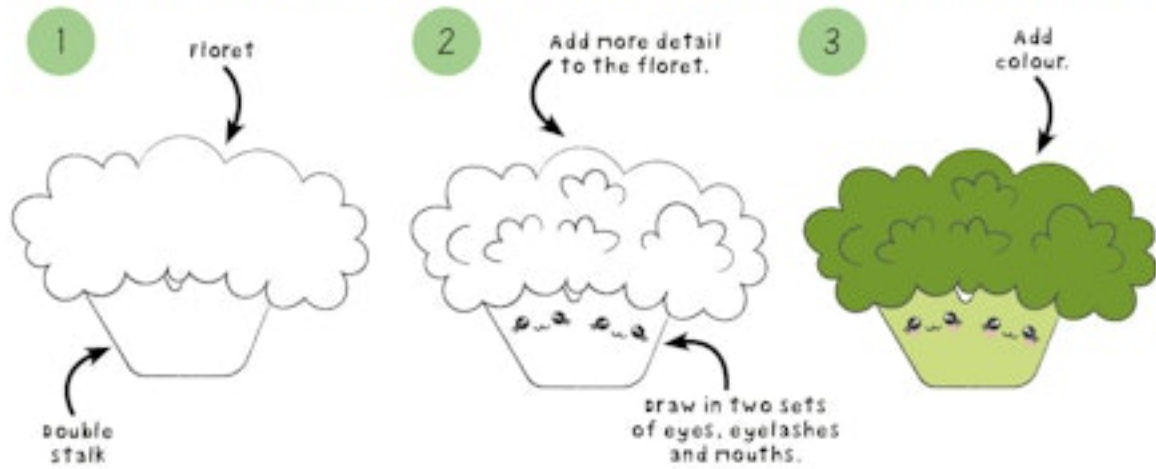
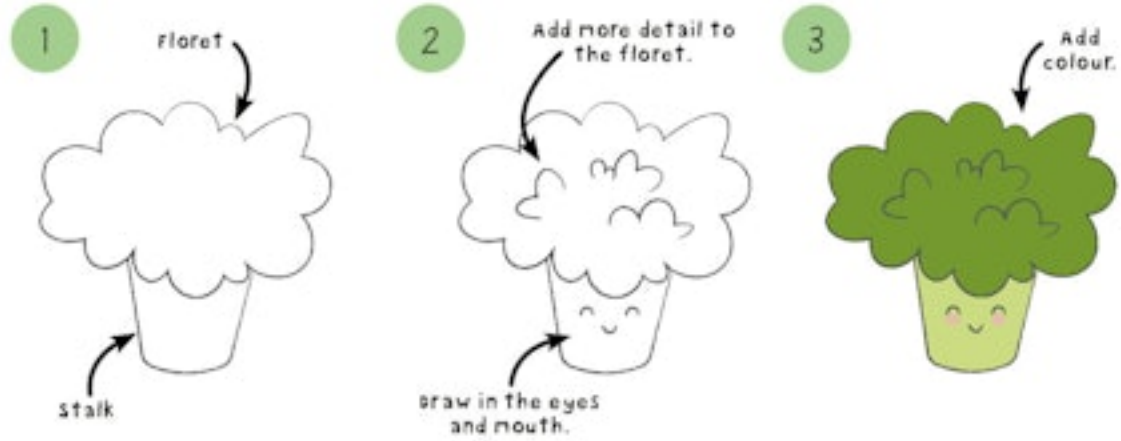
Why not draw your kawaii candyfloss being sold at a funfair?

draw your own kawaii candyfloss.



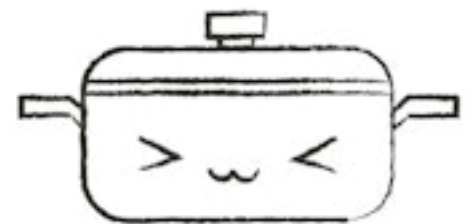
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# Kawaii broccoli



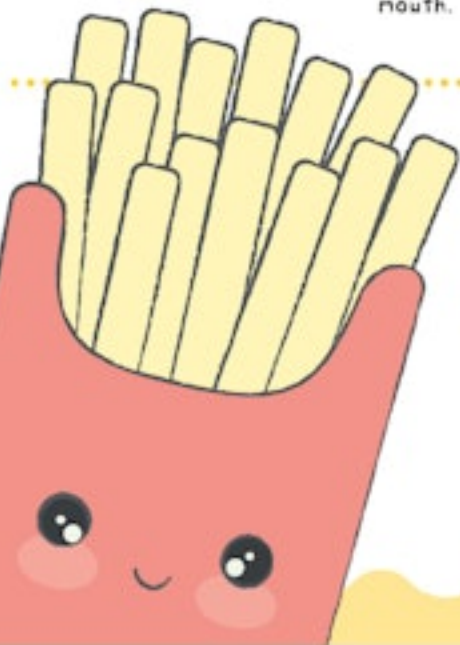
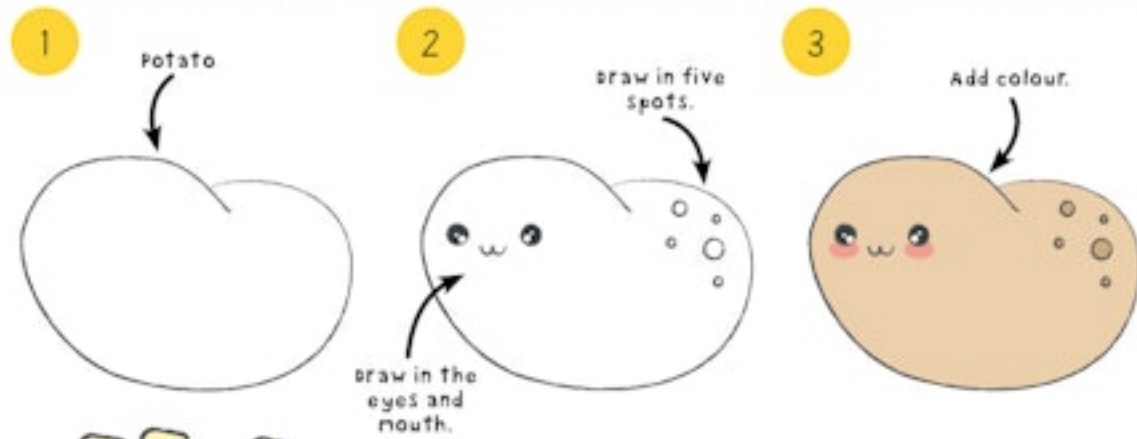
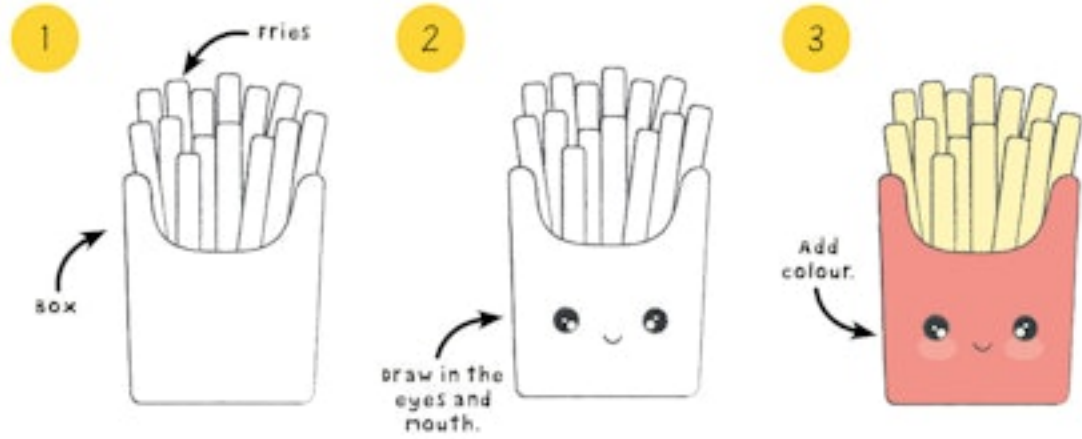
Why not draw your kawaii broccoli on a dinner plate?

draw your own kawaii broccoli.



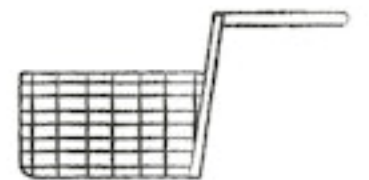


# Kawaii potato



Why not draw your kawaii fries with a kawaii hotdog?

draw your own kawaii potatoes.

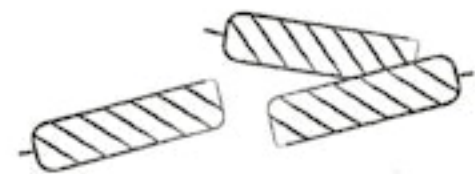


# Kawaii cupcake

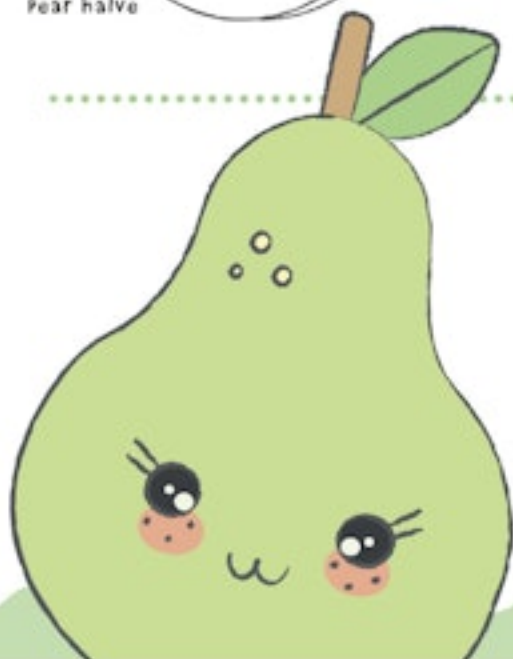
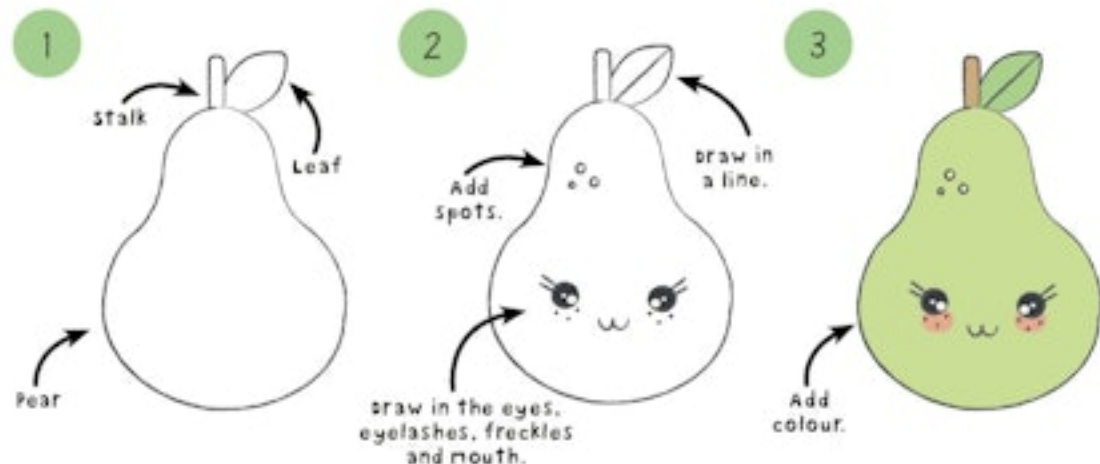


Why not draw a plateful of kawaii cupcakes?

draw your own kawaii cupcake.



# Kawaii pear



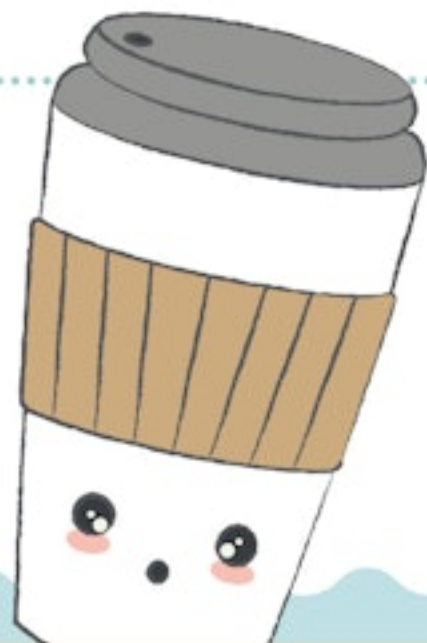
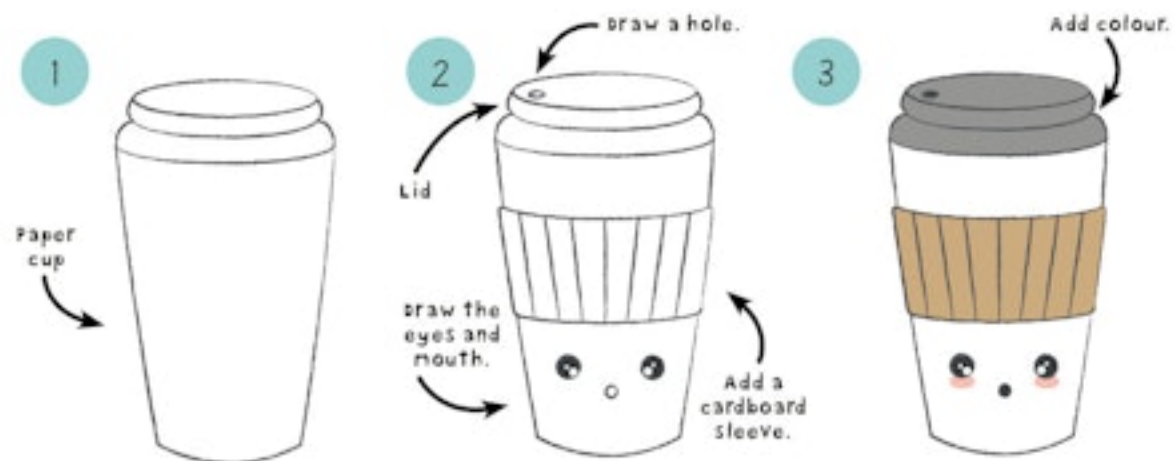
Why not draw your kawaii pear hanging from a tree?

Draw your own kawaii pear. →





# Kawaii coffee



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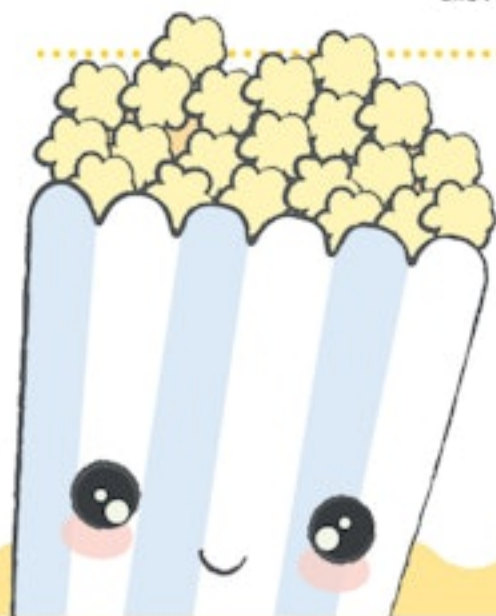
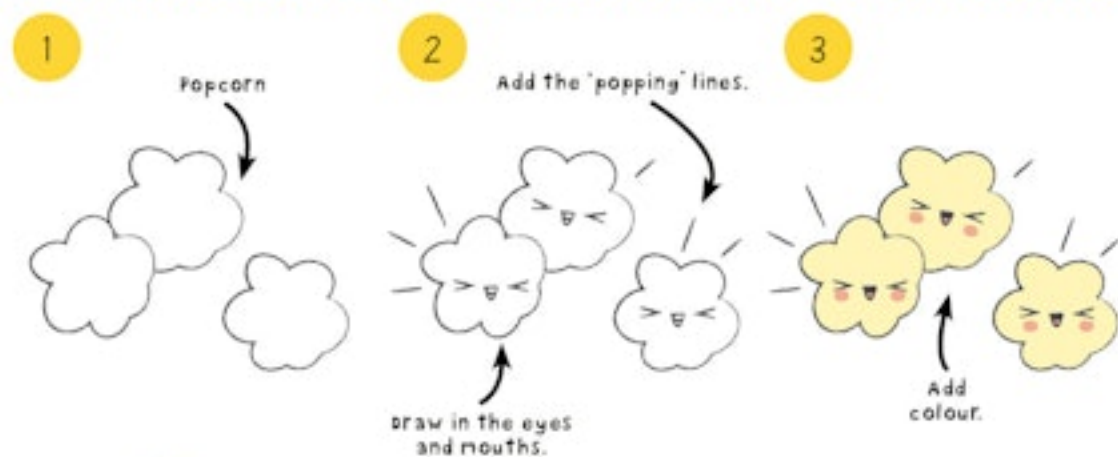
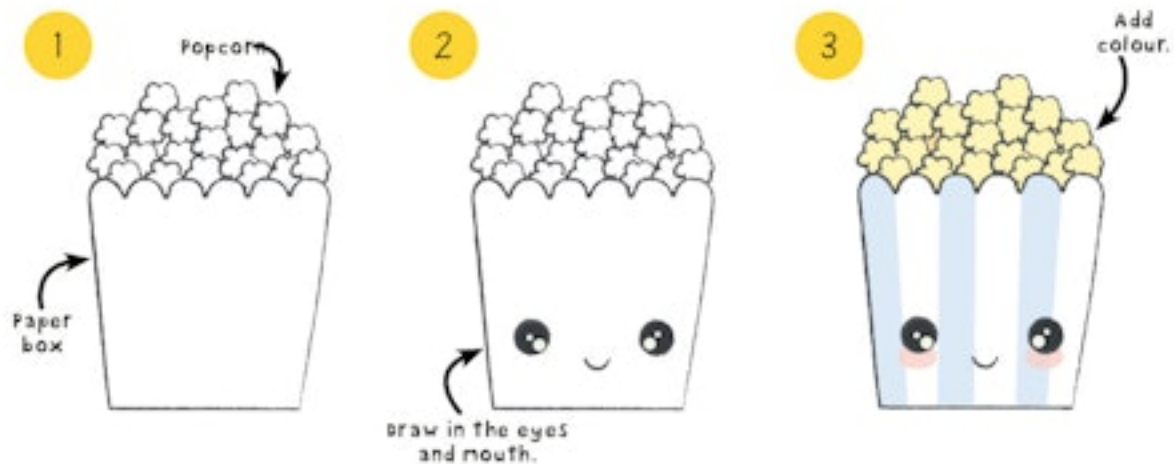
Why not draw your kawaii coffee cup on top of a coffee shop counter?

draw your own kawaii coffee.



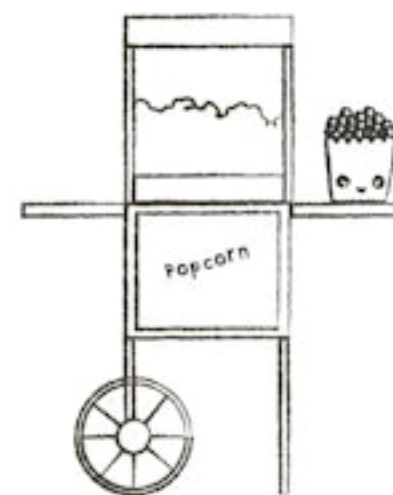
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# Kawaii popcorn

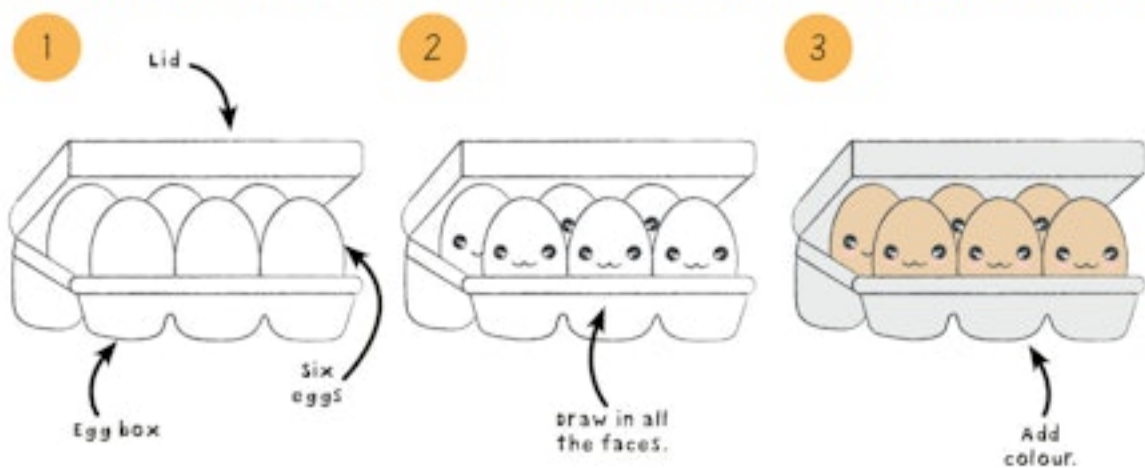
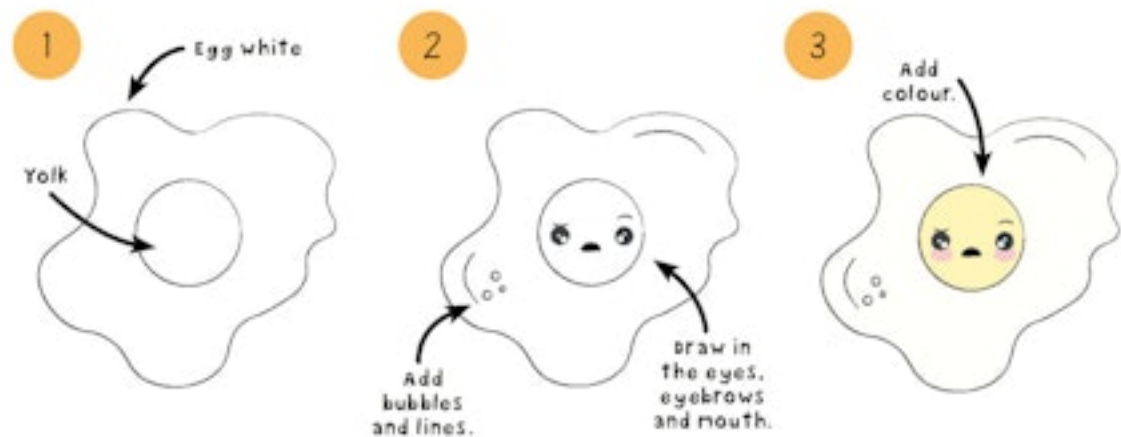


Why not draw a kawaii boy holding your box of kawaii popcorn?

Draw your own kawaii popcorn.



# Kawaii egg



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Why not draw some kawaii eggs sitting in a frying pan?

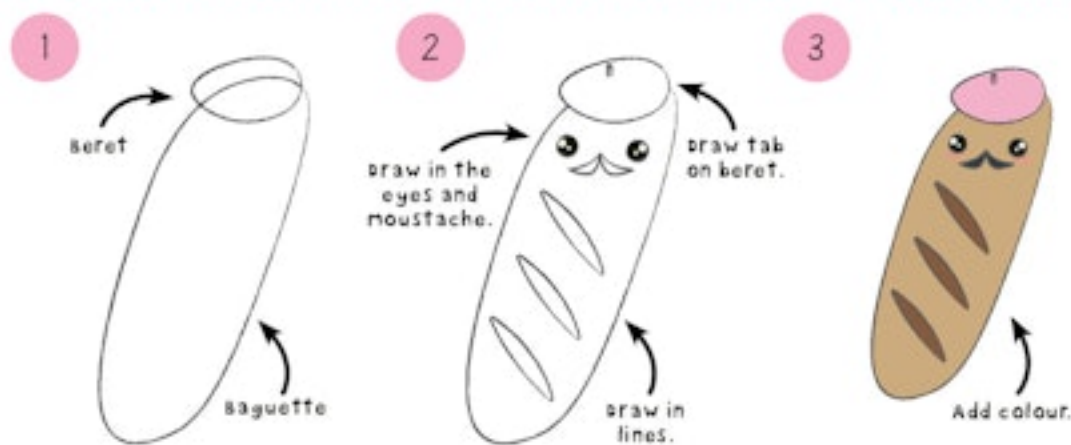
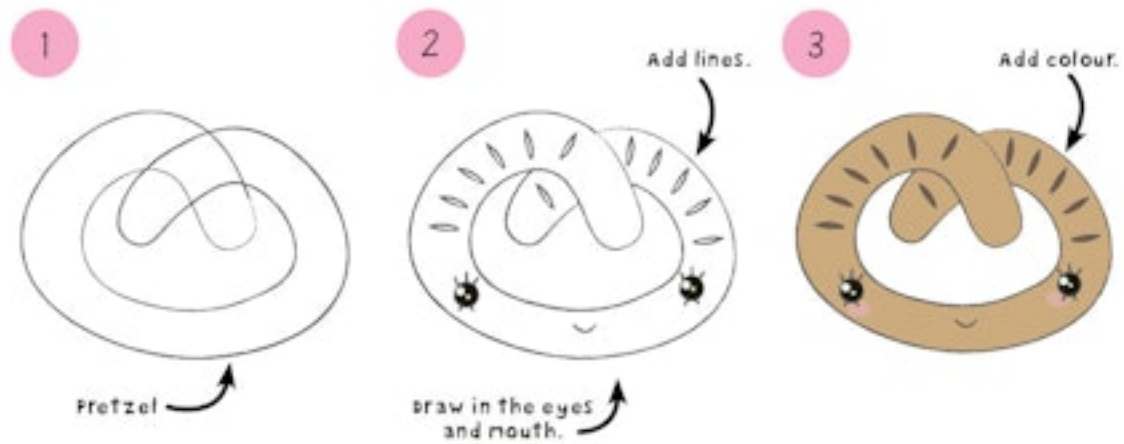
draw your own kawaii egg.



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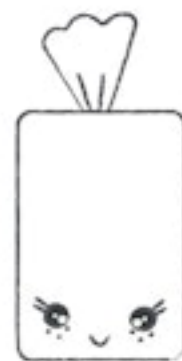
# Kawaii bread



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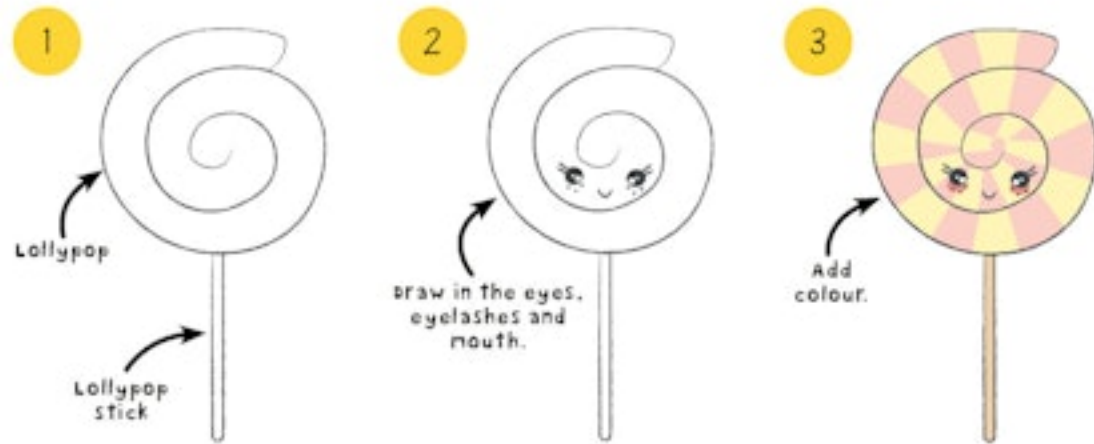
Why not draw your kawaii bread in a baker's window?

draw your own kawaii bread.



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# Kawaii sweets

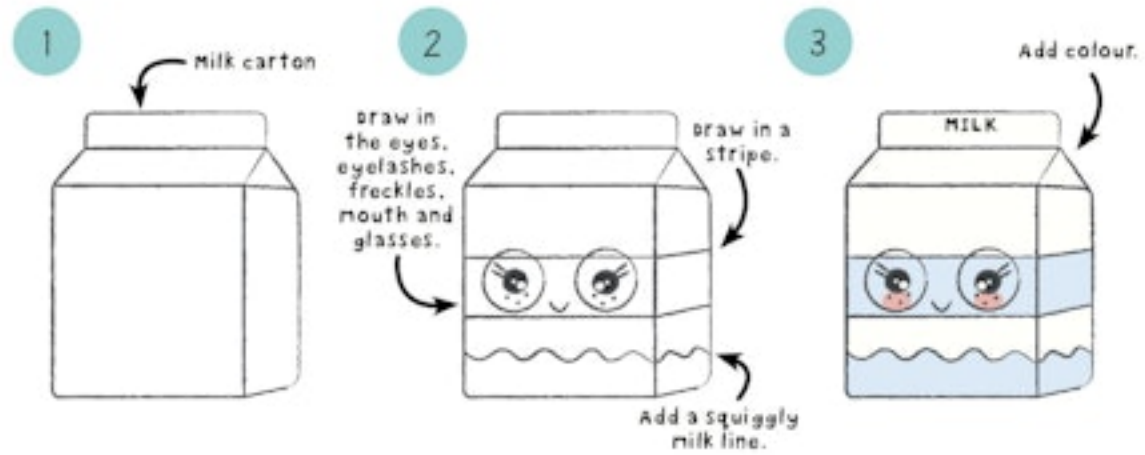


Why not draw your kawaii sweets in a sweet shop window?

draw your own kawaii sweets.



# Kawaii milk



Why not draw a line of kawaii milk cartons in a supermarket fridge?

62

draw your own kawaii milk.



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# Glossary

**Floret** The tree-like parts that branch off from the stem of the broccoli.

**Pastel** Shades of colour that are soft and gentle. Pastel colours are made with pastel crayons.

**Pretzel** A type of pastry where the dough has been tied into a knot before baking.

**Ramen** A Japanese dish consisting of wheat noodles in a meat or fish-based broth.

**Sushi** A Japanese dish that is made from rice and seafood or vegetables.

**Taco** A Mexican dish consisting of a wheat tortilla with a filling, usually meat-based.

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