



Brazil - BBF24 - Activity

Hello Happy! Mindful Kids



Children can colour and doodle their way to happiness, calm and confidence.

- *Mindful Kids* is an activity book series designed and written for children about emotions and feelings.
- Includes an introduction to the book, and notes for grown-ups by consultant Dr Sharie Coombes, Child & Family Psychotherapist.
- Use creativity to combat negative feelings, work out worries and put anger back in its place with the writing and doodling activities.
- Combined, the *Mindful Kids* series has sold 1 millions copies worldwide (as of July 2022)

Hello Happy! Mindful Kids

I'M FEELING KINDA...

How are you feeling? Whether you're happy, sad or full of joy, it's okay. All emotions are okay - which is a good thing as we have loads of them!

Circle a name and draw the expression to fit the emotion or add the emotion to fit the expression.

I'M FEELING Happy
 I'M FEELING Sad
 I'M FEELING
 I'M FEELING
 I'M FEELING
 I'M FEELING

embarrassed
shocked
frustrated
angry shy
scared
lonely tired
anxious

BRAIN BREAK!

To calm your emotions and feelings you need to spend your time. To do this you need to give your brain a break by switching off from the every day things which have caused difficulty on your head.

The first thing to do is to get rid of the noise around you and learn to be alone. It may feel uncomfortable at first, but here's what you need to do:

- Turn off the TV
- Turn off any video games
- Turn off any radio or stereo
- Put smart technology, phones, tablets etc away
- Close windows to the outside world so you can't hear car engines and sirens
- Take yourself away from people talking

Once you've done this...

Sit still in a comfortable position, close your eyes and concentrate on breathing in and out, in and out.

Now, in this quiet calm state ask yourself how you are feeling.

See yourself the chance to recognise any underlying feelings of anger, sadness, worry or anxiety and give yourself permission to feel that feeling.

For example say:

"I am feeling SAD. I feel SAD because I had a bad day at school. I will not always feel SAD, but right now I feel SAD and that's OK."

Repeat the sentence 5 times.

FEELING FEELINGS

Sometimes your feelings don't want to stay inside. Sometimes they want to JUMP AND EMERGE OUT!

Write where and how you feel when you're sad on this dummy.

Write where and how you feel when you're angry on this dummy.

MY BEATING HEART

Take some time to get to know your heart rate. Take your pulse by holding the two fingers nearest your thumb to your neck or to the underside of your wrist.

TRY TAKING YOUR PULSE WHEN YOU HAVE...

- JUST WOKEN UP
- RUN ON THE SPOT FOR 3 MINUTES
- HAD A ROW WITH SOMEONE
- EATEN A BIG MEAL
- JUST BEGUN A PIECE OF HOMEWORK
- READ A CHAPTER OF A BOOK
- BEEN FOR A WALK

Write down the beats per minute for each of these.

REMEMBER! Anger can be positive. Many people have made good changes in the world because they felt so angry about something they used the anger to spur them on to positive action. What makes you angry in the world? How could you make a difference?

DID YOU KNOW? Your heart rate will also increase when you are stressed or afraid.

THE ANGER ICEBERG

Anger never exists on its own - there are always underlying emotions causing it. Add more emotions to the underwater part of the iceberg to show the other emotions which might lead to you feeling angry.

ANGER

frustrated

lonely

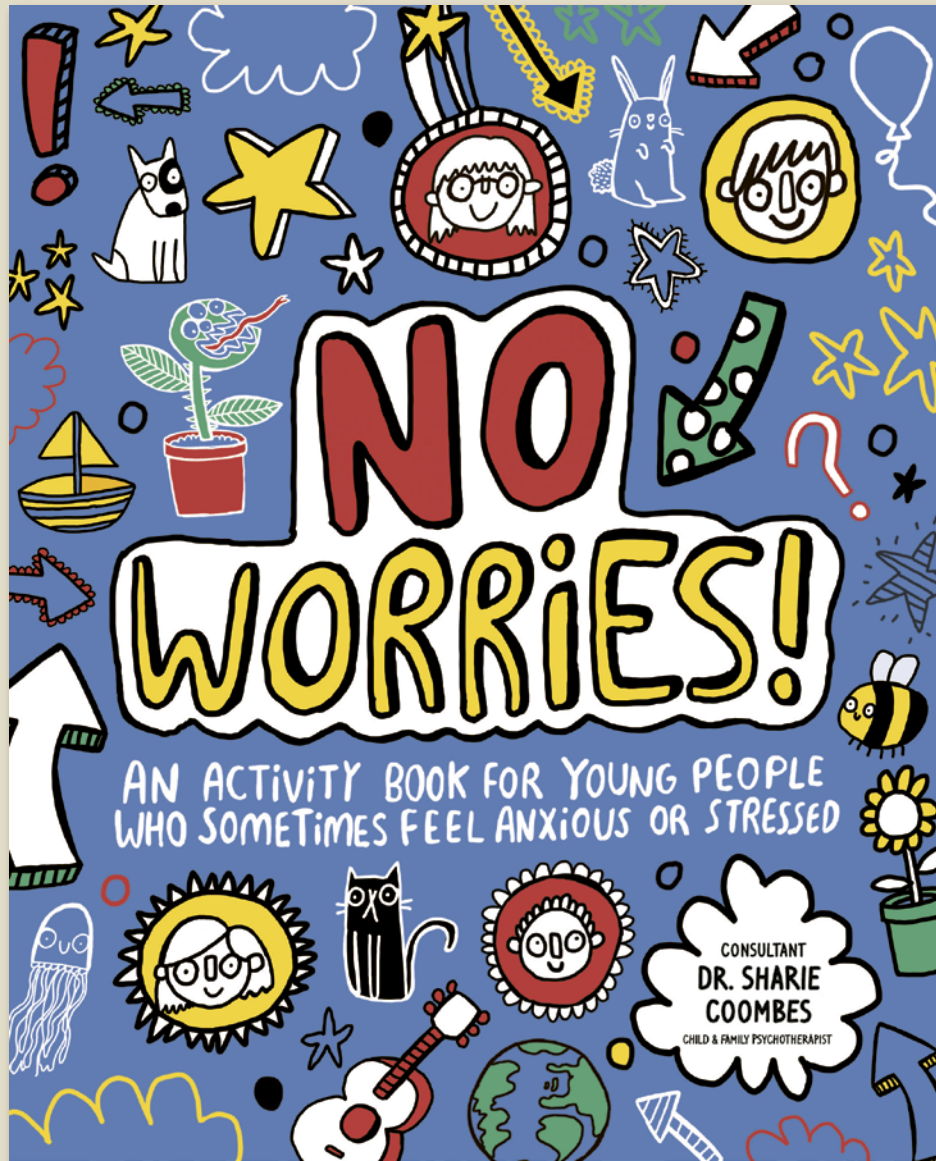
worried

SCARED

ALONE

Pub Date	27/07/2017
Pub Price	£9.99
ISBN	9781783708994
H x W	235 x 190mm
Binding	Paperback
Age Range	7-9 years
Author	Stephanie Clarkson Sharie Coombes
Illustrator	Katie Abey
Extent	96pp
Rights Available	World

No Worries! Mindful Kids



No Worries!

- Includes an introduction to the book, and notes for grown-ups by consultant Dr. Sharie Coombes, Child & Family Psychotherapist.
- *Mindful Kids* is an activity book series designed and written for children about emotions and feelings.
- Use creativity to combat stressful moments, work out worries and put anxiety back in its place with the writing and doodling activities.
- Combined, the *Mindful Kids* series has sold 1 millions copies worldwide (as of July 2022)

No Worries! Mindful Kids

COLOUR THIS IN WITH POSITIVE COLOURS

I
AM
IMPORTANT

COLOUR YOUR FEELINGS

Do you think feelings have their own colours? Colour in each of these feeling words with the colour that you think suits them best.

ANGER Happy
Sad FEAR
Laughter WORRY

YOGA POSE

Try these poses before bedtime or when you want to feel calm.

TREE POSE
Place your feet on your ankles or above your knee and balance. Then change to your other leg.
SAY "I AM BALANCED"

BUTTERFLY POSE
Sit on the ground, press your feet together, and roll your shoulders back.
SAY "I AM SAFE"

LADYBIRD POSE
Bend your knees, roll your shoulders back, and press your hands together.
SAY "I AM HAPPY"

CHILD'S POSE
Bend your legs, fill your body on to your thighs and either rest your arms by your sides or extend them in front of you, whichever feels more comfortable.
SAY "I AM AT REST"

CAT POSE
Breathe in and look up, lifting your back drop down. Breathe out and tuck in your chin, lifting your back in a high arch.
SAY "I AM AT EASE"

SLEEP POSE
Lie on your back and take slow breaths. Close your eyes if you want. Try to empty yourself of thoughts. If your mind wanders away, notice where it goes, then bring your attention back to your breathing.
SAY "I AM AT HOME"

COLOUR THIS IN

EVERY PROBLEM HAS AN ANSWER

YOUR SAFE PLACE

Draw or stick a picture of somewhere you feel completely safe and happy.

Your safe place could be somewhere you've seen or been to, heard about, read about or dreamt about. A special, safe place where everything feels peaceful, useful and wonderful.

COLOUR THIS IN

I AM
LOVED

TAKE A BREATH!

Try this breathing exercise to help you relax:

STEP 1
Make sure you are sitting comfortably in a quiet and safe place. When you feel ready, close your eyes. Notice your breathing. Think about how it feels breathing in and breathing out. Try to breathe in through your nose and out through your mouth.

STEP 2
Place your hand on your tummy and focus on the feeling of your stomach rising and falling with each breath. When you breathe in, quietly say 'in' to yourself, and when you breathe out, quietly say 'and out' to yourself.

STEP 3
Concentrate on nothing but your breathing and try to let go of any other thoughts you may have.

When you've had lots of practice at the breathing exercise, see if you can think about a happy memory at the same time. This way, your happy memory will take up all the space in your brain, and there won't be any room for the worries.

DO THIS FOR 2 MINUTES

Pub Date	27/07/2017
Pub Price	£9.99
ISBN	9781787410879
H x W	235 x 190mm
Binding	Paperback
Age Range	7-9 years
Author	Lily Murray Sharie Coombes
Illustrator	Katie Abey
Extent	96pp
Rights Available	World

Be Resilient!

THING-SPRING-O-METER

HOW MUCH BOUNCE IS IN YOUR THING-SPRING?

Show how resilient you already are on the THING-SPRING-O-METER.

Decide how far your THING-SPRING can stretch when you need to do something big, new or a bit scary or difficult!

Colour the THING-SPRING-O-METER to show how high they'd reach right now. The book will show you how to get them to stretch the rest of the way.

THING-SPRING STRETCHER

It's time to strengthen and stretch your THING-SPRING. Are you ready to collect some THING-SPRING points?

Whenever you complete an activity, colour and collect the THING-SPRING points on the page. Then add them to the THING-SPRING STRETCHER by colouring in the number of points you've earned - see how far you can go and become a RESILIENCE SUPERSTAR!

For every THING-SPRING point you earn, colour in one section. If an activity's worth three THING-SPRING points, colour three sections, or if it's worth five THING-SPRING points, colour five sections, and so on. If you repeat an activity, you can collect the points again!

YOUR HERO TEAM!

Your resilience can't grow super strong and stretchy all by itself. You'll need 'side-kicks' around you to build the healthiest THING-SPRING!

The first in your new HERO TEAM? Your HERO TEAM have their own superpowers and are all important parts of YOU!

Design a colourful costume for each member of your HERO TEAM. Think about their special qualities and try to build them into your design.

You'll be using a lot more of your HERO TEAM and getting to know all about them and their jobs in the following pages. The activities will show you why your HERO TEAM together, so they're ready to spring into action to support you whenever your bounce feels a bit flat!

If you are a superhero! or a role model! or a really, really, really cool person! or a really, really, really cool person! or a really, really, really cool person! or a really, really, really cool person!

Draw yourself using the outline. Now, really imagine yourself confronting that THING. Circle any of the feelings you notice and draw an arrow to where you feel them.

PICK YOUR OWN SUPPORT SQUAD

Complete this set of SQUAD CARDS to remind you who you can support you as you grow your resilience. Draw their portraits and add their important information onto the cards.

✓ You've got your HERO TEAM organised, so it's go ahead and pick your SUPPORT SQUAD!

✓ Everyone needs a SUPPORT SQUAD to grow healthy THING-SPRINGS!

TIP Pick your SUPPORT SQUAD members from your home, family, school, clubs, community and organisations you belong to. Include people and pets and at least one of your favourite toys. Pick team members who are helpful or listening, encouraging, being funny, reassuring, challenging, cheering or comforting you.

Sometimes your resilience gets stretched so far as it can go for now, and that's when you need to ask an adult for help. It can take a little time for you to feel the spring in your step again but it's all there and will bounce back with support.

Remember, you don't have to BE RESILIENT by yourself and it's NOT all your responsibility like your SUPPORT SQUAD!

Now you can bounce around all over this book. How far - you've got that!

Remember to ask your SUPPORT SQUAD for help to team the whole HERO TEAM together, wherever you need to.

Practice means who they are to you, such as friends, teacher and so on.

WHEN THE GOING GETS TOUGH

What happens to you when you do something that feels big, new, scary or difficult? Perhaps you feel excited, anxious, stressed, nervous, scared, frustrated or angry?

These are called **EMOTIONS**

You might not always know the name of the emotion you're feeling, but it's important to learn to recognise the sensations you feel in your body and where you feel them.

This is called **INTEROCEPTION** (in-ter-o-sep-shun)

When you can identify your body's sensations, you can **BE RESILIENT!** The more you try to recognise your feelings, the easier it becomes to manage and confront them.

Think of a fun THING you'd like to do that's difficult to face or you're worried about. Write it in this box.

Try out for a team or performance

Ask someone to be my friend

Read to the class

Sing a solo

Take a penalty

Take part in a group activity

Hard to swallow or lump in throat

Hot or cold face

Feeling separate from everyone else

Hot or cold waves

Feeling dizzy, faint or light-headed

Ringing in your ears

Tight chest

Fast breathing

Numb or tingly hands

Racing or fluttery heart

Sweaty palms

Feeling sick

Trembling or shaking

Needing the toilet

Butterflies in your tummy

Pain in your muscles

Numb or tingly feet

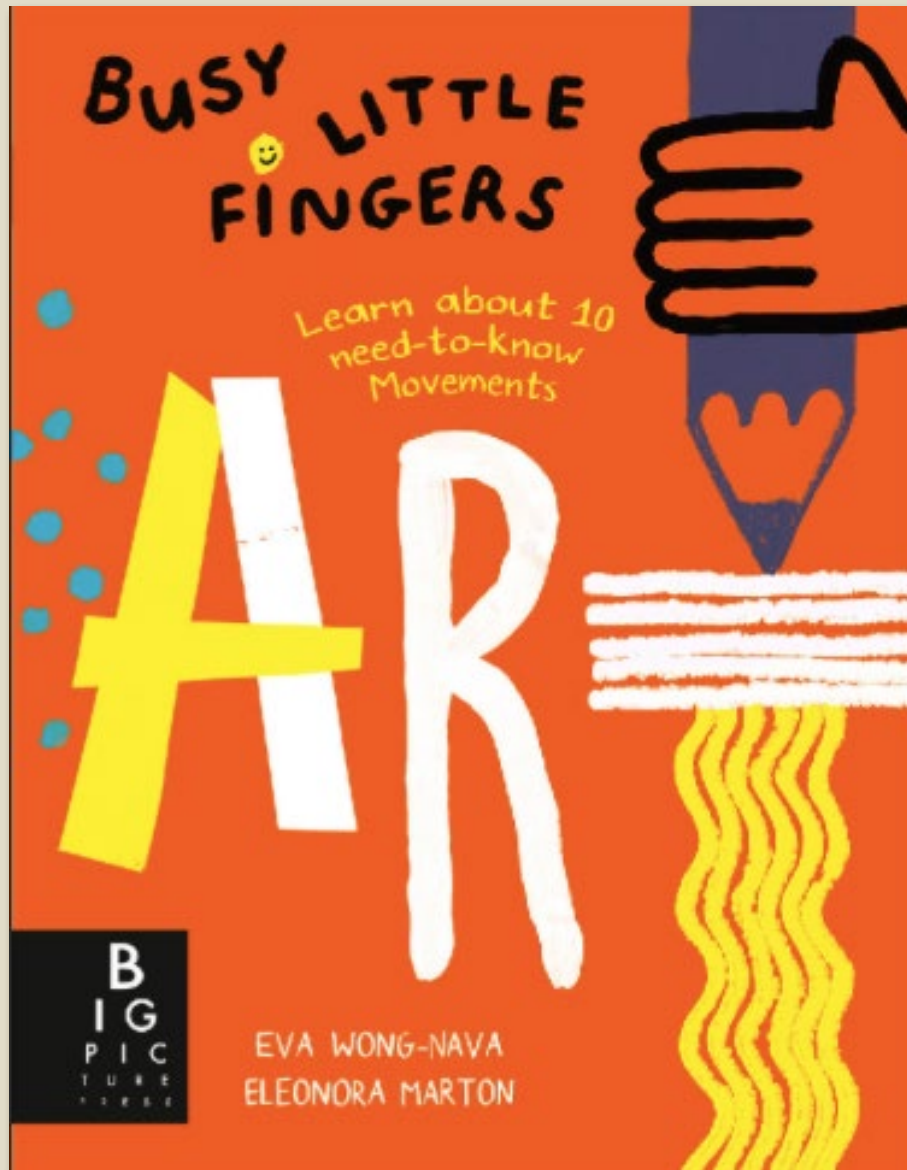
Upset tummy

Next time you have a challenge to face, come back to this page and go through the activity again to see what body sensations you notice. This will stretch your THING-SPRINGS and change how your brain copes with challenges - you'll soon be fearless! You can also come back any time you need to explain to someone what's happening for you.

THIS ACTIVITY EARNS YOU THREE THING-SPRING POINTS

Pub Date	01/09/2022
Pub Price	£9.99
ISBN	9781800780187
H x W	235 x 190mm
Binding	Paperback
Age Range	7-9 years
Category	Picture Book
Author	Dr. Sharie Coombes
Illustrator	Katie Abey
Extent	96pp
Word Count	8000 words
Rights Available	World

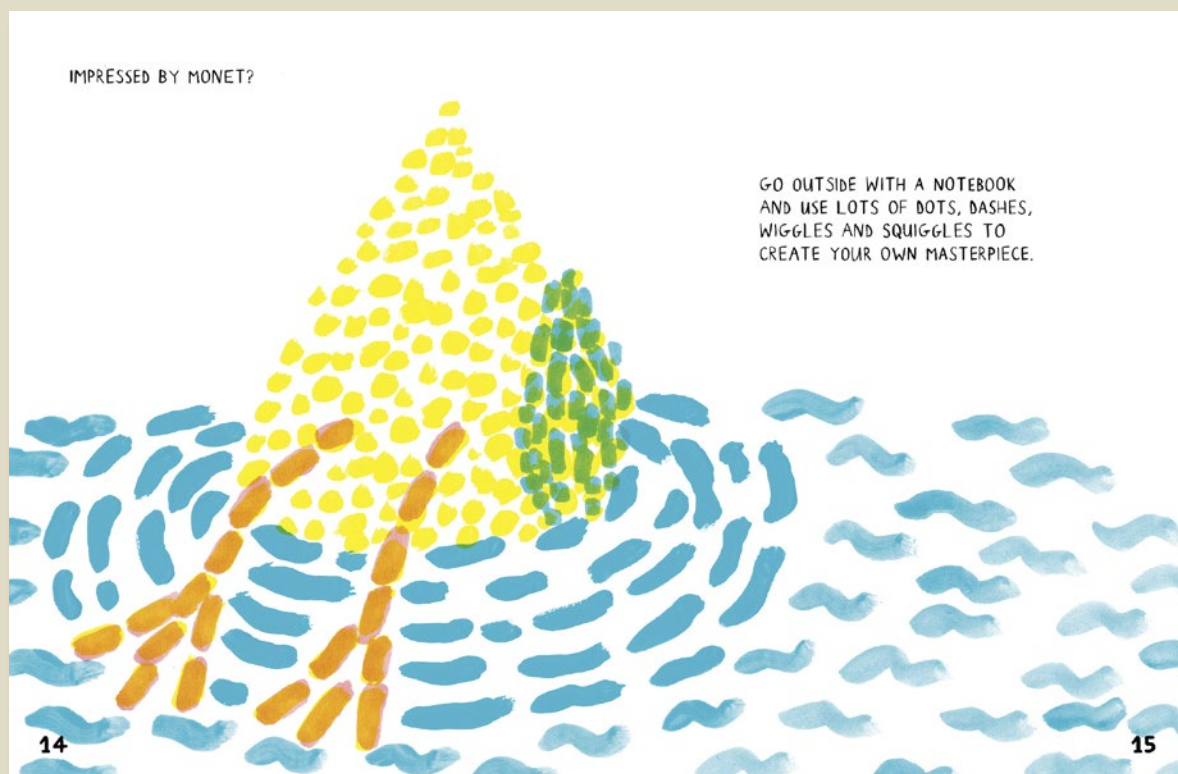
Busy Little Fingers: Art



Can you make a face with vegetables? How do you paint a dream? This bright and busy book provides a fun first look at art concepts, and is jam-packed with things for busy little fingers to try!

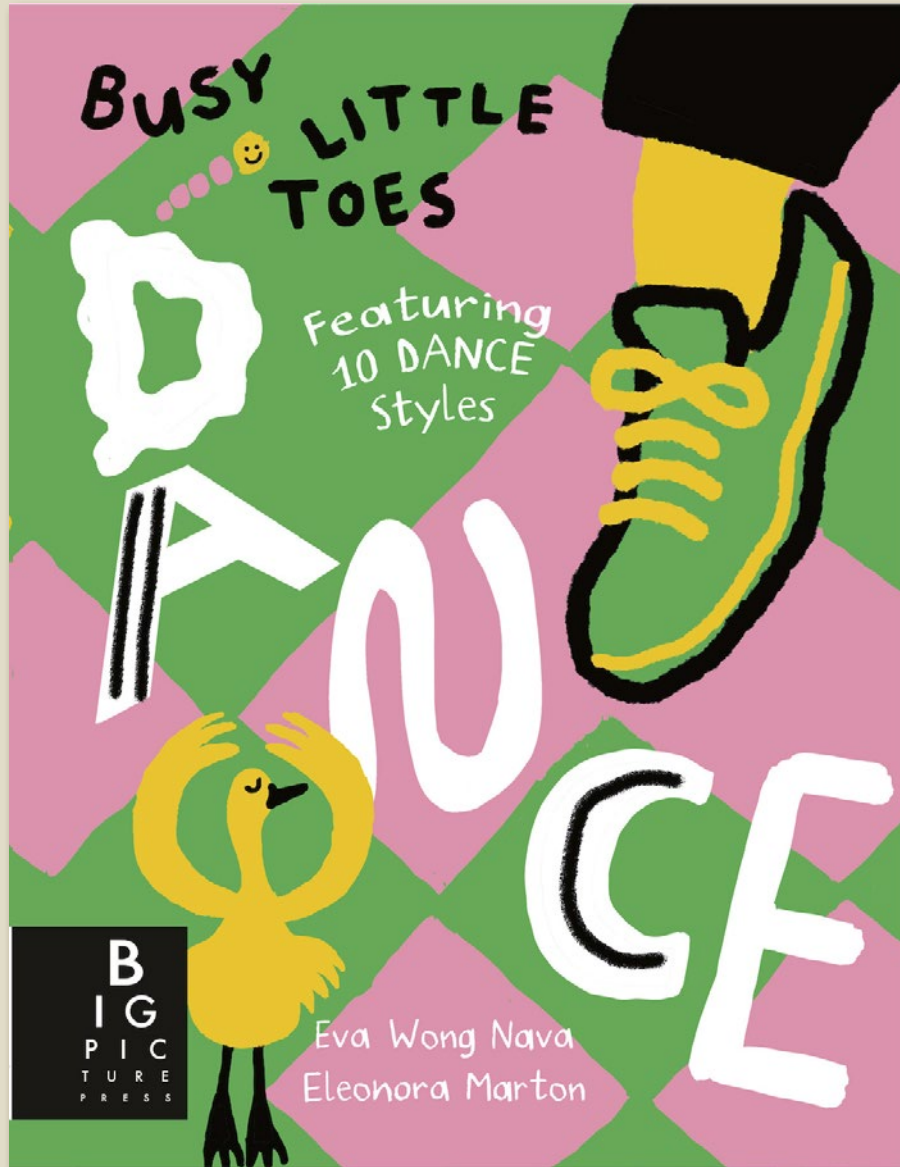
- Contents: Hello, Art World!; Mannerism; Impressionism; Cubism; Fauvism; Symbolism; Surrealism; Abstract Expressionism; Pop Art; Op Art; Contemporary Art; Make Your Mark!
- A vibrant new series for 4-6 year olds exploring the creative arts
- Fun artwork by Big Picture Press debut artist, Eleonora Marton

Busy Little Fingers: Art



Pub Date	06/07/2023
Pub Price	£9.99
ISBN	9781800784642
H x W	246 x 189mm
Binding	Flexiback
Age Range	0-5 years
Author	Eva Wong Nava
Illustrator	Eleonora Marton
Extent	48pp
Word Count	2001 words
Rights Available	World

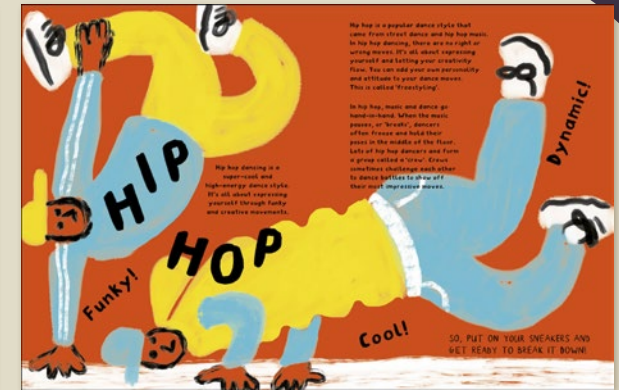
Busy Little Toes: Dance



Can you shuffle your feet like Fred Astaire? What do you need to know to learn ballet? This bright and busy book provides a fun first look at dance, and is jam-packed with things for busy little toe-tappers to try!

- Pantone and spot UV cover finishes
- Fun flexi format is perfect for little readers
- A vibrant new series for 4-6 year-olds exploring the creative arts
- Vibrant artwork by Eleonora Marton is full of life and movement

Busy Little Toes: Dance



Pub Date	12/06/2025
Pub Price	£9.99
ISBN	9781800788169
H x W	246 x 189mm
Binding	Flexiback
Age Range	0-5 years
Author	Joanna McInerney
Illustrator	Eleonora Marton
Extent	48pp
Word Count	1500 words
Translation Files	30/09/2024
Files To Printer	20/01/2025
Freight On Board	27/03/2025
Rights Available	World

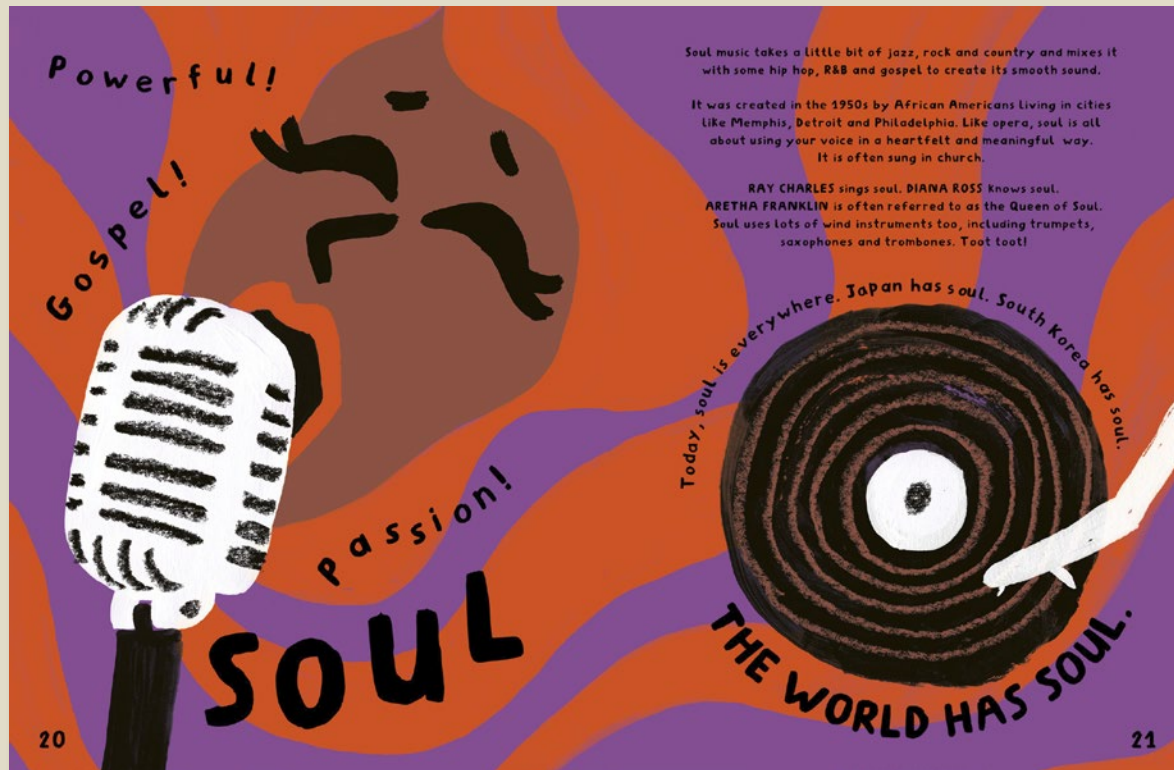
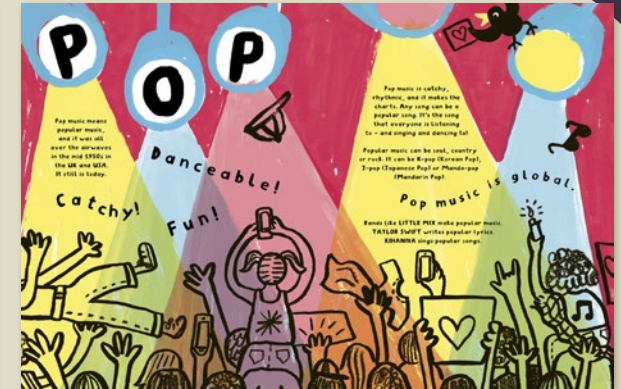
Busy Little Fingers: Music



This bright and busy book provides a fun first look at music, with lots for busy little fingers to try!

- Pantone and spot UV cover finishes
- Fun flexi format is perfect for busy little fingers!
- A vibrant new series for 4-6 year-olds exploring the creative arts
- Fun artwork by Eleonora Marton, and expert text by children's author Eva Wong Nava
- Contents: Hello, Music!, Classical, Opera, Jazz, Soul, Blues, Folk, Country, Rock, Pop, Hip Hop
- **Celebrating 10 Years of Extraordinary Illustrated Books**

Busy Little Fingers: Music



Pub Date	04/07/2024
Pub Price	£9.99
ISBN	9781800786455
H x W	246 x 189mm
Binding	Flexiback
Age Range	0-5 years
Author	Eva Wong Nava
Illustrator	Eleonora Marton
Extent	48pp
Word Count	1560 words
Rights Available	World

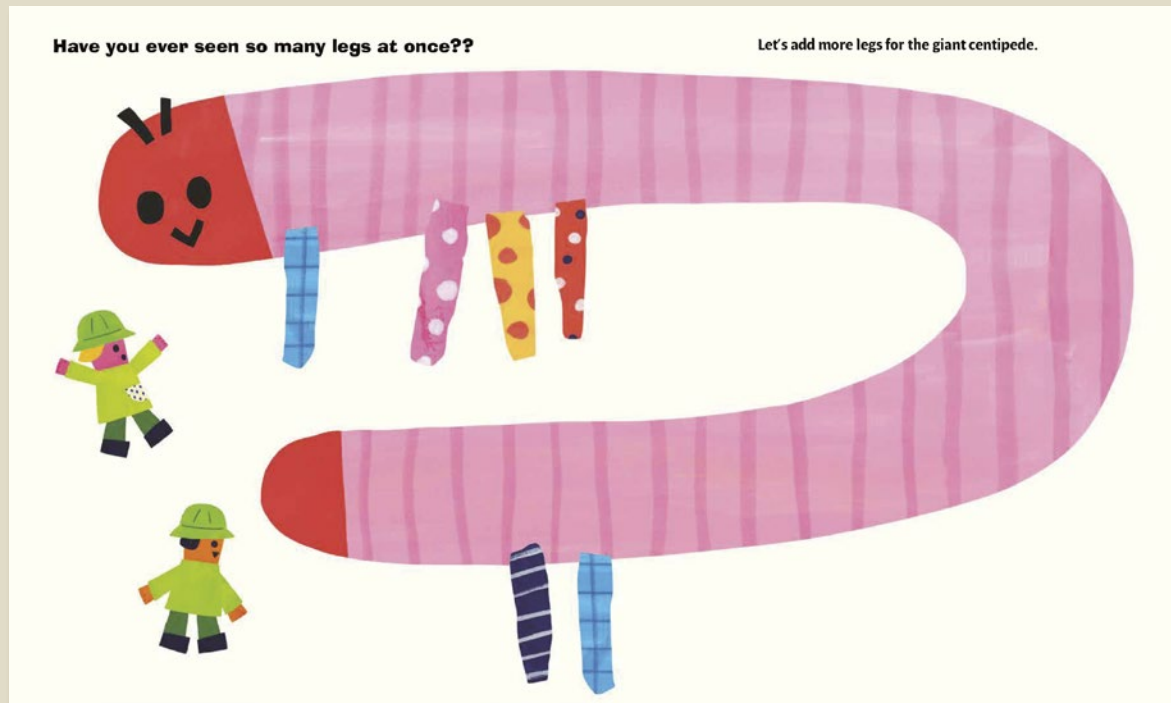
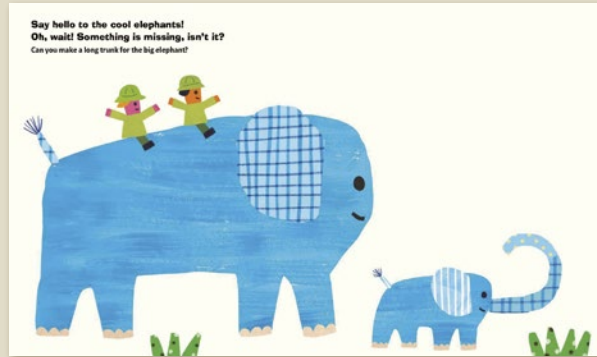
Paper Adventures



A rip-and-glue activity book perfect for creative little hands.

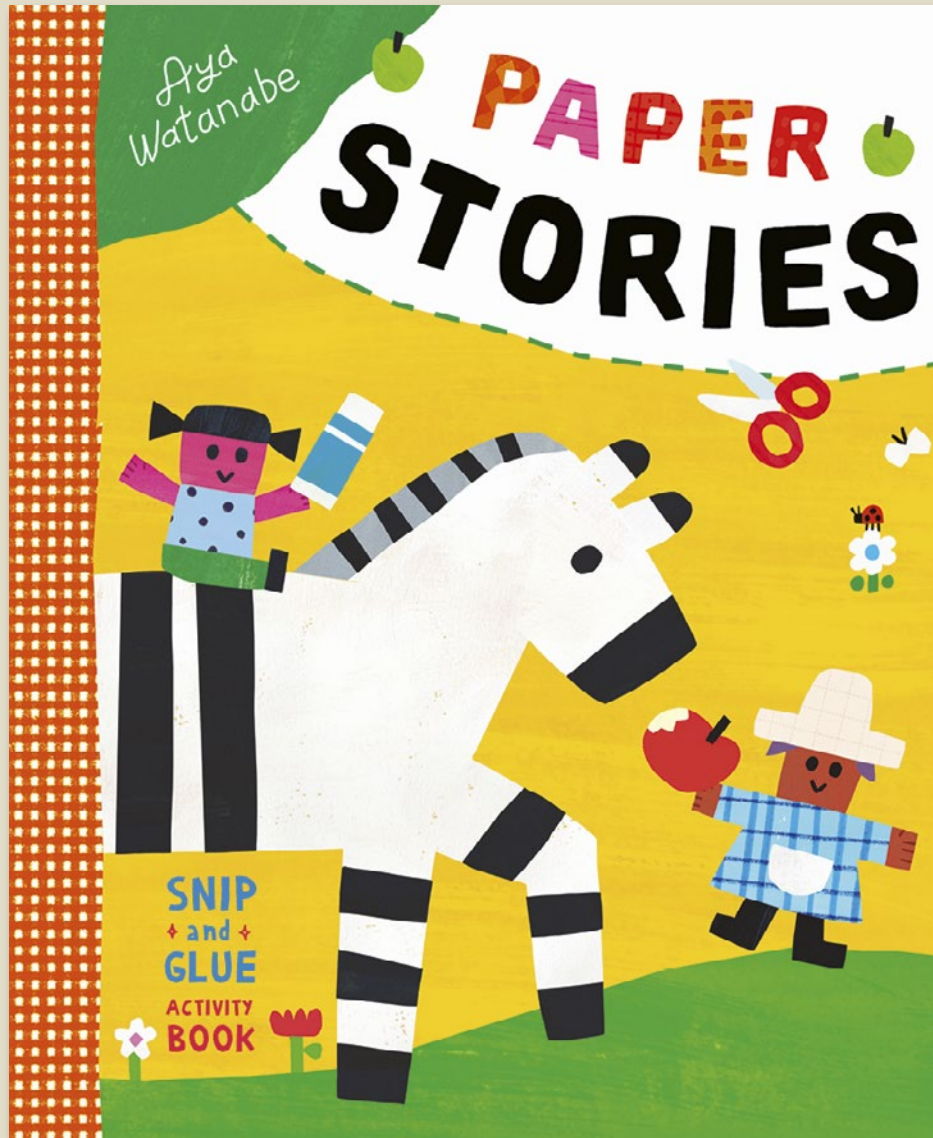
- Simple and engaging prompts encourage children to complete the scenes using craft paper in the back of the book.
- A perfect introduction to different animals and wildlife, ripping and gluing also helps children develop their fine motor control skills and keeps little hands busy for hours.
- Inspires children to create art from materials they have on hand, bringing paper to life in delightful and unexpected ways.
- Vibrant artwork from rising talent, Japanese illustrator Aya Watanabe. Other books for Templar include the wonderfully creative *Imagine if* board book series.

Paper Adventures



Pub Date	30/05/2024
Pub Price	£7.99
ISBN	9781800788145
H x W	280 x 235mm
Binding	Paperback
Age Range	7-9 years
Author	Aya Watanabe
Extent	64pp
Word Count	550 words
Rights Available	World ex IT,CN,N. AMERICA

Paper Stories



A snip-and-glue activity book perfect for creative little hands.

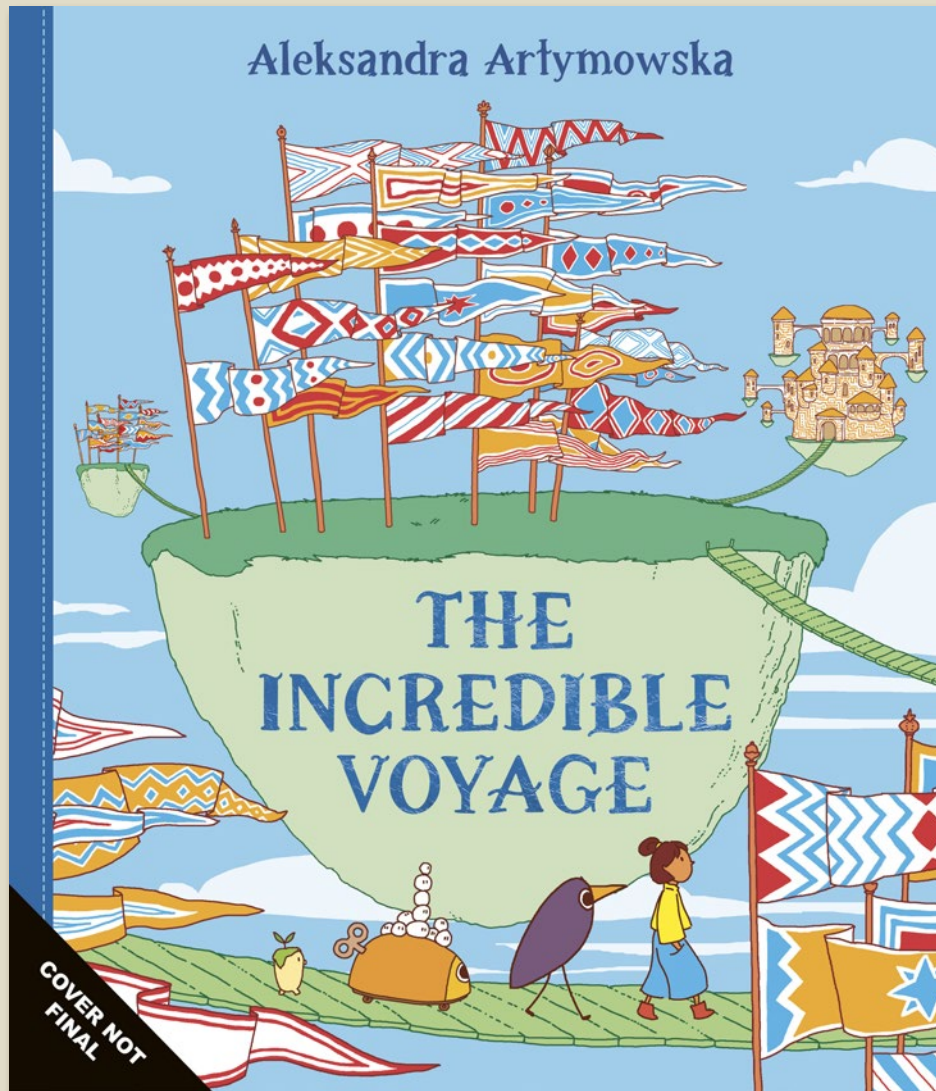
- Simple and engaging prompts encourage children to complete the scenes.
- The second book in the series, cutting and sticking helps practice and improve fine motor control skills whilst each scene is a fantastic story prompt for children's imagination.
- Vibrant artwork from rising talent, Japanese illustrator Aya Watanabe. Other books for Templar include the wonderfully creative *Imagine if* board book series.

Paper Stories



Pub Date	01/08/2024
Pub Price	£7.99
ISBN	9781800788152
H x W	280 x 235mm
Binding	Paperback
Age Range	7-9 years
Author	Aya Watanabe
Illustrator	Aya Watanabe
Extent	64pp
Freight On Board	30/05/2024
Rights Available	World ex IT,CN,N. AMERICA

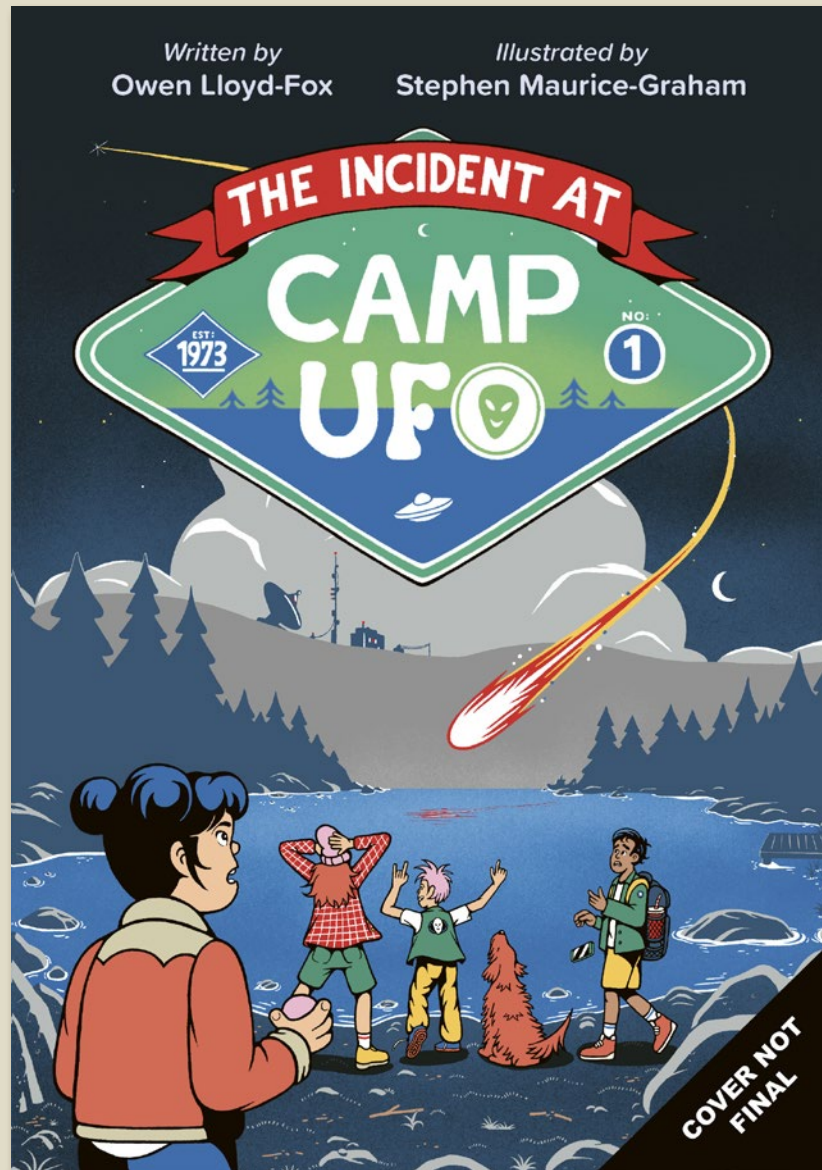
The Incredible Voyage



Embark on an incredible adventure in a magical land this beautifully whimsical puzzle book.

- A beautifully whimsical puzzle book, mixing the fun and interactivity of puzzles with an epic adventure story. Perfect for unlocking the joy of reading.
- Written and illustrated by Aleksandra Artymowska, illustrator of bestselling *Around the World in 80 Puzzles* and *20,000 Leagues Under the Sea: A Puzzle Adventure*. Ola's puzzle books have sold over 100,000 copies worldwide.
- Featuring a strong female protagonist who shows that bravery and a sense of adventure isn't only for boys.

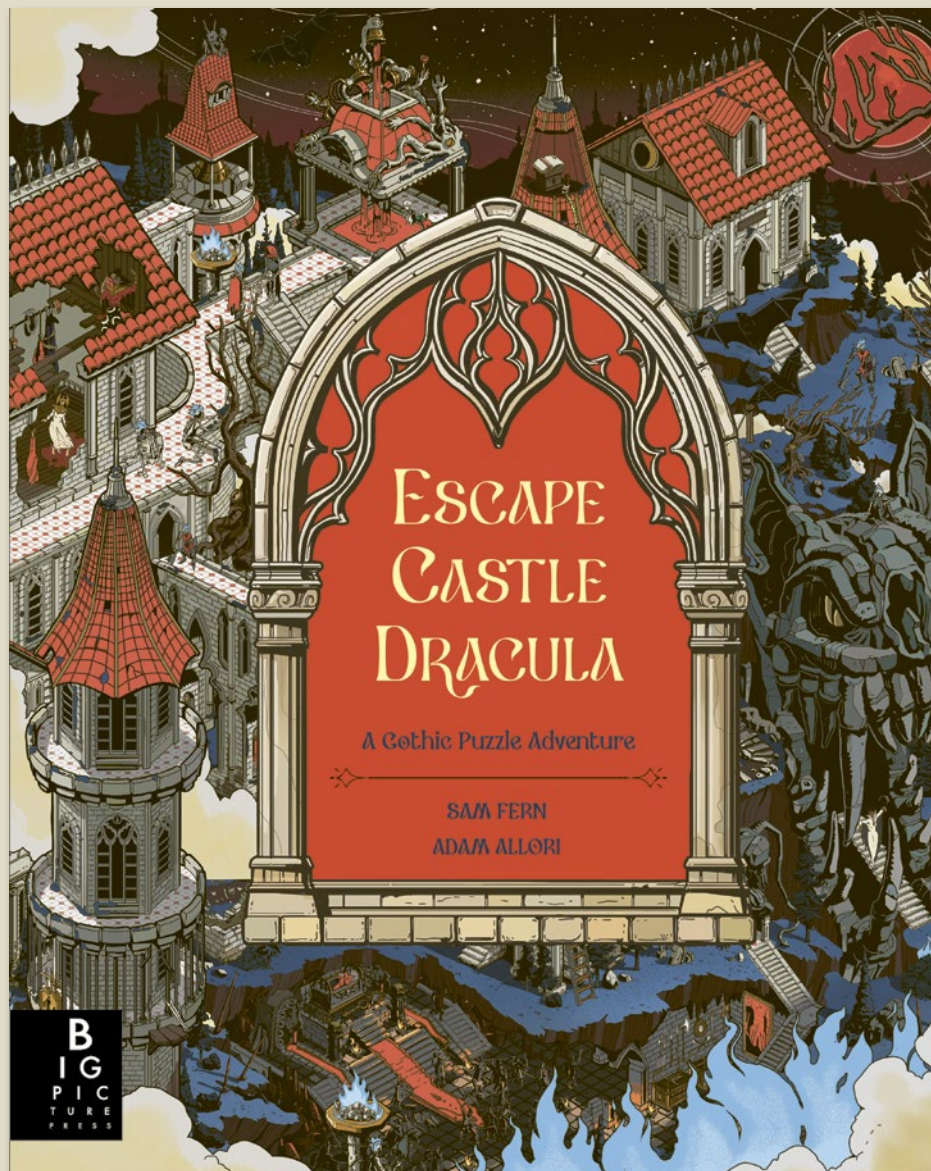
The Incident at Camp UFO



Unravel cryptic clues, solve fiendish puzzles, avoid the Shini-ta aliens at all costs and help the gang uncover the incident at Camp UFO!

- A brand-new adventure puzzle book series complete with graphic novel style illustrations. Perfect for fans of Bunny vs. Monkey, Stranger Things and gaming enthusiasts. A must-have for reluctant readers.
- Featuring a strong cast of characters with authentic stories from diverse backgrounds, including South and South East Asia, plus a non-binary character with partial hearing loss.

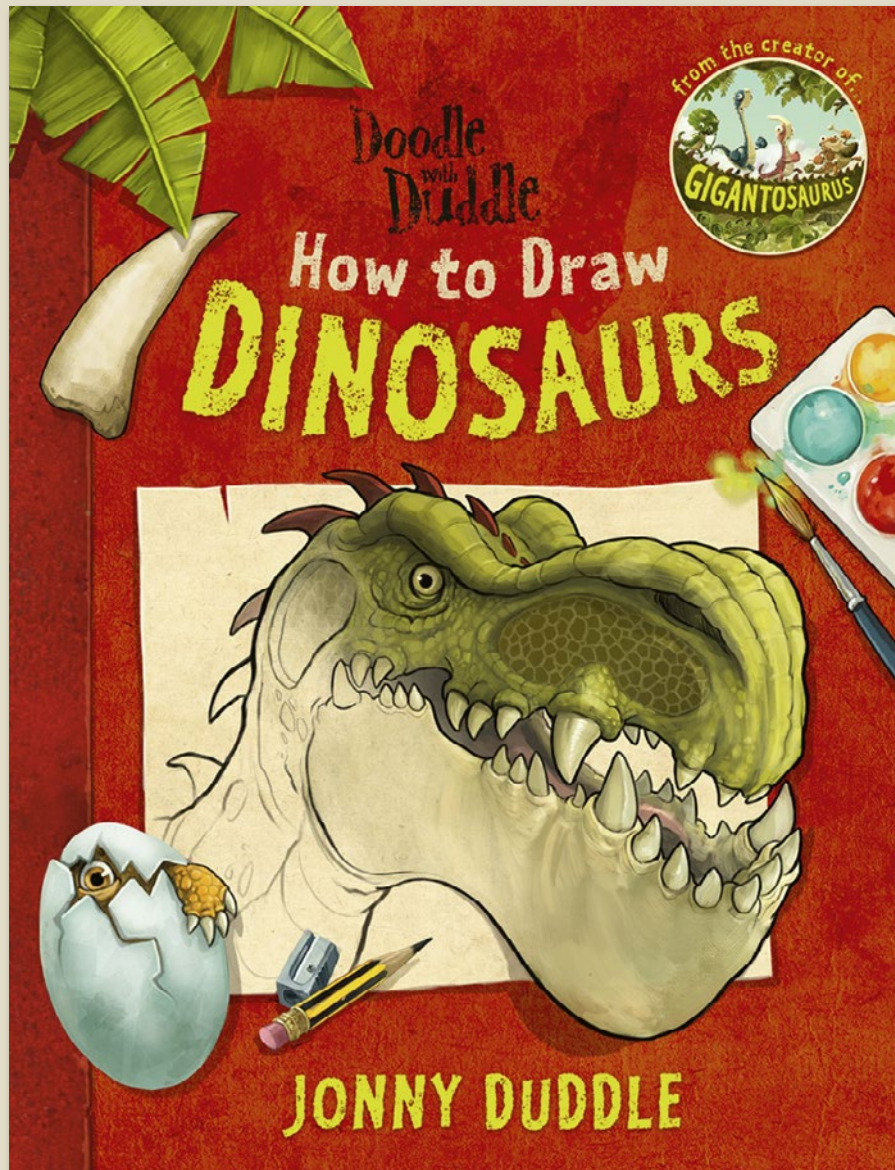
Escape Castle Dracula



A stunningly illustrated gothic puzzle adventure!

- Expanding our high-end activity offering - a core part of the Big Picture Press list
- Perfect for introducing readers to classic horror stories
- A fresh approach to an evergreen, universal subject
- Adam Allori's immersive artwork will appeal to readers of all ages
- Strong backlist and series potential - our follow up title could focus on classic adventure stories

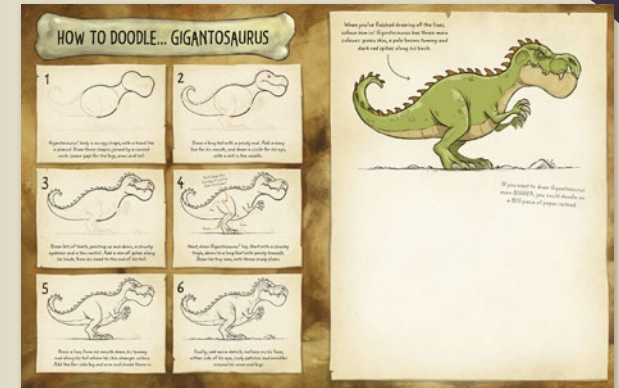
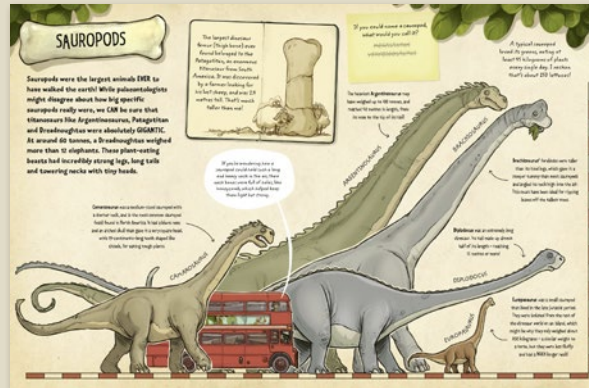
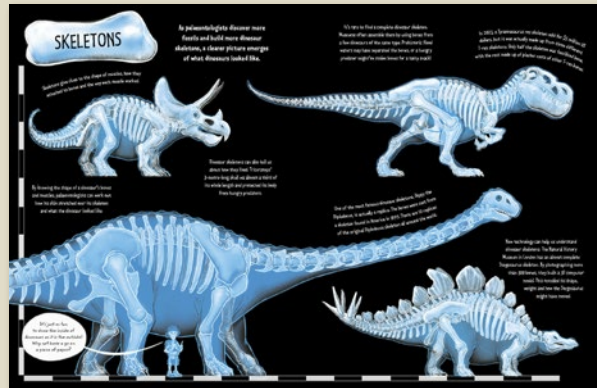
Doodle with Duddle: How to Draw Dinosaurs



Embark on a dinosaur-doodling adventure with expert illustrator and *Gigantosaurus* creator, Jonny Duddle!

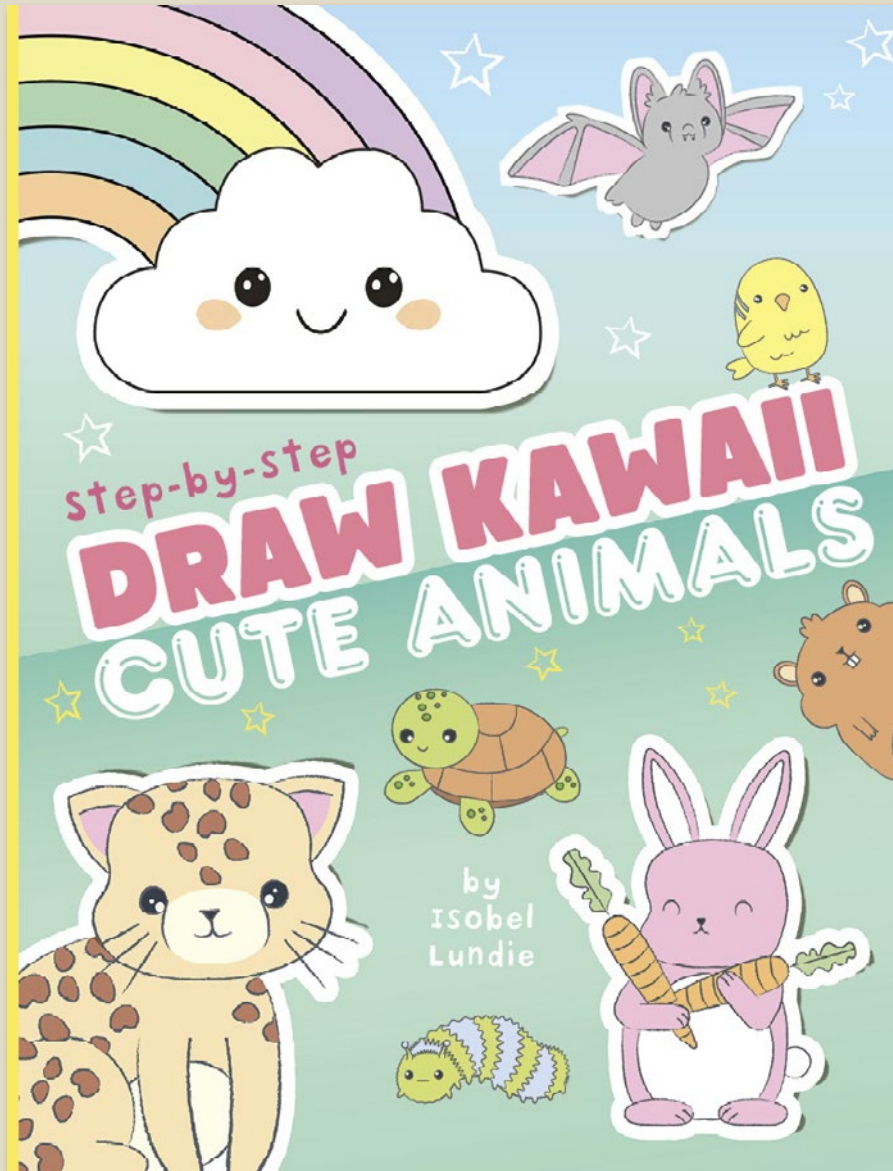
- Step-by-step instructions from expert illustrator Jonny Duddle, showing how to draw a range of real-life dinosaurs and characters from his original books - perfect for Giganto super-fans and dino-loving kids alike
- Over 2 million Jonny Duddle books sold worldwide, including over 150,000 copies of the original *Gigantosaurus* book.
- A new strand using the original *Gigantosaurus* material, expanding the brand's reach beyond the TV show
- Published to celebrate 10 years of *Gigantosaurus*.

Doodle with Duddle: How to Draw Dinosaurs



Pub Date	20/06/2024
Pub Price	£8.99
ISBN	9781800784376
H x W	280 x 215mm
Binding	Paperback
Age Range	5-7 years
Author	Jonny Duddle
Illustrator	Jonny Duddle
Extent	64pp
Freight On Board	17/05/2024
Rights Available	World

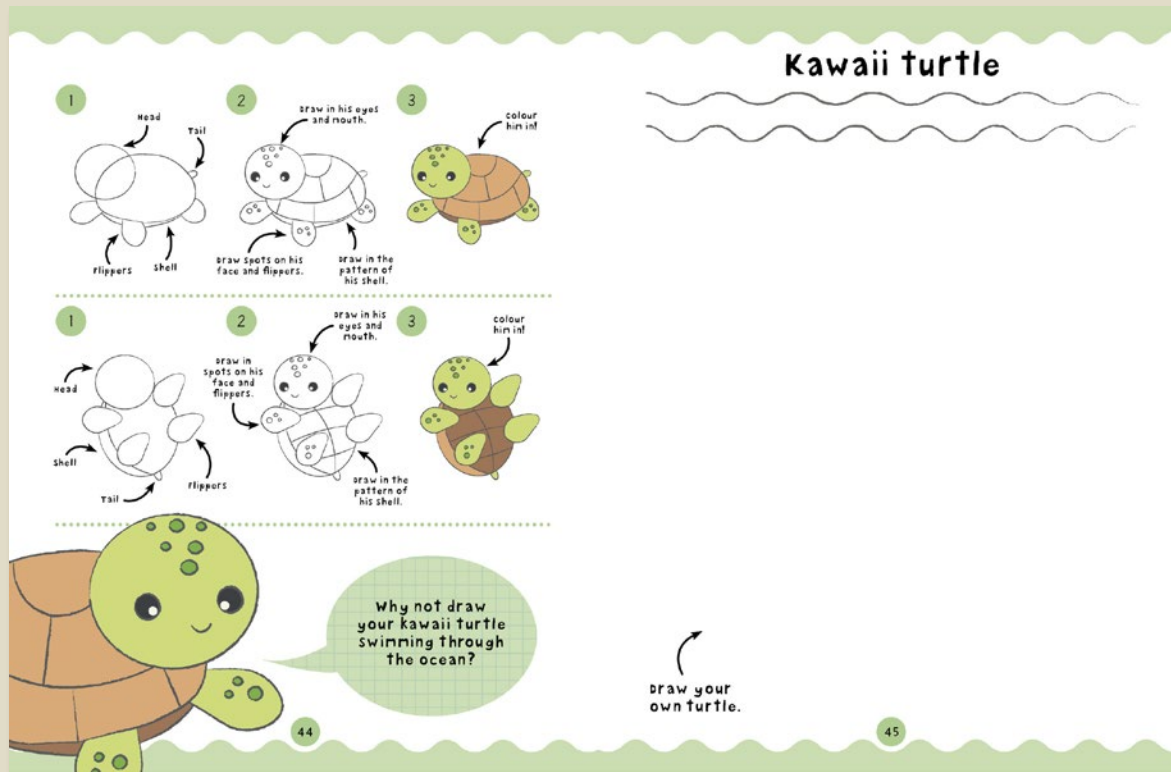
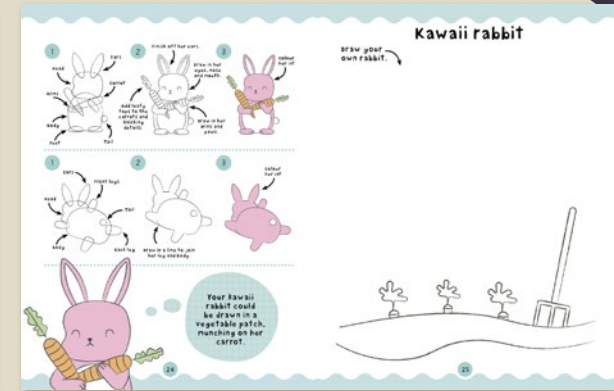
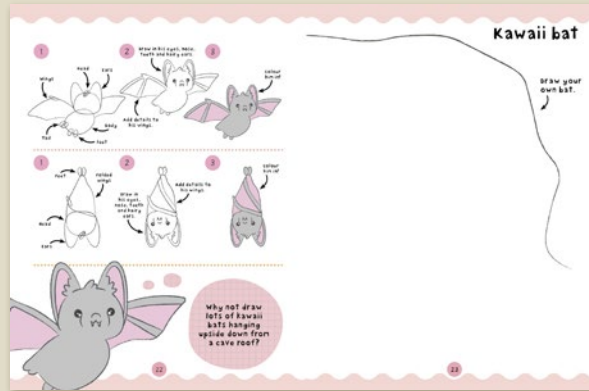
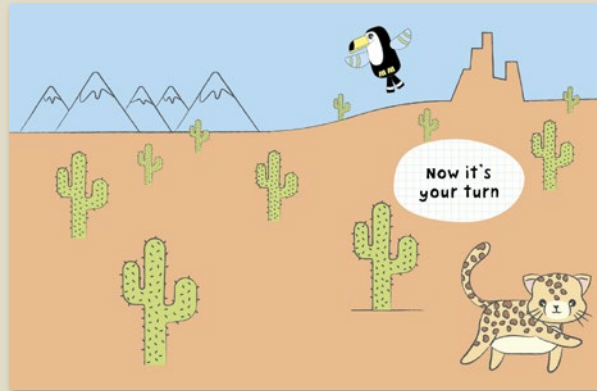
Draw Kawaii: Cute Animals



Introduce your child to the charming world of kawaii!

- Easy to follow instructions and guides throughout.
- Learn how to draw a range of different cute kawaii animals - perfect for young girls in particular.
- A brilliant beginners guide to introduce children to different drawing techniques, mediums and art styles, helping them to gain confidence.

Draw Kawaii: Cute Animals



Pub Date	04/07/2024
Pub Price	£7.99
ISBN	9781800789937
H x W	246 x 189mm
Binding	Paperback
Age Range	7-9 years
Author	Isobel Lundie
Extent	64pp
Freight On Board	02/05/2024
Rights Available	World

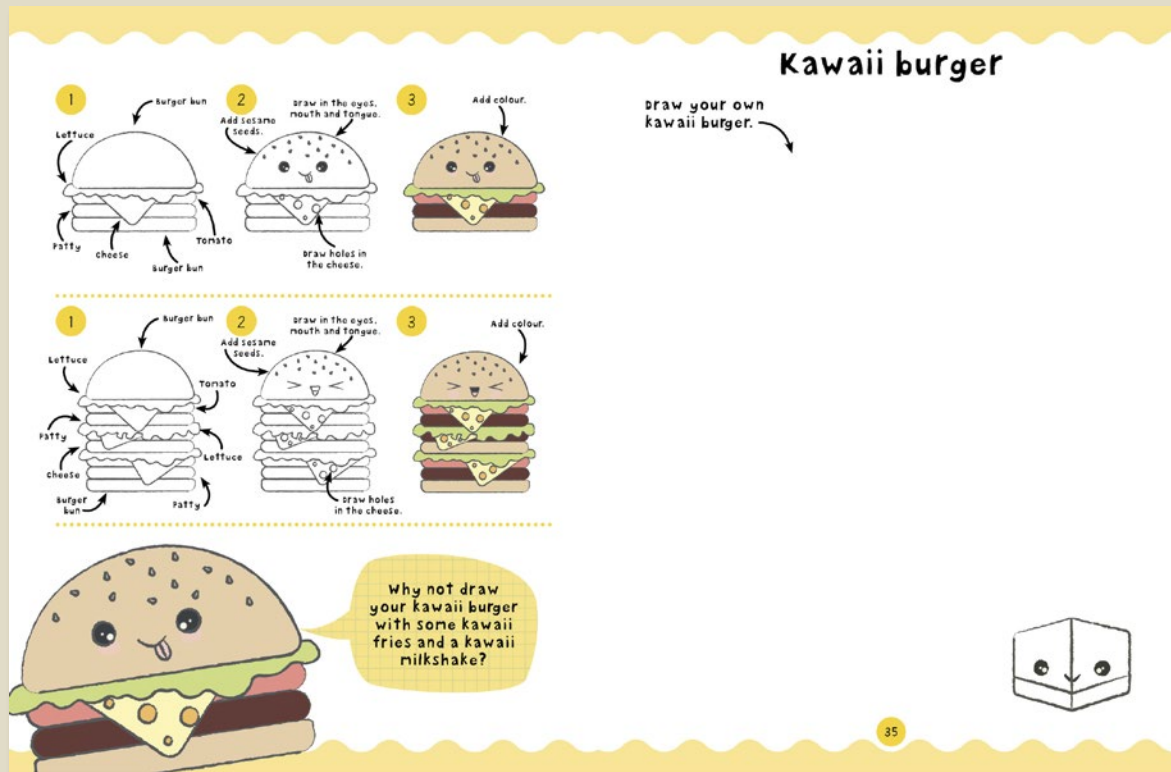
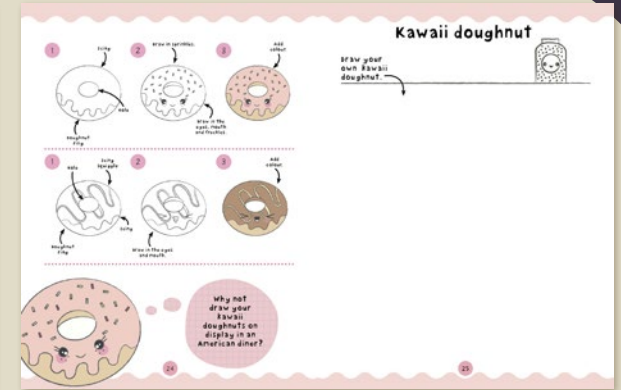
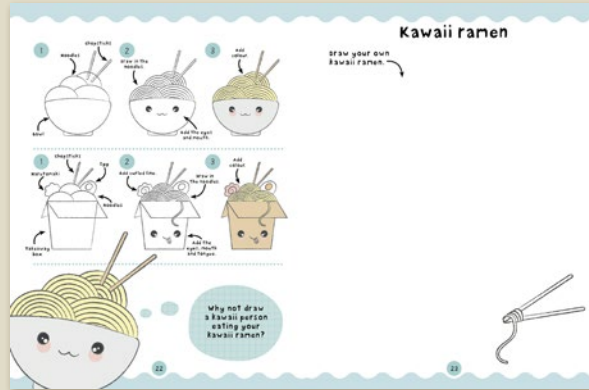
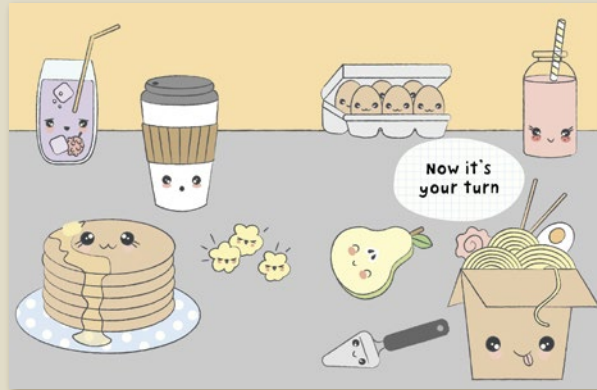
Draw Kawaii: Cute Food



Welcome to the charming world of kawaii!

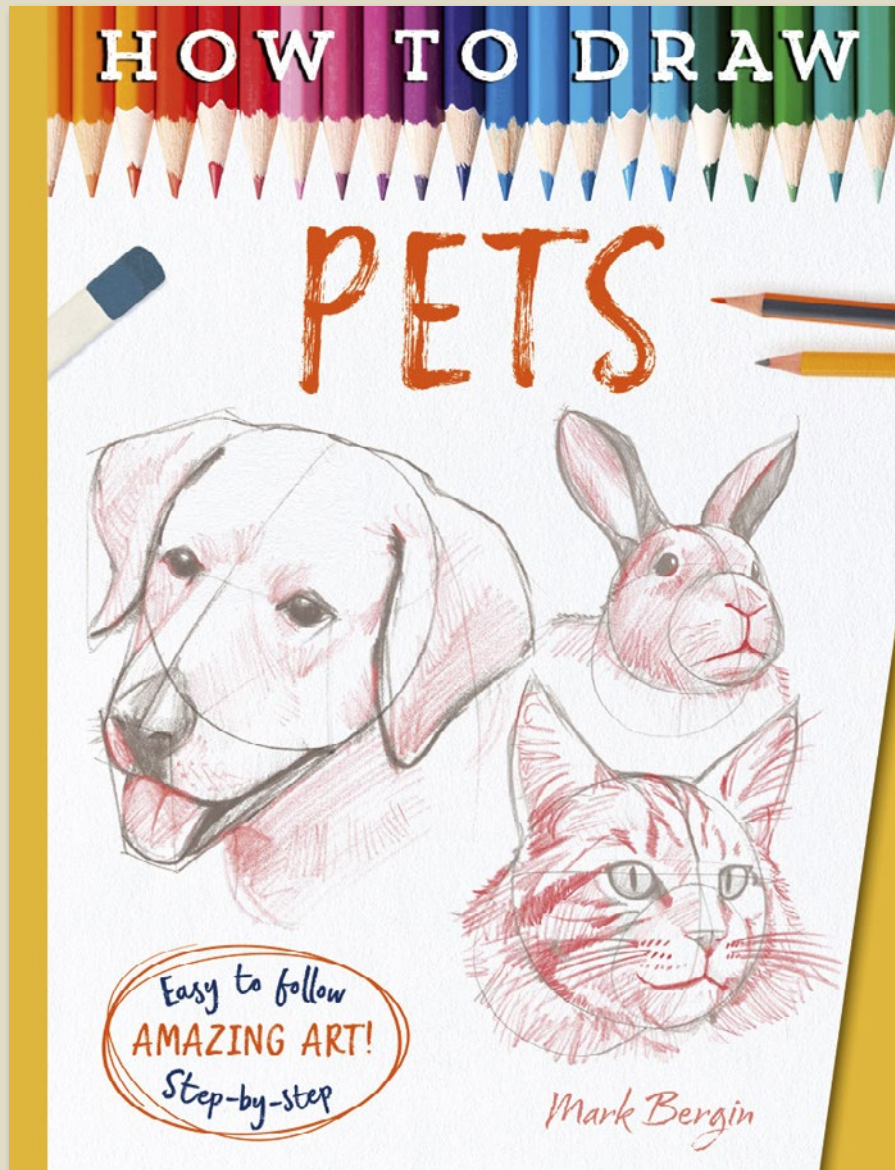
- Easy to follow instructions and guides throughout.
- From fries to cupcakes, learn how to draw a range of different cute kawaii food - perfect for young girls in particular!
- A brilliant beginners guide to introduce children to different drawing techniques, mediums and art styles, helping them to gain confidence.

Draw Kawaii: Cute Food



Pub Date	04/07/2024
Pub Price	£7.99
ISBN	9781800789944
H x W	246 x 189mm
Binding	Paperback
Age Range	7-9 years
Author	Isobel Lundie
Extent	64pp
Freight On Board	02/05/2024
Rights Available	World

How To Draw Pets



A step-by-step guide to drawing your furry friends

- Easy to follow instructions, simple steps and diagrams throughout.
- Learn to draw 9 different pets, from dogs and cats to parrots, snakes and bearded dragons!
- Perfect beginners guide to introduce children to art. Ideal for 9 to 12 year olds.
- Continue the series with 55 other How to Draw titles available!

How To Draw Pets

Heads, paws and claws

Pets have many different types of heads, paws and claws. Studying and sketching the detailed features of a pet will help you with your final drawings.

Quick pencil sketches can help you to understand the structure of paws and claws.

Look for areas where hair should be darker and also for changes of texture.

The more you study a subject and your final drawing is the more accurate your drawing will become.

Always consider the light source and add tone to the darker areas.

10

Using photos

Drawing from photographs of pets can help you develop both your drawing skills and your eye for detail.

Make a tracing of a photograph and line up all of the important lines.

Use this as a guide to draw your own pet. You can use the grid to help you get the proportions and line positions right. You can also use the grid to help you get the proportions and line positions right. You can also use the grid to help you get the proportions and line positions right.

12

Dog

Dogs are often kept as domestic pets but some, like sheepdogs, are used for work.

Draw a circle for the head. These two circles for the legs are the same size as the circle for the head.

Draw the dog's body, adding its neck and tail.

Sketch in the dog's legs, adding its feet and claws.

Sketch in the dog's head, adding its ears and eyes.

18

Rabbit

Rabbits are popular pets that are usually kept outside in a hutch.

Draw a circle for the head and two ovals for the shoulders and rear.

Draw two long connecting curved lines.

Add two front legs using straight lines, and use half circles for the front paws.

Sketch in the basic shape of the rear legs and paws.

Position the rabbit's ears on its head.

Add a little round tail.

Add the head details: draw in the ears, eyes, small nose and mouth.

Add tone to the rabbit's body to give the impression of fur.

Add shading to areas where the light would not reach.

20

Pub Date	28/03/2024
Pub Price	£6.99
ISBN	9781800787650
H x W	280 x 215mm
Binding	Paperback
Age Range	9-11 years
Author	Mark Bergin
Illustrator	Mark Bergin
Extent	32pp
Word Count	2955 words
Rights Available	World

How To Draw Dragons



A step-by-step guide to drawing dragons

- Easy to follow instructions, simple steps and diagrams throughout.
- Learn to draw a range of different dragons and mythical beasts in all their intricacy!
- Perfect beginners guide to introduce children to the art of drawing. Ideal for children and dragon enthusiasts 9 to 12 years old.
- Continue the series with 55 other How to Draw titles available!

How To Draw Dragons

Birth of a dragon

A baby dragon hatches from an egg. Draw the dragon emerging from the cracked egg.

1. Draw a large oval for the egg.

2. Draw an oval shape for the dragon's head.

3. Draw the shape of the horns on the head.

4. Draw the position of the eyes and nostrils.

5. Draw the lines leading over the edge of the cracked shell.

6. Add a piece of broken egg shell behind the egg.

7. Complete the head and wings.

8. Add scales to the dragon's neck.

9. Draw some detail into the wings and tail area.

10. Use straight lines to create scales down the shell.

11. Add shading to the egg to give it a three-dimensional effect.

Tip: The dragon's scales are made up of small scales. You can use the tip of your pencil to draw the scales on the dragon's body.

The wise dragon

The ancient dragon offers wise advice and might to those brave enough to ask!

1. Draw a circle for the head.

2. Draw a neck for the head.

3. Draw a large oval for the body.

4. Draw a large oval for the body.

5. Add long curved lines extending out from the body to become the tail.

6. Draw some detail into the wings.

7. Draw some detail into the wings.

8. Draw the shape of the horns on the head.

9. Add a small figure standing next to the dragon for scale.

10. Use long curved lines to draw the shape of the dragon's wings.

11. Draw a line of pointed scales running down the dragon's back.

12. Finish off the detail of the wings.

13. Add the body skin.

14. Add a small figure standing next to the dragon for scale.

15. Add a small figure standing next to the dragon for scale.

Perched dragon

This dragon is perched on a large rock waiting patiently for its next victim to appear.

1. Draw a circle for the head.

2. Draw a curved line for the dragon's neck.

3. Draw a line to indicate the belly.

4. Add on the back each scale.

5. Add detail to the dragon's head, remembering to draw the eyes and nostrils.

6. Draw the long lines extending to a point for the tail.

7. Draw the scaly, veined skin of the wings.

8. Draw the scaly, veined skin of the wings.

9. Draw the scaly, veined skin of the wings.

10. Draw the scaly, veined skin of the wings.

11. Draw the scaly, veined skin of the wings.

12. Draw the scaly, veined skin of the wings.

13. Draw the scaly, veined skin of the wings.

14. Draw the scaly, veined skin of the wings.

15. Draw the scaly, veined skin of the wings.

Sleeping dragon

A dragon sleeping peacefully in its den makes for a very interesting composition.

1. Start by drawing a large oval for the body.

2. Draw two curved lines for the neck.

3. Draw a circle for the head.

4. Draw simple shapes for the legs.

5. Draw a long curved line to indicate the dragon's spine and tail.

6. Draw the basic shape of the face using straight lines.

7. Start to add the shape of the tail.

8. Sketch the structure of the wings.

9. Draw the horns around the head.

10. Add the eyes and nostrils.

11. Add simple shapes for the feet.

12. Sketch in a simple shape for each foot.

13. Add three toes and talons.

14. Finish the claw off by adding skin detail.

15. Draw in the leathery, veined skin of the wings.

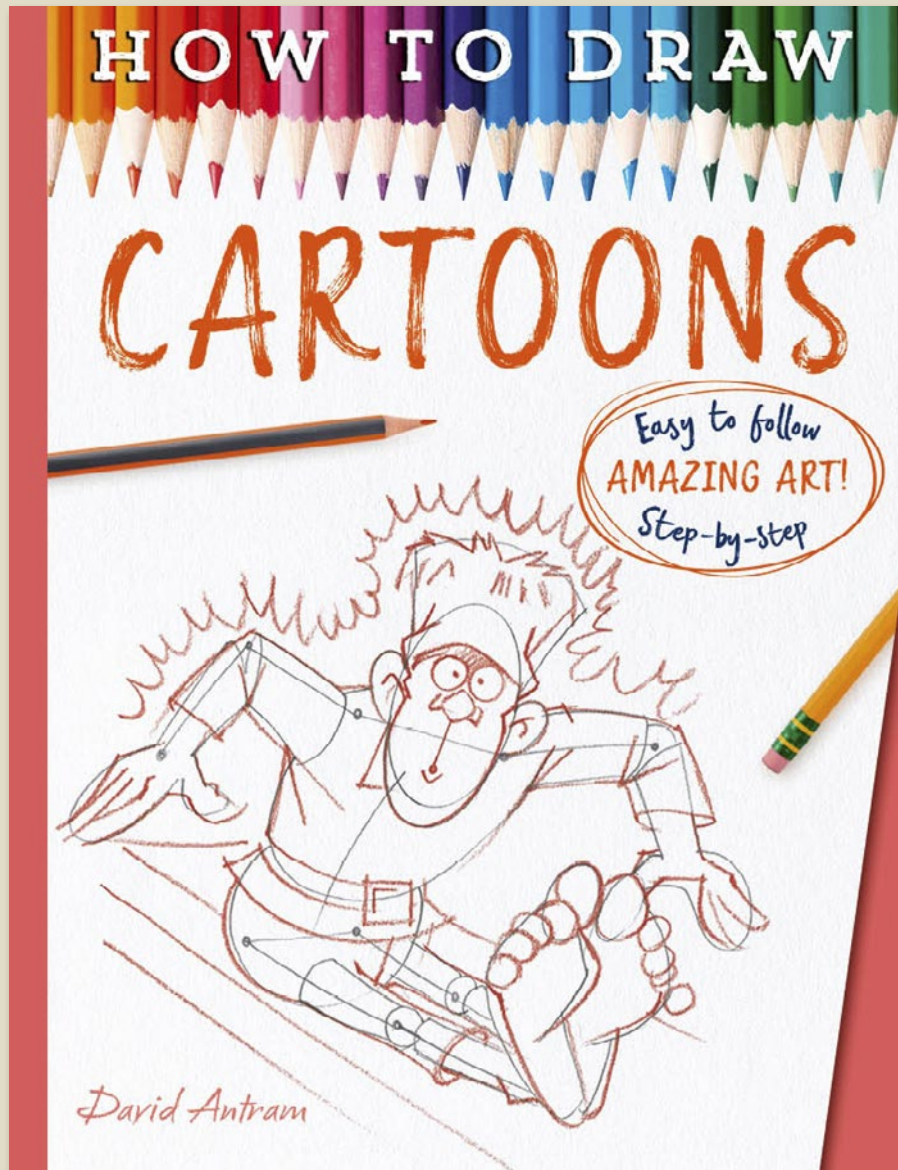
16. Add in the scales.

17. Add some ground or treasure under the dragon.

18. Complete all facial details like teeth and eyes.

Pub Date	28/03/2024
Pub Price	£6.99
ISBN	9781800787667
H x W	280 x 215mm
Binding	Paperback
Age Range	9-11 years
Author	Bergin Mark Bergin
Extent	32pp
Word Count	2849 words
Rights Available	World

How To Draw Cartoons



A step-by-step guide to drawing cartoons

- Easy to follow instructions, simple steps and diagrams throughout
- Learn to draw a range of cartoon characters and scenes, encouraging children to get creative and make their own stories
- Perfect beginners guide to introduce children to art. Ideal for 9 to 12 year olds.
- Continue the series with 55 other How to Draw titles available!

How To Draw Manga



A step-by-step guide to drawing manga

- Easy to follow instructions, simple steps and diagrams throughout.
- Learn to draw Manga from scratch and kickstart your comic journey
- Manga and Japanese illustration styles are increasingly popular among all ages, so this is the perfect beginners guide for children and adults alike to fine tune their skills.
- Continue the series with 55 other How to Draw titles available!

How To Draw Manga

Heads

Manga heads have a distinct style and shape. This is the basic shape of a head from the side and front views.

A simple side view of a head:

Start with a line to help you to proportion your drawing. Draw an oval to form the head of the face. Add a triangle above for the forehead. Draw in the profile of the nose and mouth. Add a line to show the ear on the back of the head. Sketch in the curve of the chin. Add the nose and the corner of the eye. Draw in the ear and jawline. Complete the definition of the profile. Finish any final details.

A simple front view of a head:

First draw a large oval for the face. Draw two horizontal lines for the forehead and a vertical line through its centre. Add two small ovals on the horizontal line for the eyes. On the vertical line mark in the position of the forehead, the nose and the mouth. Draw in the jawline. Add two small ovals for the ears. Make the chin more angular by drawing a curved line from each ear to the centre of the nose. Draw in the curved shape of the eyes. Add the mouth nose and mouth. Draw in the hair using jagged lines and add shading to the eyes. Finish off by adding any missing construction lines.

Martial arts

Manga figures are often shown in action, performing martial arts moves.

These two lines indicate the position and angle of the shoulder and hip. Draw the line for the spine. Draw straight lines to position the torso. Add an overlapping oval for the body and another for the legs. Indicate the torso with dots. Sketch in the position of the facial features. Add circles for the hands.

Draw in the shape of the fingers. Add the hair to the head. Make it look as if it has been flung upwards by the blast. Start drawing in the clothes. Make sure they go around the body. Indicate the finger joints. Finish drawing in the shape of the shoes. Draw curved lines with patches of tone for the smoke. Draw in ragged and torn details to the clothing to add a sense of drama. Add shading where light would not reach. Draw straight lines coming from the explosion for a dramatic effect.

Dynamic backgrounds: A dynamic background can give your drawing more impact. Try drawing straight lines coming out from the figure to give this look more life!

Kimono girl

This girl is in a kneeling position and is dressed in a traditional oriental kimono. The draped folds of the costume can be challenging to draw.

Draw the face in a kneeling position and is dressed in a traditional oriental kimono. The draped folds of the costume can be challenging to draw. Draw the face in a kneeling position and is dressed in a traditional oriental kimono. The draped folds of the costume can be challenging to draw. Add the shape of the face. Draw in the shape of the eyes. Add shading to the face. Draw in the hair. Add shading to the hair. Draw in the kimono. Add shading to the kimono. Draw in the obi. Add shading to the obi. Draw in the feet. Add shading to the feet. Finish the drawing.

Explosive action!

This character is being thrown through the air by an explosion. This pose captures a sense of action and excitement!

Sketch in ovals for the head, body, hips, hands and feet. Draw straight lines with dots at the joints for each of the limbs. Draw two lines to indicate the position and angle of the shoulders and hips. Draw in the shape of the arms using simple tube shapes. The construction lines will help you to position the limbs and joints correctly. Add the shape of the legs using simple tube shapes. The legs are different sizes due to the exaggerated pose and perspective. Add more detail to the shape of the feet.

Draw in the shape of the fingers. Add the hair to the head. Make it look as if it has been flung upwards by the blast. Start drawing in the clothes. Make sure they go around the body. Indicate the finger joints. Finish drawing in the shape of the shoes. Draw curved lines with patches of tone for the smoke. Draw in ragged and torn details to the clothing to add a sense of drama. Add shading where light would not reach. Draw straight lines coming from the explosion for a dramatic effect.

Pub Date	28/03/2024
Pub Price	£6.99
ISBN	9781800787681
H x W	280 x 215mm
Binding	Paperback
Age Range	9-11 years
Author	Antram David David Antram
Extent	32pp
Word Count	3490 words
Rights Available	World

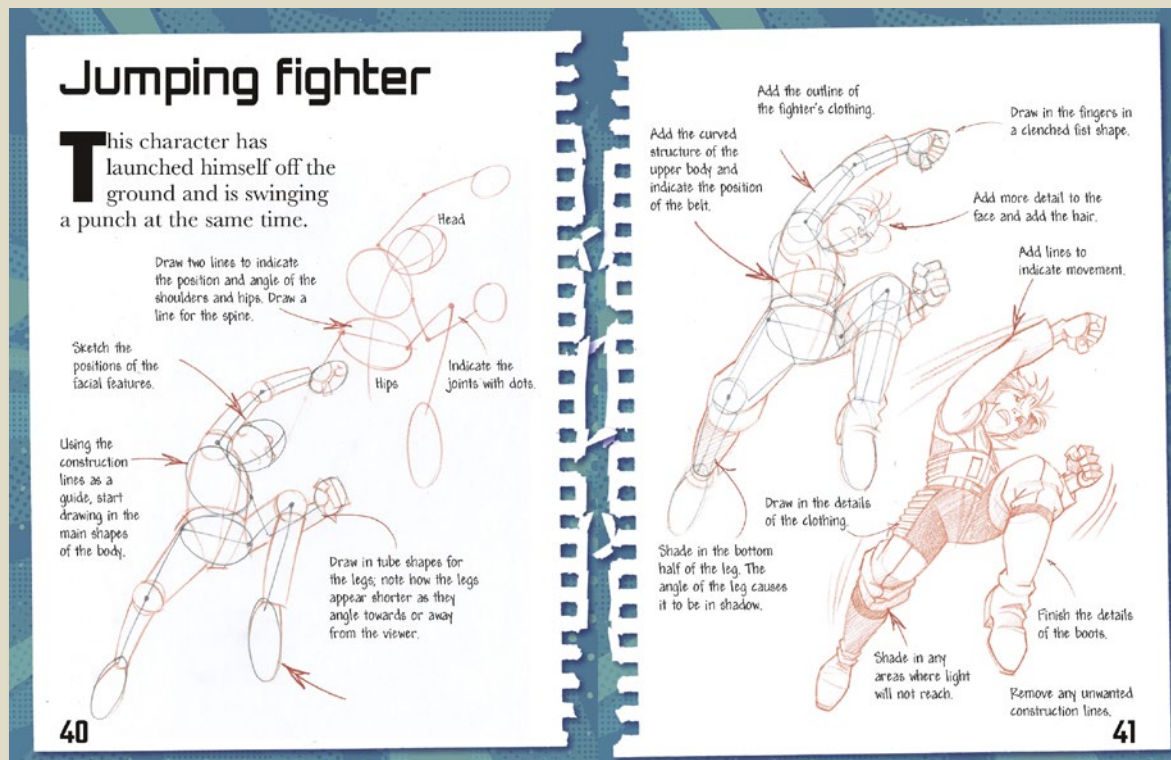
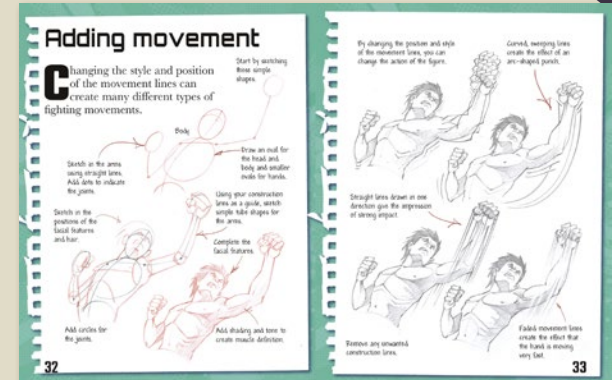
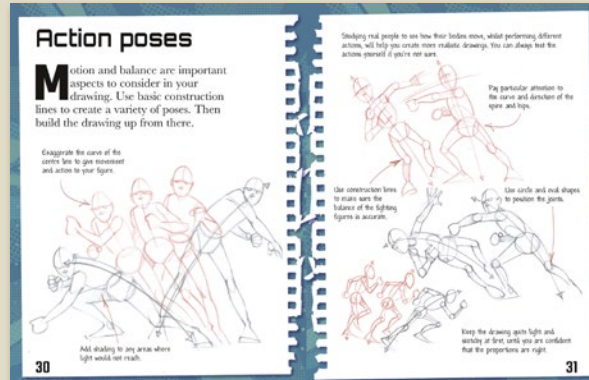
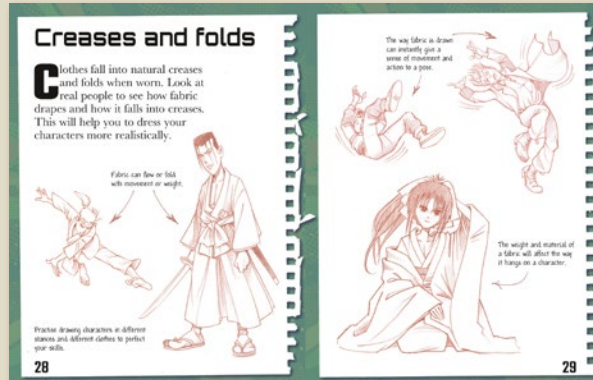
Art of Drawing Manga: Action and Movement



A step-by-step guide to manga style drawing

- Easy step-by-step instructions, perfect for beginners to grow their confidence.
- Manga has established itself as a hugely popular art style among both teenagers and adults.
- Teaches aspiring artists all the basics including which materials to use when, values of light and dark, and how to use perspective in their drawings.

Art of Drawing Manga: Action and Movement



Pub Date	01/03/2020
Pub Price	£8.99
ISBN	9781800789050
H x W	225 x 175mm
Binding	Paperback
Age Range	9-11 years
Author	Marlborough Max Marlborough
Illustrator	David Antram
Extent	64pp
Word Count	5125 words
Rights Available	World

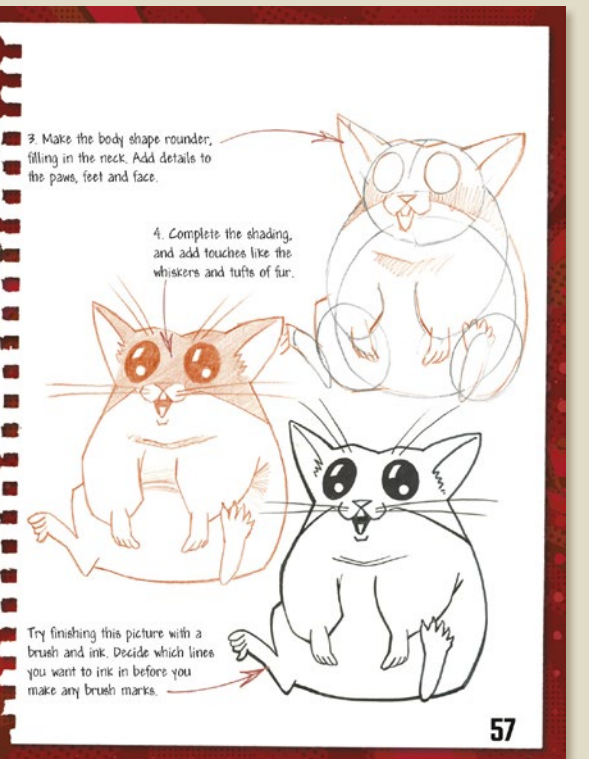
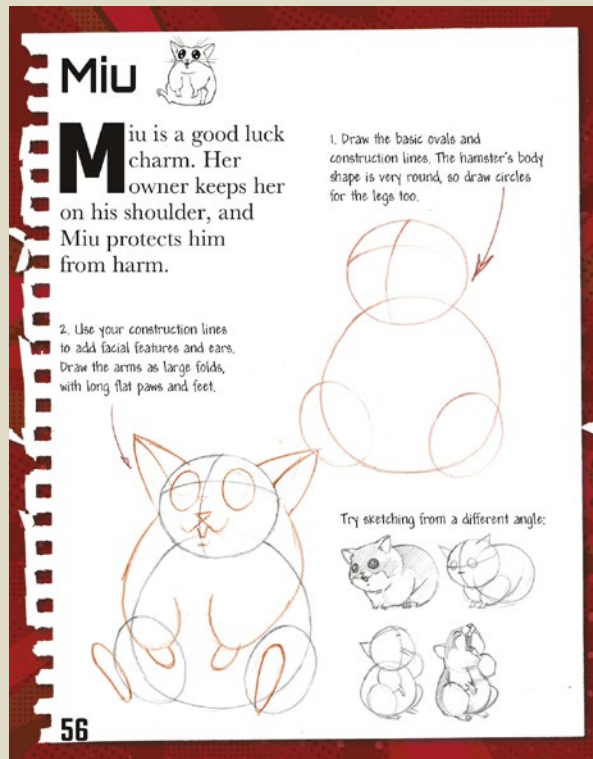
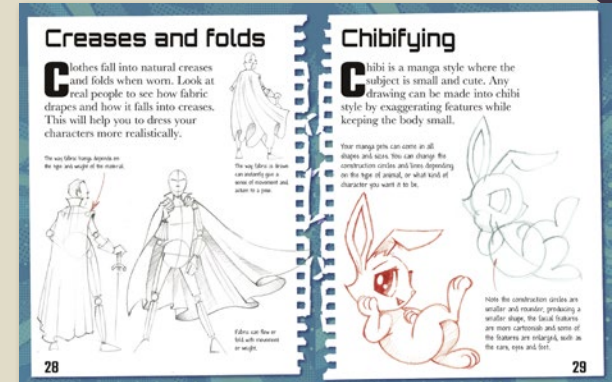
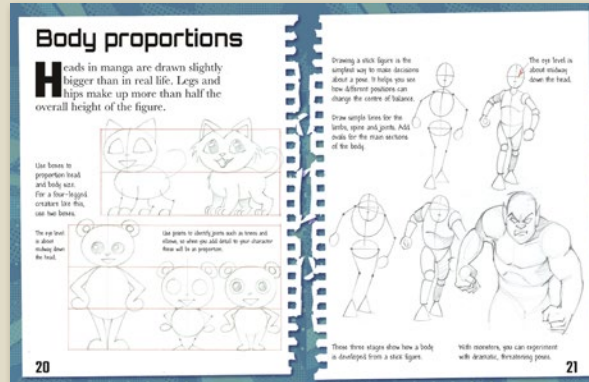
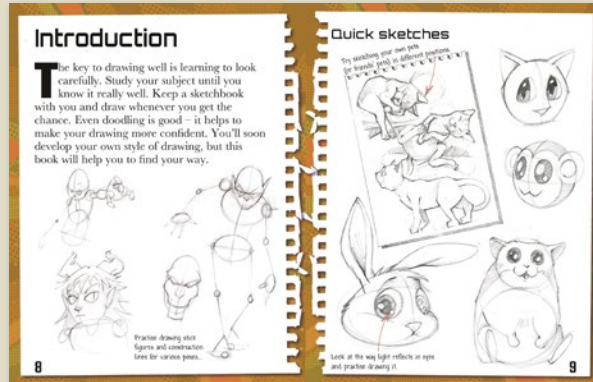
Art of Drawing Manga: Monsters and Pets



An easy step-by-step guide to drawing manga creatures!

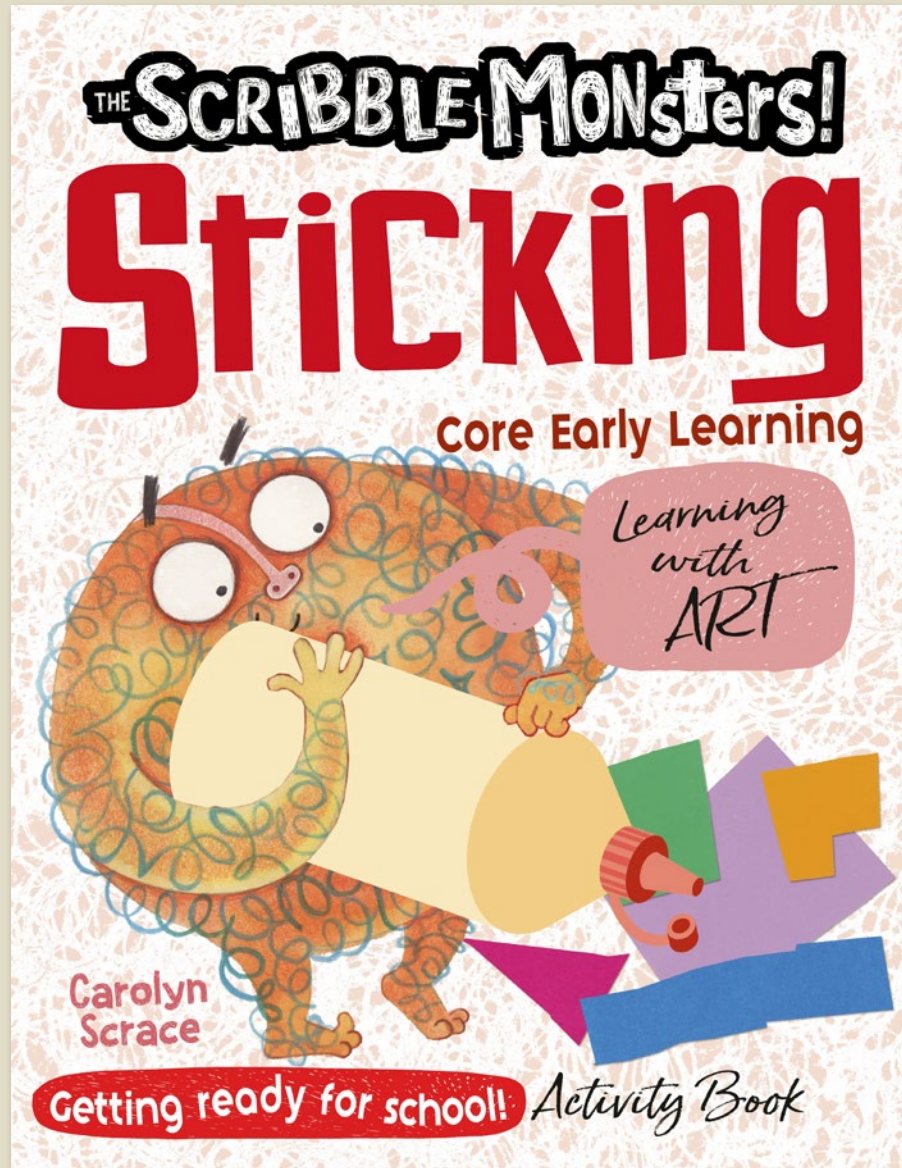
- An easy, accessible step-by-step guide that makes creating masterpieces easy.
- Manga has established itself as an incredibly popular art style amongst both children and adults.
- This book also teaches readers all the basics, including which materials to use when, values of light and dark, and how to use perspective in their drawings.
- The perfect gift for both manga lovers and animal enthusiasts alike!

Art of Drawing Manga: Monsters and Pets



Pub Date	01/01/2019
Pub Price	£8.99
ISBN	9781800789067
H x W	225 x 175mm
Binding	Paperback
Age Range	9-11 years
Author	Marlborough Max Marlborough
Extent	64pp
Word Count	5025 words
Rights Available	World

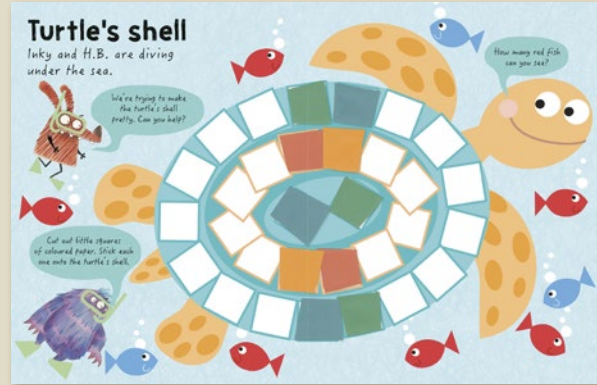
Scribble Monsters!: Sticking



An exciting cutting and sticking activity book for children aged 5-7 years!

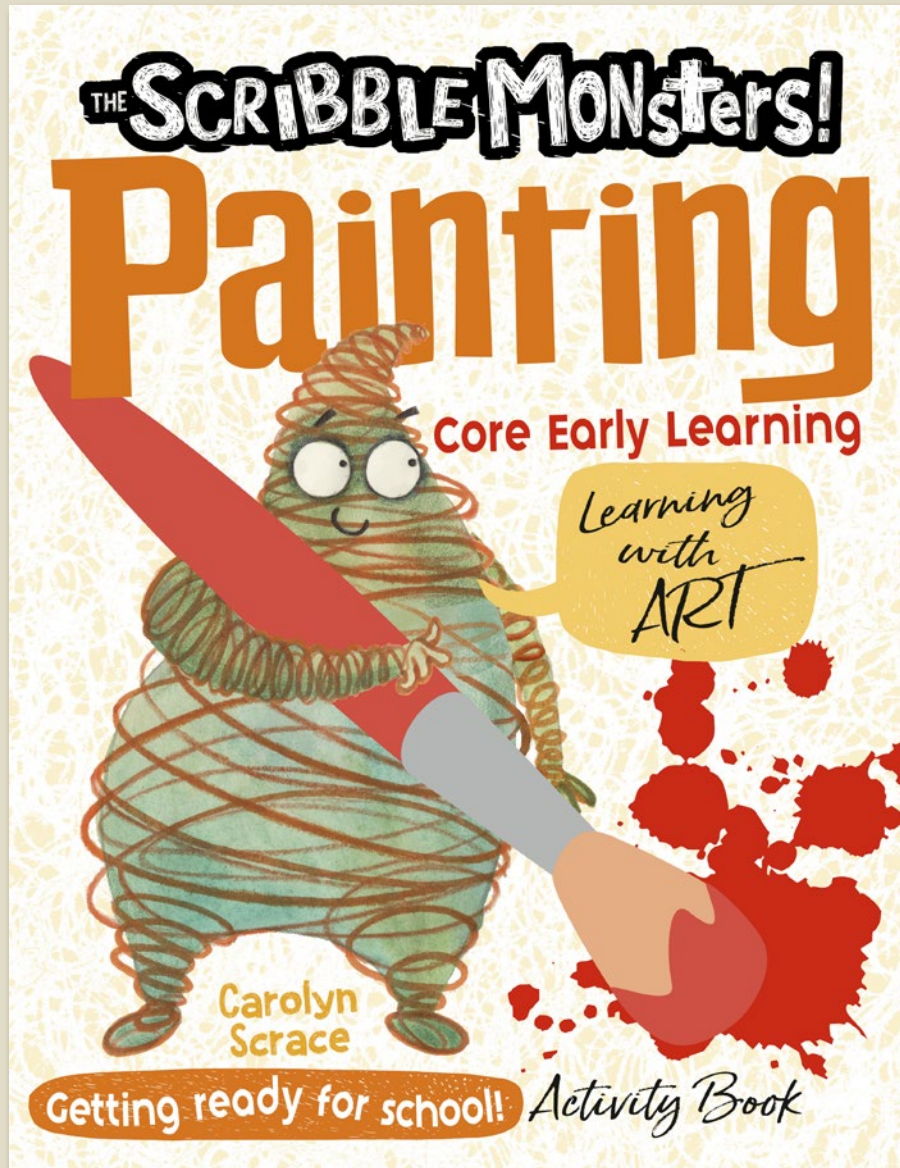
- Improves manual dexterity, visual spatial awareness and co-ordination skills in little ones.
- Introduces children to concepts of shape, colour, size and pattern.
- Engaging, simple prompts encourage children to complete the scenes throughout the book.
- Inspires children to create art from materials they already have at home, such as scrap paper, producing unexpected masterpieces and expanding imaginations.

Scribble Monsters!: Sticking



Pub Date	01/09/2020
Pub Price	£7.99
ISBN	9781800789074
H x W	280 x 216mm
Binding	Paperback
Age Range	0-5 years
Author	Carolyn Scrace Scrace Carolyn
Extent	32pp
Word Count	869 words
Rights Available	World

Scribble Monsters!: Painting



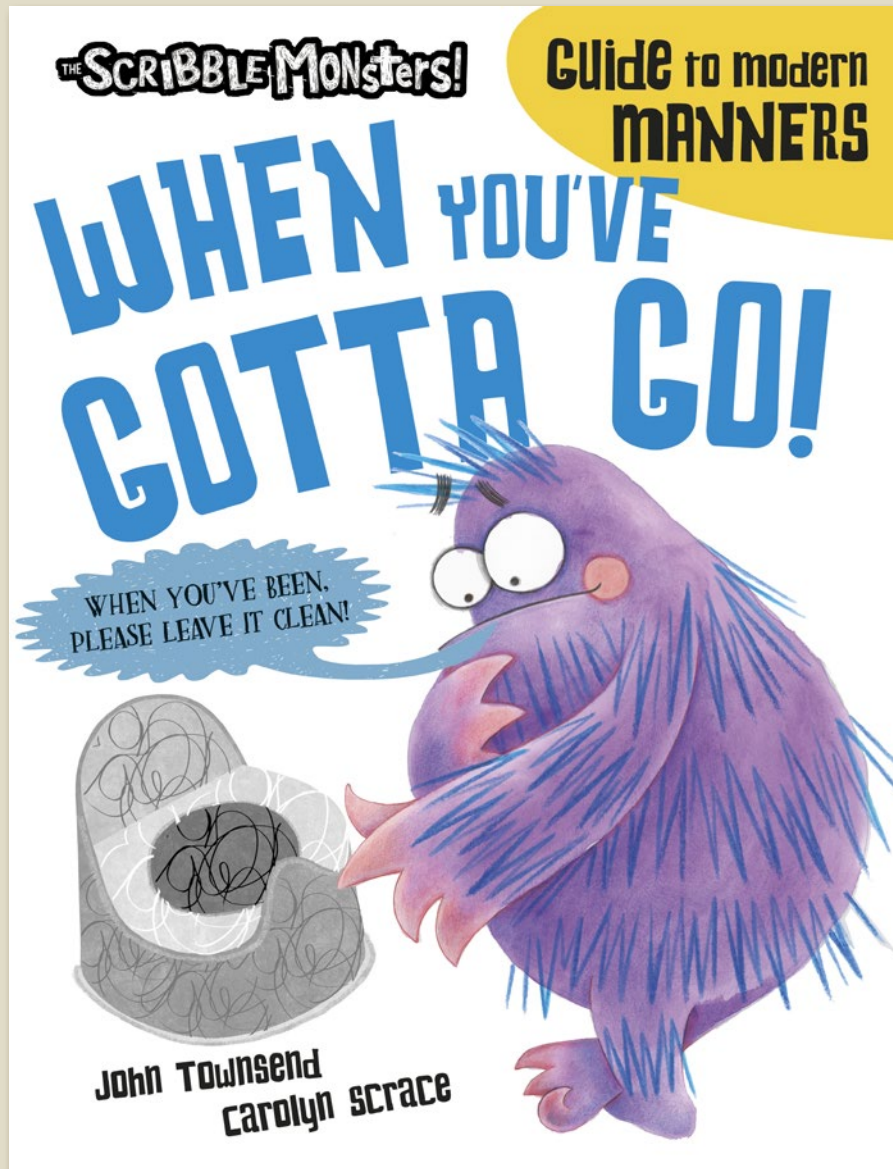
A playful painting activity book for children up to 5 years old!

- Improves manual dexterity, visual spatial awareness and co-ordination skills in little ones.
- Introduces children to concepts of shape, colour, size and pattern.
- Engaging, simple prompts encourage children to complete the scenes and take authority over their own creations.
- Encouraged children to draw artistic inspiration from everyday objects, producing unexpected masterpieces and expanding imaginations.

Scribble Monsters!: Painting



Pub Date	01/09/2020
Pub Price	£7.99
ISBN	9781800789081
H x W	280 x 216mm
Binding	Paperback
Age Range	0-5 years
Author	Carolyn Scrase
Extent	32pp
Word Count	998 words
Rights Available	World



A fantastically funny toilet training guide for little ones!

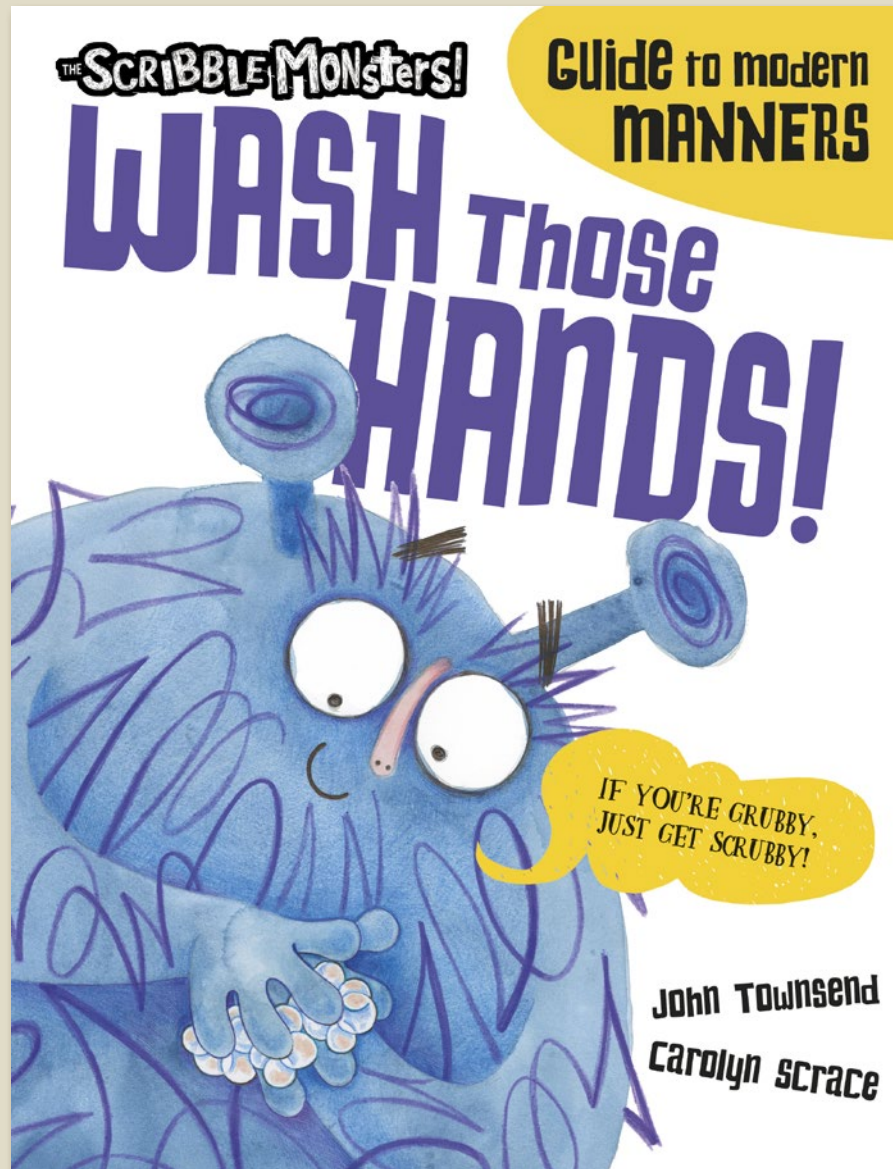
- Featuring bright, bold monster role models for children demonstrating good toilet etiquette for children to replicate.
- End matter includes a toilet training quiz to test children's knowledge in a fun, engaging way.
- Follows every step on your toilet training adventure, from recognising the signs you need to go to the importance washing your hands afterwards.
- Fun rhyming text to read aloud with your child, helping them to remember each stage and encouraging independence.

Scribble Monsters Guide to Modern Manners: When You've Gotta Go!



Pub Date	28/03/2021
Pub Price	£7.99
ISBN	9781800789111
H x W	280 x 215mm
Binding	Paperback
Age Range	0-5 years
Author	John Townsend
Illustrator	Carolyn Scrace
Extent	32pp
Word Count	971 words
Rights Available	World

Scribble Monsters Guide to Modern Manners: Wash Those Hands



Scrub up on your cleanliness with this fantastically funny introduction to personal hygiene!

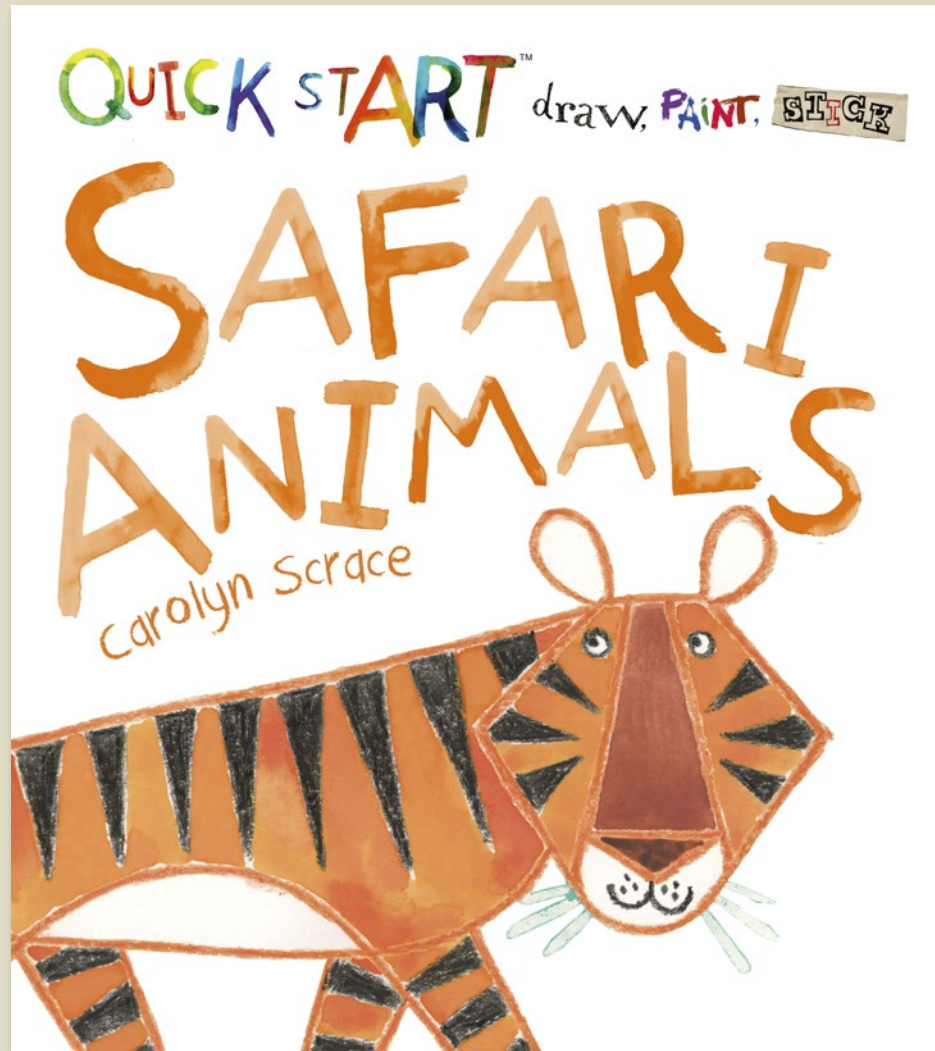
- Featuring bold, vibrant monster role models, demonstrating excellent hygiene skills for children to replicate.
- End matter includes a fun hygiene skills quiz to test children's knowledge in an engaging way.
- Follows every step of a proper cleanliness routine, from introducing germs to washing your hands, showering your body and brushing your teeth.
- Fun rhyming text is perfect for reading aloud with your child, helping them to remember each stage and encouraging independence.

Scribble Monsters Guide to Modern Manners: Wash Those Hands



Pub Date	28/03/2021
Pub Price	£7.99
ISBN	9781800789128
H x W	280 x 215mm
Binding	Paperback
Age Range	0-5 years
Author	John Townsend
Illustrator	Carolyn Scrase
Extent	32pp
Word Count	1098 words
Rights Available	World

Quick Start: Safari Animals



An animal-themed introduction to arts and crafts!

- An easy-to-follow, accessible guide to arts and crafts that helps encourage children to think creatively.
- Perfect school companion to advance in arts classes.
- Great boredom buster for children to create their own little masterpieces over the holidays.

Quick Start: Safari Animals

Handprint Elephant

You will need:
 • Poster paint
 • Large brush
 • Small brushes
 • Coloured paper
 • Ink or pen
 • Scissors

Here fun making your handprint then draw and paint on it to turn it into an elephant.

- 1 Paint your hand with poster paint and press it down onto paper. Leave your handprint to dry.
- 2 Use a felt tip pen to draw the elephant's ears, eye and trunk.
- 3 Add the end of the elephant's trunk and draw eight legs on it.
- 4 Use a felt tip pen to draw the elephant's tusks and its horns.
- 5 Draw its tail. Place its trunk and eye white.
- 6 Cut around the elephant and glue it onto coloured paper.

Make some finger-paint leaves for your elephant to eat.

Make some more handprint safari animals for you to draw and paint.

14

Folded Paper Tiger

You will need:
 • Quiet room, or use coloured paper
 • Glue
 • Poster paint
 • Paintbrushes

Make sure you use paper that is thin enough to fold easily.

- 1 Fold a square sheet of paper with orange poster paint. Leave to dry.
- 2 Place the paper painted side downwards. Fold the bottom corner up to the top corner (as shown).
- 3 Fold the right corner up to the left (as shown). Unfold again.
- 4 Fold the right corner up at an angle (as shown).
- 5 Fold the right corner up at the same angle.
- 6 Fold the top point downwards (as shown).

Now turn the tiger's head away. Draw in its nose, eyes and mouth. Add some stripes.

Paint the tiger's nose white and add brown to the nose above it. Paint in the eyes and the stripes. Add all the missing details.

Try making more paper models to paint like this leopard and cheetah!

20

Torn Paper Giraffe

You will need:
 • Scissors
 • Thin paper for cutting
 • Paintbrush
 • Coloured paper
 • Felt tip pen
 • Ink or pen

- 1 Press in single shapes for the head and neck.
- 2 Draw a single shape for the body and legs.
- 3 Add the other two legs to make over the back.
- 4 Use over the pencil lines to transfer the drawing onto cream-coloured paper.
- 5 Tear all the shapes from the cream-coloured paper.
- 6 Arrange the shapes from a contrasting paper and glue them.

Use thin squares of coloured paper to make the pattern on the giraffe's body. Glue in place.

Use thin bits of coloured paper to make its ears, horns, mane, hooves and tail. Glue in place.

Use a felt tip pen to draw in the giraffe's eye, nostril and mouth. Draw lines on the rest of its tail.

Make a row out of torn paper with plenty of leaves for the giraffe to eat!

26

Paper Cup Monkey

You will need:
 • Paper cups
 • Poster paints
 • Paintbrushes
 • Pipe cleaners
 • PVA glue
 • Scissors
 • Pencil
 • Paper

These cheeky paper cup monkeys are easy to make. Why not make a whole tribe?

- 1 Use a pencil to draw in the monkey's face. Add its eyes, nose and mouth.
- 2 Draw in the area of white fur around its face and its chest shape.
- 3 Use poster paints to paint the monkey's face and chest. Paint the rest of the cup black.
- 4 Use a fine brush to paint in the monkey's eyes, nose and mouth. Add little painted lines for the fur.
- 5 Draw and then paint the monkey's ears and legs on paper. Leave to dry and cut them out.
- 6 Glue the ears to each side of the face. Glue the top part of its legs inside the cup (as shown).

16

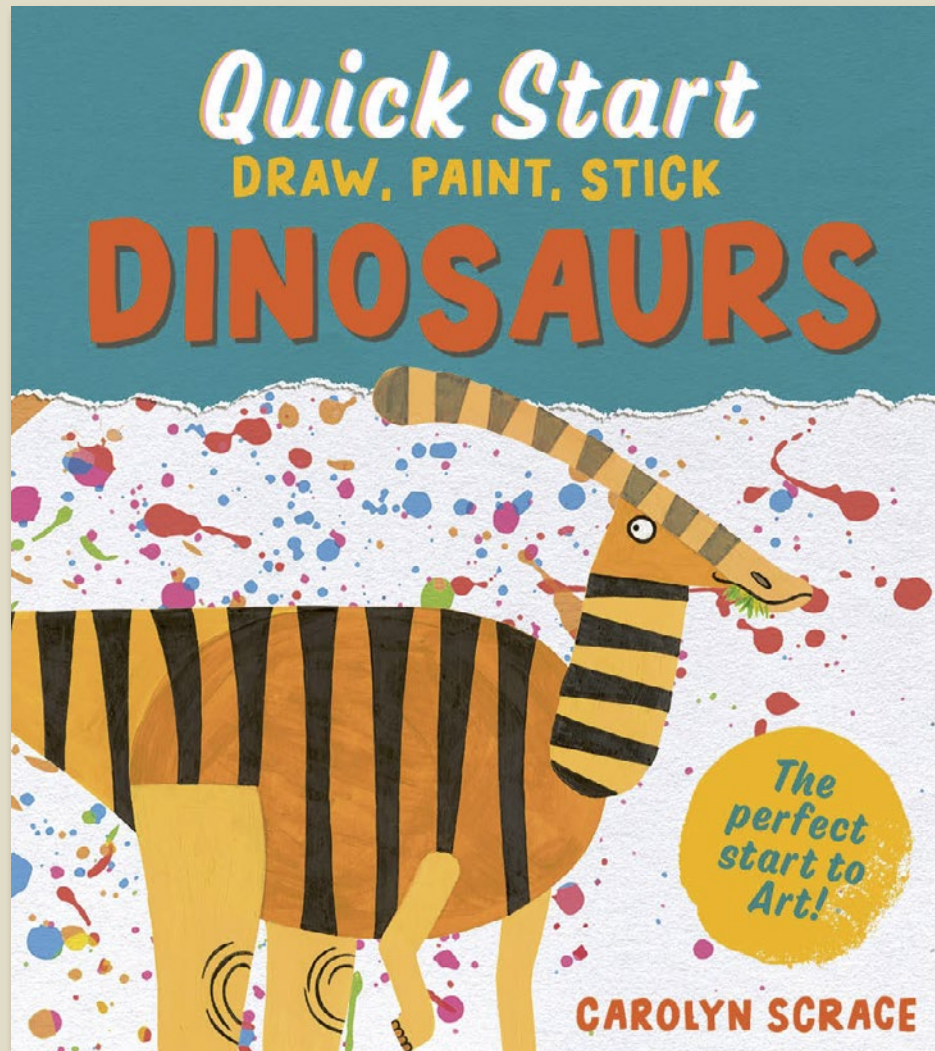
Glue a pipe cleaner onto the back of the paper cup to make a tail. Bend the top round into a curl.

Here are some more paper cup monkeys to try, or you can draw and paint your own ideas!

17

Pub Date	01/02/2018
Pub Price	£6.99
ISBN	9781800789166
H x W	242 x 216mm
Binding	Paperback
Age Range	5-7 years
Author	Carolyn Scrase
Extent	32pp
Word Count	3234 words
Rights Available	World

Quick Start: Dinosaurs



An engaging introduction to arts and crafts!

- An easy-to-follow accessible guide to arts and crafts that helps encourage children to think creatively.
- Perfect school companion to advance in art classes.
- Great boredom buster for children to create their own little masterpieces over the holidays.

Quick Start: Dinosaurs

Painted Shapes Parasaurolophus

Build up the shape of a Parasaurolophus by painting a series of simple shapes. Then draw in the finishing details using a felt-tip pen.

You will need:
 poster paints
 coloured paper
 black felt-tip pen

- 1 Paint an oval shape for the Parasaurolophus's body.
- 2 Paint a triangle for its head, then add a rectangle for its neck.
- 3 Paint two long rectangles for its back legs.
- 4 Paint two thin shapes for the Parasaurolophus's front legs.
- 5 Paint a large rectangle for its tail, and a long curved shape for its head crest. Add details.
- 6 Use a black felt-tip pen to draw in its horns and to outline its nostrils.

12

Paper Cup Dinosaurs

Turn an awesome dinosaur and use it to create a paper cup dinosaur.

You will need:
 paper cups
 poster paints
 poster pens
 PVA glue
 scissors
 PVA glue
 black paper

- 1 Draw on the shape of your dinosaur's head with its mouth wide open.
- 2 Draw a curved shape for the dinosaur's horn. Add two small ones.
- 3 Draw an eye in its position with two big long triangles.
- 4 Add the nostrils. Draw a curved line for its back with added spikes for details.
- 5 Paint your dinosaur brown and blue. Make its tongue and mouth red, its back white and the background dark green.
- 6 Use paper to draw and glue a tail and two legs on the dinosaur.

16

Painted Pebble Dinosaur Eggs

When collecting pebbles, look for flat, smooth ones, as these will be the easiest to paint.

You will need:
 poster paints
 poster pens
 large pebbles
 felt-tip pen
 PVA glue
 PVA glue

- 1 Cover the pebble with white poster paint and leave to dry.
- 2 Use a pencil to draw a rough outline for the dinosaur's eggshell.
- 3 Draw a rectangle for the baby dinosaur's head shape.
- 4 Draw in its neck and a small shape for its body. Draw in two short arms and hands with two fingers.
- 5 Paint the dinosaur's eyes, nostrils and mouth. Draw in its short arms and hands with two fingers.
- 6 Paint the eggshell with cream-colored poster paint. Paint the back of the shell black.

18

Painted Pebble Dinosaur Eggs

Use a black felt-tip pen to draw circles on the eggshell. Paint some grey yellow spots on the baby dinosaur!

You will need:
 poster paints
 poster pens
 large pebbles
 felt-tip pen
 PVA glue
 PVA glue

- 1 Draw in its neck and a small shape for its body. Draw in two short arms and hands with two fingers.
- 2 Draw in its neck and a small shape for its body. Draw in two short arms and hands with two fingers.
- 3 Draw in its neck and a small shape for its body. Draw in two short arms and hands with two fingers.
- 4 Draw in its neck and a small shape for its body. Draw in two short arms and hands with two fingers.
- 5 Draw in its neck and a small shape for its body. Draw in two short arms and hands with two fingers.
- 6 Draw in its neck and a small shape for its body. Draw in two short arms and hands with two fingers.

19

Handprint Triceratops

Have fun making your own painted handprint and then turn it into a scary Triceratops!

You will need:
 poster paints
 Large paintbrush
 Small paintbrush
 coloured paper
 Felt-tip pen
 Scissors
 PVA glue

- 1 Paint your hand with poster paint and press it firmly onto the paper. Leave your print to dry.
- 2 Use a black felt-tip pen to draw in the Triceratops's neck frill and mouth.
- 3 Now draw in its three large horns. Add an eye and a nostril.
- 4 Draw in Triceratops's big tail and its toenails.
- 5 Use the poster paints to point in the Triceratops's eye and horns. Add stripes to its tail.
- 6 Cut around the Triceratops. Glue it onto a sheet of coloured paper.

14

Using the poster paints, make some 'fingerprint plants' for your Triceratops to eat.

Here are some more dinosaur handprint ideas for you to draw and paint.

15

Pub Date	01/02/2018
Pub Price	£6.99
ISBN	9781800789173
H x W	242 x 216mm
Binding	Paperback
Age Range	5-7 years
Author	Carolyn Scrace Scrace Carolyn
Extent	32pp
Word Count	3374 words
Rights Available	World



Brazil – BBF24 – Activity

Created by Cecilia Fanucci
cecilia.fanucci@bonnierbooks.co.uk

Updated 9 May 2024

bookshelf.bonnierbooks.co.uk/collections/Brazil---BBF24---Activity