

The background of the cover is a vibrant, detailed illustration of a rainforest canopy. It features a variety of tropical plants, including large green leaves, pink and white flowers, and thick, twisting vines. Several animals are depicted: a small grey monkey in the upper left, a toucan with a large colorful beak in the lower center, a parrot with red, yellow, and blue feathers in the upper right, and a jaguar in the lower left. The overall scene is lush and colorful, with a warm, sunny light filtering through the leaves.

Includes  
a HUGE  
fold-out  
tree!

# Up in the Canopy

Explore the rainforest  
layer by layer

James Aldred


Illustrated by  
Good 'Wives and 'Warriors

B  
I  
G  
P  
I  
C  
T  
U  
R  
E  
P  
R  
E  
S  
S

Royal  
Botanic  
Gardens

Kew





# Up in the Canopy



*To Bia, Toot, Ernie and Kit, for all the tree-climbing adventures to come – GWWWW*

*For Taran – Keep climbing wonder boy! Love, Dad x*

The Royal Botanic Gardens, Kew carries out vital scientific and horticultural work to protect and restore trees and forests around the world. Kew Gardens is home to 14,000 trees including many that are rare and endangered. Around 40,000 trees grow at Wakehurst, Kew's wild botanic garden in Sussex.

BIG PICTURE PRESS

First published in the UK in 2023 by Big Picture Press,  
an imprint of Bonnier Books UK  
4th Floor, Victoria House  
Bloomsbury Square, London WC1B 4DA  
Owned by Bonnier Books  
Svenvägen 56, Stockholm, Sweden  
[www.bonnierbooks.co.uk](http://www.bonnierbooks.co.uk)

Text copyright © 2023 James Aldred  
Illustration copyright © 2023 Good Wives and Warriors  
Design copyright © 2023 by Big Picture Press

1 3 5 7 9 10 8 6 4 2

All rights reserved

ISBN 978-1-78741-908-7

This book was typeset in Adobe Caslon Pro, Baskerville and Magillio.  
The illustrations were created with pencil and coloured with watercolour.

Edited by Joanna McInerney  
Designed by Winsome d'Abreu and Melissa McInerney  
Paper Engineering by Richard Ferguson  
Production by Neil Randles

Printed in China



# Up in the Canopy

James Aldred

Illustrated by  
Good Wives and Warriors

Royal  
Botanic  
Gardens  
**Kew**



50m

# The Amazon Rainforest

Emergent layer

40m

There are many types of forest on Earth, but none support more life than those growing in the tropics. Wrapped around the middle of our planet like a shining green belt, these sun-soaked rainforests are home to more than half of all life on land. Millions of animal and plant species live here but most of them spend their lives hidden high up in the branches of trees. The Amazon is the ultimate rainforest. Home to 10% of all species on Earth, an estimated 2.5 million insect species, 427 mammal species, 378 reptile species and more than 400 amphibian species live here, as well as around 16,000 species of trees. Like an enormous, beautiful spider's web, all life in the rainforest is connected. Every creature and plant relies on something else for its own survival.

30m

Rainforests can be divided into different levels, or layers, and each one creates its own mini habitat. Some animals spend their entire lives living in one layer, while others move up and down.

20m

10m

0m

Canopy layer

Understory

Shrub layer

Forest floor

## A Canopy Adventure

*Anyone wishing to understand how a tropical rainforest really works needs to get up into its canopy. But this is not easy. Trees in the Amazon can grow very tall, reaching up to 50 metres – almost the height of 20 storey buildings!*

*Climbing trees this big can be a real challenge but is not impossible. It just takes a bit of planning and determination! We are about to scale the biggest tree of them all: a giant kapok (Ceiba pentandra) growing in the heart of the mighty Amazon. With a massive trunk supported by buttress roots 10 metres wide, this kapok is like a giant beanstalk, reaching 70 metres up into the bright sky above us.*

*We will need lots of rope, two harnesses, two helmets, a bunch of metal climbing clips called carabiners and plenty of drinking water. But first things first: we will need a slingshot to get the ropes up and over a big, strong branch. And not just any old slingshot. Kapok trunks don't have any branches for the first 40 metres or more, so to be of any use, our slingshot needs to be very big and powerful. Luckily, we've brought just the thing with us, and we'll use this to launch a fishing line with which we can haul up our climbing ropes.*

*It's going to be tough. We're going to get dirty, sweaty and bitten by insects. It may even be a bit dangerous. But it will be the adventure of a lifetime. Our mission to unlock the secrets of the biggest rainforest on Earth starts here.*

*... Are you ready?*





#### Tarantula

This enormous 'chicken spider' is one of the heaviest in the world. But despite being big enough to eat small birds and snakes, it is one of the only tarantulas to share its burrow with its babies, which it protects until they are big enough to fend for themselves.

#### Kapok Tree Trunk

Rainforest soil isn't very deep, so big trees like this kapok need good support to stop them toppling over. The huge buttress roots in front of you provide this. Like rocket fins, these triangular walls of wood stabilise the tree and help to keep it upright during even the wildest storms.

#### Agouti

Looking like a long-legged guinea pig, this agouti is the only animal with teeth strong enough to gnaw through the rock-hard shell of a fallen Brazil nut pod. Carrying away the nuts to bury in a secret place for later, these rodents are one of the forest's most important seed dispersers.

#### Collared Peccaries

Collared peccaries eat almost anything they find. They rummage through the leaf litter in groups, ploughing the earth in search of tasty treats using their sharp tusks. By doing this, peccaries aerate the soil and stimulate the growth of fallen seeds.

#### Jaguar

Looking on with calm curiosity, the jaguar's beautiful fur helps it blend in with the dappled sunlight of the forest floor. With the most powerful bite of all big cats, the jaguar is the Amazon's top predator, big enough to hunt down tigers, caimans and peccaries.

#### Southern American Bushmaster

Watch out! Look closer at this pile of dead leaves and you will actually see a huge, perfectly camouflaged snake. Growing up to 3 metres long, the Southern American bushmaster is one of the longest venomous snakes in the world. It lies in wait for a meal to walk by, including small mammals, birds and reptiles, and then attacks with lightning speed.

#### Termites

Termites are able to eat, digest and absorb energy from dead wood. In this way they recycle nutrients and help the forest reclaim energy from dead trees. Shunning sunlight, they hide beneath bark or leaf litter making them one of the most easily overlooked creatures in the rainforest, despite being one of its most important.

#### Fungi

Fungi are some of the jungle's most important organisms. The mushroom that pokes above ground is just like the tip of an iceberg – below the surface, the fungi spreads out fine threads called mycelium which can stretch for many kilometres. Mycelium webs help to break down and recycle the decomposed matter on the forest floor and can also help connect the roots of trees so that they can communicate and share nutrients.

## The Forest Floor

The forest floor is a dark place – hardly any sunlight can get through the dense canopy above. In this twilight world, creatures live in the shadows and scurry between thick layers of fallen dead leaves. The air is heavy and still, filled with the earthy smells of decay. The level of humidity is high as the heat struggles to escape. It may seem as if there is no animal life down here at all, but this isn't the case. All you need to do is keep quiet and look closer...

*Standing in front of you is an enormous tree – the kapok tree – which we are about to climb. Peering up through the tangled vegetation, you search for a strong branch high up over which to shoot our fishing line. The slingshot's elastic is thick and strong, so it takes all of our combined strength to pull it down. Stretch, pull... release!*



# The Shrub Layer

The shrub layer lies just above the forest floor. Plants here have large, spreading leaves designed to trap every last scrap of sunlight that filters down through the dense understory from above. Sheltered from the strong winds that tear through the forest higher up, some lower-level shrubs keep the same foliage for many years. These old leaves often have communities of other small plants growing on their surface. Growing amongst the shrubs are also many tree saplings. Some of these are surprisingly old for their small size, growing very slowly and often spending decades waiting for a suitable break in the canopy to appear above them.

*Peering up through the dark understory, you see the sunlit canopy high above. It seems a very long way away. The air down here is heavy and humid, and you are already drenched with sweat. You take a sip of water. It's going to be a long climb!*

## Great-Billed Hermit Hummingbird

This tiny, great-billed hermit hummingbird flits between flowers. Its wings are beating 70 times a second and are a blur as it hovers in the air, pushing its long beak into the flower to sip the nectar inside.

## Small Sapling Tree

When a large tree falls over, the space it leaves behind creates a 'light gap'. Small trees that have been patiently waiting for this opportunity now rush to grow in the sunlight. However, light gaps can take years to happen, if at all. If a gap doesn't appear before the sapling's energy reserves run out, the young tree (like this sapling Brazil nut tree) will die.

## Army of Ants

A colony of nomadic army ants, made up from almost 15 million individuals, surges through the forest. As they march to new grounds, anything in their path, including other insects, frogs, and even lizards and snakes are caught, chopped up or eaten alive. The colony can get through as many as 500,000 animals a day.

## White-Plumed Antbird

More than 200 species of birds specialise in snatching up insects who are trying to escape the marauding army ants. 'Antbirds', including this white-plumed antbird, often join together in large mixed flocks that follow the ant swarms in search of fleeing crickets and cockroaches.

## Spectral Bats

With a wingspan of up to one metre, the spectral bat is the biggest **carnivorous** bat in the world. It has huge canine fangs and kills rodents and sleeping birds with a crushing bite. Spectral bats live in small colonies, and the males will carry **peep** back to the roost to feed their young.

## Heliconia

These heliconia flowers use bright colours to attract hummingbirds. In return for a tasty sip of sweet nectar, the hummingbird **pollinates** each flower it visits by transferring pollen between them.

## Blue-Backed Manakin

Manakins have some of the most elaborate courtship displays of all birds. By jumping up and down and hopping back and forth in a well-practiced dance routine, these two males hope to attract the attention of a passing female.

## Pale-Winged Trumpeter

Looking like small black turkeys with white bottoms, these trumpeter birds use ear-splitting alarm calls to warn others of danger.



### White-Throated Toucans

This pair of toucans have a nest in a nearby tree cavity. Their long, curved beaks are perfect for plucking fruit or stealing eggs from other birds to feed to their chicks.

### Brown-Mantled Tamarins

These little primates are brown-mantled tamarins. Calling to each other using high-pitched squeaks, they move quickly, leaping between branches in search of fruit, small bugs and tree gum.

### Amazonian Palm Viper

This beautiful, but venomous, Amazonian palm viper uses its excellent climbing ability to hunt for small mammals and birds in the branches of the understory at night. Two heat-detecting sensors located between its eyes and nostrils detect the warmth of its prey which it ambushes with a lightning-fast strike.

### Orchid Flowers

Plants living on other plants are called epiphytes. They do this to escape the gloomy forest floor and reach more sunlight without having to use their own energy. This epiphytic orchid is about 20 metres above ground and uses the gentle breeze to help disperse its perfumed scent through the understory.

### Orchid Bee

Male orchid bees like this one are attracted to orchids by their scent. But unlike other insect pollinators, these special bees don't drink the flower's nectar. Instead, they collect the orchid's perfumed oil in tiny sacks on their legs and use it for elaborate mating rituals.

### Leafcutter Ants

Able to carry up to 20 times their own weight, these leafcutter ants are hard at work gathering leaves to carry down to their underground nest. They use the chopped-up foliage to grow fungi upon which the ant larvae feed.

### Great Potoo

This great potoo remains almost invisible due to its perfectly camouflaged plumage. Asleep during the day, it finally opens its huge, black eyes at dusk when it starts to hunt for insects.

### Margay

The margay is one of the world's most secretive wildcats. Spending most of its life up in the trees, this large-eyed nocturnal hunter leaps silently between branches to snatch birds and small monkeys while they sleep.

### Blue Morpho Butterfly

The startling metallic blue wings of morpho butterflies are caused by the way sunlight reflects from thousands of tiny scales covering its wings. These bright flashes of colour deter predators, warning them that the butterfly is poisonous.

## The Understory

The forest understory is sandwiched between the shrub layer and the canopy. Some of these trees are on their way to becoming towering canopy emergents, but for many others, this is as tall as they will grow. The understory is often the most varied and dense layer in the rainforest and forms a bridge between shade-loving species and those preferring more sunlight. It is also home to many animals that forage through clumps of dead leaves and twigs that fall from above.

*Taking a rest from climbing, you spin slowly round on your rope to take a good look at your new surroundings.*

*The air feels less muggy, and a cloud of tiny stingless bees buzz around you to lick salt from your sweat-soaked t-shirt.*



### Three-Toed Sloth

Sloths don't do anything quickly. This is an adaptation to their energy-poor diet of leaves. Unlike monkeys, they can't outrun predators, so their fur is covered in green algae to help them stay hidden. This three-toed sloth has evolved special grooves along each strand of hair for the algae to grow in.

### Warrior Wasps

This giant nest belongs to a colony of warrior wasps. Their powerful stings are only used as a last line of defence – the wasps prefer to beat their wings as a loud warning to scare intruders away. Like a drum, the nest amplifies the noise which sounds like a troop of marching soldiers.

### Eagle Nest

This enormous bundle of sticks is an eagle nest, or 'eyrie'. Nestled inside is a huge, white harpy eagle chick – already the size of a turkey at just a few months old. Nests like these are used year after year and grow bigger with each season until they are eventually blown down by a storm or collapse under their own weight.

### Spider Monkeys

Spider monkeys use their tails like an extra arm or leg to help grip branches as they climb. Their useful 'prehensile' tails give them the appearance of large spiders as they swing their way through the treetops in search of juicy fruit to eat.

### Iguana

This green iguana is resting in the sun while slowly digesting its lunch. Thought to be the largest lizard in the iguana family, males can reach up to 2 metres from nose to tail. They have excellent eyesight, and are always on the lookout for predators like the harpy eagle.

### Monstera 'Cheese Plant'

This huge *Monstera* is also known as the Swiss cheese plant. Its large, flat leaves are adapted to soak up as much sunshine as possible, while the holes allow the breeze to pass through without tearing them. It is also an epiphytic plant.

### Red-Backed Poison Dart Frog

The bright colour of this tiny poison dart frog warns would-be predators to leave it alone – it has enough deadly toxins in its skin to kill several people. This male is carrying tadpoles on his back as he climbs high into the canopy in search of a safe place to leave them. A water-filled bromeliad is perfect.

# The Canopy

Spreading like an umbrella high above the forest floor, this hidden kingdom is the richest zone in the rainforest.

Up to 90% of all jungle life can be found up in the trees, and the volume and diversity is staggering. The tropical canopy is one of our planet's most important producers of oxygen and plays a vital role in creating rainfall and keeping global weather systems healthy.

*Pushing up through the dense foliage you emerge into a lush, leafy world, flooded with hot tropical sunshine. Exhausted, you stop climbing and stare around you in wonder. The air hums with insects, and everywhere you look small brightly coloured birds flit between leaves. No two trees look the same, and the fragrant smell of flowers hangs in the air. Never before have you felt so completely and wonderfully immersed in nature.*

### Bromeliads

Bromeliads like this one have evolved to trap rainwater which runs down the funnel-shaped leaves into the plant's centre. Some of the largest bromeliads can hold as much as 60 litres! These canopy 'ponds' provide a perfect home for aquatic insects and amphibians.



### Howler Monkeys

Howler monkeys are the loudest land mammals in the world and can be heard from several kilometres away. Cover your ears!

### King Vulture

This king vulture soars high on rising hot air currents called thermals. It eats dead animals and provides an essential service in recycling the forest's energy and nutrients. Instead of relying purely on eyesight like other vultures, the king vulture has a sharp sense of smell to help it find rotting corpses hidden in the forest.

### Clouds

The Amazon is vast enough to create its own weather. Trees release moisture as the sun heats the forest canopy. Natural chemicals and tiny particles are sucked up alongside the water and help clouds to form. Towering clouds like these are known as thunderheads. They can drift for hundreds of miles before finally releasing rain in other regions.

### Snow-Capped Mountains

What look like distant clouds at first are actually the snow-capped peaks of the high Andes. Looming over the flat Amazon basin far below, some of these mountains are more than 6,000 metres tall. The closest is 130 kilometres away. It's truly amazing what you can see from the top of a tree!

### Scarlet Macaws

These two birds will spend their long lives together and their bright plumage shows off their breeding fitness. Their noisy chicks will be born inside a large tree cavity.

### Harpy Eagle

The harpy eagle is the world's most powerful eagle, with talons larger than a grizzly bear's claws. It hunts sloths and monkeys in the half-light of dusk and dawn.

### Brazil Nut Tree

Like the kapok, this tree stands above most others. The Brazil nut tree has dozens of large round seed pods dangling from stalks amongst its dark green leaves. As hard as iron and weighing up to 1.5 kilograms, each pod contains a dozen or more Brazil nuts.

# The Emergent Layer

Welcome to the emergent layer – the rainforest's best-kept secret!

Like this kapok, some of the largest trees in the Amazon stand head and shoulders above the main canopy. Forming the topmost layer of the rainforest, these emergent trees are exposed to very different conditions to those lower down. The air is a lot drier, and the sun is a lot hotter up here, making it feel more like a desert than a rainforest. Water can be surprisingly hard to hold on to due to the high levels of **evaporation**. In addition, tall trees are often exposed to fierce storms. Lightning strikes are a constant threat, and huge branches the size of entire understory trees are often ripped away by high winds. This is the most extreme environment in the rainforest and any plant or animal that lives here must have special adaptations to help them survive.

*Reaching the top of your rope, you are rewarded with far-reaching views, dappled shade and cool breezes that quickly dry your sweaty clothes. The kapok's huge branches sway gently in the breeze, and you take your climbing helmet off to feel the wind in your hair. The enormous branch next to you is the perfect place to rest, so lifting a leg over, you scramble into a sitting position. Settling back to eat a sandwich, you immerse yourself in one of the best views anyone could wish for. You've made it!*





# A Note from the Author

Well done on completing your first ever ascent into the rainforest canopy!

The Amazon really is a magical place isn't it? I first visited the Amazon canopy 25 years ago, when I went to film a documentary in a region called Tambopata. Standing on the topmost branches of the tallest tree I could find, I closed my eyes and heard nothing but the sounds of nature all around me. But when I visited that same place years later, I sat in the same high canopy and heard the distant whine of chainsaws and the muffled thud of gunshots. The first loggers and hunters had arrived. Returning to the same location for a third time only recently, I was shocked to find a dirt road leading into the heart of the jungle. Most of the big trees either side of the road had been felled.

An ancient tree like the kapok you just climbed can take centuries to grow but minutes to destroy. If they disappear, so do all of the living creatures that depend on them for their survival. These ecosystems have taken millions of years to evolve and cannot be easily replaced. Simply replanting trees on the broken soil ruined by heavy bulldozers won't work. Trees need shade beneath which to grow. They require special nutrients that have taken millions of years to accumulate. They require pollinators to help them reproduce. But most of all, they require lots of other trees around them. Just like us – trees can only thrive when they are part of a wider community.

So, what can WE do to help the Amazon?

We can make sure that we (and our family and friends) do not buy goods containing tropical hardwoods, eat foods made from crops grown on cleared rainforest soils or support global companies that invest in unregulated industries that pollute the environment. But most important of all is the need to raise awareness for what we stand to lose should rainforests like the Amazon disappear.

Of course, I'd also love to think that some readers might go on to study forest ecology or learn the ropes. You could even combine the two skill sets to become a future canopy explorer. Take it from me: you will be AMAZED where a passion for the natural world and a desire to climb trees can take you!

*Adrian*

