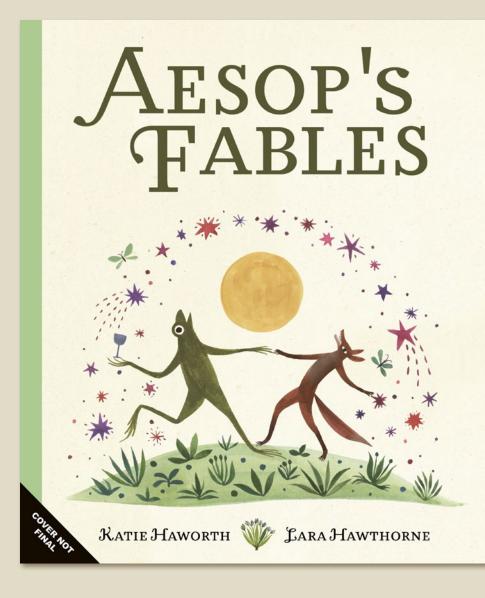


Germany - FBF24 - adult and gifting

Aesop's Fables



A beautiful collection of Aesop's Fables

- A timeless, treasured classic that speaks to all ages - following on from the success of *Star Stories* and *Winter Tales*
- Illustrated by CILIP Greenaway longlisted illustrator Lara Hawthorne (*My Nana's Garden, Alba the Hundred Year Old Fish, The Night Flower*)
- Imaginatively retold for young readers, with humour and engaging storytelling
- Features 23 fables
- Cover: Arlin, emboss, foil
- Each tale hides a moral, which is featured at the end of each story

Aesop's Fables

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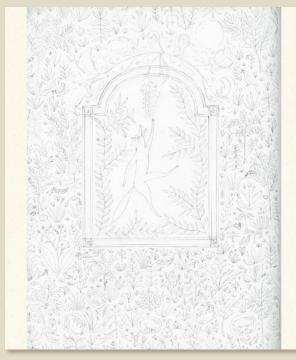


• THE FOX AND THE GRAPES •





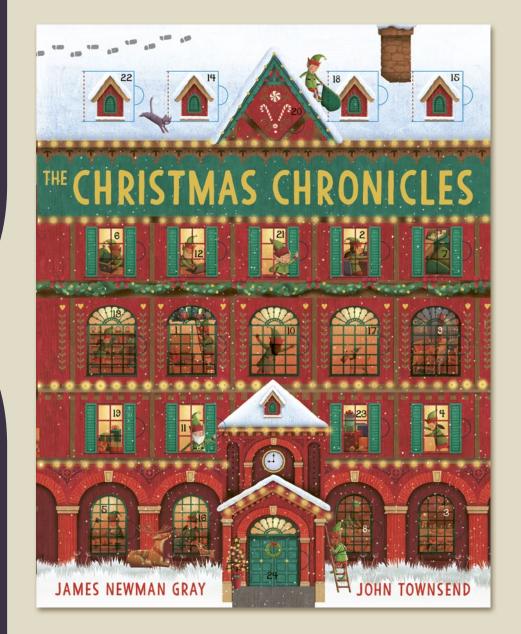
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'I'll have all those grapes," she told herself, and she galloped towards the archway and leaped into the air. "I am the best leaper in the forest!" she cried. "Aiiiieeee!" But though she jumped high, higher than a silly cricket, she could not reach the grapes. The second time, she leapt even higher. "I am more light-footed than any cotton-brained rabbit!" she called out. But still, she could not reach the grapes. The third time she took a long running jump and soared into the air. "I fly higher than the sparrowt Higher than the raven! Higher than a mighty eaglet" she shouted. The grapes drew closer and closer to her open mouth. She snapped her jaws and tasted nothing. Not a thing. Not a single grape had she managed to reach. "Hurruph," she said. As the birds dreamed of flying over the treetops, as the rabbits dreamed of tasty carrots and as the crickets snored and dreamed the secret dreams of crickets, Fox marched away from the garden with her tail held high. "I never wanted those grapes anyway," she muttered. "I could tell they were sour as soon as I saw them." N. MORAL GEN Many decide that what they cannot reach is not worth having.

Pub Date	01/10/2026
Pub Price	£15.99
ISBN	9781787418707
$H \times W$	265 × 228mm
Binding	Hardback
Age Range	7-9 years
Author	Katie Haworth
Illustrator	Lara Hawthorne
Extent	96pp
Word Count	15000 words
Translation Files	19/01/2026
Files To Printer	11/05/2026
Freight On	16/07/2026
Board	
Rights Available	World

The Christmas Chronicles



Count down to Christmas with this lift-the-flap advent calendar-style book!

- Ingenious, interactive advent calendarstyle design on cover. Children will love lifting the flaps on the cover to reveal a different Christmas character or object and, underneath, finding the page number where the chapter featuring this subject begins.
- These magical story features Santa, elves, reindeer, and other characters, and is filled with humorous mishaps and snowy adventures.
- 24 humorous chapters--one for every day in the buildup to Christmas.

The Christmas Chronicles





Sometimes elf Crackerjack will tie one of his jokes around a teddy bear's neck: What do you call an elf who never went to school as a child? Elf-taught. What do you call an elf who wins a lot of money? Welfy. What are elves' favourite types of photos? Elfies.

Santa has been sitting at his desk all day. There are pages of words in sparkly ink from his special pen. Beside him is the letter from Africa that started him writing his story. He has underlined Akua's words: 'I am learning to read and would like to have a book about you. Can you write one for me?'

Mrs Claus brings a tray of mince pies. 'Have you decided what to call your book, dear? After all, every book must have a title.'

Santa ponders for a while, staring out of the window at the falling snow. 'I could call it "The Fun of Being Santa Claus" or maybe "Santa's December Story"?'

3 14 Kit

Mrs Claus sips from a teacup and says, 'How about something more Christmassy? Something that gives a day-by-day record of what you do. What's another word for diary?'

Santa continues watching the dancing snowflakes through the window. 'Chronicle,' he smiles. 'Why not call my book "The Christmas Chronicles?"

'Ooh, that sounds posh,' Mrs Claus giggles. 'It's got a ring to it. Go for it. love!'

Santa looks back at his desk where Tinsel is playing with Akua's letter by tapping it with her paw. 'And I shall mention Akua in it, too,' he says. 'In fact, I shall dedicate my book to all children in hospital this Christmas."

At bedtime, Santa sits up in bed with his notebook and scratchy pen. Sparkle and Tinsel watch more words appear on the paper, as if by magic. Santa giggles, 'Shall I read you the first page? I told you both you would be in my book so here goes ... "Not many people know this, but if you go to the North Pole and face one way, you will see a house with many windows, green shutters and a snowy roof. That's where Santa Claus lives with his wife Carol, their cat Tinsel and their dog Sparkle."' Santa turns off the light with a sigh.

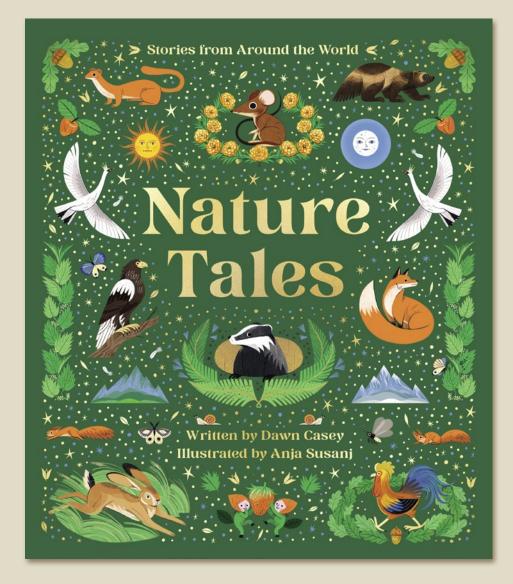
'Christmas spells, Christmas spells, Christmas all the way ... Oh what fun it is to sleep and wake up the next day! Nightie night, my sweetie-pies. Only one week to my big night. Just you wait till you see what tomorrow brings ... '

And ves, tomorrow you will find out, too.

15 /

Pub Date	09/08/2024
Pub Price	£14.99
ISBN	9781800789241
H×W	297 × 229mm
Binding	Hardback
Age Range	5-7 years
Author	John Townsend
Illustrator	James Newman
	Gray
Extent	96pp
Rights Available	World

Nature Tales



A collection of nature folk tales

- CONTENTS: The Bramble's Gift
 Greece; Fox's Tail Norway; Little Brown Mouse Himalayas; Pigeon and Bee
 Ukraine; The Magic Acorn Russia;
 Wild Strawberries Britain; Eagle and Owl Wales; Hare's Ears Siberia; The Hedgehog and Hare Germany; Little
 Lark, Robin Redbreast and Jenny Wren
 France; Little Red Squirrel America;
 Rabbit's Tale Brazil; The Healing Apple
 Tree Poland; The Pine Tree Japan;
 Badger Boy Ireland; Bringing Back Wolf
 Mexico; The Birth of Bear Finland; The Stork's Nest Morocco.
- A timeless, treasured classic that speaks to all ages, following on from the success of *Star Stories* (2018), *Winter Tales* (2020) and *Enchanted Tales* (2023).
- Includes stories from every continent, giving it a universal appeal.

Nature Tales

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make more than not too many of its lenses get manched! Netile too is sing green. Netile toop helps our bodies and bones green string and healthy. Pople have been saing netile stems to Euro followed the river all the way to the sea. Dut she didn't find ber headhers. She did find a	ISBN	97
make cloth since Boarse Age times. Once there was a king who had six sons and one daughter. Elizs. The king loved his family dearly.	H×W	26
So, when the king's wife died, he was sunk in grief. But his advisors told him: the country needs a queen! Besides, the children need a mother. So, though his heart had not yet healed, the king	Binding	Ha
The set of	Age Range	7-9
Ply sweyt ^{**} When you've found me, ^{**} state Elita, "Take me with you!" So Elita in the brys' skin approach faithers. Their arms became wings. Their necks stretched. And they flee; six white wans.	Author	Da
State and a set of the	Illustrator	An
	Extent	96
	Word Count	20

 Pub Date
 12/09/2024

 Pub Price
 £16.99

 ISBN
 9781800785083

 H × W
 265 × 228mm

 Binding
 Hardback

 Age Range
 7-9 years

 Author
 Dawn Casey

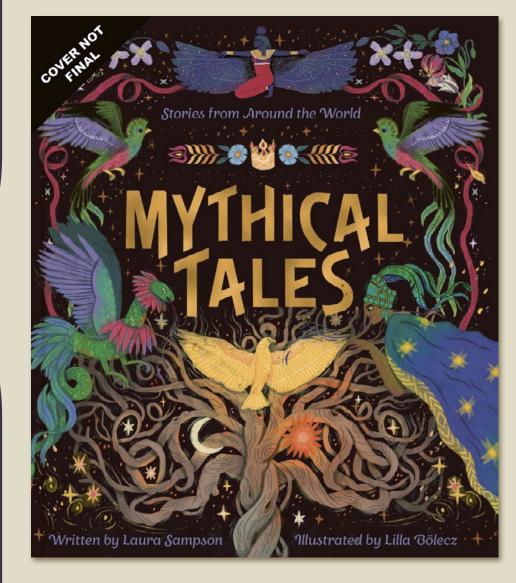
 Illustrator
 Anja Sušanj

 Extent
 96pp

 Word Count
 20000 words

 Rights Available
 World

Mythical Tales



A collection of mythical tales from around the world.

- A timeless treasury that speaks to all ages, following on from the success of *Star Stories* (2018), *Winter Tales* (2020), *Enchanted Tales* (2023) and *Nature Tales* (2024)
- *Star Stories* sold into 12 territories, *Winter Tales* has sold into 18 territories and *Enchanted Tales* has sold into 11 territories.
- With universal appeal, this collection of stories includes stories from cultures on every continent.
- Cover finishes: arlin and foil

Mythical Tales









MĀUI SLOWS THE SUN A tale from Polynesia

Like many trickster figures in mythical stories, Maul is always getting into trouble, but his schemes and mischievous deeds often help people in some way or another. Mani never knows when 'enough is enough' ... but that's why so many people love him and tell stories about him. This retelling of one of Maui's most famous schemes is mostly based on Hawailan versions of the story, where we meet some of Maui's older, wiser (but no less magical) female relatives.

Long ago, soon after Maui pulled islands up out of the sea with his magic fish hook, the Sun was in a big hurry. Each day it ran across the sky on its sixteen legs, each of which shone out around it and gave people light and wormth. But the Sun ran too fast: the days were too short for anyone to finish anything. Mending fishing nets, building houses and hunting for food was far more difficult in the dark of the long nights, and making clothes was impossible. Sheets of tapa bark had to be dried in the sun to make clothes, but there just wosn't enough time. One day, Maui's mother, Hina, complained to her son.

MAU: SLOWS THE SUN

"Every morning of down I lay out the bark, but sunset always comes too quickly! Things cannot go on like this."

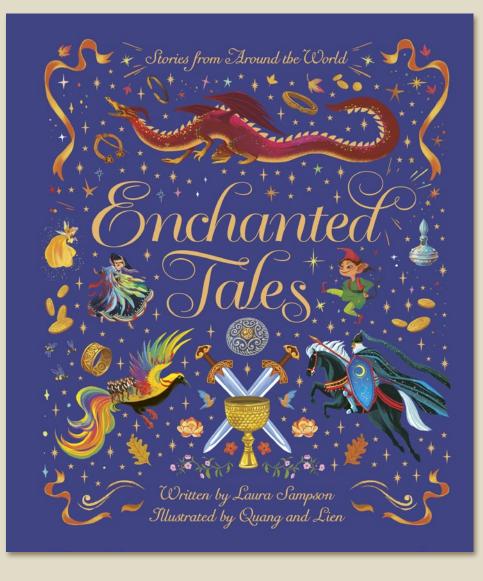
"Everyone says the same," Mani replied. "But don't worry, I have an idea! I will go and capture the Sun. I'll cut off its legs, or tie them up, and force it to move more slowlu."

Maui was always having big ideas, but this was his biggest yet. Everyone always doubted Maui and his ideas - but Maui knew different. "Didn't I fish islands up from under the sea, and separate the sky from the ground, so people would have space to walk about, and steal fire, which people use every dag? If anyone can slow the Sun, it is me! I will make a strong rope. I'll go to where the Sun rises, and I'll copture it, just watch me!"

Maui's mother looked him up and down."If the Sun has sixteen legs, you will need sixteen strong ropes made of fibres from the Olona nettle plant,"she said."But you must also plait them together with strands of your sister's hair ... if she will give them to you. Only then will they be strong enough to stop the Sun." "Fost!" said Matri. He travelled across the islands to the marshu banana groves of the deep jungle, where the Olona plants grow. He gothered a heap of them and took them to his sister. "Sister! My plan is to slow the Sun!" he said. "Help me make strong fibres from these plants, and then lend me sixteen strands of your hair to weave them into sixteen ong ropes, one for each leg of the Sun."

Pub Date	25/09/2025
Pub Price	£16.99
ISBN	9781800788398
H×W	265 × 228mm
Binding	Hardback
Age Range	7-9 years
Author	Laura Sampson
Illustrator	Lilla Bölecz
Extent	96рр
Word Count	14000 words
Files To Printer	05/05/2025
Freight On	10/07/2025
Board	
Rights Available	World

Enchanted Tales



A spellbinding treasury of magical tales

- A timeless, treasured classic that speaks to all ages, following on from the success of *Star Stories* (2018) and *Winter Tales* (2020)
- Universal appeal, including stories from cultures on every continent
- *Winter Tales* has sold more than 80,000 copies across 15 territories
- Cover: Arlin + foil

Enchanted Tales



The Magic Fish

A tale from China

The Brothers Grimm version of "Cinderella" is the one many of us are familiar with but there are hundreds - maybe even thousands - of different versions of this tale from around the globe. This version from China was the first to be written down, over 1,000 years ago.

Once upon a time, in a little shed outside a little house in the cave mountains of Southern China, there lived an orphan called Ye-Tsien. She was bright-eyed, clever, kind and cood at making things. Ye-Tsien's stepmother loved her own daughter best, so Ye-Tsien had to do all the heaviest, most dangerous work, like collecting firewood from the deep forest or water from the high mountain pools. One day, Ye-Tsien was collecting water when up from the bottom of a deep mountain pool there was a shimmering and a glittering. It travelled up and up until something broke the surface - a tiny, shining, golden fish! The fish looked up at Ye-Tsien, Ye-Tsien looked back - and from that moment, the fish

30

The Mague Fuli

and Ye/Tsien became friends. She took it home, placed it in a basin and fed it every day with scraps from her own plate. The fish grew and grew until, one day, it had grown so big she had to take it back to the pool. Still, Ye-Tsien visited the golden fish every day, and each time the fish would poke its shining golden head out of the water and greet her.

A few weeks later, the Stepmother was hungry and had an idea. Secretly, she followed Ye-Tsien to the pool. She saw how the huge, sparkling, deliciouslooking fish always came out for Ye-Tsien but stayed deep under the water when anyone else came by. How can I outwit this clever fish? she thought.

The next day, back at home, the Stepmother gave Ye-Tsien new clothes to put on and sent her on a long errand down the mountain. Then she disguised herself in Ye-Tsien's old clothes, went to the pool and called the fish. When it bubbled up from the bottom of the pool, the Stepmother was ready with a knife. She took the golden fish heme, chopped it up, cooked it and served it up to eat with her favourite daughter.

'Delicious!' they both said, wiping their mouths. They ate every morsel and threw its bones away on the rubbish heap.

The following day, Ye-Tsien hurried to the mountain pool and called but no fish came. Big tears fell from her eyes and splashed into the empty pool. But as she cried, the air thickened, shimmering and glittering, and a figure appeared. It spoke in a voice that reminded her of safety: Today you cry, today you weep,

But look upon the rubbish heap. Your fish friend's magic bones are there. They'll grant you wishes, never fear.

Pub Date	28/09/2023
Pub Price	£16.99
ISBN	9781800785915
$H \times W$	265 × 228mm
Binding	Hardback
Age Range	7-9 years
Author	Laura Sampson
Illustrator	Phung Nguyen
	Quang & Huynh
	Thi Kim Lien
Extent	96pp
Rights Available	World

A bear



On The Streets of Paris



A vibrant, illustrated poetry series celebrating cities around the world. This beautiful book takes a tour through the captivating streets of Paris.

- Each book in the On the Streets series is written by a poet from the city who will be able to celebrate the hidden parts of the city, as well as the main landmarks
- The poetry spreads act as a snapshot of a different part of the city. A non-fiction spread at the back of the book adds further information about landmarks and history
- Beautifully presented and produced with strong branding and a collectable feel
- Aimed at young readers aged 7+ and perfect for reading aloud together

On The Streets of Paris







Café Life

Today I'm feeling extremely Parislan, So i'd better show myself to the tourists. I shall wear my chic things, and I shall take a book, and I shall wear my nonchalant look. I shall sip a small coffee at a cafe nearby, *en terrasse*, with the wind in my face, and I'll act like I'm part of the landscape.

Every detail must be right. The pigeons must coo. The waiter must be rude, and my cheeks must be rouged, and I'll stare at the book, and I'll stare at the sky, and sometimes I'll sigh, and I won't notice you taking photos of me, or talking about me, or thinking about me, and I'll live on forever in your stories of Paris, spiky with upspeak: "We saw this woman; she was like, so chic? She had, like, a book? and a nonchalant look? and she was sipping coffee? at a café nearby? Ah! Those Parisians, un café, un livre, la joie de vivre."

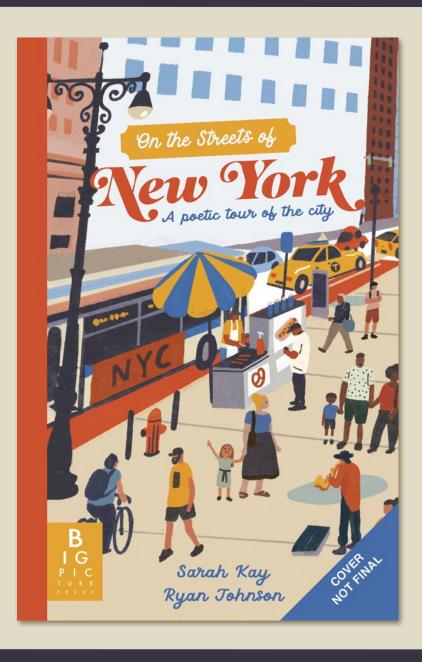
It's tiring. It's a job, It's a duty. It's a mission, that whole thing of being, sometimes, a Parislan.

Gare du Nord

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Pub Date	14/08/2025
Pub Price	£14.99
ISBN	9781800787117
$H \times W$	292 × 215mm
Binding	Hardback
Age Range	7-9 years
Author	Clementine
	Beauvais
Illustrator	Seula Yi
Extent	48pp
Word Count	3400 words
Files To Printer	03/03/2025
Freight On	11/04/2025
Board	
Rights Available	World

On The Streets of New York



A vibrant illustrated poetry series celebrating cities around the world. This bright and bold book takes a tour through 'the city that never sleeps': New York.

- Each book in the On the Streets series is written by a poet from the city who celebrates the hidden parts of the city, as well as the main landmarks
- Each spread acts as a snapshot of a different part of the city. A non-fiction spread at the back of the book adds further information about landmarks and history
- Beautifully presented and produced with strong branding and a collectable feel

On The Streets of New York

City Words

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Sometimes the city is all verb walking looking hooking barking working lutking rating ruthing meeting verbing meeting serving meeting serving going going







Thunderstorm

Because i know my neighbourhood so weli, even when i get caught with no umbrelia, i can still avoid getting drenched on my way home by zigging and zagging from awning to scaffold.

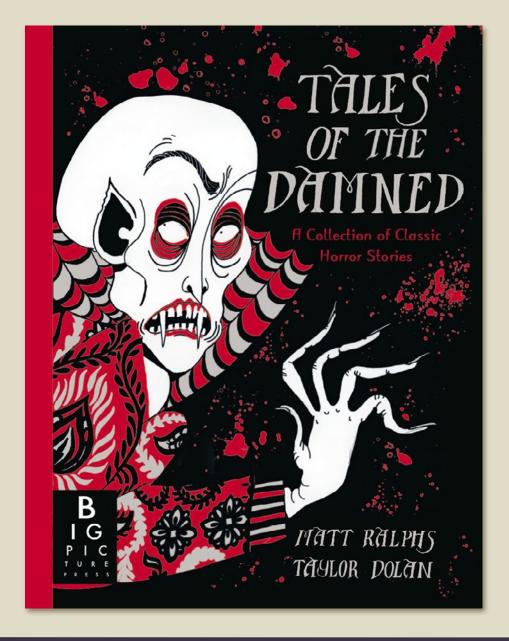
And my neighbourhood knows me back: the postman who waves when he drops off the mail, the cat at the bodega who lets me pet her, the waitress at my favourite restaurant who remembers which dish love.





Pub Date	02/04/2026
Pub Price	£14.99
ISBN	9781800787100
$H \times W$	292 × 215mm
Binding	Hardback
Age Range	7-9 years
Author	Sarah Kay
Illustrator	Ryan Johnson
Extent	48pp
Word Count	500 words
Translation Files	21/07/2025
Files To Printer	10/11/2025
Freight On	29/01/2026
Board	
Rights Available	World

Tales of the Damned



An anthology of terrifying tales from around the world.

- Stories will be broken up with a series of 'theme' spreads, which will add a non-fiction element to the book. These spreads cover everything from the rise of the horror genre to famous monsters and vampire mass hysteria.
- There's a gap in the market for striking, beautifully illustrated horror anthology.
- Contents: The Mask of Red Death by Edgar Allen Poe; Edgar Allen Poe and the Birth of Horror Literature (NF); Dracula; Vampire Mass Hysteria (NF); The Monkey's Paw; Zombies and the Undead (NF); Red Riding Hood; The Original Dark Fairy Stories (NF); Frankenstein; Mary Shelley and the impact of Frankenstein (NF); Whistle and I'll Come To You; Ghosts and the Victorians (NF); Baba Yaga; Witches (NF); Bluebeard; Blood and Gore (NF)

Tales of the Damned



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I poke my head from the window – by God this cold nearly takes my breath – and yell to the driver, "How much further?" He doesn't turn or speak, just laskes his straining horses all the harder. Why this terrible hurry? Are the hounds of hell chasing us 2 And even as that thought enters my mind, I hear the bone-chilling how of a wolf.

I nearly fall from my seat as the coach makes a full circle and comes to a rattling halt facing back the way it came. The driver bangs on the roof. "We're here, young Herr," he shouts. "Quickly! Get out!" And the moment my feet touch the ground, he's off and disappearing into the gloom.

"Wait!" I cry uselessly into the freezing night. "Where am I to go?" Feeling painfully alone, I turn, case in hand, and see the answer to my question. Cattle Dracula, home to the man I've come all this way to meet, rises jaggedly up from the mountain itself and into the moonlit sky. I cross the narrow stone bridge – gathering just enough courage to peer into the chasm below – bang my fist on the iron-studded door and wait, tech cattering with cold and. I'm aslamed to admit, a touch of fear. I gaze up at the heavy stone walls, ruined battlements and hundreds of windows letting out not a single scrap of light and think: I'm just a humble solicitor! How di I end up *here*?

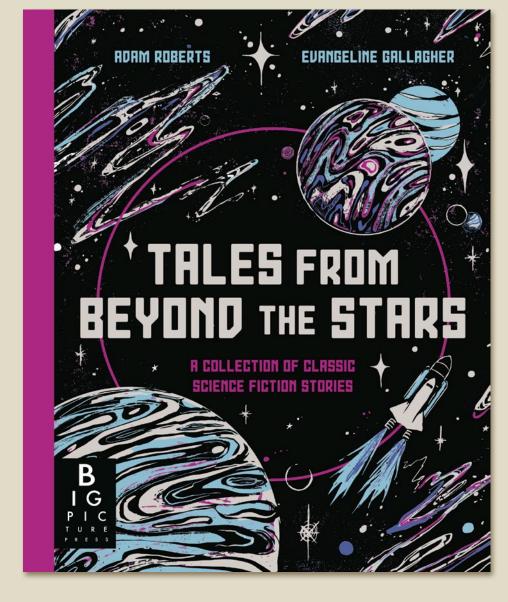
Dracula

The Diary of Jonathan Harker, 4th May, 1875

I'm terrified that my journey from London to Transylvania is doomed to end with a plunge off this precarious road and down the mountainside. All I can hear as the coach hurches and strains around me is the clatter of wheels on stone and the crack of the driver's whip. I grip my seat with white-knuckled hands as we career around another bend and mount a narrow road looping steeply up. The soft green woods and perty villages of the Transylvanian lowdands are far behind me now. Night and snow falls on the Borgo Pass. Overhanging branches claw the roof, fog pours from between the pines, and I've not seen another person for hours.

Pub Date	14/09/2023
Pub Price	£20.00
ISBN	9781800781696
$H \times W$	230 × 190mm
Binding	Hardback
Age Range	Adult
Author	Matt Ralphs
Illustrator	Taylor Dolan
Extent	128pp
Word Count	25000 words
Rights Available	World

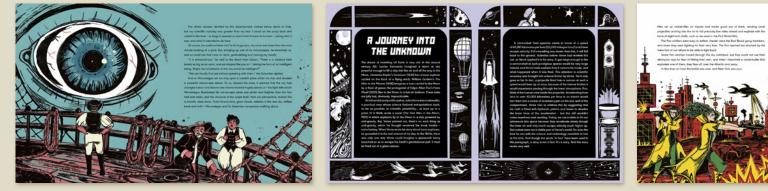
Tales from Beyond the Stars



An anthology of classic science fiction stories.

- Stories will be broken up with a series of 'theme' spreads, which will add a non-fiction element to the book. These spreads cover everything from the rise of the science fiction genre to how it has inspired real life inventions.
- There's a gap in the market for a striking, beautifully illustrated science fiction anthology.
- Evergreen publishing with strong backlist potential and global appeal.
- An opportunity to expand the Big Picture Press list into the adult gift market.
- Resurgence of interest in titles that offer readers 'escapism' on TikTok, including fantasy and science fiction

Tales from Beyond the Stars



The soldiers scurried and ran, struggling to right their cannons, all aimed into the pit, to bear on this new target. But they were too slow The glant tripod stepped easily amongst them, shooting its heat ray at this gun and that, and in moments the artillery was all destroyed. Only one gun got off a shot, and it whistled past the tripod's lega and fell away into the far reaches of the common.

Now everything was chaos. Soldiers took up position, aiming their rilles and firing. The civilians were swarming away, screaming and shouling, running for their lives. Theard the snap of rille fire and the ping as bullets bounced of the metal hood of the Martian machine, but I too was running, lumbering up a slope and away.

It was going uphill that saved my life, for the Martian tripod now deployed a second weapon: a naxious black smoke pouring out of the rear of its cockpit, sinking through

82

the air and asphysiating all upon whom it fell. By the time I had reached the top of the hill looked down upon a terrible scene: the black smake was everywhere in the hollow, rolling like a foul mist, and all human resistance had been extinguished. From the Martian tripad came an awlul, howing cry, loud enough to bowl me over. I pressed my hands to my ears but the sound penetrated: ul/laaaaah!

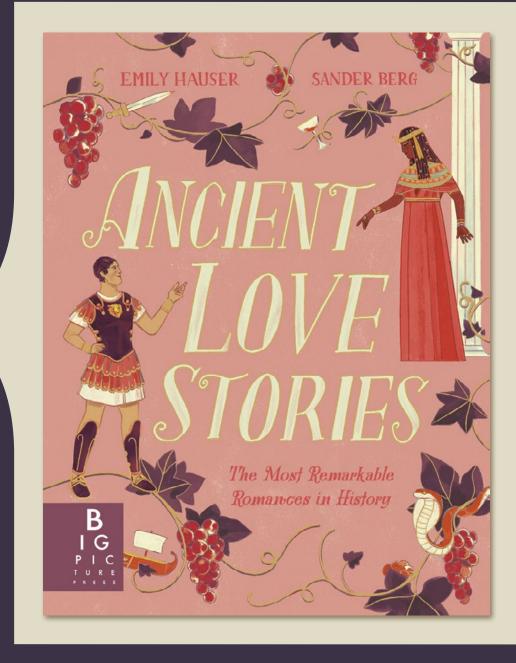
I stumbled away from the common, the horrible shrieks of the Martian splitting the air behind me.

My bicycle was last. My clothes were covered in dirt. I hid behind a wall for a while to catch my breath and listened: screams, crashes, the cackling sound of burning buildings, the thud of tripods – for there were several now – stomping about the countryside, and again and again the cries of ullaaaaah?

83

Pub Date 07/11/2024 **Pub Price** £20.00 **ISBN** 9781800786752 $H \times W$ 230 × 190mm Hardback Binding Adult Age Range Author **Adam Roberts** Illustrator **Evangeline** Gallagher 128pp Extent 25000 words Word Count Rights Available World

Ancient Love Stories



A striking collection of love stories from ancient history.

- Final contents Sappho (ancient Greek), Nebuchadnezzar II and Amytis (Babylonian), The Sacred Band of Thebes (ancient Greek), Sima Xiangru and Zhuo Wenjun (Chinese), Mark Antony and Cleopatra (ancient Rome), The Lovers of Pompeii (ancient Rome), Hadrian and Antinous (ancient Rome), Eloise and Abelard (French), Frances Howard and Robert Carr (English), Shah Jahan and Mumtaz Mahal (Indian), The Sanchos (USA)
- Written by award-winning classicist and author, Emily Hauser.
- Featuring a range of true stories from around the world, discover the astonishing lengths humankind have gone to in the name of love.
- A list of Sander's publishers: US -Penguin Random House; Germany -Knesebeck Von Dem GmbH

Ancient Love Stories



- RADRIAN AND ANTINDES

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- SHERE JAKEN AND MUMITEZ MERAL

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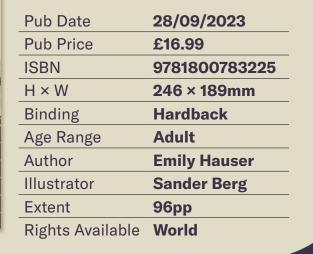
At the time, the Maghai empire was about to reach its dataling methls. The first Maghai empires, the firster swerior-king Babas, had songdown with his forces from the mountains in the morth-hardy a baseleed

wafted by attendants dressed as cupids and sca-nymphs: Cleopatra. Ruler of Egypt. Goddess of the Nile. Queen of one of the wealthiest countries in the world. Beautiful, certainly, at just twenty eight, but more than anything, utterly, alluringly certain of her star-quality charisma. As one writer put it, "her sex appeal, together with her powers of persuasion and her ability to charm all around her, made her simply, irresistibly desirable." This was who had come to call on Mark Antony, one of the most powerful men in Rome (and so, at that time, the world). Antony was a soldier, a devote of the winegod Dionysus, a playboy extraordinaire – a man, in otherwords, who lived life in vivid technicolour.

· MARK ANTONY AND CLEOPATRA ·

If anyone was going to make Rome's fun-loving general pay attention, it was going to be the young queen sailing towards him dressed in gold.

But there was more to this than just sex appeal. For Antony, vying to hold onto his position of power amidst the remains of the crumbling Roman Republic, Cleopatra meant Egypt, and Egypt meant two things: grain and gold. Both were essential to to fund (and feed) his battle for world domination. For Cleopatra, Antony meant Rome's backing for her precarious hold on power back home, following a decade of civil war, during which the young queen had gone into exile and returned with an army to take the throne from her brother. No meeting could be more important for either of them. It was a moment well worth a bit of thetare, not to mention a spot of role play.



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Words Can Fly

DONNA ASHWORTH & EIRINN McGUINNESS

WORDS CAN FLY



COVER TO BE REVEALED

Uplifting poetry for children from the UK's no. 1 *Sunday Times* bestselling author of *Wild Hope*.

- HUGE ENGAGED AUDIENCE: Donna has over 1.4 million followers on Facebook (average engagement rate 2%) and a further 261k followers on Instagram. 90% of her followers are female and 60% are over 40. This collection for children will be the perfect present for those in their lives.
- UK's #1 BESTSELLING POET: Donna is a Sunday Times no. 1 bestseller and the UK's no. 1 bestselling selling poetry author (Nielsen 2022 and 2023 poetry sales). To date her works have collectively sold over 185k physical copies (TCM).

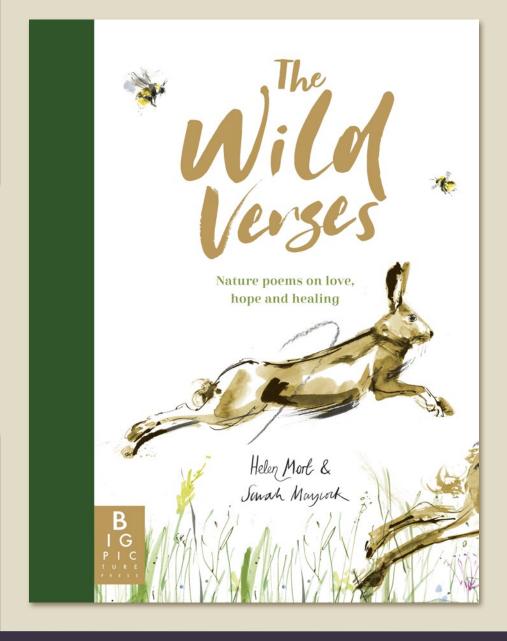
Words Can Fly





Pub Date	05/06/2025
Pub Price	£16.99
ISBN	9781785307171
$H \times W$	246 × 189mm
Binding	Hardback
Age Range	7-9 years
Author	Donna Ashworth
Illustrator	Eirinn
	McGuinness
Extent	144pp
Files To Printer	21/03/2025
Freight On	02/05/2025
Board	
Rights Available	World

The Wild Verses



A striking poetry collection by Helen Mort.

- The book will be split into different sections/feelings joy, hard times, love, loss etc.
- Tapping into the phenomenal success of books like *The Boy, the Mole, the Fox and the Horse* and *The Poetry Pharmacy.*
- An opportunity to reuse Sarah Maycock's artwork in a new format - for an adult audience
- The perfect offering for the Christmas gift market
- Luxy cover finishes quarter binding and foil
- With poems by award-winning Helen Mort

The Wild Verses



and you brim with gold.

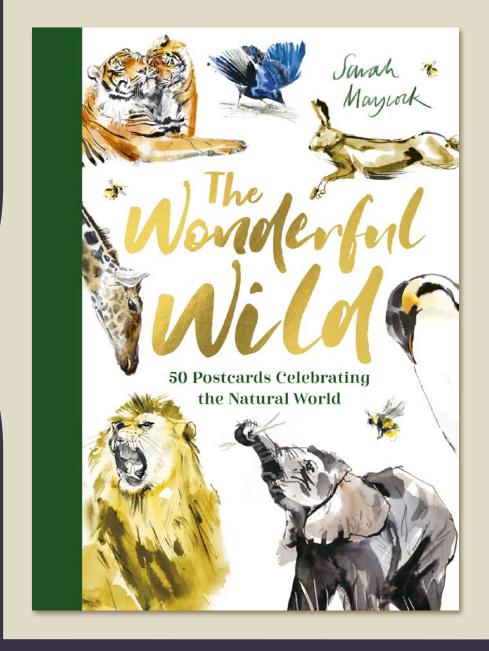
17

Pub Date	10/11/2022
Pub Price	£16.99
ISBN	9781800784765
H×W	225 × 173mm
Binding	Hardback
Age Range	Adult
Author	Helen Mort
Illustrator	Sarah Maycock
Extent	112pp
Rights Available	World

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16

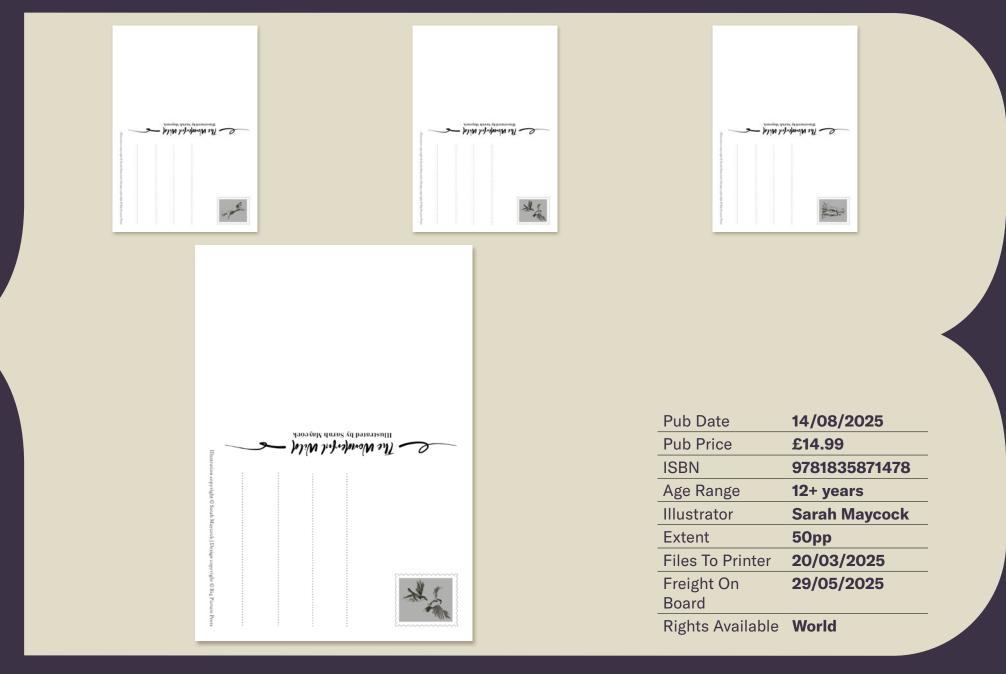
The Wonderful Wild



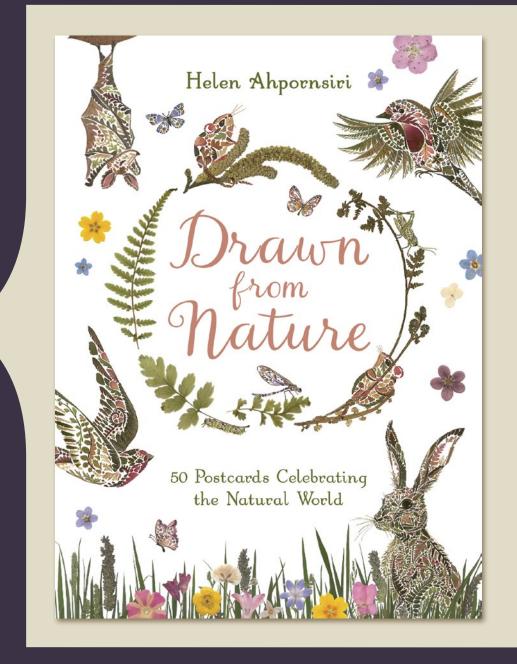
A box set of 50 beautiful postcards featuring Sarah Maycock's stunning watercolour artwork.

- 50 full-colour postcards, featuring Sarah Maycock's stunning watercolour artwork of animals from all around the world
- Sarah's bold, expressive artwork captures a creature's characteristics or the forces of nature in just a few swoops of ink, bringing each card to vivid life
- Sarah has notecard sets published by Laurence King: For the Love of Cats and For the Love of Dogs
- The ideal gift beautifully presented in a box including pantone, ribbon and foil

The Wonderful Wild



Drawn From Nature



A box set of 50 beautiful postcards featuring Helen Ahpornsiri's stunning artwork made entirely from handpressed plants.

- 50 full-colour postcards, featuring Helen Ahpornsiri's stunning artwork celebrating the natural world. All the artwork is crafted from hand-pressed plants.
- A Year in the Wild and Beneath the Waves have sold a combined quantity of over 84,000 copies worldwide (as of September 2024)
- Helen's work has been licensed to Anthropologie and she has a major stationery and paper product range for Museums & Galleries titled Wild Press
- Helen Ahpornsiri has over 80,000 followers on Instagram

Drawn From Nature







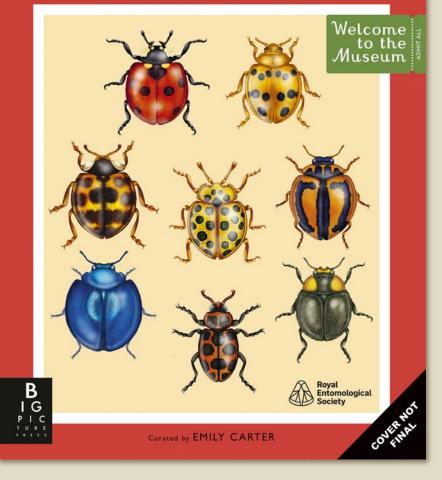
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10 min

Pub Date	13/03/2025
Pub Price	£14.99
ISBN	9781835872031
Age Range	12+ years
Illustrator	Helen Ahpornsiri
Extent	50pp
Freight On	26/12/2024
Board	
Rights Available	World

Insectarium Poster Book

Insectarium POSTER BOOK 28 PULL OUT POSTERS INSIDE



Big, bold and beautifully illustrated, these 28 stunning posters from awardwinning artist Emily Carter are perfect for pinning on your walls.

- The core Welcome to the Museum books have sold a combined quantity of over 2 million copies in 48 languages (as of July 2024)
- Published in collaboration with the Royal Entomological Society whose members are devoted to the study of insects
- Stunning artwork by award-winning artist Emily Carter. Her prints and products are stocked in stores such as Liberty, Harvey Nichols & Selfridges
- Perforated edges make these posters easy to tear out
- Cover treatments: Matt lam and spot UV

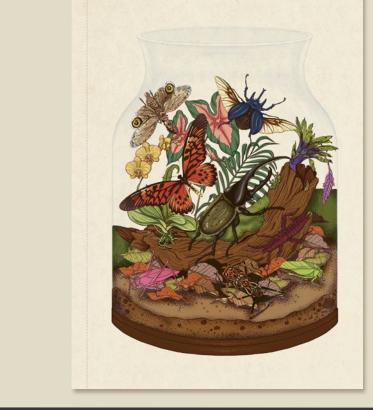
Insectarium Poster Book







Pub Date	09/10/2025
Pub Price	£16.99
ISBN	9781835871843
$H \times W$	370 × 272mm
Binding	Paperback
Age Range	Adult
Author	Dave Goulson
Illustrator	Emily Carter
Extent	56pp
Word Count	600 words
Files To Printer	19/05/2025
Freight On	24/07/2025
Board	
Rights Available	World



Fungarium 1000-Piece Jigsaw Puzzle



This 1000-piece puzzle features Katie Scott's stunning fungal illustrations.

- High-quality format with a stylish cylindrical tube and cloth storage bag makes this the ideal gift.Packaging: 255mm(h) x 121mm(d) Puzzle: 490mm(h) x 685mm(w)Poster: 210mm(h) x 297mm(w)
- Features the branding of Royal Botanic Gardens, Kew
- An intricately designed puzzle with beautiful full-colour images from Welcome to the Museum's Fungarium
- The core Welcome to the Museum books have sold a combined quantity of over 2 million copies worldwide with *Fungarium* selling over 90,000 (as of July 2022)

Fungarium 1000-Piece Jigsaw Puzzle









Pub Date	10/10/2024
Pub Price	£25.00
ISBN	9781835870532
H×W	255 × 121mm
Binding	Board Book
Age Range	Adult
Author	Katie Scott
	Limited
Extent	1000рр
Word Count	200 words
Rights Available	World

Botanicum 1000-Piece Jigsaw Puzzle



This 1000-piece puzzle features Katie Scott's stunning botanical illustrations.

- High-quality format with a stylish cylindrical tube and cloth storage bag makes this the ideal gift.Packaging: 255mm(h) x 121mm(d) Puzzle: 490mm(h) x 685mm(w)Poster: 210mm(h) x 297mm(w)
- Features the branding of Royal Botanic Gardens, Kew
- An intricately designed puzzle with beautiful full-colour images from Welcome to the Museum's *Botanicum*
- The core Welcome to the Museum books have sold a combined quantity of over 2 million copies worldwide (as of July 2022)

Botanicum 1000-Piece Jigsaw Puzzle





Pub Date	10/10/2024
Pub Price	£25.00
ISBN	9781835870525
$H \times W$	255 × 121mm
Binding	Board Book
Age Range	Adult
Author	Katie Scott
	Limited
Word Count	200 words
Rights Available	World

Tiffany & Co.: The Story Behind the Style

RACHAEL TAYLOR

TIFFANY & CO. The Story Behind the Style

UNOFFICIAL AND UNAUTHORISED

Visual history of the iconic jewellery brand, Tiffany & Co.

- Sample contents: Discovery and Innovation, Tanzanite and Tsavorite, Tiffany Blue, Reimagining Engagement Rings, Breakfast at Tiffany's, The Blue Book, Red-Carpet Rocks, The Tiffany Diamond, Designers of Note, Tiffany Setting, Jackie Bracelet, Bone Cuff, Tiffany Keys, Creating Retail Theatre, A Retail Empire, I Do on Fifth Avenue, Blue Box Café, Beyond Jewels, Tiffany for a New Generation, Cleaning up Diamonds, A New Owner, A New Diamond
- Written by Rachael Taylor, a journalist specialising in jewellery who has written for *The Financial Times*, Conde Nast publications and *Retail Jeweller*.
- Illustrated with full colour photographs from the brand's history
- Cover finishes: matt lam and foil

Tiffany & Co.: The Story Behind the Style



52 The King of Diamonds: Charles Lewis Tiffany

in Lewis Titfany, the man who would go on to win the silter of New York's 'King of Diamonds', did not had from te of jewellers. His start in life was more modese, making h shigh society all the more glittering.

flury was born in 1812 to Comfort and Ohloe Tiffany, and grew p in the small oven of Killingly, Connecticut. The major business of to town was the production of corton goods, and the family owned a samefacturing company. Tiffary was obscared at local schools in the rear bofore joining his father in the family corton business.

by 1837, Taffany felt restless. No longer satisfied by working at home with his family, he began so environ how he could make his own mark in business. He tenred up with a school friend, J. B. Yueng, and the date set in metion a plan to open a stationery story in New fork Cety. With a 31,000 loan from Confort TBings, the andbistor olds made the 150-mile journey south. The store, named fany & Young, opened in doors at 259 Broad I on its first day, \$4.98 rang through the tills

Tiffany & Young soon began to expand its remit, stocking glas cutlery, porcelain, clocks and jewellery, and began to develop a

OPPOSITE: Tillany & Co. founder Charle Jessie Tartnix Beats in 1902





ion of a third parmer, J. L. Ellis, and wa d Tiffany, Young & Ellis. The trio expanded the store

s were impacted by this, but none more so than Fra-

portanity to pick up diamonds at low pe t them at an advantage. The rocking of your - the likes of which had new y America before

the sectors in the sectors in 1999.

for the rich and the famous, both for its jewell silver. In 1862, President Abraham Lincoln pur pecklace and carrieses from Diffare & Co. for 1

n 1870, Tiffany & Co. moved into a large new story in New York on Square, marking the beginning of a major decade fo fler: one in which Charlies Lewin Tilfary would care th g of Diamonds. It was a single parchase that would trud any into the high-jewellery stratosphere = a 287/42cr to ncy yellow diamond. When cut and polished, what emerged w

If the purchase of this now world famous store, which is on permanent display at Tiffingy & Ca-S Fifth Average store in New York, signalled Tiffangy intertions to dominant the diamoned markor, las groundborzking inversion eight years later sealed the deal. Seeking to

celebrate the beauty of diamonds, Tiffany designed an engagement ring in 1886 that remains a sought-after classic to this day. The Tiffany Setting engagement ring kicked back against the over-fussy designs of the time with a clean, minimalist band and a six-prong setting that lifted the diamond above the ring. The purpose for this innovative setting was to allow light to flow through the stone, and therefore maximise the sparkle. It was a huge hit, and the iconic design has become synonymous with engagement rings.

Just 15 years before his death, Tiffany pulled off a final coup. The aftermath of the French Revolution that had gifted Tiffany an abundance of important gems in 1848 and its early credibility in high-jewellery circles rumbled on. In 1887, the French government was masterminding a plan to sell the crown jewels of its fallen monarchy. Outwardly, it claimed that a democracy such as France had no need for "objects of luxury, devoid of usefulness and moral worth". The rumour mill suggested that it was in fact afraid of a power grab by Bourbons, Orleanists or Bonapartists, who might use ownership of the jewels to claim a right to rule. Tiffany cared little for this political posturing, but he did see an opportunity in it. He travelled to Paris to attend the auction of the French crown jewels at the Louvre. He sat in the audience, ready to make his bids, along with fellow jewellers, including a young Frédéric Boucheron, and Orleanists, members of the French royal family, whose pockets proved too shallow on the day to win back their family heirlooms.

When the final strike of the gavel fell, Charles Lewis Tiffany had in his possession close to a third of the historic crown jewels. He placed them in specially crafted red-leather boxes, embossed in gold with the words Diamants de la Couronne, translating from French as Crown Diamonds. Inside, impressed on the silk lining in the lid, was Tiffany & Co. New York and Paris, thus securing Tiffany & Co.'s place in the history books as a purveyor of royal jewels and his own coronation as the King of Diamonds.

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BELOW: A gold. diamond and enamel floral brooch, made by Tiffany & Co. in 1890.

flagship store in



Pub Date	18/08/2022
Pub Price	£13.99
ISBN	9781800783416
$H \times W$	181 × 126mm
Binding	Hardback
Age Range	Adult
Author	Rachael Taylor
Extent	160рр
Word Count	15000 words
Rights Available	World

Cartier: The Story Behind the Style

RACHAEL TAYLOR

The Story Behind the Style

Cartier

UNOFFICIAL AND UNAUTHORISED

The story of iconic jewellery brand, Cartier

- Sample contents: The Beginnings of Cartier, Royal Affiliations, The First Men's Wristwatch, At the Heart of Art Deco, Inspiration from India, Stars and their Tanks, Mystery Clocks, Cartier's Jewellery Workshops, Glyptics, Fur Setting, Jeweller to the Stars, Red-Carpet Rocks, Love Bracelet, The New York Flagship, Cartier's Famous Red Box, Meet the Bellboys, Philanthropy, Continuing the Legacy, Ethical Supply Chain, Cartier Today and Tomorrow
- Written by Rachael Taylor, a journalist specialising in jewellery who has written for *The Financial Times*, Conde Nast publications and *Retail Jeweller*.
- Illustrated with full colour photographs from the brand's history
- Cover finishes: matt lam and foil

Cartier: The Story Behind the Style



The Beginnings of Cartier

The house of Cartier started with one man. Louis-François Cartier, but it would take a family to make it one of the most recognised and respected jewellers in biores.

It was, in fact, Lauis-François facher, Pierre Cartier, who set the dynamy in metion, alsologish to could never have imagined the consequences of his accions are the time. Pierr had fought in the Napoleonic wars and spars it miss lockad in Brugins. Where the work-model in 1813, Pierre ensumed to Pierri, editories and anises. His Woodd go on on find employment as a meshworker and have five children with his wire Thubber, h. washerwarns.

The elders of the children bern into this working-class Paritin family was Louis François, and when it was burly in a jewelicy working owned by Adalphe Touad on Roc Mentogenei Bartis. It was a insight elderaham a strucing and parelling and ender was miscained with a whipbor he inyed and in BAT, at the age of 37, Louis François Dought the busices from Windar A, annuming B Carrier.

The carses worked board manyors carses





Canter revellery on archeointen is – was his histiki, J. C. opprated with an evel for ren plering can perhops as a med to the financial patholic two taking. Luckity, the risk poid eff and the Carter basissen thread and equation. In 1955, Finners Mathildz, a consist of Emperer Sayoleon III, parakand one of its (predis, and the Carter name was underlay hubpered among Paritain high society, even reaching the international dist. Three para hier, Isaaii François bought Gillina, a Paritain general tere tamos than his uwa, and ensands his basinese Cartier Gillina.

basiness in 1874, but is was the series of his own three sons - the highly ambitions Lauis, Pierre and Jacques - that would really shake up the jeceller and initiare in ancendance to the global brand we know today. The brochedy revolution surred with Louis, who issued the maison in 1898. A year later he spearheaded the renaming of the business, stripping away Collion to once again be known inhiby as Carrier. At the same time, the business opened as business at 35 road of the baix, just a stenci's throw from Place Vendone, the heartmand of laway jeweildry in Paris. This venture was funded by an enormous downy leviced through a stranget arrange marriage to Andrée Carriero Work.

Castric gamend a reportion for innovation, and the raise of bordens would later the by a name. Nover energy only exacts' One of Louis' near energy only exacts' One of Louis' near the 19th centry was to use plottens in place of plot. This precision starts it may be a start of the start of the start in the plotten of the start of the start induction of the start of the start of the induction of the start of the start of the induction of the start induction of the start of the start of the start induction of the start of the start of the start induction of the start of the start of the start in start of the start of the start of the start in start of the start of the start of the start in start of the start of the start of the start in start of the start of the start of the start in start of the start of the start of the start in start of the start. Start of the start of the start of the start, start of the start of the start of the start of the start.

Pierre Cartier, the second eldest of the brothers, would be an agitator in his own right, championing the global expansion of the brand's retail empire. He started by opening a Cartier boutique on New Burlington Street in London in 1902, where the brand showcased a new style of geometric, abstract jewels with unusual colour combinations that would lay the foundations for the Art Deco jewellery movement.

The first decade of the 20th century was an important time for Cartier. In 1904, the jeweller received its first royal certificate from King Edward VII of Britain, and soon started to supply many other royal courts including those of Russia, Spain and Siam (now Thailand). In the same year, Louis Cartier created what he believed to be the first ever men's wristwatch for aviator Alberto Santos-Dumont.

Pierre, meanwhile, embarked on a journey to Russia; one that would prove profitable in commissions from its high society, but also as a source of inspiration that would shape Cartier's jewellery designs for years to come.

In 1909, Pierre would focus his wanderlust on America, opening a Cartier boutique on New York's Fifth Avenue; the precursor to its famous flagship store further up the street, the purchase of which he would famously broker a decade later in exchange for a string of pearls. Back in London, his younger brother Jacques stepped in to take over its British branch. That same year, Cartier moved uptown to a prestigious Bond Street address, where it remains to this day.

As Cartier's man in Britain, and, as such, jeweller to King George V, Jacques joined members of the aristocracy on a trip to India for the Delhi Durbar in 1911. It was an event

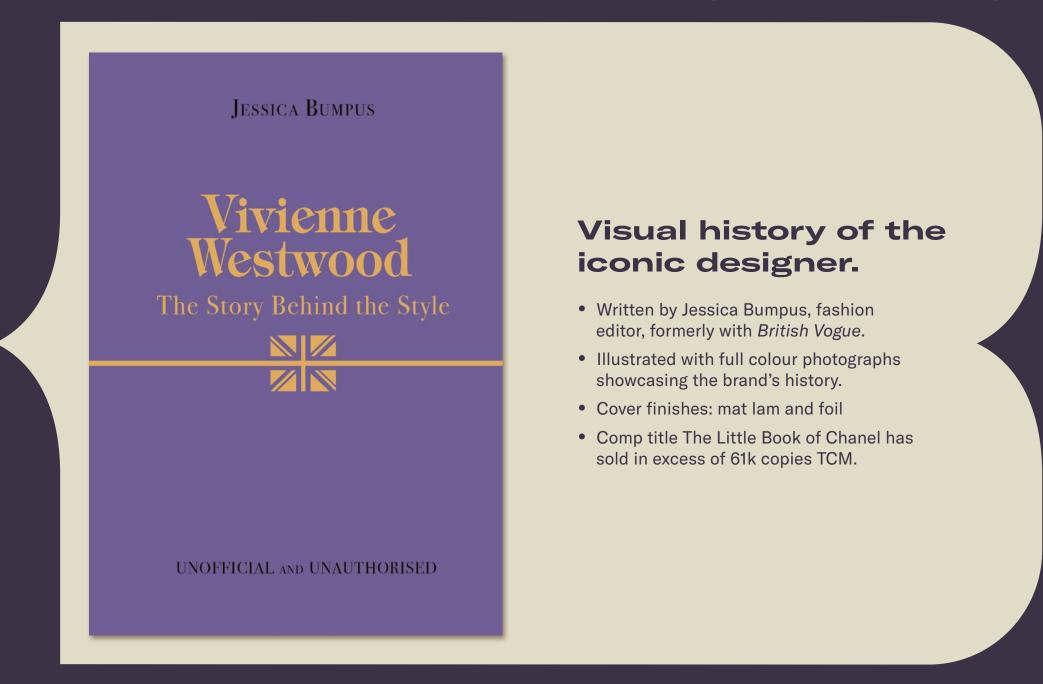


to commemorate the coronation of the King, with two weeks of festivities, during which King George V and Queen Mary would be proclaimed Emperor and Empress of India. This adventure to a new land would also prove to be a seminal trip for the house of Cartier. Jacques' sociable nature and love of travel would win ground-breaking commissions from India's rich, jewelloving maharajas and inspire a whole new category of jewellery, pioneered by Cartier and much copied by other companies. LEFT: Cartier platinum pendant watch set with diamonds, rubies and a pearl. c.1890-1910.

15 -

Pub Date	18/08/2022
Pub Price	£13.99
ISBN	9781800783409
H×W	181 × 126mm
Binding	Hardback
Age Range	Adult
Author	Rachael Taylor
Extent	160рр
Word Count	15000 words
Rights Available	World

Vivienne Westwood: The Story Behind the Style



Vivienne Westwood: The Story Behind the Style



Derbyshire Days

Viticane luded Swire was loom on April 8 1941 to Gendon and Dave Swite at the Participate Marranity Hans, Glosson, The forware failubin resultionsary had one staret, Olgo Swite, Josse 1946, and one bencher, Gendon Swite, Jossi 1946, May grow qui the particult of Tarwindton Tarwing and the grow qui the particult of Tarwington 1979b, how during and after Woldf War H.c. neisping what has been recomment as faithty sifter Guiddone, living at the same constructed Milbrook Corargos and playing soraide until later.

The young Swire class were encouraged to be creative and nake things more than they were encouraged to read. "Orienne have from a young age that she was goed at saking things, notably models at school, and she especially njoyed sewing classes. Her mother would often marke their lends, and worked as a wavere in a social otom factory.

The young Vivienne - who remembers having a passionate spirit from an early age – artended Hollingworth and Tintwistle Privany Schools from 1946 is at 1952, at which point the passed the scholarship exame for Glosop Geamma School. She consisted to be goed at art during her time at Glosop Grammar, and considered attending art school.

mong Westwood's noted formative fashion memories are he make-do-and-mend philosephy that came to define Butain in neutring as well as the constantion of Quence Distabult 11 are 30%, where Vircence well 25 probable. The inflatence of these row events can be seen throughpen events as of first elessis, and the make-bo-and morth philotophy is evidents in the materia "Buy Lens. Cheosen Well, Make Laur", which the brand will presentee to this day. Morthan and the brand will presentee to the day. Morand antiences y neglects as create her own marine bound, which is now constantional Andreas Kennthale



A chican A chican Krennhalze Krenn

Malcelm was interested in politics and was fuscinated by the French Simutionistic, a creative end-we of writeria and actions who whole to exclusion experialism through next of everyday life. He was a driving force in beinging politics, promocenism, occept and extract with Wertwood's world. She found hims to be charingartic and knowledgeable, but also full of coarrelations.

Malcolm McLaren

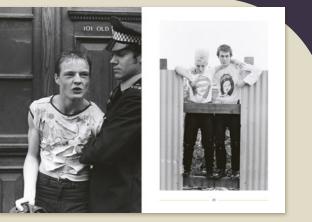
In 1967, they had a son, Joseph Ferdinand Corré, who would go on to follow in his parent's footsteps and eater the world of dishion. He founded the very successful lingeric company, Agent Provocateur.

It was in the early 1970s that McLaren and Wertwood began to build their empire. Malcolm, by this point, had left art school and Vivienne was about to quit teaching. The plan had beet to real visanger records together, and there was talk of setting up a stall. Bat a retail opportunity – via a new friend - on King's Road was about to arise.

Tommy Roberts, of the legendary Mr Freedom fishion business, such over the lease of 408 Kingi Road in 1909; He and hilo business partners, the failone entergenesses Treve Myles, were well-known for their eclectric and discerning. Tohine cyr which, appeald to the glitextii of the 1900s. It was under Myles' coarsis the shop was reasoned Parafuse Garage: the sparse was already well-known for failoino.

Vivianse and Malcolm, who were regulars on King's Road, ended up straing the back of 400 King's Baad, Indere sking wort the coming genera lack H Rock. The Fast To Lite, Too Yunng To Da and Sex and Sedimenties, all of which would encompass the named, conformational and nonconferencia marce of Malazer and Westwood, Desenault for shop would core in define the wind-but-defined styles.





A Revolutionary is Born

There are few British designers, or brands, that have made quite as much of an impact on the fashion landscape as Vivienne Westwood. A fashion designer of both cult and commercial success (which is a rare combination), she was a punk and a pioneer, a rebel and a provocateur, an activist and a change-maker.

Over the course of a career that spanned half a century, Dame Vivienne Westwood would become synonymous with the British punk scene. Punk is what immediately springs to mind for most when her name is mentioned, along with the King's Road, corsets, platforms, tartan, crinolines, pirate boots, sustainability and climate change awareness. The list goes on. Her shows and interviews have become legendary – she is famous for using fashion as a platform to speak out on the issues she cared most about.

There is no doubt that Westwood's affinity for fashion history has helped her designs stand out. They are often historically informed, yet never to the point that they look odd. Where something shouldn't work, it always did, thanks to Vivienne's ability to balance the old with the modern – she was a genius when it came to style mashups. And the original Vivienne Westwood aesthetic rooted in a DIY approach never fully went away. Her designs feel intrinsically British and perfectly eccentric. Westwood was the original multi-hyphenate and, in many ways, light years ahead of her time. She has inspired generations of designers that came after her, whether established and successful or aspiring and eager. Fashion critics even noted whiffs of her spirit at the London Fashion Week collections of autumn/winter 2023, which took place in February 2023, after her death. It's no wonder that her name is up there with the likes of Yves Saint Laurent, Christian Lacroix and the late great Karl Lagrefeld.



ABOVE: Vivienne Westwood takes her bow at the spring/summer 2018 London Fashion Week Men's collections, June 2017.

Pub Date	26/10/2023
Pub Price	£12.99
ISBN	9781800787162
$H \times W$	181 × 126mm
Binding	Hardback
Age Range	Adult
Author	Jessica Bumpus
Extent	160pp
Word Count	16500 words
Rights Available	World

Rolex: The Story Behind the Style

RACHAEL TAYLOR

ROLEX The Story Behind the Style

UNOFFICIAL AND UNAUTHORISED

Visual history of the iconic watch brand.

- Written by Rachael Taylor, a journalist specialising in jewellery who has written for *The Financial Times*, Conde Nast publications and *Retail Jeweller*.
- Illustrated with full colour photographs showcasing the brand's history.
- Cover finishes: mat lam and foil
- Comp title The Little Book of Chanel has sold in excess of 61k copies TCM.

Rolex: The Story Behind the Style

REVICES Hors Hildorf, the founder of Roles.







deck of a horse-ornnibus in 1908, it came to him. Or as he would later jest: "A genie whispered 'Rolex' in my eat."

Under this even name, Wichtler constanted has quere to create relative writewards with quelty mersurements. In 1996, Rolex hat a breakthrough when one of its productic powered by an Arglan mersure, bosonic die firm wittewards in the an Arglan mersure, bosonic die firm wittewards die Parisition – a mark of kreenlegich custificnes. Feuer prester, anschen mitternen wend die achtenet wittewards with a Observationy in London zuondel. Rolex wittewards with a Observation with a characteristic die achtenet with the present mersure distance of the comparison of the state function shallfield de reportion of Rolex as a parveyet of presist instancing junctionance.

In 1914, World Wir 1 hocke our, and the following year the British peremnent introduced a 33.5% contous days a par of the war effers. If this inter, Roleit Chaolae office, which had a staff of 60 people, was experiting its watchen all over north. Wildoff much the derivation to more the compary for Bienen is Swinerland. It interdy had as office in La Chaoca de-Fends, which is respond in 1917 for marking peopersbur, bur nove would remove it from the British wands industry alregaber.

, so, the legacy of Rolex's Swiss-made watches bega the Swiss company Rolex S.A. registered in Gene 0.

 a diffuse inquienant in increasingle obove gividit/mails 1942, a toak that requires diarty, an a Role worldh.

The Origins of the Oyster

A major leap forward for Rolex's brand was the launch of the Opster in 1926. This new style of watch promised to be waterproof and disapproof thanks to a a benetically scaled case, proving its durability. It also made it an obvious choice for sporting activities, which would prove to be a rich source of matheting for Rolex in the years shead.





the Oyster case had a patenced system of screwing down th serel, caseback and winding crown against the middle case to real the morement inside securely. The winding crown, which is made from 10 individual parts, was key as it acted as ago-between between the sealed inner world of the case and its functional external elements.

The Oyster case would become the backbone of Roles. Nearly every watch in airs contemponary range forenses an Oyster case, and due names of all the models inference it. A Submariner in technically anated an Oyster Propertual Submariner and a GMT-Master II is an Oyster Propetual GMT-Master II, and so on. The only exception is the 1908 dense watch, which does not have an opster case.

Rolex's iconic fluored bezels are a throwback to the early Overer cases. Although these floarishes are decorative now, the ridges originally served a purpose to allow a special tool to serve the berel securely to the mild case.

DPCSTE A 1951 Itolais Oyoter ABOVE A cose shot of a Rolais Oyoter Perpetual on a brown-aligner shap. Perpetual dial and Rined beak.

The World's Most Famous Watch Brand

R olex has become shorthand for luxury. There is no watch you can strap on to your wrist that will be recognised for the status symbol it is quicker than a Rolex. And for many, this is the appeal.

Yet there was a time when the name Rolex – a word completely made up by the brand's founder Hans Wilsdorf – was not famous. It would take hard work, boundary pushing and a lot of self-belief on the part of Wilsdorf, a German orphan, to jettison the name into the upper echelons of horology; starting with convincing the pocket watch-wearing gentleman of the early 20th century that they wanted to wear the time on their wrist at all.

As you will discover, Rolex won its place in history by constantly questioning what was possible and innovating at all costs. It pionereds so many elements of watchmaking and design that are standard today, such as waterproof watches, placing a date window on the dial, and even removing the need to wind our watches.

It also found its way into some of the most exciting moments in history by placing Rolex watches on the wrists of adventurers and explorers. Its watches have travelled to the world's highest peaks and to the depths of the ocean; they have survived extremes of temperature, speed and pressure. The story of Rolex is so much more than that of its watches. It is one of epic ambition and vision. What started out as a one-man band in London's Hatton Garden would become the epicentre of the Swiss watchmaking industry, and one of the most recognisable and coveted brands in the world.



ABOVE: A Rolex bourlique in the GUM State Department Store on Red Square in Moscow,

Pub Date	26/10/2023
Pub Price	£13.99
ISBN	9781800787179
$H \times W$	181 × 126mm
Binding	Hardback
Age Range	Adult
Author	Rachael Taylor
Extent	160рр
Word Count	16500 words
Rights Available	World

Manolo Blahnik: The Story Behind the Style

Jessica Bumpus

MANOLO BLAHNIK The Story Behind the Style

UNOFFICIAL AND UNAUTHORISED

Visual history of the iconic shoe designer.

- Written by Jessica Bumpus, fashion editor formerly with *British Vogue* and author of *Vivienne Westwood: The Story Behind the Style.*
- Illustrated with full colour photographs showcasing the brand's history.
- Cover finishes: mat lam and foil.
- Comp title *The Little Book of Chanel* has sold in excess of 70k copies TCM.

Manolo Blahnik: The Story Behind the Style





Pub Date	24/10/2024
Pub Price	£13.99
ISBN	9781800789562
$H \times W$	181 × 126mm
Binding	Hardback
Age Range	Adult
Author	Jessica Bumpus
Extent	160рр
Word Count	16500 words
Freight On	22/08/2024
Board	
Rights Available	World

Bulgari: The Story Behind the Style

RACHAEL TAYLOR

BVLGARI

The Story Behind the Style

UNOFFICIAL AND UNAUTHORISED

Visual history of the iconic jewellery brand.

- Written by Rachael Taylor, author of *Tiffany and Co, Cartier* and *Rolex*. Rachael is a journalist specialising in jewellery who has written for *The Financial Times*, Conde Nast publications and *Retail Jeweller*.
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Bulgari: The Story Behind the Style



Elizabeth Taylor

Our of Blughryn most fanwis dienn in in La Dolor Vita ers – and leng afterwards – was Einhech Tayles. The American store first discovered Balgari when due was Refining (Corporain 1962; Some of the film was due on locarions in Holz, and it is vaid that when be had into herenew ratikes, or without in except the paperariz, she would head to Vita Cinduit is try as Balgaris materijeens. Sim had due due was allowed in except hourght a score vide door that puscided har with a private energypt due high the private due to the score of the score

Taylor was a famous jewellery collector, and often negationed pieces of jewellery as part of her film contracts. She even published a book aboot her observison in 2002 trieled *Kizahesh Taylor: My Lawe Affeat with Jewelly*. Therefore, it was little wonder that downtime in Rome led her to Balgari.

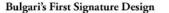
Taylor's portrayal of Cleopatra also helped to make a Bulgari icon trady stratospheric: the Serpenti watch. Although she



Balgari wasn't the only burgeoning love affair in Taylor's life at that time. She was also starting a romance with her *Cloparus* co-star Richard Burton, who would become her

> Elaciowih Toylor offenda Earl and Cof Weatonico Weaton in CWF, weatonico e of Para, headdwai, and wellery





Every great jewellery house needs a signature design, and for Bulgari its first was the Trombino ring, which was created in 1932. The design was a labour of love for Giorgio



Bulgari, quite literally: it started out as a sketch for a ring with which he hoped to propose to Leonilde Gulienetti. For someone as passionate about jewels as Giorgio, the ring had to be perfect.

ement made it another record breaker. The ultra-thin

minute repeater movement – housed in a titanium case t amplify the sound of the chiming mechanism that is the hallmark of this complication – was 3.12mm thick.

The following year, Bulgari presented another ultra-thin watch. The Octo Finissimo Automatic was not complex in terms of watchmaking, but it set a new record for size as the thinnest according watch on the market at 5.15mm, with a movement just 2.23mm tall.

Bulgari's next attempt would break two records. In 2018, it presented the Octor Finisians Tourbillon Automatic. It was the thinnest automatic watch at 3.95mm, and also the thinnest tourbillen in the world.

The obsession with record-breaking ultra-thin watchmaking rolled on. In 2019, the Octo Finissimo Chronograph GMT

became the thinnest mechanical chronograph movement 3.3mm, set in a 6.9mm titaaium case. In 2020, the Oct-Finissimo Tourbillon Chronograph Skeleton Automatic

His design was for a ring that would elevate the central stone above the band, creating a sense of volume. This prominent setting is what inspired the name Trombino, which translates from Italian as "little trumpet", as the profile does indeed look trumpet-like.

He worked purely in white diamonds, as was the fashion at the time. As well as a central stone, diamonds crowded the band, but rather than simply creating a blanket of stones in a pavé setting, Giorgio sought to add a little flair.

In addition to pavé diamonds, he added graduated baguettecut diamonds that led away from the central stone, almost like a ladder. This placement of baguettes created an even more prominent stage for that elevated central diamond, drawing the eye to it.

Giorgio was delighted with his final design, and steeled his nerves for the proposal. Leonilde must also have been pleased with it, as she agreed to marry him.

So striking was the ring that it soon caught the attention of Rome society, and Giorgio realised that what had started as a personal project had huge potential for his company. And so, he began to produce the Trombino for his clients, and the 1930s design remains popular to this day.

35

OPPOSITE: An all-diamond and platinum Bulgari Trombino ring, which sold for US\$57,150 at Sotheby's in 2023.

was mamed the thinnest tourbillon chronograph with a case depth of 3.5mm, And in 2021, the Octo Finissimo Perpetua Calendar became the thinnest perpetual calendar watch at 5mm thick.

In 1022, to mark the 10-year anniversary of the relaxack of the Octo line, Balgari presented another impressive watch that smashed the others out of the park. The Octo Finisision Ultra became the thinnest mechanical watch on the planet, with a case size of just 1.8mm.



New York

New York was the location of the brand's first international store since Sortirio's early expansion ended. The beand's produces were already being sold in the US theough an agent, but in 1972 it repends a boatique within the Pierre Hotel on the edge of Central Park.

In America, Bulgari positioned inself as luxury jecwillery for women who wanted to know fam. It was topping into the way-going services toriginst. In a company starting the large service of the service of the service of the service barr net too version". In their campaign, Chris was warning a effective and left start and forging of the Bulgari shad created to effective the Pierre boundare sensing. The collection and coral, large itsuit, earned and dimension to create stars



OPCSEE A Siguri mg with domonds, sapphas and rubis comapa) a the Amelian log, which was wom by band access of the local and beneficial to a bit band access of the local and beneficial to a bit



and stripes motifs in reference to the American flag.

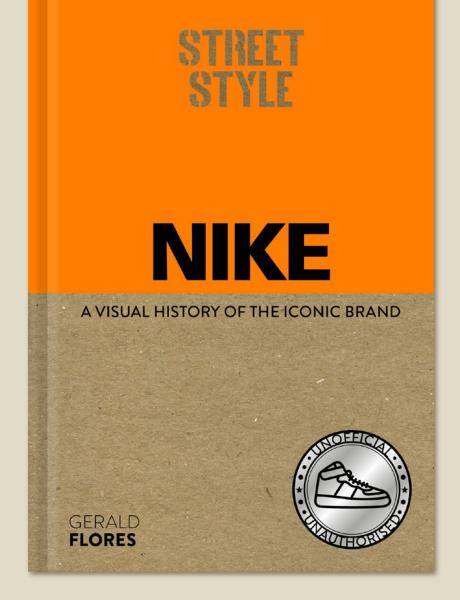
Bulgari added pieces to the Stars and Stripes collection throughout the 1970s and into the early 1980s, but today it is a rare find on the secondary marker, making it the holy graif for Bulgari collectors.

A special Stars and Stripes ring was made for former First Lady Nancy Reagan to war at the contenary celebration of the Status of Liberty. The flag on the gold ring was constructed with rolites, blue appliers and diamonds. The ring came up for sale at Sotheby's in 2016 and fetched \$319,000.



Pub Date	24/10/2024
Pub Price	£13.99
ISBN	9781800789579
H×W	181 × 126mm
Binding	Hardback
Age Range	Adult
Author	Rachael Taylor
Extent	160рр
Word Count	16500 words
Freight On	22/08/2024
Board	
Rights Available	World

Street Style: Nike



Visual history of the iconic street style brand.

- Illustrated with full colour photographs showcasing the brand's history.
- Cover finishes: mat lam and foil.
- Written by sneaker connoisseur Gerald Flores. With over a decade of journalistic experience, Gerald is fascinated by the people, designers and stories behind sneakers. He has interviewed personalities including Kobe Bryant, Tinker Hatfield and Virgil Abloh.

Street Style: Nike



d in that era. The hight before 1984 was New Bala

win NBA Rookie of the Year, to b

an 7. One notable







Nike Air Max 180

The Nike Air Max 180 was a c anta in the footwear design industry: Tinker Batfield an ruce Kilgare. At the time of its creation in 1991, Hatfield d for his groundbreaking work on previous A

ted Air technology larger and more been. To achieve this, they hoved in r the Air unit, which adectoot of the shoe. They utilised a b reate a version of the bag that provide directly to the Air unit, further enhancing its visibility and performance capabilities. The heightened visibility of the Ai technology directly inspired the name Air 180.

aring a period when Michael Jord. ilicantly impact any product, he was photographed wearin in of Nike Air 180s in the 'Concord' colourway for a photo at necediar the 1992 Obvenia. This hird worldle short





'Well, I don't love it,' Knight was heard saying upon the first review. 'But it will grow on me.'

The Swoosh definitely grew on Knight as the shape also bore a resemblance to the wings on the Greek goddess that Nike was named after. It would go on to become one of the most wellknown logos in the world.

While Davidson was initially paid just \$35 for her design, Knight saw her as one of the original minds behind the brand and wanted to acknowledge this. In 1983, the founder rewarded Davidson with 500 shares of Nike, as well as a golden ring

_ 20 _



with a Swoosh-shaped diamond, which is possibly the biggest remuneration for any logo design in history.

The marking is such a part of Nike culture that every new athlete that signs with the brand is tasked to draw their own version of the Swoosh. There have been different evolutions of the Swoosh and you can see the various iterations if you look through Nike's back-catalogue of products. Designer and Nike collaborator Virgil Abloh nodded to Davidson's original Swoosh design on the cover of his book Something's Off and the marking has been reversed on signature product for eccentric players, like Dennis Rodman's Air Darwin sneaker. But the essence of the Swoosh remains in its simplicity, its elegance and the way it represents movement.

OPPOSITE: Giannis Antetokounmpo's first signature sneaker implemented its performance features in the midsole in the shape of a reverse Nike Swoosh.

ABOVE: A lightning bolt effect on the Nike Swoosh printed on a pair of track spikes.

Pub Date	07/11/2024
Pub Price	£13.99
ISBN	9781800789555
$H \times W$	181 × 126mm
Binding	Hardback
Age Range	Adult
Author	Gerald Flores
Extent	160рр
Word Count	15000 words
Rights Available	World

Street Style: Dr. Martens

STREET STYLE

Dr. Martens

A VISUAL HISTORY OF THE ICONIC BRAND

JIAN DELEON

Visual history of the iconic street style brand.

- Illustrated with full colour photographs showcasing the brand's history.
- Cover finishes: mat lam and foil.
- Written by Jian DeLeon, the editorial director for Highsnobiety. Jian is an expert on the intersection of streetwear, sneakers and luxury fashion. He cohosts 'The Dropcast', Highsnobiety's weekly news podcast,

Street Style: Dr. Martens



The original pairs of Dr Martier's UtWair shows even till a far cry bent the instantly recognisable nodels the brand is known for odds. The uppers were mach more minimal in execution and the soles were much worker with a very visable contrast thanks to a lighter-coloured wis

The many produced designs must be contrastentially and the second production of the second second second production of the second second second second production of the second second second second production of the second seco

The Birth of

Bouncing Soles

A.

Now that you're briefly had a glimpse at Dr. Marton: The Stars, NY time to redicence the past. How did a German how heards become so distinctively Reliable? That stary legins in 1991. A mon named Benjamic Origgi as nith is univorse partrem Stratizans, north Neutranaprensible, Typell, they had incoreposated as B. Griggs & Ca. Lid., ercentually becoming the R. Griggs Group.

a just a couple of decider, Wollaston had become one of ingularly showning capitals. As easy in DBE, one of its shotcheries was established as a workers' co-querestive of local biology (and income). The Daffers', and it survives today as its Narthagetonshire Productive Society, still making show its Narthagetonshire Productive Society, still making the NB, where its manufactures many will known high end owners based. In the R. Grugg Group continued to fitswish well into the

that the it. Origin being continued to Distance were into the intermediate of the second second second second second results business are second business in the foreness would give even more when he decided to take a trick in 1920. Building on the success of their fielding for detected business. Net Klass Maertens and for Breitert Fuel begins soliciting advertisements for Da Maerten's Allivie Bhose in intermentional magnitors. Griggs and the ad for this instructive air-cubing dispet of the sund costs and instructive responsed in a perturbation. After all, having grown up in factories his whole life, he understood the need for sturdy, robust work bosts, but also knew how uncomfortable they could be.

transcally, the rest of his family disagreed with his forenight, exercing the *air* - could one as a ginemick, the kind of liaki in the pan that would do do at our our time while hather soled boots are assend for a set of the transfe his intuition and went shead to meet with Dr Maertens and Dr Funk, fast developing a support with them and inling the enclusive licence for their



Mod Squad

One of two start providence Britlin remain extendence of a selecter the BFG, and extendence of the selected according to the Britler for short. Municid tasks were last one part at the complete likely for shorts, module constraint with selected according to the probability, and the selected according to the signature remaind of the Bright Aler Forse. It was a subscribtly at forsion of a second of the Bright Aler Forse. It was a subscribtly at forsion of a second second remain the signature remaind of the Bright Aler Forse. It was a subscribtly at forsion of one second ones, the sample was informed to and the second result discustors, the sample was informed to and the second result discus-

As weld have of The Who, it's no surprise that Dr. Martens became an indelible part of Model validness. The also lines of the boots looked good with satts and similarly complemented the minimal styles of the subcultare, and could also be worn on the Mod valuate of choice the Verpa scooter.

RIGHT. Two second viding mode take a long outside Herne Bay's Arrustement Arcade in 7 In contrast, the biller-showed sub-cluster of Bochrise who recovered leading-materix physical sectors are subtermined bulkers and the state of the state of the state and R&B as effectively and an annerscene ghysical altercities between the twee groups leid to a most physical altercities of an any synch. Hysical sector has been as a state of the bulkers of altercities (the state of the state of the state bulkers of the state of the state of the state of the state of the bulker of the state of the state of the state of the state of the bulker of the state of the state of the state of the state of the bulker of the state of the state



The Spring Behind Every Step

L

It's hard to believe that an orthopaedic shoe could be synonymous with rebellious style around the world. Yet that is what the Dr. Martens brand continues to represent to millions of its ardent (ans.

It can be challenging to maintain one's cool factor over the decades, but by intentionally aligning itself with subcultural style, the nearly octogenarian footwear manufacturer hasn't lost a single step when it comes to cultivating an alternative type of timeless footwear. Considering the United Kingdom also has a rich history of fine Savile Row tailoring. Scottish wools and ruggedly elegant Harris Tweeds, fashion houses like Burberry and tastefully tough outerwear from brands like Barbour, Dr. Martens is singular in that canon of classic British style. Indeed, Dr. Martens is a staunch iconoclast, a bastion of anti-establishment ideals for people who prefer to dress against the grain.

But despite the modern connotation of what Dr. Martens has become, its roots are built on a comfortable foundation. Dr Klaus Maertens first conceived of the footwear's signature 'AirWair' sole while recuperating from a World War II foot injury.

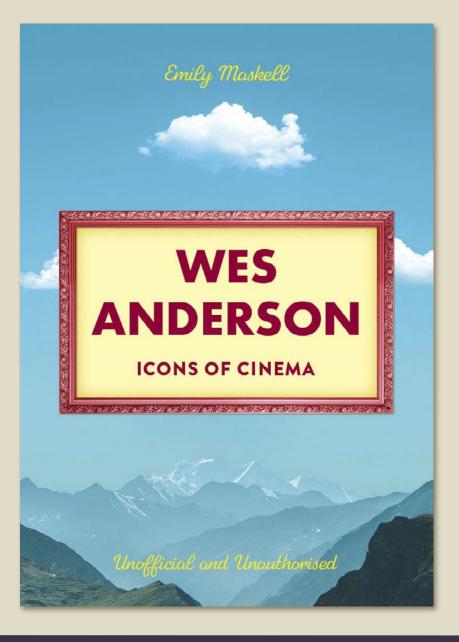
Finding his standard-issue German Army boot severely uncomfortable for his ailing foot, he utilised soft leather for the upper and repurposed tyre rubbers to create an air-padded sole. The resulting shoe is equal parts built to last and equal parts built to live in. It's no wonder that punk rockers and hip-hop artists alike have graced thousands of stages in a pair of Dr. Martens over the years - it's a shoe made for those who live out loud. The story of how a purpose-driven product came to define one of today's most exciting lifestyle brands is one that spans a growing connection between clothing and culture. When you combine a timeless product with a chameleon-like ability to mean different things to different people, you get a shoe that is undeniably trend-proof.



ABOVE: A classic pair of Dr. Martens 1460 boots, broken in with wear.

Pub Date	07/11/2024
Pub Price	£13.99
ISBN	9781800789760
$H \times W$	181 × 126mm
Binding	Hardback
Age Range	Adult
Author	Jian DeLeon
Extent	160рр
Word Count	15000 words
Rights Available	World

Icons of Cinema: Wes Anderson



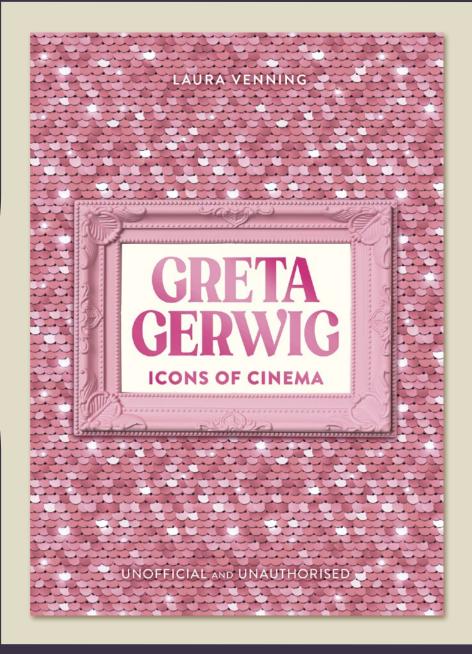
A celebration of the iconic movie director behind *The Grand Budapest Hotel* and *Moonrise Kingdom*.

- Written by Emily Maskell, author of **Icons of Cinema: Baz Luhrmann** and freelance film critic who has written for BBC Culture, GQ, W Mag and more.
- Illustrated with full colour photographs including events and movie stills.
- Will publish simultaneously with **Icons of Cinema: Greta Gerwig**.
- With home streaming services expanding and multiplying at an incredible rate, as well as the Barbenheimer Effect of 2023, there is a renewed interest in film and cinema.

Icons of Cinema: Wes Anderson

Pub Date	09/10/2025
Pub Price	£13.99
ISBN	9781835871515
H×W	181 × 126mm
Binding	Hardback
Age Range	Adult
Author	Emily Maskell
Extent	160рр
Files To Printer	19/05/2025
Freight On	07/08/2025
Board	
Rights Available	World

Icons of Cinema: Greta Gerwig



A celebration of the iconic movie director behind *Barbie* and *Little Women*.

- Written by Laura Vennning, film critic specialising in feminist cinema who has written for BBC Culture, Empire Magazine and Little White Lies.
- Illustrated with full colour photographs including events and movie stills.
- Barbie earned more than \$1.38 billion worldwide to become Warner Bros' highest grossing film ever, as well as the highest grossing film ever from a female filmmaker at the domestic box office, and was the largest global film release of 2023.
- Will publish simultaneously with **Icons of Cinema: Wes Anderson**.

Icons of Cinema: Greta Gerwig

Pub Date	09/10/2025
Pub Price	£13.99
ISBN	9781800789845
H×W	181 × 126mm
Binding	Hardback
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Author	Laura Venning
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Icons of Cinema: Baz Luhrmann



A celebration of the iconic movie director behind *Moulin Rouge!* and *Elvis*.

- Written by Emily Maskell, freelance film critic who has written for BBC Culture, GQ, W Mag and more.
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Icons of Cinema: Baz Luhrmann

Paso Doble Flare

Threach Scott and Fra Bollyson, their rule-breaking he most me



nt melts into a scene of schooling between the two men, who v different from one another.

in Scott and Fran's unofficial dance

m perfect their paso-doble. Fran's grandmother Ya Ya U

A 21-year-old DiCaprio nailed the character's complicated breadth of reactions, cycling through all of those emotion in a few seconds. His anger is tangible in his animalistic gas treme close up of Ro

susholds' rivalry. The self-destruction of youth cub

breaking con-

tion as the riso lovers tragical



Luhrmann's Outback

On home soil. Lubiminuis epic drama captures the landscapes of Australia with wonder. This tural consister swoots over the landsc reasons areas seems intervant constant removed WHC the labeled as much as Lady Sarah and Drover's infatuation. As the pair roam across endless makes of hand, driving cattle, cinematographer Mandy Walker highlights the sun-blistered Outback's unforgiving nature.

mature style of visual orsalence inflates with Walker intra-more regimers only or the original operation and sense with water the origination of the sense of the sense of the sense of the sense of the neutralinous ravines. As Walker sweeps over various tertains, the errich during an borderline panneranic. The circenanography borrow the during the sense of the sense with grand more ing Outlock, Further b ite Outback. Further bolstering Autralia, unlike Jill Bilcock ctive editing, Dody Doen and Michael McCasker take a mo h. The Outback lingers on the screen so views

Light is a central component of Luhr n, but the exposing quality of light and the noticeable absence is imbase. Ascendar's frames with a fantastical quality. Filming Konsumers, a symptote preion of parthern Western Assistable.

g George arop a mountain or Lady Sarah tradging through sands. The film syphons through several characters and their differentiating outlooks as Luhrmann examines the beauty of the dusty red plains while concemplating the harsh reality of the cost







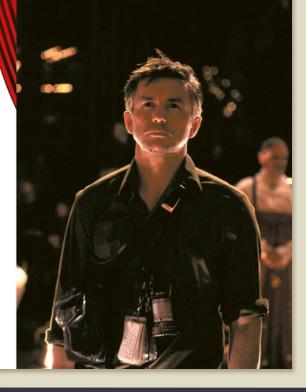
THE CURTAIN RISES...

The Showman

Over three decades, Mark Anthony Luhrmann, who goes by the moniker Baz Luhrmann, has cemented himself as one of cinema's most recognisable filmmakers. The Australian film director, producer, writer and actor has worked across television, opera, theatre and music, but it is in the cinematic realm where he has really flourished. He is regarded as a contemporary auteur renowned for his theatrical aptitude, opulent aesthetic and sweeping romances.

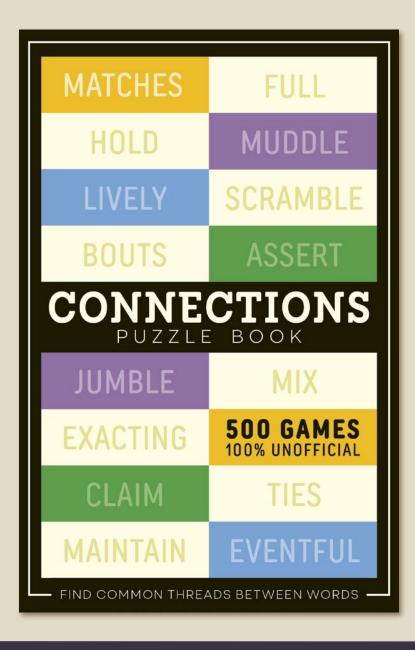
Luhrmann is a showman as much as a director, known for conducting dramatic narratives that play out on a flamboyantly grand scale. Culturally, his significance spans the arts as he takes classic narrative structures and morphs them through new perspectives, not limiting himself to the boundaries of realism. This signature style marks the Australian filmmaker as a pioneering storyteller where the fusion of high and low pop culture creates an entirely singular body of films.

OPPOSITE: Luhrmann on the set of Mourin Rouge



Pub Date	07/11/2024
Pub Price	£13.99
ISBN	9781800789869
$H \times W$	181 × 126mm
Binding	Hardback
Age Range	Adult
Author	Emily Maskell
Extent	160рр
Word Count	16500 words
Rights Available	World

Connections Puzzle Book



500 puzzles to do anywhere, any time!

- With an eye-catching mat lam and spot UV cover, this b-format book is perfect for puzzling on the go.
- With challenges for all abilities, this book can be enjoyed by the whole family and makes the perfect gift for puzzle fans.
- These stimulating puzzles are perfect for those seeking screen-free time.
- This book is perfect for fans of online games such as Wordle, Quordle, Murdle and Connections - when one puzzle a day just isn't enough!
- Perfect for long journeys or holidays.

Connections Puzzle Book

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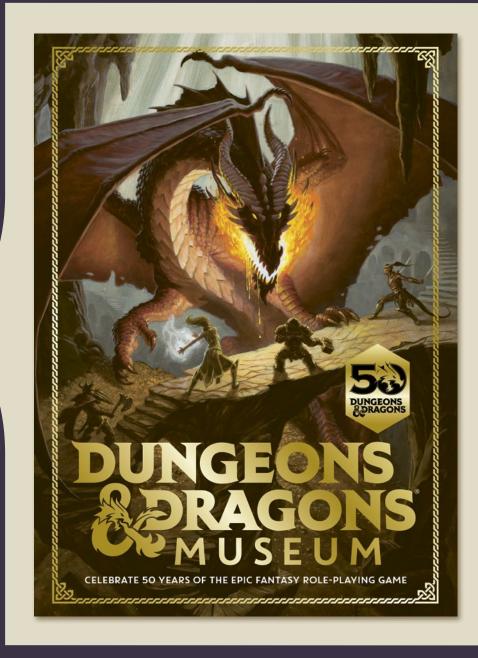
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Pub Date	29/08/2024
Pub Price	£8.99
ISBN	9781835870518
$H \times W$	198 × 129mm
Binding	Paperback
Age Range	Adult
Author	Roland Hall
Extent	304рр
Word Count	24000 words
Freight On	31/07/2024
Board	
Rights Available	World

Dungeons & Dragons Museum



A deluxe visual history of DUNGEONS & DRAGONS.

- Publishing to coincide with the 50th anniversary of D&D.
- More than 50 million fans have played Dungeons & Dragons since its release in 1974.
- D&D has always had a strong and devoted core fan base, but thanks to the launch of the video game Baldur's Gate 3 and the movie Honour Among Thieves in 2023, a swathe of new casual fans are embracing D&D as well. The movie was also credited with making D&D more accessible to younger audiences.

Dungeons & Dragons Museum



FIRST

KNOWLEDGE DOMAIN

FIRST EDITION

The First Edition of Duxesons & Duxesons combined all of the bright islass and best mechanics from the rulestes of wargaming and its homebrewed variants – as well as narrative influences from other media – to create a paragraph of excellence in the relatively new rolic-playing genre.

Calcel perigence distance service tworfs (non-responsing parts and peripers) to create their characters and limitable three different volumes (*limit* & *lings* volume) and by pilvers to create their characters and learn the basis mechanics of CDAC, *Monaters* & *lineaux* contained depictions of the creatures that inhibited the dispersions of the voridage wells as the magala them and loot threid dops and *line*. Underword and *Withmess* Adverses detailed how to design duageons, deal with encounters and run, campaigns. Compared to the fefty volumes of two codes and possibilities that we how to dar. CDADs was fairly and the dispersion of the voridage of two codes and possibilities that we how to dar. CDADs was fairly and the dispersion of the voridage of two codes and possibilities that we how to dar. CDADs was fairly and the dispersion of the voridage of two codes and possibilities that we have to dar. CDADs was fairly and the dispersion of the voridage of two codes and possibilities that we have the dispersion of the voridage of two codes and two dards (DADs was fairly and the dispersion of the voridage of the voridage of two codes and two dards (DADs was fairly and two dards (DADs and the dispersion of the voridage) and two dards (DADs was fairly and the dispersion of the voridage of the voridage of two dards (DADs was fairly and two dards (DADs and two dards (DADs was fairly and two dards (DADs and two dADs and two dards (DADs and two dADs and two dards (DADs and tw

Compared to the netry volumes on rules options and possibilities that we show today. Cubicul was tarry limited, it contained just three character classes – fighting man, magic-user and derik – and only four races – human, eff. https://doi.org/10.1007/10

Although role-playing as an individual was a feature in David Wesely's Brounstein and Date Ameson's Biodimona; it was a rare feature in a published rulexet. ODAD gave players the ability to choose their race and class, give themselves a fantastical name and even pick an alignment – lawful, neutral and chaotic – on which to base their character's actions. It was a level of escapion rummatched by any other game.

Another feature that was alien to wargaming enthusians, and most tabletop gamers, was the D20 – a 20-sided de, on kosahedron if you want to get technical A 22-sided de allowed for more wared outcomes than a stundard sisked de. Gragos had borrowed this isen from the only game that he inserve used a D20, Trottis, created by game developer Don Lowry, who started to produce icosahedrons for sale in North America. TSR gady resold the doe for use in OD&D2 and so the D20 was used to resolve everything from atacks to loot drops.

OBB rold around 4:000 copies in the first two labridary years his limited success may have been due to its indexion or provincing habited wargems. For indexing hybers were recompared to use the combat system from Organ's previous prabited were tracked and an exist organist system that would everyable provide that does not that the polytocial of the state at their system board game. Dublor Suncers & Dublocos, Nomethies, subs 60 OBBC control and ereguinered regard to jary Ducaros & Dublocos, Nomethies, subs 60 ODBC controls of grow and warranted the release of five supplements that bait on the base set. These included Graphoca and Biodimos, which were new release based in Organs and Amesion's respect campaigns. Each supplement sought to field out the timer parts of the organist estadoing disess like the druid paided and thief, as well as new speak and magrait terms. By the more the mit supplement, sworth S Speik had released a might out had begin to sproad from the time acome that was the startment. The wind all are or from the scale of the grow we know today — the Ducaros & Ducaros organisments and pather stand.

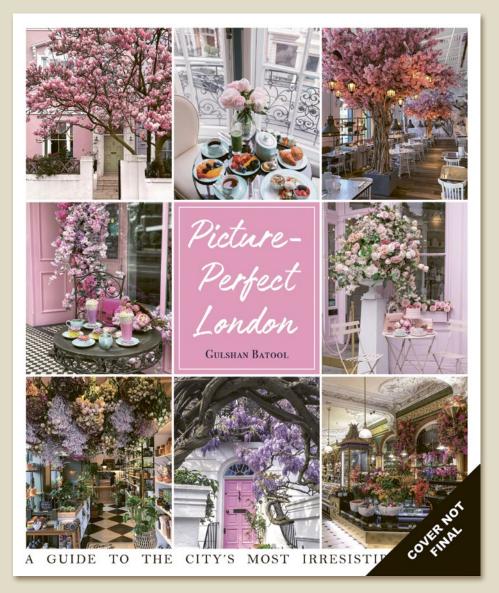
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First Edition Rules The original two of handbooks in ODBD: (in) Man & Magic, Manaters & Teasure: The Underwork! and Wildomese Adventures	2: Dreft Dregen An early draft of the dragon Busination that was to be included in the First Edition hardbooks.	 Barberien Early artwork by Ging Bell showing a barbarian Fighing off a black pudding. 		

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Pub Date	10/10/2024
Pub Price	£25.00
ISBN	9781800789623
$H \times W$	370 × 272mm
Binding	Hardback
Age Range	Adult
Author	Hasbro
	International
	Inc.
Extent	96pp
Freight On	22/08/2024
Board	
Rights Available	World

Picture-perfect London



A carefully curated guide to London's most Instagrammable spots.

- Gulshan's primary Instagram account, @ gulshanlondon, has 208k followers. She has collaborated with everyone from Claridge's and The Connaught to Peggy Porschen and Sketch.
- Gulshan focuses on the luxury London lifestyle and is a unique influencer in an arena largely dominated by upperclass white women. She is known for championing female and minority entrepreneurs.
- Gulshan's audience is 87% female, and she has broad global reach: top countries are the US (21%), the UK (20%), Italy, France and Australia.
- Most influencer-created guides to London published pre-2020, giving us a clear advantage in terms of how up-todate competitor titles will be.

Picture-perfect London

Pub Date	07/05/2026
Pub Price	£25.00
ISBN	9781800783294
$H \times W$	230 × 190mm
Binding	Hardback
Age Range	Adult
Author	Gulshan Batool
Extent	240рр
Translation Files	25/08/2025
Files To Printer	05/12/2025
Freight On	26/02/2026
Board	
Rights Available	World

Building Bonds

BUILDING BONDS

Why We Choose the People We Choose (and how to change it if we want to)

ZOË ASTON

insightful and compassionate." Joshua Fletcher best-selling author and therapist

Learn to navigate relationships

- Hardback book with matt lamination and spot UV cover finishes.
- London based author Zoë Aston has an MSc in Psychology and Counselling and is a registered and accredited member of the BACP (British Association of Counselling and Psychotherapy).
- An accessible and easy-to-follow guide to building healthy relationships in your life, with a focus on a range of different relationships including romantic, friendship, family and professional.
- Includes practical advice, reflective activities and a toolkit of techniques that can be implemented in every day life.

Building Bonds

This leads not to one very important fact, that you must hold is mind throughout the vehicle lock: understanding and defining your relationships, more effects that any, more understanding and defining yourself within your relationships. Therefore, we will be astrange with your relationships with yourself, and then werk through family, franch, tennance, workplace relationships and 3-andiry ordine relationships. To break this does relation and more myoff key clear: we cannot diffice others through this work, we down in the second second second second second second second determines.

al dynamic. Your focus needs to be on your input, your thoughts, your feel-ings, your behaviours, rather than changing or impacting others. rups, your remarkours, rather than changing or impacting others. You are going to make your own choices. I'll remind you of this as we go, but for now; take a moment to consider your moriva-tion(s) whiled doing the exercise below.

Exercise: Brainstorming

Grab a pen and paper, or use the notes soction in the back of W you're onything life me, you'll read that and absolutely not de it. I get it, maybe you're reading this in bed, on a device or listening to an audio recording. Maybe you're on public tramport or you have a newparg on you want it is an incommune neggering, or you sum of fort to do the writing hit. If your can write shift down, great. If you are set on doing this is your head, then fine, but know that you won't have a written in your status, time june, the above many you work your a service a record of yours biooghits and ideas and you might forget them – 1 always do. This stands for all forther exercises in this book. Write alwave or imagine the work' rectainstaids' and boundary. Circle them. New let yourself free fail about all the things that Here's an example

In the diagram opposite I can see that my focus is on feeling safe and comfortable in relationships. So, my motivation while I do

this work could be to find safety in my relationships. Your facus might be on sumething different: you might wourt is he more inter-mate, universities, to hold former boundaries, to be able to be in ter-moner than you do right now... combing it possible. From the works you're collected can you see what your facus foldcares? Can you say out any matter or thomes that interest or indicators?



THIS BOOK WILL HELP YOU TO UNDERSTAND

What your behavioury in relationships might mean

What you bear shown in transmission maps maps mean. How your history impacts how you choose people. Why most of other people's behaviour has nothing to do with you and your value. How to adjust dysfunctional and subelpful reactions and be-

Here is adjust dynamicston and donuging experiments like feel-microsins in synometif. Here to exper with heatful and donuging experiments like feel-ing rejected, absoluted and laboratory of bots. Here to relate to others with an idea of what you are all and want. Here to relate the others with a synometry of the other Here to change who you choose to be in relationships with.

THE BUILDING BONDS DEFINITION OF RELATIONSHIPS AND BONDS (FOR THE SAKE OF CLARITY)

Practical changes are hard to make without an agreed definition of what we are changing. Although a definition of the world 'tu-lationship' and 'hond' may seen bloc a finany thing to spend your adauble time on, I think it's worth breaking it down to make sure adauble time on. you know what these words mean to you.

Exercise: Reflection

10

Take a moment new to reflect on what your definition of the word 'relationship' is. You may like to see some of the words you come up with in the previous exercise to get you started.

1. The way in which two or more people or things are connected, or the state of being connected. 2. The state of being connected by blood or marriage. 3. The way in which two or more provide or groups treased each other.

Do any of these descriptions help you think about your own defi-

What if I replace the word 'relationship' with 'bond'?

Orford I anemary defines 'head' as-A relationship between people or groups based on shared feel-ings, interests, or experiences.
 Join or be joined securely to semething ebe.

A grounded feeling of connection to myself which enables me to bond with people outside of myself.

seemsy over our years. I see instilling hope as a primary requirement as a therapist. If a person doesn't have hope, they tend not to find much reason to invest itme and effect towards the possibility of choice or channes

72

The number of the strength of

experience, it's a new choice to make and follow through with, and hard to understand fulfy bosome three people are not have to help on understand. If Warr we do know in that a wall loss of help end three the in most in our secoid loss and no higgest contri-sing factor sense to be avectryd humando smesi of difform that hards so is first we've m not of options. I have included a couple of books in the further facility access in duality of which the final of more.

before you've even tried. I find shame and disappointment to be two of the most unde-singht feelings, if will go out of my way and even it to myself in order to avoid these encotions. The way to get around this is to separate hope from expectation. Unsure expectations are what lead us in this disappointment and, altimatch; resentment because to init disappointment and, ultimatch; resentment because to init disappointment and or supervises and differently tend to into disappointners and, utilitately, reseminers because unnet expectations are conditional on outcomes; put differently we make a choice based on what we think the outcome will b reflect that because also be here think for our northering.

We all hape in alightly different ways and institling hope is about you figuring out what type of hope in hold on its when things for easy — and also when they fael hard. Here are four types of hope easy - and also when they feel hand, teen See which one feels most familiar to you.

Realistic hape: Orientated towards incremental changes. For example: Thops, after a good night's sleep, I feel a listle bit better is the members.

Exprise hope: Contemplates what's happening right none and brings hope and power ingether in hold out hope for the finite Portents and merement groups the Black Lens Manne, Extension Rebellion and Mr Too are a great example of inteplan hope.

Chosen hape: The hepeful feeling you choose to have even wh things are happening to you or around you that leave you for ing helpion and proceeders. For example: Things feel on right none and I ready hepe something will happen to bring ab-change in the near future:

BUILDING BONDS

Transcendent hope: When hope is part of your daily being and personality. It's a general feeling of optimism and hopefulness about the future. For example, living by the following mantras: 'This too shall pass' and 'One day at a time'.

If you do not identify with any of these definitions of hope, ask vourself the following:

- Is there anyone in your life who you view as hopeful?
- · What do you like about the way they express hope about things?
- · Can you imagine yourself borrowing a bit of their hope for a while?

If life feels hopeless a lot of the time, it is a good idea to speak to a therapist or mental health professional. You will find ways of contacting mental health professionals on pages 225-226.

HOW TO USE THIS BOOK

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This book is split into six chapters. Chapter One ('Self') looks at your relationship with yourself. Chapter Two is a short chapter which provides essential information about boundaries, wants and needs and attachment styles, Chapter Three focuses on Familv Relationships, Chapter Four covers Friendships, Chapter Five looks at Romantic Relationships and dating, Chapter Six is all about Workplace Relationships and Chapter Seven explores Online and Digital Relationships.

Each main chapter starts with a reflective statement for you to ponder, before providing an in-depth exploration of each type of relationship and several practical exercises. I've structured the information offered to reflect the developmental process of each relationship and the different choices that can be made along the way, and why,

For example: how it begins, what the journey of that relationship generally looks like throughout your lifespan, and the effect that your choices can have on you, both positive and negative. We INTRODUCTION

will also focus on how to work with difficulties and differences which will include resolving conflict and how to communicate more effectively, as well as support to help you move on from relationships that no longer serve you, should you choose to.

The chapters and indeed the subtitled sections, stand alone in their own right so you can read them in any order and refer to them at any time. I do urge you to read the information in the order I have written it as the book builds on itself. However, if you do choose to read things out of order, I have cross-referenced as much as possible so you can read the connecting information. We are going to cover a lot of ground and it's likely that not everything will apply to you right now... At the very end of each chapter is a summary which includes the main messages we've covered. Reading this will help you condense the information so you can come back to it when you feel it is more relevant to you and your life.

It's to be expected, when you are reading about relationships, that you start to think of the people in your life who 'should' know, read, understand or reflect on the same messages. In my experience, it is impossible to get someone to read a book if they don't want to. BUT you might just be able to get them to take 60 seconds to read the summary and then, maybe you can share what you learned with them verbally. If they will not even read the summary in their own time, read it to them and see if it sparks any interest. If that's not realistic, do yourself a favour and let it go focus on yourself.

At the back of the book, you'll find further reading lists and web links for each chapter, as well as guidance on contacting mental health professionals and support teams. On pages 228-232 you will also find a glossary of terms. If I have not defined a term within the main text of the book, the first use of each defined term will appear as bold italic text and be defined in the glossary. If you don't know what something means, please read the definition as it'll support your understanding of the content.

Before we get started I need you to know that ... In relationships, and pretty much all of life, there are two types

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Pub Date	13/02/2025
Pub Price	£16.99
ISBN	9781800787223
H×W	216 × 135mm
Binding	Hardback
Age Range	Adult
Author	Zoë Aston
Extent	240рр
Word Count	93243 words
Rights Available	World

bookshelf.bonnierbooks.co.uk/books/9781800787223

Based on all I've covered above and my personal and profession-al experience of building bonds, for the sake of this book, I would define the word 'relationship' as:

INSTILLING HOPE

I always put a focus on hope in my work because it has sin-gle-handedly pulled me through the darkest moments of my life gat-manacaty pulled me through the darkeet moments of my life. My ability to hope has survived everything I've put it through in my personal life and has supported a great many people profes-sionally over the years.

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Exercise: Nurturing a kope habit:



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Updated 23 February 2025

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