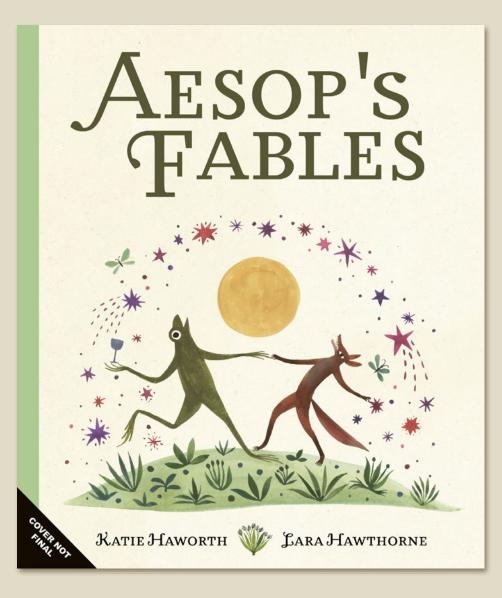


Ukraine - FBF24 - Gift and adult

#### Aesop's Fables



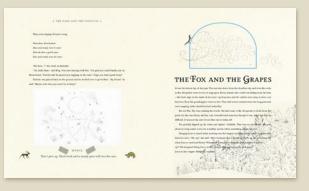
## A beautiful collection of Aesop's Fables

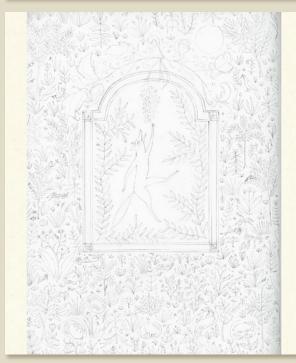
- A timeless, treasured classic that speaks to all ages - following on from the success of Star Stories and Winter Tales
- Illustrated by CILIP Greenaway longlisted illustrator Lara Hawthorne (My Nana's Garden, Alba the Hundred Year Old Fish, The Night Flower)
- Imaginatively retold for young readers, with humour and engaging storytelling
- Features 23 fables
- Cover: Arlin, emboss, foil
- Each tale hides a moral, which is featured at the end of each story

#### Aesop's Fables





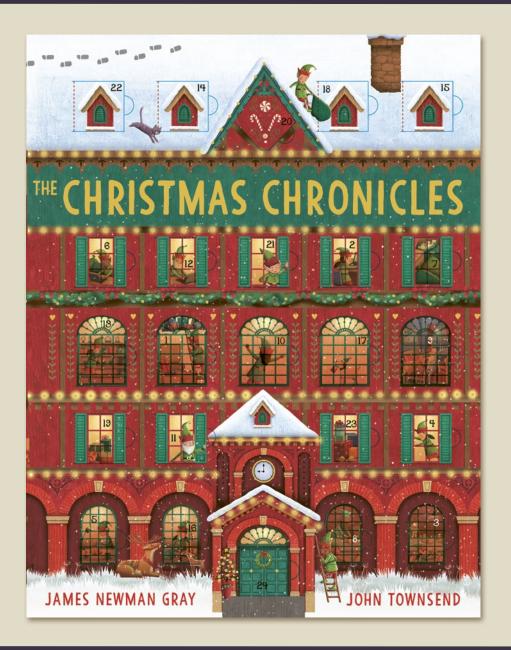






Pub Date	01/10/2026
Pub Price	£15.99
ISBN	9781787418707
H×W	265 × 228mm
Binding	Hardback
Age Range	7-9 years
Author	Katie Haworth
Illustrator	Lara Hawthorne
Extent	96рр
Word Count	15000 words
Translation Files	19/01/2026
Files To Printer	11/05/2026
Freight On	16/07/2026
Board	
Rights Available	World

#### The Christmas Chronicles



#### Count down to Christmas with this lift-the-flap advent calendar-style book!

- Ingenious, interactive advent calendarstyle design on cover. Children will love lifting the flaps on the cover to reveal a different Christmas character or object and, underneath, finding the page number where the chapter featuring this subject begins.
- These magical story features Santa, elves, reindeer, and other characters, and is filled with humorous mishaps and snowy adventures.
- 24 humorous chapters--one for every day in the buildup to Christmas.

#### The Christmas Chronicles

#### Тис былитиче былистте

The added some extra twinkle to the mix this year, 'soys Mr Magic as he morrows a jor of the magic (bying powder. He takes the lid off jost at Timed pops outside through the car file, As soon as the flap swings open, a horsleg blast of wind tips through and sips all over the house. Magic powder blasts overywhere and in seconds everyone is fying up to the artic colling.

It takes an bour for the magic to wrat off. but what a fun hour it.

ii. The elves, Santa and Spatile giggle as they floot off the groone recogning and hovering, When Timel returns indoors, she is amaze at the following the state of the second that their forms and the following the second that their forms are set to the form of the second that their forms are set to the second that their forms are set to the second the second that their forms are set to the second that their forms are second to the second the second that their forms are second to the second the second that the second

Tonight we will dream about thing," Santa chuckles. "After all, Christmas Day is now only two works away.

13.00

'Christmio spells, Christmas spells, Christmas all the way. On what fim it is to sleep and wate up the next day!

And yes, toescenow you will find out, to



100



#### JOHN TOWNSEND

He closes the van doors and clugs off through the most.

Talking to the reindore, Santa sighs. What are we going to do with you, els? You musts't keep escaping to come here for breakfast."

ease it with me, dens,' Mrs Claus says. 'I'll not things our while to read that special letter,' 'With her businet of hot MINTS pies, to leads the reinfore back to the stable and into her stall. All the index bad so willfur the six and deliberation.

'The only way to stop you coming to the house for treats is for me in lease some hidden in your bales of has. Now there'll be no need for you to escape.'

After hiding mints pies in the hay around the stable, Mrs Chao trudges back home through the moss. The reindeer can't wait to start their mints pie hunt,

Already the tyre tracks from the postman's van are disappearing under feels snow. That's fame, Mrs Class looks pixzled as she stares at the ground, 'How odd...'

ianta sits reading a letter; with Sparkle the dog at his feet. 'Oh dear, ipaekle - I'm in tooshie, This letter is from my sister Maud. She's not very harms...'

Deur Sunta.

fore stilly of you be send that pitture of these future little elses and that all dog of yours. As for the sat, you know I don't like take. Anyong I've non trying to phone you and sending many texts but YOU ARE NOT INSOMMENT. The comments of the same property.

14

#### THE CHRISTMAN CHRISTICS

Older states always overry shout their little heathers. So I'm pasking my bage and I'm coming to stay, Please keep that est looked avery. Love from Mand.

Sants puts his head in his hands. 'Oh no, that's all we need!' Spadde yelps and hides behind the softs. Time is nowhere to be seen. Perhaps the already senses someone scary is on her way.' I know Maud is my hig siner and I love her to litte,, but the's so boos,'

By heddine Santa is even more scorried. His grumpy siner coals arrive at any time and Tinsel is missing. It's a cold night out the and she's not manufact on coally on his had.

Christmas spells, Christmas spells, Christmas all the way... Oh what fan it is to deep and wake up the next day! Oh dear, I wonder what tomorrow brings..."

42 12.13

......



"We new the saws on tabley be Then stirle on name and legs New and then see have a job had also a hour a local force





Sometimes elf Crackerjack will tie one of his jokes around a teddy bear's neck: What do you call an elf who never went to school as a child? Elf-taught.

What do you call an elf who wins a lot of money? Welfy. What are elves' favourite types of photos? Elfies.

Santa has been sitting at his desk all day. There are pages of words in sparkly ink from his special pen. Beside him is the letter from Africa that started him writing his story. He has underlined Akua's words: 'I am learning to read and would like to have a book about you. Can you write one for me?'

Mrs Claus brings a tray of mince pies. 'Have you decided what to call your book, dear? After all, every book must have a title.'

Santa ponders for a while, staring out of the window at the falling snow. 'I could call it "The Fun of Being Santa Claus" or maybe "Santa's December Story"?'



#### JOHN TOWNSEND

Mrs Claus sips from a teacup and says, 'How about something more Christmassy? Something that gives a day-by-day record of what you do. What's another word for diary?'

Santa continues watching the dancing snowflakes through the window, 'Chronicle,' he smiles, 'Why not call my book "The Christmas Chronicles?"

'Ooh, that sounds posh,' Mrs Claus giggles. 'It's got a ring to it. Go for it. love!'

Santa looks back at his desk where Tinsel is playing with Akua's letter by tapping it with her paw. 'And I shall mention Akua in it, too,' he says. 'In fact, I shall dedicate my book to all children in hospital this Christmas.'

At bedtime, Santa sits up in bed with his notebook and scratchy pen. Sparkle and Tinsel watch more words appear on the paper, as if by magic. Santa giggles, 'Shall I read you the first page? I told you both you would be in my book so here goes... "Not many people know this, but if you go to the North Pole and face one way, you will see a house with many windows, green shutters and a snowy roof. That's where Santa Claus lives with his wife Carol, their cat Tinsel and their dog Sparkle." Santa turns off the light with a sigh.

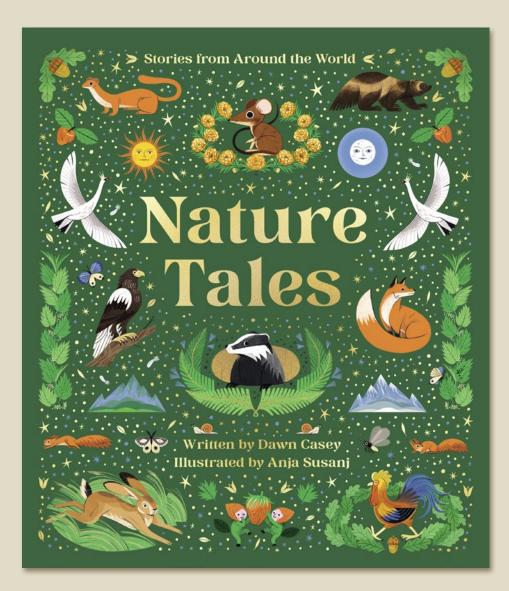
'Christmas spells, Christmas spells, Christmas all the way...
Oh what fun it is to sleep and wake up the next day!
Nightie night, my sweetie-pies. Only one week to my big night. Just
you wait till you see what tomorrow brings...'

And yes, tomorrow you will find out, too.



Pub Date	09/08/2024
Pub Price	£14.99
ISBN	9781800789241
$H \times W$	297 × 229mm
Binding	Hardback
Age Range	5-7 years
Author	John Townsend
Illustrator	James Newman
	Gray
Extent	96рр
Rights Available	World

#### **Nature Tales**



## A collection of nature folk tales

- CONTENTS: The Bramble's Gift
   Greece; Fox's Tail Norway; Little Brown
   Mouse Himalayas; Pigeon and Bee
   Ukraine; The Magic Acorn Russia;
   Wild Strawberries Britain; Eagle and
   Owl Wales; Hare's Ears Siberia; The
   Hedgehog and Hare Germany; Little
   Lark, Robin Redbreast and Jenny Wren
   France; Little Red Squirrel America;
   Rabbit's Tale Brazil; The Healing Apple
   Tree Poland; The Pine Tree Japan;
   Badger Boy Ireland; Bringing Back Wolf
   Mexico; The Birth of Bear Finland; The
   Stork's Nest Morocco.
- A timeless, treasured classic that speaks to all ages, following on from the success of *Star Stories* (2018), *Winter Tales* (2020) and *Enchanted Tales* (2023).
- Includes stories from every continent, giving it a universal appeal.

#### **Nature Tales**







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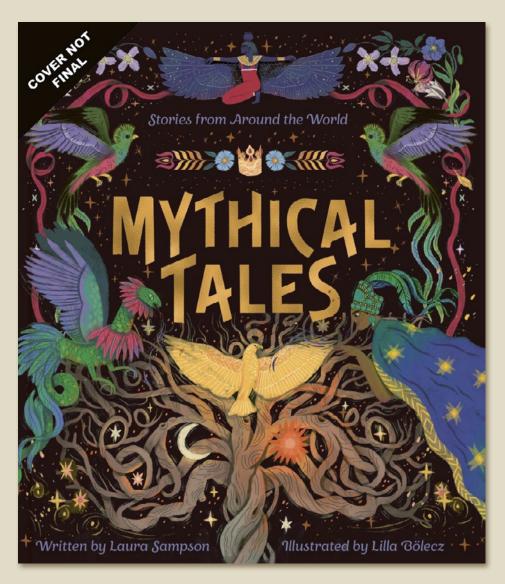
the gift's branch and dense.

The gift's no respirated with her new drone, it hap her natures and sail sain, shot and



Pub Date	12/09/2024
Pub Price	£16.99
ISBN	9781800785083
$H \times W$	265 × 228mm
Binding	Hardback
Age Range	7-9 years
Author	Dawn Casey
Illustrator	Anja Sušanj
Extent	96рр
Word Count	20000 words
Rights Available	World

#### **Mythical Tales**



## A collection of mythical tales from around the world.

- A timeless treasury that speaks to all ages, following on from the success of Star Stories (2018), Winter Tales (2020), Enchanted Tales (2023) and Nature Tales (2024)
- Star Stories sold into 12 territories,
   Winter Tales has sold into 18 territories and Enchanted Tales has sold into 11 territories.
- With universal appeal, this collection of stories includes stories from cultures on every continent.
- Cover finishes: arlin and foil

#### **Mythical Tales**









#### MĀUI SLOWS THE SUN

A tale from Polynesia

Like many trickster figures in mythical stories, Maul is always getting into trouble, but his schemes and mischievous deeds often help people in some way or another. Mani never knows when 'enough is enough' ... but that's why so many people love him and tell stories about him. This retelling of one of Maui's most famous schemes is mostly based on Hawailan versions of the story, where we meet some of Maui's older, wiser (but no less magical) female relatives.

Long ago, soon after Maui pulled islands up out of the sea with his magic fish hook, the Sun was in a big hurry. Each day it ran across the sky on its sixteen legs, each of which shone out around it and gove people light and wormth. But the Sun ran too fast the days were too short for engage to finish anuthing. Mending fishing not building houses and hunting for food was far more difficult in the dark of the long nights, and making clothes was impossible. Sheets of tapa bark had to be dried in the sun to make clothes, but there just wesn't enough time. One day, Mouil mother, Hina, complained to her son.

you must also plait them together with strands of your sister's hair ... if she will give them to you. Only then will they be strong enough to stop the Sun." "Fast!" said Main. He travelled across the islands to the marshu banana groves of the deep jungle, where the Olona plants grow. He gothered a heap of them and took them to his sister. "Sister! My plan is to slow the Sun!" he said. "Help me make strong fibres from these plants, and then lend me ixteen strands of your hair to weave them into sixteen ong ropes, one for each leg of the Sun."

MĀUI SLOWS THE SUN

"Every morning at down I lay out the bark, but surset always comes to quickly! Things cannot go on like this."

"Everyone says the same," Mani replied. "But don't worry, I have an idea! I will go and capture the Sun. I'll cut off its legs, or tie them up, and force it to

Maui was always having big ideas, but this was his biggest yet. Everyone always doubted Maui and his ideas - but Maui knew different, "Dido't I fish islands up from under the sea, and separate the sky from the ground, so people would have space to walk about, and steal fire, which people use every day? If anyone can slow the Sun, it is me! I will make a strong rope. I'll go to where the Sun rises, and I'll copture it, just worch me!"

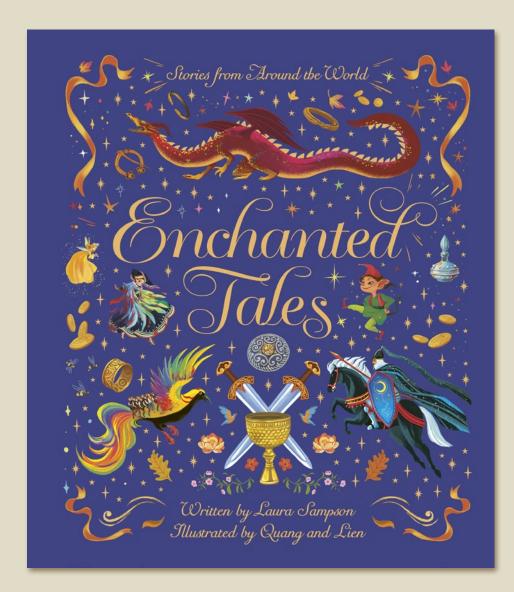
Maur's mother looked him up and down, "If the Sun has sixteen legs, you will need sixteen strong ropes made of fibres from the Olona nettle plant," she said. "But

**Pub Date** 25/09/2025 **Pub Price** £16.99 **ISBN** 9781800788398  $H \times W$ 265 × 228mm **Binding Hardback** Age Range 7-9 years Author **Laura Sampson** Lilla Bölecz Illustrator Extent **96pp Word Count** 14000 words Files To Printer 05/05/2025 Freight On 10/07/2025 Board

Rights Available World

bookshelf.bonnierbooks.co.uk/books/9781800788398

#### **Enchanted Tales**



#### A spellbinding treasury of magical tales

- A timeless, treasured classic that speaks to all ages, following on from the success of Star Stories (2018) and Winter Tales (2020)
- Universal appeal, including stories from cultures on every continent
- Winter Tales has sold more than 80,000 copies across 15 territories
- Cover: Arlin + foil

#### **Enchanted Tales**



Then the Epper disappeared. 'Unline dried her checks, run hous and garbered the home of the politic his trees the related heap; the his of trees in the wouldpile has made no wish. Not would the first day of winter - the day of the Clean Festival of the Appearants. To State had assure been before. 'Such cleans to the Appearant with you Medical' Philips school.

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### The Magic Fish A tale from China

The Brothers Orinm version of "Cinderella" is the one many of us are familiar with, but there are hundreds — maybe even thousands — of different versions of this sale from around the globe. This version from China was the first to be written down, over 1,000 wars ago.

Once upon a time, in a little shed outside a little house in the cave mountains of Southern China, there lived an orphan called YeTsien. She was bright-eyed, clever, kind and good at making things. YeTsien's stepmother loved her own daughter best, so YeTsien had to do all the herviest, most dangerous work, like collecting firespood from the deep forest or water from the high mountain nocks.

One day, Ye-Thien was collecting water when up from the bottom of a deep mountain pool there was a shimmering and a glittering. It travelled up and up until something broke the surface – a tiny, shiring, golden fish! The fish looked up at Ye-Tslem, Ye-Tslem looked back – and from that moment, the fish

30



and Ye-Tsien became friends. She took it home, placed it in a basin and fed it every day with scraps from her own plate. The fish greev and grew until, one day, it had grown so big she had to take it back to the pool. Still, Ye-Tsien visited the golden fish every day, and each time the fish would poke its shining golden head out of the water and greet her.

A few weeks later, the Stepmother was hungry and had an idea. Secretly, she followed Ye-Dien to the pool. She saw how the huge, sparking, deliciouslooking fish abways came out for Ye-Tsien but stayed deep under the water when anyone else came by. How can I outsit this clear falt? she thought.

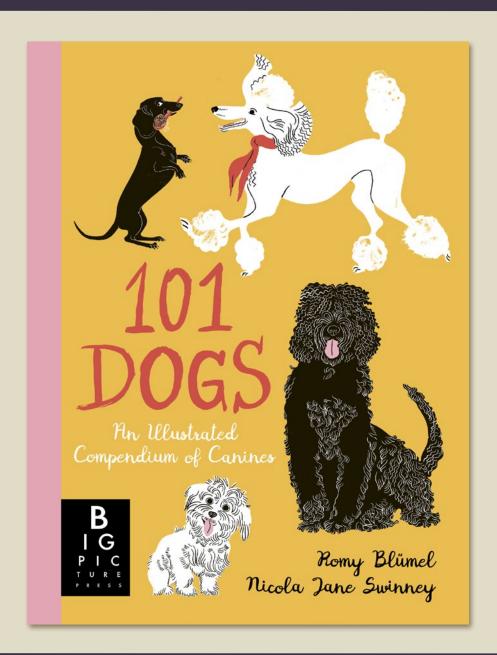
The next day, back at home, the Stepmother gave Ye-Tsien new clothes to put on and sent her on a long errand down the mountain. Then she dieguised heneful fire 'Fsien's old clother, went to the pool and called the fish. When it bubbled up from the bottom of the pool, the Stepmother was ready with a knife. She took the golden fish home, chopped it up, cooked it and served it up to eat with her favourine daughter.

"Delicious!" they both said, wiping their mouths. They ate every morsel and threw its bones away on the rubbish heap.

The following day, Ye-Tsien hurried to the mountain pool and calledbut no fish came. Big tears fell from her eyes and splashed into the empty pool. But as she cried, the air thickened, shimmering and gilitering, and a figure appeared. It spoke in a voice that reminded her of safety:

> Today you cry, today you weep, But look upon the rubbish heap. Your fish friend's magic bones are there. They'll grant you wishes, never fear.

Pub Date	28/09/2023
Pub Price	£16.99
ISBN	9781800785915
$H \times W$	265 × 228mm
Binding	Hardback
Age Range	7-9 years
Author	Laura Sampson
Illustrator	Phung Nguyen
	Quang & Huynh
	Thi Kim Lien
Extent	96рр
Rights Available	World

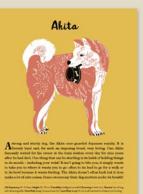


Gorgeous canines of every shape, size and colour bound through this book - all 101 of them!

- The perfect gift for dog lovers big and small
- Beautiful cover treatments including foil and ribbon
- Humorous and engaging text written by dog expert Nicola Jane Swinney

#### 101 Dogs







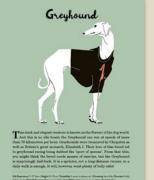






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Prized by the travelling people of the Middle East, this exotic breed is thought to take its name from the Arabian city of Saluk. To the sheikhs, it was a noble dog indeed and they kept precise records of breeding and hunting prowess. They hunted hare, fox and gazelle from horseback, so their hounds had to be fleet of foot. There were once two different types of Saluki – desert and mountain – but the two have merged into the modern breed. It has, however, retained its beauty and some of its speed, so be prepared to do a lot of jogging...

Life Expectancy 12-14 Years | Height 58-71cm | Trainability Intelligent but opinionated | Grooming Weekly brushing |
Exercise Daily runs | Most likely to say Make sure you got my best side | Least likely to say it's okay, I'll sleep on the floor

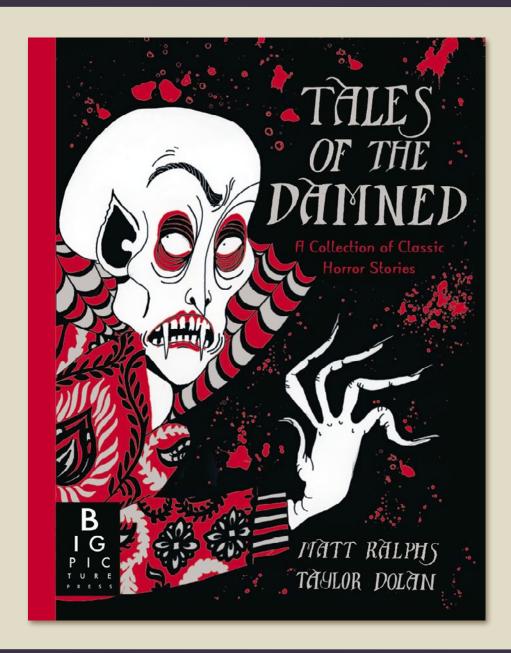
This impressive breed is one of the oldest in the world and has changed very little, still resembling its wolf ancestors. It was used by the Mahlemut people to pull sleds and hunt seals. It is a strong and imposing animal, but it isn't much use as a watchdog—Malamutes regard everyone they meet as friends. They rarely bark, but make a charming 'woo-woo' noise. They're intelligent too, which means they can easily get bored... and a bored Malamute is trouble in waiting. They love to dig holes in the garden, or sniff across the kitchen counters for something tasty, so keep them busy!

Life Expectancy 12-15 Years | Height 53-64cm | Trainability Easy, but can get borned | Greening Needed every day | Exercise Local
This is an energetic breed | Most likely to say This looks like a good spot to dig! | Least likely to say (to anyone) You shall not pass

15

Pub Date	20/10/2022
Pub Price	£16.99
ISBN	9781800781153
$H \times W$	200 × 150mm
Binding	Hardback
Age Range	Adult
Author	Nicola Jane
	Swinney
Illustrator	Romy Blümel
Extent	128pp
Word Count	12000 words
Rights Available	World

#### Tales of the Damned



## An anthology of terrifying tales from around the world.

- Stories will be broken up with a series of 'theme' spreads, which will add a non-fiction element to the book. These spreads cover everything from the rise of the horror genre to famous monsters and vampire mass hysteria.
- There's a gap in the market for striking, beautifully illustrated horror anthology.
- Contents: The Mask of Red Death by Edgar Allen Poe; Edgar Allen Poe and the Birth of Horror Literature (NF); Dracula; Vampire Mass Hysteria (NF); The Monkey's Paw; Zombies and the Undead (NF); Red Riding Hood; The Original Dark Fairy Stories (NF); Frankenstein; Mary Shelley and the impact of Frankenstein (NF); Whistle and I'll Come To You; Ghosts and the Victorians (NF); Baba Yaga; Witches (NF); Bluebeard; Blood and Gore (NF)

#### Tales of the Damned



I close my spre and breathe deep to odd air. Photo of soon settle :

Another long might with the Count in model, and it took of top of the and to what the Count in model, and it took of top of the and my which are to be interested in the continued in models of a present sign of the conducting in the conducting in the section of the conducting in the conducting in the conducting in the section of the conducting in the conduction in the conducting in the conduction in the conducting in the conduction in

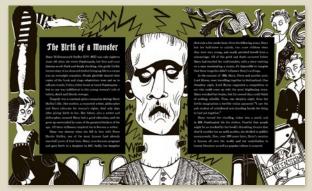
The encount I sends I have that I'm not above. I term my gaze towards the window and not three young somes illustrated against the gloody monalight. They wildow to each other them advance spon are, carting an indianous and making no trucks in the dast. I try to get up, but mose irreshelds force holds not down on the last.

My heart race. - and not joint with fear - as one from over me. "A tasty fly has landed in our web," she says, likking her lips, "and it's my turn to sop first." "Be over to have some for m." the others reals.

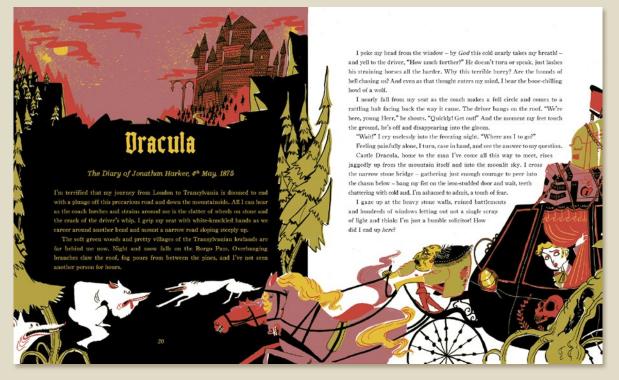
The woman bends her beautiful head cloor. Her beauti is sickly owes, her skin grave-old. Her lips pool away from teets grown into lings and, with a soft pure, the known her face towards my throat.

boild the boll. He goals the srooms—who I've just restliced is about to clair by fangs into my flesh - and barth her from my. The split that's comment me is to savey and I be quite will, shaking with terror. Come Dravalle's yet Marc red, as if the fires of hell have belied the "Bot does no metal his soles I have deliked to 2" be income. "He belied

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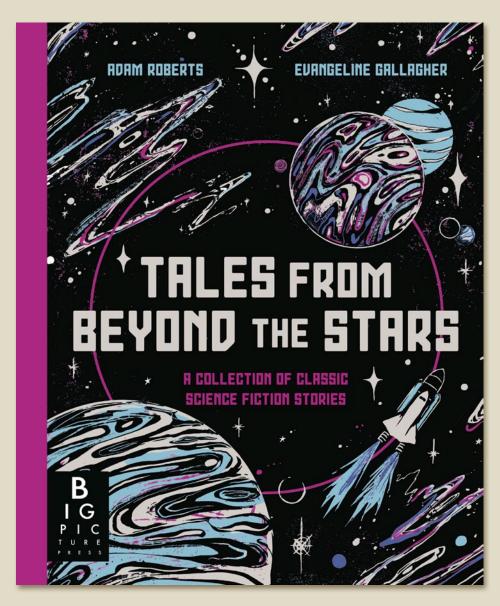






Pub Date	14/09/2023
Pub Price	£20.00
ISBN	9781800781696
$H \times W$	230 × 190mm
Binding	Hardback
Age Range	Adult
Author	Matt Ralphs
Illustrator	Taylor Dolan
Extent	128pp
Word Count	25000 words
Rights Available	World

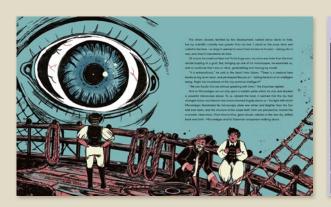
#### Tales from Beyond the Stars



## An anthology of classic science fiction stories.

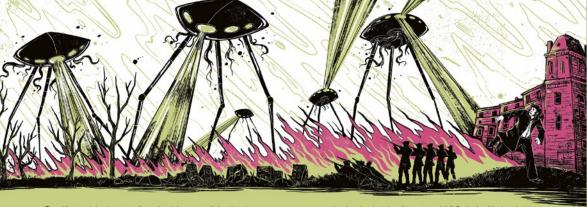
- Stories will be broken up with a series of 'theme' spreads, which will add a non-fiction element to the book. These spreads cover everything from the rise of the science fiction genre to how it has inspired real life inventions.
- There's a gap in the market for a striking, beautifully illustrated science fiction anthology.
- Evergreen publishing with strong backlist potential and global appeal.
- An opportunity to expand the Big Picture Press list into the adult gift market.
- Resurgence of interest in titles that offer readers 'escapism' on TikTok, including fantasy and science fiction

#### Tales from Beyond the Stars









The soldiers scurried and ran, struggling to right their cannons, all aimed into the pit, to bear on this new target. But they were too slow! The giant tripod stepped easily amongst them, shooting its heat ray at this gun and that, and in moments the artillery was all destroyed. Only one gun got off a shot, and it whistled past the tripod's legs and fell away into the far reaches of the common.

Now everything was choos. Soldiers took up position, aiming their rifles and firing. The civilians were swarming away, screaming and shouting, running for their lives. I heard the snop of rifle fire and the ping as bullets bounced off the metal hood of the Martian machine, but I too was running, lumbering up a slope and away.

It was going uphill that saved my life, for the Martian tripod now deployed a second weapon: a naxious black smoke pouring out of the rear of its cockpit, sinking through

82

the air and asphysiating all upon whom it fell. By the time I had reached the top of the hill I looked down upon a terrible scene; the black smoke was everywhere in the hollow, rolling like a foul mist, and all human resistance had been extinguished.

From the Martian tripod came an awful, howling cry, loud enough to bowl me over.

I pressed my hands to my ears but the sound penetrated: ullaaaaah!

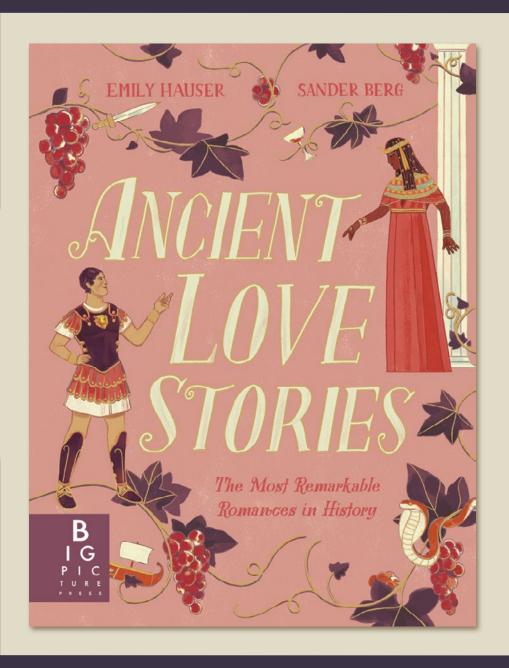
I stumbled away from the common, the horrible shrieks of the Martian splitting the air behind me.

My bicycle was lost. My clothes were covered in dirt. I hid behind a wall for a while to catch my breath and listened; screams, crashes, the cockling sound of burning buildings, the thud of tripods – for there were several now – stamping about the countryside, and again and again the cries of ullavaavah!



Pub Date	07/11/2024
Pub Price	£20.00
ISBN	9781800786752
$H \times W$	230 × 190mm
Binding	Hardback
Age Range	Adult
Author	Adam Roberts
Illustrator	Evangeline
	Gallagher
Extent	128pp
Word Count	25000 words
Rights Available	World

#### **Ancient Love Stories**



# A striking collection of love stories from ancient history.

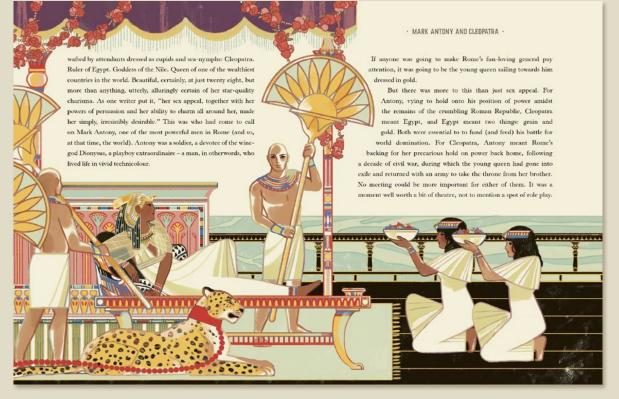
- Final contents Sappho (ancient Greek), Nebuchadnezzar II and Amytis (Babylonian), The Sacred Band of Thebes (ancient Greek), Sima Xiangru and Zhuo Wenjun (Chinese), Mark Antony and Cleopatra (ancient Rome), The Lovers of Pompeii (ancient Rome), Hadrian and Antinous (ancient Rome), Eloise and Abelard (French), Frances Howard and Robert Carr (English), Shah Jahan and Mumtaz Mahal (Indian), The Sanchos (USA)
- Written by award-winning classicist and author, Emily Hauser.
- Featuring a range of true stories from around the world, discover the astonishing lengths humankind have gone to in the name of love.
- A list of Sander's publishers: US -Penguin Random House; Germany -Knesebeck Von Dem GmbH

#### **Ancient Love Stories**









Pub Date	28/09/2023
Pub Price	£16.99
ISBN	9781800783225
$H \times W$	246 × 189mm
Binding	Hardback
Age Range	Adult
Author	<b>Emily Hauser</b>
Illustrator	Sander Berg
Extent	96рр
Rights Available	World

#### Words Can Fly

#### **DONNA ASHWORTH**

& EIRINN McGUINNESS

# WORDS CAN FLY



COVER TO BE REVEALED

# Uplifting poetry for children from the UK's no. 1 *Sunday Times* bestselling author of *Wild Hope.*

- HUGE ENGAGED AUDIENCE: Donna has over 1.4 million followers on Facebook (average engagement rate 2%) and a further 261k followers on Instagram. 90% of her followers are female and 60% are over 40. This collection for children will be the perfect present for those in their lives.
- UK's #1 BESTSELLING POET: Donna is a Sunday Times no. 1 bestseller and the UK's no. 1 bestselling selling poetry author (Nielsen 2022 and 2023 poetry sales). To date her works have collectively sold over 185k physical copies (TCM).

## Words Can Fly



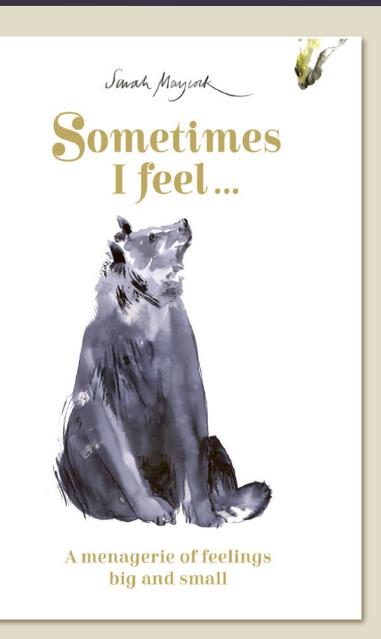






Pub Date	05/06/2025
Pub Price	£16.99
ISBN	9781785307171
$H \times W$	246 × 189mm
Binding	Hardback
Age Range	7-9 years
Author	Donna Ashworth
Illustrator	Eirinn
	McGuinness
Extent	144pp
Files To Printer	21/03/2025
Freight On	02/05/2025
Board	
Rights Available	World

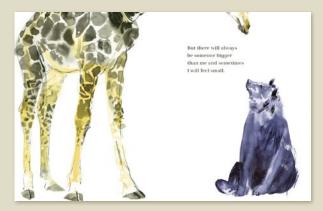
#### Sometimes I Feel...



#### A mini hardback edition of Sarah Maycock's beautiful Sometimes I Feel.

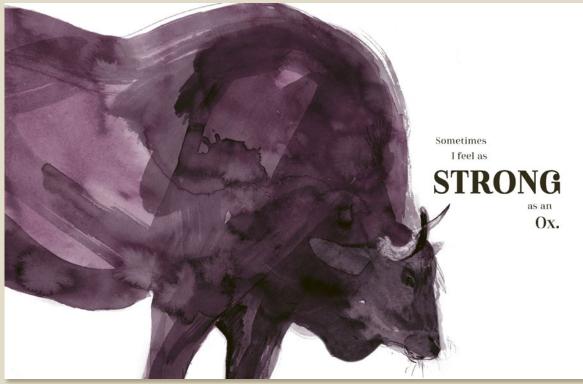
- Sometimes I Feel has been used by several teachers in lessons, to teach emotional literacy.
- Smaller format and lower RRP to make this a covetable gift purchase.
- Sarah is an extraordinary talent and someone we'd love to publish more with (and is no doubt getting enquiries for other children's projects).
- Cover Treatments: grained cover with 100% gold foil

#### Sometimes I Feel...

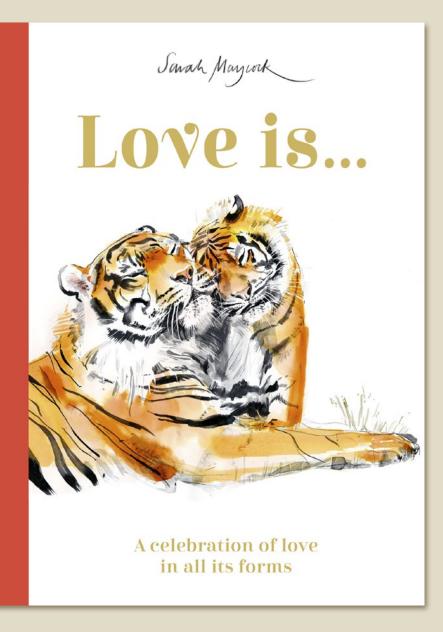








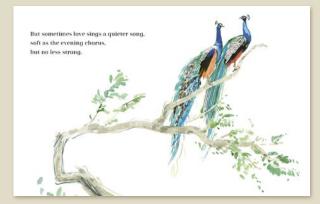
Pub Date	20/01/2022
Pub Price	£5.99
ISBN	9781800781283
$H \times W$	169 × 132mm
Binding	Hardback
Age Range	5-7 years
Author	Sarah Maycock
Illustrator	Sarah Maycock
Extent	48pp
Word Count	250 words
Rights Available	World



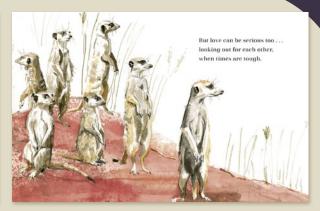
# A beautifully illustrated mini gift book celebrating love in all its forms.

- A beautiful mini picture book that brings poetry and nature together in the most stunning of ways, perfect for gifting
- Promotes emotional awareness, empathy, and love in all it's different forms
- Cover: graining with gold foil
- Sarah's bold, expressive artwork captures a creature's characteristics or the forces of nature in just a few swoops of ink, brining each page to vivid life
- Sarah was selected as an It's Nice That Graduate in 2011 and her most recent work includes illustrations for the Natural History Museum's 2018 Whales exhibition.
- Sometimes I feel won the 2021 ALCS Educational Writers' Award

#### Love Is...



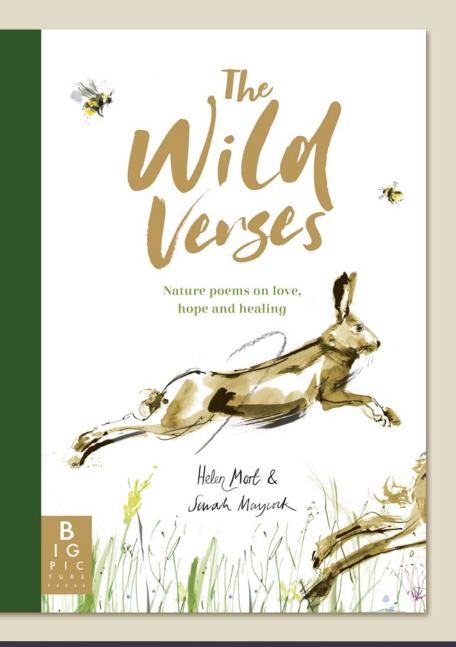






Pub Date	05/01/2023
Pub Price	£5.99
ISBN	9781800782259
$H \times W$	169 × 132mm
Binding	Hardback
Age Range	7-9 years
Author	Lily Murray
Illustrator	Sarah Maycock
Extent	48pp
Word Count	250 words
Rights Available	World

#### The Wild Verses



## A striking poetry collection by Helen Mort.

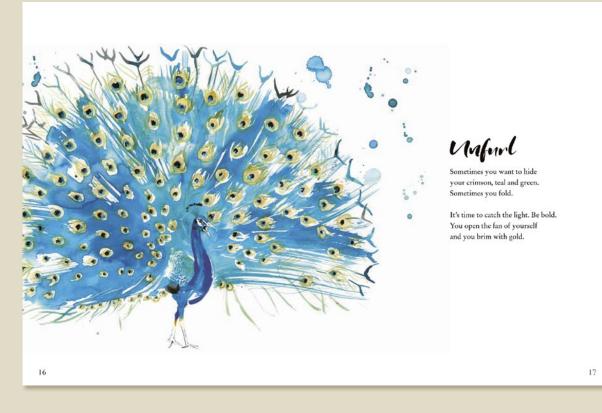
- The book will be split into different sections/feelings joy, hard times, love, loss etc.
- Tapping into the phenomenal success of books like *The Boy, the Mole, the Fox and the Horse* and *The Poetry Pharmacy.*
- An opportunity to reuse Sarah Maycock's artwork in a new format - for an adult audience
- The perfect offering for the Christmas gift market
- Luxy cover finishes quarter binding and foil
- With poems by award-winning Helen Mort

#### The Wild Verses



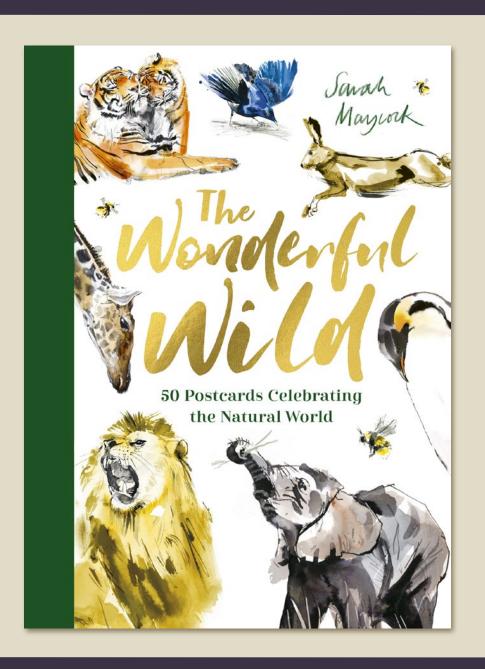






Pub Date	10/11/2022
Pub Price	£16.99
ISBN	9781800784765
$H \times W$	225 × 173mm
Binding	Hardback
Age Range	Adult
Author	Helen Mort
Illustrator	Sarah Maycock
Extent	112pp
Rights Available	World

#### The Wonderful Wild



A box set of 50 beautiful postcards featuring Sarah Maycock's stunning watercolour artwork.

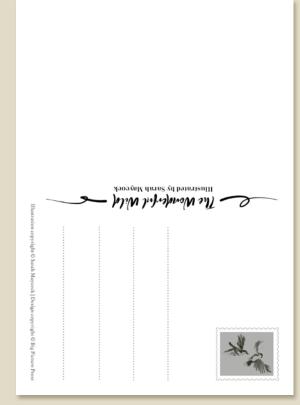
- 50 full-colour postcards, featuring Sarah Maycock's stunning watercolour artwork of animals from all around the world
- Sarah's bold, expressive artwork captures a creature's characteristics or the forces of nature in just a few swoops of ink, bringing each card to vivid life
- Sarah has notecard sets published by Laurence King: For the Love of Cats and For the Love of Dogs
- The ideal gift beautifully presented in a box including pantone, ribbon and foil

#### The Wonderful Wild



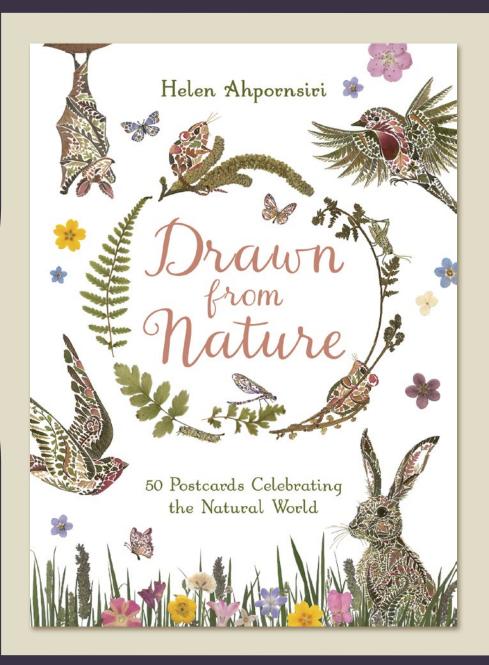






Pub Date	14/08/2025
Pub Price	£14.99
ISBN	9781835871478
Age Range	12+ years
Illustrator	Sarah Maycock
Extent	50рр
Files To Printer	20/03/2025
Freight On	29/05/2025
Board	
Rights Available	World

#### **Drawn From Nature**



A box set of 50 beautiful postcards featuring Helen Ahpornsiri's stunning artwork made entirely from hand-pressed plants.

- 50 full-colour postcards, featuring Helen Ahpornsiri's stunning artwork celebrating the natural world. All the artwork is crafted from hand-pressed plants.
- A Year in the Wild and Beneath the Waves have sold a combined quantity of over 84,000 copies worldwide (as of September 2024)
- Helen's work has been licensed to Anthropologie and she has a major stationery and paper product range for Museums & Galleries titled Wild Press
- Helen Ahpornsiri has over 80,000 followers on Instagram

#### **Drawn From Nature**









Pub Date	13/03/2025
Pub Price	£14.99
ISBN	9781835872031
Age Range	12+ years
Illustrator	Helen Ahpornsiri
Extent	50рр
Freight On	26/12/2024
Board	
Rights Available	World

#### Tiffany & Co.: The Story Behind the Style

RACHAEL TAYLOR

TIFFANY & CO.
The Story Behind the Style

UNOFFICIAL AND UNAUTHORISED

#### Visual history of the iconic jewellery brand, Tiffany & Co.

- Sample contents: Discovery and Innovation, Tanzanite and Tsavorite, Tiffany Blue, Reimagining Engagement Rings, Breakfast at Tiffany's, The Blue Book, Red-Carpet Rocks, The Tiffany Diamond, Designers of Note, Tiffany Setting, Jackie Bracelet, Bone Cuff, Tiffany Keys, Creating Retail Theatre, A Retail Empire, I Do on Fifth Avenue, Blue Box Café, Beyond Jewels, Tiffany for a New Generation, Cleaning up Diamonds, A New Owner, A New Diamond
- Written by Rachael Taylor, a journalist specialising in jewellery who has written for *The Financial Times*, Conde Nast publications and *Retail Jeweller*.
- Illustrated with full colour photographs from the brand's history
- Cover finishes: matt lam and foil

#### Tiffany & Co.: The Story Behind the Style





#### The King of Diamonds: Charles Lewis Tiffany

harles Lewis Tiffary, the man who would go on to win the monitor of New York's 'King of Diamondo', did not hall from a long line of jewellers. His start in life was more modes, making his ascent to high society all the more glittering.

Tiffusy was born in 1812 to Confort and Chlor Tiffusy, and grew up in the small nown of Killingly, Connecticut. The major business of the town was the postuction of cutten goods, and the family owned a manufacturing company. Tiffusy was obscared at local schools in the sea before joining this father in the family cortee business.

by 1857, 'Idfany felt motions. No longer unitroit by working a to now this his family, he began to exciton how be could make his own mark in business. He tearned up with a school friend, J. B. Young, and the daso set is a motion a plan to open a statistency to see in New York Cip. With a 51,000 loan from Confort Tiffany, the arabidous System of the Cip. With a 51,000 loan from Confort Tiffany, the arabidous System of the Cip. With a 15,000 loan from Confort Tiffany, the arabidous System of the Cip. With a 15,000 loan from Confort Tiffany, the arabidous and the 150-online pursue youth. The store, named Tiffany & Young, opened in doors at 259 Foodlowy that same year and on its first fact, \$5.509 sease through the cills.

Tiffany & Young soon began to expand its remit, stocking glassweat curfers, possedain, clocks and levellers, and becan to develop a

OPPOS/TE: Tiffany & Co. founder Charles Lewis Tiffany photographed Jessie Tarinin Beats in 1900.





reputation as a purveyor of fine goods of case. In 1841, the busine expanded with the addition of a third purmer, J. L. Ellis, and was reasoned Tiffary, Young & Ellis. The trice expanded the stoor, doubling it is site by recting the adjacent user, and continued to increase the quality of the goods they sold, with Young rusking portion ratios in Farouter packing to the Buddle and Unitaria touliffer.

It was, in fact, polistic dessures in fastope that would be the mixing of this American hazary success more, in 1846, the status quas remembed as my politican sevolutionaries weight in 1846, the status quas remembed as my politican sevolutionaries weight to report and weight. It was a societia upharsal fastoria of their power and weight. It was a societia upharsal fastoria not the hypothesis of their power and weight. It was a societia upharsal fastoria not the hypothesis. More which the mountably was overthermore and replaced with a appellatic. Such widespread pask and disruption had an impact on the point of diamendes, and Tiflany, Voruge & Ells resocqued. By mose, the far of diamendes, and Tiflany, Voruge & Ells resocqued By mose, the far

REVICUS: In Restration In Restration In Restration In Restration In Restration In Restration

was manufacturing its ewn jewellery, and the opportunity to pick up diamonds at low price put them at an advantage. The nocking of the arimocracy also loosened some important gome—the likes of which had never been seen in America before—and Tiffany necured a number of important heirlooms, including the

OPPOSITE: A sketch of the fiffiery & Co. booth at the Exposition

one the business, but Charles Lewis Tiffany was far from finished. He found one pottners to work with, and the business was, at this point, renamed Tiffany & Compuny. Tiffany would dis empire, grabbing bendlines along the way. By the stones was well established as an emportum of choice

1860, the business was self-craftlished as an emportant of choice for the disk and the Ennous, both for its jestellery and its rop-qualit silver, In 1862, President Abraham Lincoln purchased a seed pead nockine and entiring from Taffany & Co. for his wife Mary Bodd Lincoln, who were them to the husbands inauguration bull. In 1870, Taffany & Co. moved into a lurar new orne in New York.

In 1870, Tallary & Co. moved into a large new store in New Yiski, Union Square, austing the bigasting of a major decode for the juvellers one in which Charles Levis Tallary would earn the rich to Edge of Diamonds, it was a single portate that would made juveller. Tallary into the high-juvellery statesphere – a 287-Ack rough than yyelfim diamond. When our and juvellede, when energed was a diamond of suggringly contravous properties in the zure yellow for the properties of the properties of the properties of the properties of Tallary Diamondous, it weight a 128-56s is and was masted the Tallary Diamondous and the properties of the prope

If the purchase of this now world-famous stone, which is on permanent display at Tiffany & Co.'s Fifth Avenue store in New York signalled Tiffany's intentions to dominate the diamond market, his

celebrate the beauty of diamonds, Tiffany designed an engagement ring in 1886 that remains a sought-after classic to this day. The Tiffany Setting engagement ring kicked back against the over-fussy designs of the time with a clean, minimalist band and a six-prong setting that lifted the diamond above the ring. The purpose for this innovative setting was to allow light to flow through the stone, and therefore maximise the sparkle. It was a huge hit, and the iconic design has become synonymous with engagement rings.

Just 15 years before his death, Tiffany pulled off a final coup. The aftermath of the French Revolution that had gifted Tiffany an abundance of important gems in 1848 and its early credibility in high-jewellery circles rumbled on. In 1887, the French government was masterminding a plan to sell the crown jewels of its fallen monarchy. Outwardly, it claimed that a democracy such as France had no need for "objects of luxury, devoid of usefulness and moral worth". The rumour mill suggested that it was in fact afraid of a power grab by Bourbons, Orleanists or Bonapartists, who might use ownership of the jewels to claim a right to rule. Tiffany cared little for this political posturing, but he did see an opportunity in it. He travelled to Paris to attend the auction of the French crown jewels at the Louvre. He sat in the audience, ready to make his bids, along with fellow jewellers, including a young Frédéric Boucheron, and Orleanists, members of the French royal family, whose pockets proved too shallow on the day to win back their family heirlooms.

When the final strike of the gavel fell, Charles Lewis Tiffany had in his possession close to a third of the historic crown jewels. He placed them in specially crafted red-leather boxes, embossed in gold with the words Diamants de la Couronne, translating from French as Crown Diamonds. Inside, impressed on the silk lining in the lid, was Tiffany & Co. New York and Paris, thus securing Tiffany & Co.'s place in the history books as a purveyor of royal jewels and his own coronation as the King of Diamonds.



BELOW: A gold, diamond and enamel floral brooch, made by Tiffany & Co.

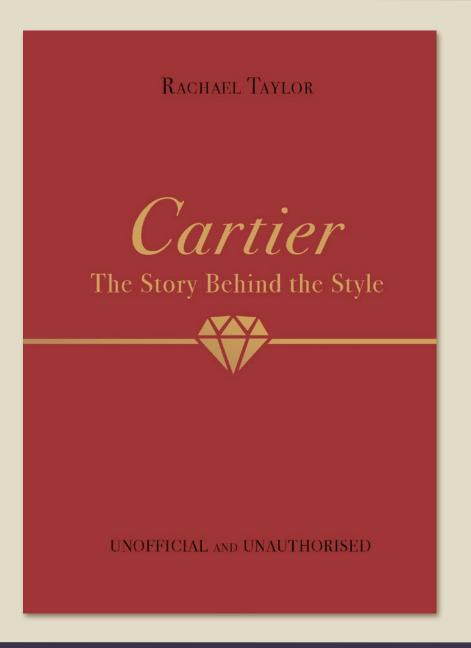
The Tiffany & Co.

New York



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$H \times W$	181 × 126mm
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Author	Rachael Taylor
Extent	160рр
Word Count	15000 words
Rights Available	World

#### Cartier: The Story Behind the Style



# The story of iconic jewellery brand, Cartier

- Sample contents: The Beginnings of Cartier, Royal Affiliations, The First Men's Wristwatch, At the Heart of Art Deco, Inspiration from India, Stars and their Tanks, Mystery Clocks, Cartier's Jewellery Workshops, Glyptics, Fur Setting, Jeweller to the Stars, Red-Carpet Rocks, Love Bracelet, The New York Flagship, Cartier's Famous Red Box, Meet the Bellboys, Philanthropy, Continuing the Legacy, Ethical Supply Chain, Cartier Today and Tomorrow
- Written by Rachael Taylor, a journalist specialising in jewellery who has written for *The Financial Times*, Conde Nast publications and *Retail Jeweller*.
- Illustrated with full colour photographs from the brand's history
- Cover finishes: matt lam and foil

### Cartier: The Story Behind the Style





#### The Beginnings of Cartier

The house of Cartier started with one man. Louis-François Cartier, but it would take a family to make it one of the most recognised and respected jewellers

It was, in fact, Louis-François father, Pierre Carrier, who set the dynasty in motion, although the could never have imagined the consequences of his actions at the time. First had fought in the Napolecoiste warn and spent time locked in the prison ships docked off the harbour as Fourismonth in Britain. When the use anded in 1815. Force restorated in Britain when the use anded in 1815. Force restorated complement as a metallweaker and have five children with his stife Hisabeth, a weaker-wash.

The elders of the children born into this working-class Parisins family was Louis François, and when he was bardly out of chizole. An inferir cess this new work as an opportunity of the children of the children of the children of the children of the Memorapied in Batis. It was a tough education—days were long and gradifing and order was misstanded with a whip but he steped and in 1847, at the age of 27, Louis François lought the bookince from Picard, remaining is Carine.

PPOSITE Cartier founder, Louis-Flançois Cartie







His nation mark a symbol bullmarked into every piece of Cartier jewelleys on subsortions to — such in histolis, I.C., separated with an acc of hearts playing cash, perhaps as a ned to the financial gamble he was taking. Luckly, the ethipaed of the financial gamble he was taking. Luckly, the ethipaed off and the Cartier business thrived and expanded. In 1185, Panicas Muhlleta, a costin of Empress Napoleon III, purchased one of its jewels, and the Cartier name was suddirally shipped among Parisina high osciler, core suddirally shipped among Parisina high osciler, core François beaght Gillion, a Parisina jeweller burst haven than his own, and ermand his business. Cartier Gillion,

Leuis-François sen Affeed Carrier took over the family basiness in 1874, but it was the arrival of his own three sons – the highly ambitions Louis, Pierre and Jacques – that would really shake up the jeweller and initiate its accordance to the global brand we know today. The brotherly revolution started with Louis, who joined the nation in 1898. A year larer he spearheaded the tenamin INEVIOUS Staff gather outside a Cartier troubleue in Faris in 1998.

Faris in 1969.

OPPOSITE LEFT An Bultistion of Louis-François

OPPOSITE RIGI Plenne Cartier playing golf Carrier garacted a separation for interestion, and the rise of brothers would lare the by a motor, Never would lare the by a motor, Never would lare the by a motor, Never a second capacition in the data of the 1th century was to me platinum in place of glod. The precious moral is not be industrial moral and thus evolutionary in the jeedlery market. The white mental which, adults often does not translate which, adults often does not translate which, adults often does not translate the second of the contract to the contract of the contract to the contract of the contract to the contrac

Pierre Cartier, the second eldest of the brothers, would be an agitator in his own right, championing the global expansion of the brand's retail empire. He started by opening a Cartier boutique on New Burlington Street in London in 1902, where the brand showcased a new style of geometric, abstract jewels with unusual colour combinations that would lay the foundations for the Art Deco jewellery movement.

The first decade of the 20th century was an important time for Cartier. In 1904, the jeweller received its first royal certificate from King Edward VII of Britain, and soon started to supply many other royal courts including those of Russia, Spain and Siam (now Thailand). In the same year, Louis Cartier created what he believed to be the first ever men's wristwatch for aviator Alberto Santos-Dumont.

Pierre, meanwhile, embarked on a journey to Russia; one that would prove profitable in commissions from its high society, but also as a source of inspiration that would shape Cartier's jewellery designs for years to come.

In 1909, Pierre would focus his wanderlust on America, opening a Cartier boutique on New York's Fifth Avenue; the precursor to its famous flagship store further up the street, the purchase of which he would famously broker a decade later in exchange for a string of pearls. Back in London, his younger brother Jacques stepped in to take over its British branch. That same year, Cartier moved uptown to a prestigious Bond Street address, where it remains to this day.

As Cartier's man in Britain, and, as such, jeweller to King George V, Jacques joined members of the aristocracy on a trip to India for the Delhi Durbar in 1911. It was an event

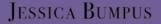
to commemorate the coronation of the King, with two weeks of festivities, during which King George V and Queen Mary would be proclaimed Emperor and Empress of India. This adventure to a new land would also prove to be a seminal trip for the house of Cartier. Jacques' sociable nature and love of travel would win ground-breaking commissions from India's rich, jewelloving maharajas and inspire a whole new category of jewellery, pioneered by Cartier and much copied by other companies.

LEFT: Cartier platinum pendant watch set with diamonds, rubies and a pearl, c 1890-1910.

- 15

Pub Date	18/08/2022
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Author	Rachael Taylor
Extent	160рр
Word Count	15000 words
Rights Available	World

#### Vivienne Westwood: The Story Behind the Style



#### Vivienne Westwood

The Story Behind the Style



UNOFFICIAL AND UNAUTHORISED

## Visual history of the iconic designer.

- Written by Jessica Bumpus, fashion editor, formerly with British Vogue.
- Illustrated with full colour photographs showcasing the brand's history.
- Cover finishes: mat lam and foil
- Comp title The Little Book of Chanel has sold in excess of 61k copies TCM.

### Vivienne Westwood: The Story Behind the Style



#### Derbyshire Days

Visione luded Swire was born on April 8 1941 to Geodes and Duez Swire at the Fartingson Marranity Hone, Clessop, The future finds no requirescent yell one siner, Olyg Swire, Issue 1944, and one bresher, Geofan's Swire, Issue 1946, the gree up in the parts of Tateristical, Durbyshire (which was formerly year of Cheshire usal). Durbyshire (which was formerly year of Cheshire usal). Poly, both during and after World Wall. Copyring what was constructed Millbrook Contrays and playing contra-turation of the Contray and playing contral usant Constructed Millbrook Contrays and playing contral usant lives.

The young vivience—who remembers having a pussionary spirit from an early age—attended Hollingsworth and Tinrwistle Primary Schools from 1946 to 1952, at which point the passed the scholarship exam for Glossop Gramm School. She continued to be good at and sturing her time a Glossop Grammar, and considered attending art school.

Bitials in assterity, as well as the coronation of Queen Elizabeth II in 1955, when Viviense was 12 years old. The influences of these two events can be seen throughout every ora of first designs, and the make-dy-and-mend philosophic is circlast in the manter "By Lex. Choose Well, Make it Last", which the brand util promutes to this day. She expertly blonded the elements of cutomisation, raddition



In 1967, they had a son, Joseph Ferdinand Corré, who would go on to follow in his parent: footsteps and exter the world of fashion. He founded the very successful lingeric company, Agent Provocateur.

Malcolm McLaren Westwood mer Malcolm McLaren in 1965. An art streders and a friend of her younger brecher. Gordon, he would go on to become her creative collaborator for almost the next 20 years. Malcolm is as synonymous with the south necessor as Victorians, and their perspectively.

friend - on King's Road was about to arise.









#### A Revolutionary is Born

There are few British designers, or orange, made quite as much of an impact on the fashion here are few British designers, or brands, that have landscape as Vivienne Westwood. A fashion designer of both cult and commercial success (which is a rare combination), she was a punk and a pioneer, a rebel and a provocateur, an activist and a change-maker.

Over the course of a career that spanned half a century, Dame Vivienne Westwood would become synonymous with the British punk scene. Punk is what immediately springs to mind for most when her name is mentioned, along with the King's Road, corsets, platforms, tartan, crinolines, pirate boots, sustainability and climate change awareness. The list goes on. Her shows and interviews have become legendary she is famous for using fashion as a platform to speak out on the issues she cared most about.

There is no doubt that Westwood's affinity for fashion history has helped her designs stand out. They are often historically informed, yet never to the point that they look odd. Where something shouldn't work, it always did, thanks to Vivienne's ability to balance the old with the modern - she was a genius when it came to style mashups. And the original Vivienne Westwood aesthetic rooted in a DIY approach never fully went away. Her designs feel intrinsically British and perfectly eccentric.

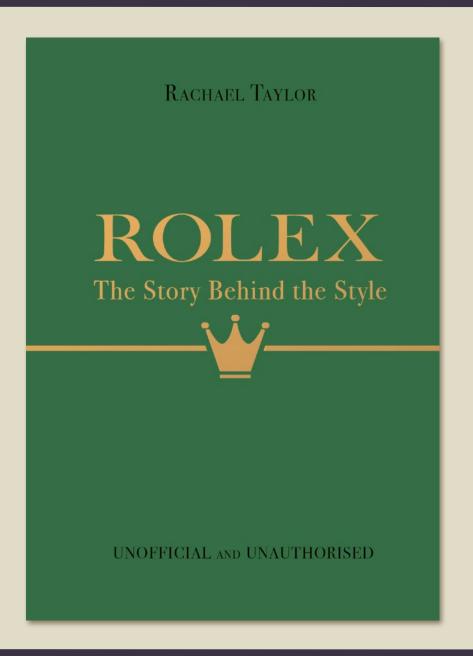
Westwood was the original multi-hyphenate and, in many ways, light years ahead of her time. She has inspired generations of designers that came after her, whether established and successful or aspiring and eager. Fashion critics even noted whiffs of her spirit at the London Fashion Week collections of autumn/winter 2023, which took place in February 2023, after her death. It's no wonder that her name is up there with the likes of Yves Saint Laurent, Christian Lacroix and the late great Karl Lagerfeld.



ABOVE: Vivienne Westwood takes her bow at the spring/summer 2018 London Fashion Week Men's collections, June 2017.

Pub Date	26/10/2023
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$H \times W$	181 × 126mm
Binding	Hardback
Age Range	Adult
Author	Jessica Bumpus
Extent	160рр
Word Count	16500 words
Rights Available	World

## Rolex: The Story Behind the Style



## Visual history of the iconic watch brand.

- Written by Rachael Taylor, a journalist specialising in jewellery who has written for *The Financial Times*, Conde Nast publications and *Retail Jeweller*.
- Illustrated with full colour photographs showcasing the brand's history.
- · Cover finishes: mat lam and foil
- Comp title The Little Book of Chanel has sold in excess of 61k copies TCM.

## Rolex: The Story Behind the Style

MEVICUS: Hore Willadorf, the founder of figure. RICHT, Wysthmojern or work in a Roller workshop in Geneva





more wearable product would one day make the larger pocket watch obsolete. He set about trying to change the imag of wristwatches.

A fundamental step was finding, a manufacturer called Angle in the Swiss town of Bienne that was making procision movements that could fit inside a wristwarch. Wilsdorf placed a long order, and soon Wilsdorf & Davin became one of the leading British wristwarch firms.



In a bid so exabilish his business as a brant earber than simply a dealer, Wildorf wanted to create a new name for the company, a carchy one that would leok good on a dial and be easy to presonance in many languages. He had experimented with many combinations of letters in search of this made up name but failed to find anything that worked. Then, while tiding through k condons. Chapable on the upper

deck of a horse-omnibus in 1908, it came to him. Or as h would later jest: "A genie whispered 'Rolex' in my eat."

Under this new man, While's continued his query to a crase railable witterschies with quality mercents. In 1916, a railable witterschies with quality mercents. In 1916, and by an Agist mercenest, became the first witterschie. In the world in review the Swite Crufficies of Chemonettic Practisin — a mark of herological cutellence. Four years later, another anisoness would be abilitied with the Mo-Chiercomp in Lendon awarded a Relax witterschie with a spire to market chemoneters und for anisonation with a spire to market chemoneters und for anisoption, and it further solidified the reportation of Roles as a purveyer of protein chemistre, and in the protein chemistry intermediate.

In 1914, World War I booke out, and the following year the Birthis powerment interedeced a 33-3% contons days up to of the war effort. By this time, Boliz's Lendon office, while Birthis powerment in the birthin of the birthin of the world and the text change would make that difficult. As such, Wilshoff made the decision to more the company to Bienea in Switzerfand. It should yell as office in la Cheax de-Fonds, which it opened in 1917 for marketing purposes, but this more would remove it from the British wasth.

d, so, the legacy of Rolex's Swiss-made watches began, th the Swiss company Rolex S.A. registered in Geneva in

OPPCSRETOP A watchmaker scientifies o folies movement in Senne in 1942, a task that requires OPPOSEE BOTTOM: A powerful recroscope oflows a waterwater in Geneva in 1949 to take a closer lock or a Roles weeks. The Origins of the Oyster

With Body settled into its sex bone in Switzerland, the company continuous of dorling his value of ferring with a cost on specialism and dearship; as well as building in brand. Though certainly orachy, the name Body and not become an oversight success. Time of a winting for it we each ear. Hear Wilderlanded a major materiacy campaign in 1923, Podging to inversa in least 42.500 a year - nearly 41 million in tedy is moved. In this increased the number of watches feller was producing with its own branding on the watches feller was producing with its own branding on the watches for the street of the street of the number of

A major leap forward for Rolex's brand was the launch of the Oyster in 1926. This new style of watch promised to be waterproof and disapproof thanks to a hemetically scaled case, proving its durability. It also made it an obvious choifor sporting activities, which would prove to be a rich source of matheting for Rolex in the years shead.





The Oyster care had a pateneed system of according down the bezel, caseback and winding crown against the middle case to seal the movement imide securely. The winding crown, which is made from 10 sadvirdual parts, was key as it acted as a go-beroen between the sealed inner world of the case

The Oyster case would become the backbone of Roles. Nearly every watch is its contemporary range fearance an Oyster case, and the names of all the models reference it. A Submariner is technically asseed as Oyster Perpetual Submariner and AGM-Master II is an Oyster Perpetual GMT-Master II, and so on. The only exception is the 1908

Rolex's iconic flured bezels are a throwback to the early Oyster cases. Although these flourishes are decorative now, the ridges originally served a purpose to allow a special tool

OFFICIAL A 195F Robin Dy Aeroekud on a brown olig ABOVE A close short of a finese



#### The World's Most Famous Watch Brand

R olex has become shorthand for luxury. There is no watch you can strap on to your wrist that will be recognised for the status symbol it is quicker than a Rolex. And for many, this is the appeal.

Yet there was a time when the name Rolex – a word completely made up by the brand's founder Hans Wilsdorf – was not famous. It would take hard work, boundary pushing and a lot of self-belief on the part of Wilsdorf, a German orphan, to jettison the name into the upper echelons of horology; starting with convincing the pocket watch-wearing gentleman of the early 20th century that they wanted to wear the time on their wrist at all.

As you will discover, Rolex won its place in history by constantly questioning what was possible and innovating at all costs. It pioneered so many elements of watchmaking and design that are standard today, such as waterproof watches, placing a date window on the dial, and even removing the need to wind our watches.

It also found its way into some of the most exciting moments in history by placing Rolex watches on the wrists of adventurers and explorers. Its watches have travelled to the world's highest peaks and to the depths of the ocean; they have survived extremes of temperature, speed and pressure. The story of Rolex is so much more than that of its watches. It is one of epic ambition and vision. What started out as a one-man band in London's Hatton Garden would become the epicentre of the Swiss watchmaking industry, and one of the most recognisable and coveted brands in the world.



ABOVE; A Rolex boutique in the GUM State Department Store on Red Square in

7

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### Manolo Blahnik: The Story Behind the Style

Jessica Bumpus

## MANOLO BLAHNIK

The Story Behind the Style

UNOFFICIAL AND UNAUTHORISED

## Visual history of the iconic shoe designer.

- Written by Jessica Bumpus, fashion editor formerly with British Vogue and author of Vivienne Westwood: The Story Behind the Style.
- Illustrated with full colour photographs showcasing the brand's history.
- · Cover finishes: mat lam and foil.
- Comp title The Little Book of Chanel has sold in excess of 70k copies TCM.

## Manolo Blahnik: The Story Behind the Style









her foot in lieu of a ring (though its embellished backle does a very good job at standing in). But the beard's success was not confined to See and the City. Indeed, it was only jost beginning. The 2009s also any facther celebration of Manolo Blahnik's work through exhibitions, accolades and wards—and some other surprise artistic outlets.

In 2004, Blabnik designed a shoe horn for the framines worr Habitat as part of in VIP collection. The flashy object was made from ulterplated polished alomitions and came in a corraceous shape with the designer's mane on the outside, and accompanying but. It was among several pieces that saw famous design names put their tramp on homohold/siteries items.

While no longer available to buy in stores, there seems to be a strong resale market for the shoc hoen, with various sellers offering what is actually a very useful (if somewhat forgotten) object.

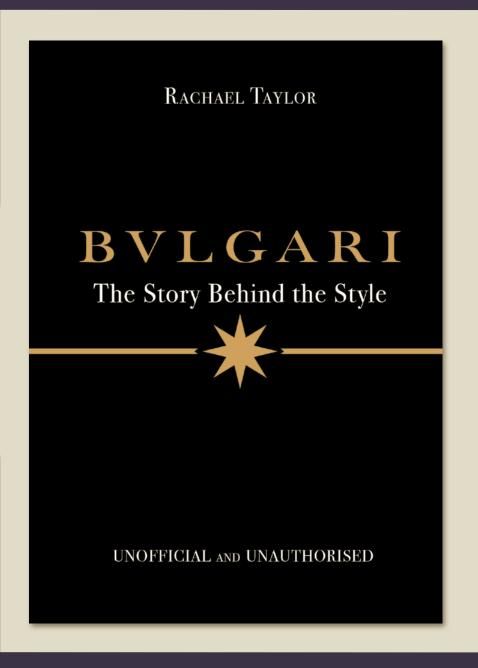
OPPOSTS: Manalo Biomik's Hobitor store from





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Board	
Rights Available	World

## **Bulgari: The Story Behind the Style**



## Visual history of the iconic jewellery brand.

- Written by Rachael Taylor, author of Tiffany and Co, Cartier and Rolex.
   Rachael is a journalist specialising in jewellery who has written for The Financial Times, Conde Nast publications and Retail Jeweller.
- Illustrated with full colour photographs showcasing the brand's history.
- Cover finishes: mat lam and foil.
- Comp title *The Little Book of Chanel* has sold in excess of 70k copies TCM.

## Bulgari: The Story Behind the Style



#### Elizabeth Taylor

didn't wer her watch during filming, she was photographed wearing it on set for a publicity still, and the stacke-like design chinnel perfectly with the Egyptian theme of the film. Het endorsement of the Serpent watch transformed a quirky accessory created by a local Roman jeweller into a gibbal icon.

Bulgari wasn't the only burgeoning love affair in Taylor's life at that time. She was also starting a romance with her Cloparus co-star Richard Burton, who would become her



The following year, Bulgari presented another ultra-thin watch. The Octo Finissimo Automatic was not complex in terms of watchmaking, but it set a new record for size as the thinness automatic watch on the market at 5.15mm, with a movement just 2.23mm tall.

Bulgari's next attempt would break two records. In 2018, it presented the Octo Finisimo Tourbillon Automatic. It was the thinnest automatic watch at 3.95mm, and also the thinnest rourbillen in the world.

In 2022, to mark the 10-year anniversary of the relaunch of the Octo line, Bulgari presented another impressive watch that onashed the others out of the park. The Octo Finishino Ultra became the chinnest mechanical watch on the planer, with a case size of just 1.8mm.







#### New York

New York was the location of the brand's first international soure since Sortitio's early expansion ended. The brand's products were already being sold in the US through an agent, but in 1972 it opened a beatique within the Pierre Hotel on the edge of Central Park.





A special Stars and Stripes ring was made for former First Lady Nancy Reagan to wear at the contenany celebration of the States of Liberty. The flag on the gold ring was constructed with robles, blue apphilers and dismonds. The ring came up for sale at Sotheby's in 2016 and fetched \$319,000.

#### Bulgari's First Signature Design

Every great jewellery house needs a signature design, and for Bulgari its first was the Trombino ring, which was created in 1932. The design was a labour of love for Giorgio



Bulgari, quite literally: it started out as a sketch for a ring with which he hoped to propose to Leonilde Gulienetti. For someone as passionate about jewels as Giorgio, the ring had to be perfect.

His design was for a ring that would elevate the central stone above the band, creating a sense of volume. This prominent setting is what inspired the name Trombino, which translates from Italian as "little trumpet", as the profile does indeed look trumpet-like.

He worked purely in white diamonds, as was the fashion at the time. As well as a central stone, diamonds crowded the band, but rather than simply creating a blanket of stones in a pavé setting, Giorgio sought to add a little flair.

In addition to pavé diamonds, he added graduated baguettecut diamonds that led away from the central stone, almost like a ladder. This placement of baguettes created an even more prominent stage for that elevated central diamond, drawing the eye to it.

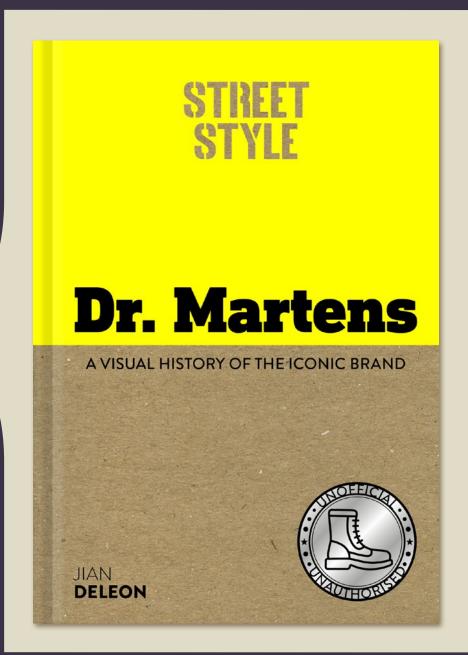
Giorgio was delighted with his final design, and steeled his nerves for the proposal. Leonilde must also have been pleased with it, as she agreed to marry him.

So striking was the ring that it soon caught the attention of Rome society, and Giorgio realised that what had started as a personal project had huge potential for his company. And so, he began to produce the Trombino for his clients, and the 1930s design remains popular to this day.

OPPOSITE: An all-diamond and platinum Bulgari Trombino ring, which sold for US\$57,150 at Sotheby's in 2023

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Rights Available	World

## Street Style: Dr. Martens



## Visual history of the iconic street style brand.

- Illustrated with full colour photographs showcasing the brand's history.
- · Cover finishes: mat lam and foil.
- Written by Jian DeLeon, the editorial director for Highsnobiety. Jian is an expert on the intersection of streetwear, sneakers and luxury fashion. He cohosts 'The Dropcast', Highsnobiety's weekly news podcast,

## Street Style: Dr. Martens



The original pairs of Dr Maerten's AirWair shase were still a far cry from the instantly recognisable models the brand is Rowen for today. The uppers were much more minimal in execution and the soles were much solder with a very visible contrast thanks to a lighter-coloured sole.

The first many produced designs were more in common with a monther disk plotted draw shows a considerable plotted by Marchard so replace for Marchard so replace and the state of the sound state of

: A modern pair of Dr

B

#### The Birth of Bouncing Soles

We ever that you've briefly had a glimpse at Dr. Martens' future, Sr it into a rediscover the part. How did a German-born beand become so distinctively. Existin<sup>1</sup> That story begins 1901. A man named Benjamin Griggs and his businesses partner Septimus Jones begins a compare to manufacture boots in Wollandson, north Northanputonshius. By 1911, they had incorporated as R. Griggs 60 Co. Ltd., eventually becoming the R. Griggs 60 Co. Ltd., eventually becoming the

In just a couple of decades, Wollaston had become one of England's aboremaking capitals. As early as 1080, one of its abore lateriess was established as a worker's 'co-operative of local cobblers, fricknamed 'The Duffers'), and it survives today as the Northangstonshire Predictive Society, still assing abore as NPB, where it manufactures many well-known high-end features branch.

But the K. Griggs Grosp continued to fiberish well into the 1950s under the bastership of Bill Griggs, who inherited the Insuly business around that time. His fertures would grow even more when the octified to take as raisk in 1950. Bulking on the success of their indefining footween business. Dr Mirrs for the property of the property of the property of the property for Dr. Marrier's McWair Shows in interrustioned magnitures. Griggs was the ad for this inservoilve air-cushissed with purforman dectors and instantative recognised its potential. After all, having govers up in factories his whole life, he understood the need for sturdy, rebust work boots, but also knew how uncomfortable they could be.

Ironically, the rest of his family disagreed with his foresight, seeing the sile-couldinest sole as gimenic, the kind of flash is the pass that would finde out over time while leather soled boots would be assent firever. But he trusted his intuition and went shead to meet with Dr Macreton and Dr Funk. East developing a support with them and inking the embasive licence for their Arthritis and the contract of the contract of the contract of the Arthritis and the contract of the contract of the contract of the Arthritis and the contract of the contract of the Arthritis and the contract of the contract of the Arthritis and Art



ABOVE: Max Griggs, longtime owner of the R. Griggs Group that went on to own all of Dr. Martens. Mod Squad

One of the most prominent firitish music subcultures to arise in the 1950s and early 1950s was the Moderaist movement of Moder for short Minimizal task was given on part of the consecutive for Moderaist movement of the first manner of the first moderaist movement of the property of the

As avid fans of The Who, it's no surprise that Dr. Martens breams an indebble part of Mods' uniform. The sleek lines of the boots looked good with suits and similarly complemented the minimal styles of the subcubure, and could also be worn on the Mod vehicle of choice the Yeaps accosts.

CPT. Two scooner-riding roads take a breather





#### The Spring Behind Every Step

t's hard to believe that an orthopaedic shoe could be synonymous with rebellious style around the world. Yet that is what the Dr. Martens brand continues to represent to millions of its ardent (ans.

It can be challenging to maintain one's cool factor over the decades, but by intentionally aligning itself with subcultural style, the nearly octogenarian footwear manufacturer hasn't lost a single step when it comes to cultivating an alternative type of timeless footwear. Considering the United Kingdom also has a rich history of fine Savile Row tailoring. Scottish wools and ruggedly elegant Harris Tweeds, fashion houses like Burberry and tastefully tough outerwear from brands like Barbour, Dr. Martens is singular in that cannon of classic British style. Indeed, Dr. Martens is a staunch iconoclast, a bastion of anti-establishment ideals for people who prefer to dress against the grain.

But despite the modern connotation of what Dr. Martens has become, its roots are built on a comfortable foundation. Dr Klaus Maertens first conceived of the footwear's signature 'AirWair' sole while recuperating from a World War II foot injury.

Finding his standard-issue German Army boot severely uncomfortable for his ailing foot, he utilised soft leather for the upper and repurposed tyre rubbers to create an air-padded sole. The resulting shoe is equal parts built to last and equal parts built to live in. It's no wonder that punk rockers and hip-hop artists alike have graced thousands of stages in a pair of Dr. Martens over the years – it's a shoe made for those who live out loud. The story of how a purpose-driven product came to define one of today's most exciting lifestyle brands is one that spans a growing connection between clothing and culture. When you combine a timeless product with a chameleon-like ability to mean different things to different people, you get a shoe that is undeniably trend-proof.

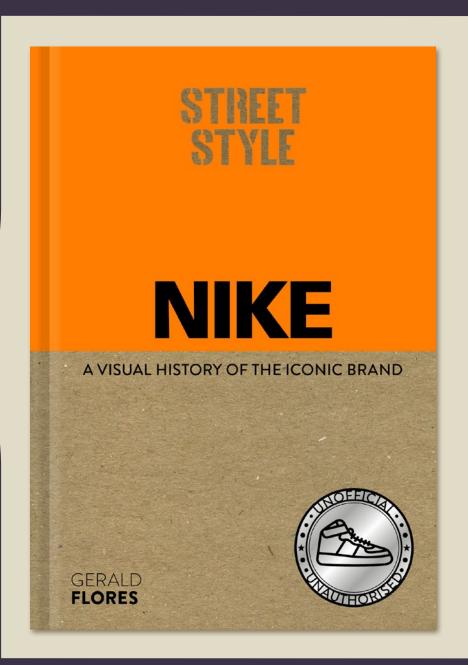


ABOVE: A classic pair of Dr. Martens 1460 boots, broken in with wear.

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Author	Jian DeLeon
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Rights Available	World

## Street Style: Nike



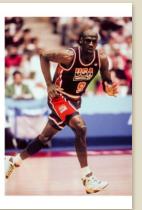
## Visual history of the iconic street style brand.

- Illustrated with full colour photographs showcasing the brand's history.
- Cover finishes: mat lam and foil.
- Written by sneaker connoisseur Gerald Flores. With over a decade of journalistic experience, Gerald is fascinated by the people, designers and stories behind sneakers. He has interviewed personalities including Kobe Bryant, Tinker Hatfield and Virgil Abloh.

## Street Style: Nike









#### Nike Air Max 180





'Well, I don't love it,' Knight was heard saying upon the first review. 'But it will grow on me.'

The Swoosh definitely grew on Knight as the shape also bore a resemblance to the wings on the Greek goddess that Nike was named after. It would go on to become one of the most wellknown logos in the world.

While Davidson was initially paid just \$35 for her design, Knight saw her as one of the original minds behind the brand and wanted to acknowledge this. In 1983, the founder rewarded Davidson with 500 shares of Nike, as well as a golden ring

with a Swoosh-shaped diamond, which is possibly the biggest remuneration for any logo design in history.

The marking is such a part of Nike culture that every new athlete that signs with the brand is tasked to draw their own version of the Swoosh. There have been different evolutions of the Swoosh and you can see the various iterations if you look through Nike's back-catalogue of products. Designer and Nike collaborator Virgil Abloh nodded to Davidson's original Swoosh design on the cover of his book Something's Off and the marking has been reversed on signature product for eccentric players, like Dennis Rodman's Air Darwin sneaker. But the essence of the Swoosh remains in its simplicity, its elegance and the way it represents movement.

OPPOSITE: Giannis Antetokounmpo's first signature sneaker implemented its performance features in the midsole in the shape of a reverse Nike Swoosh.

ABOVE: A lightning bolt effect on the Nike Swoosh printed on a pair of track spikes.

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## Icons of Cinema: Baz Luhrmann



# A celebration of the iconic movie director behind *Moulin Rouge!* and *Elvis*.

- Written by Emily Maskell, freelance film critic who has written for BBC Culture, GQ, W Mag and more.
- Illustrated with full colour photographs including events and movie stills.
- The next title in this series, **Icons of Cinema: Greta Gerwig**, will publish in 2025.
- With home streaming services expanding and multiplying at an incredible rate, as well as the Barbenheimer Effect of 2023, there is a renewed interest in film and cinema.

## Icons of Cinema: Baz Luhrmann

#### Paso Doble Flare







the character's complicated breadth of reactions, cycling through all of those emotion

#### Luhrmann's Outback

or much as Lady Surah and Drover's infatuation. As the pair room across endless miles of land, driving cattle, cinematographer Mandy Walker highlights the sun-blistered Outback's unforgiving nature.









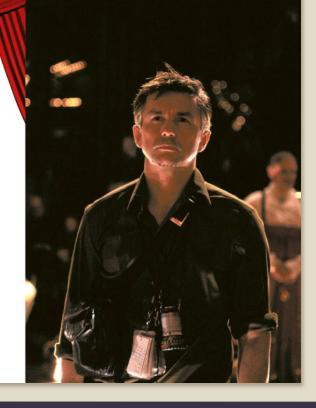
## THE CURTAIN RISES...

#### The Showman

Over three decades, Mark Anthony Luhrmann, who goes by the moniker Baz Luhrmann, has cemented himself as one of cinema's most recognisable filmmakers. The Australian film director, producer, writer and actor has worked across television, opera, theatre and music, but it is in the cinematic realm where he has really flourished. He is regarded as a contemporary auteur renowned for his theatrical aptitude, opulent aesthetic and sweeping

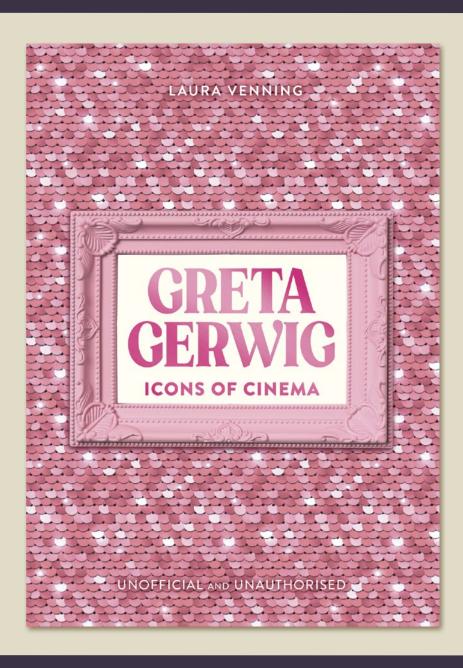
Luhrmann is a showman as much as a director, known for conducting dramatic narratives that play out on a flamboyantly grand scale. Culturally, his significance spans the arts as he takes classic narrative structures and morphs them through new perspectives, not limiting himself to the boundaries of realism. This signature style marks the Australian filmmaker as a pioneering storyteller where the fusion of high and low pop culture creates an entirely singular body of films.

OPPOSITE: Luhrmann on the set of Mourin Rouge.



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## **Icons of Cinema: Greta Gerwig**



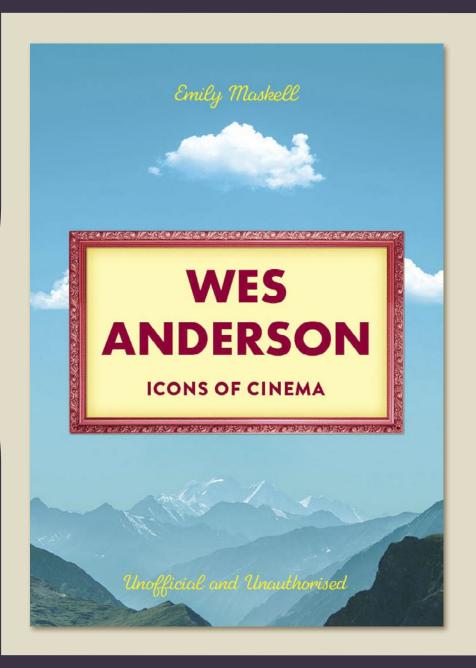
## A celebration of the iconic movie director behind *Barbie* and *Little Women*.

- Written by Laura Vennning, film critic specialising in feminist cinema who has written for BBC Culture, Empire Magazine and Little White Lies.
- Illustrated with full colour photographs including events and movie stills.
- Barbie earned more than \$1.38 billion worldwide to become Warner Bros' highest grossing film ever, as well as the highest grossing film ever from a female filmmaker at the domestic box office, and was the largest global film release of 2023.
- Will publish simultaneously with lcons of Cinema: Wes Anderson.

## **Icons of Cinema: Greta Gerwig**

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Rights Available	World

## Icons of Cinema: Wes Anderson



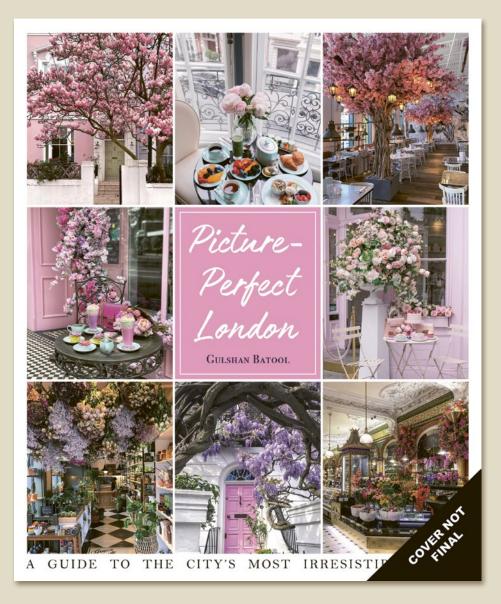
A celebration of the iconic movie director behind *The Grand Budapest Hotel* and *Moonrise Kingdom*.

- Written by Emily Maskell, author of Icons of Cinema: Baz Luhrmann and freelance film critic who has written for BBC Culture, GQ, W Mag and more.
- Illustrated with full colour photographs including events and movie stills.
- Will publish simultaneously with lcons of Cinema: Greta Gerwig.
- With home streaming services expanding and multiplying at an incredible rate, as well as the Barbenheimer Effect of 2023, there is a renewed interest in film and cinema.

## Icons of Cinema: Wes Anderson

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Rights Available	World

## Picture-perfect London



# A carefully curated guide to London's most Instagrammable spots.

- Gulshan's primary Instagram account, @ gulshanlondon, has 208k followers. She has collaborated with everyone from Claridge's and The Connaught to Peggy Porschen and Sketch.
- Gulshan focuses on the luxury London lifestyle and is a unique influencer in an arena largely dominated by upperclass white women. She is known for championing female and minority entrepreneurs.
- Gulshan's audience is 87% female, and she has broad global reach: top countries are the US (21%), the UK (20%), Italy, France and Australia.
- Most influencer-created guides to London published pre-2020, giving us a clear advantage in terms of how up-todate competitor titles will be.

## Picture-perfect London

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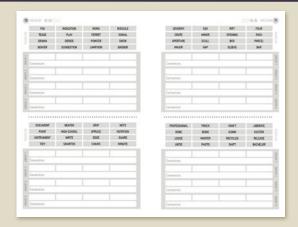
## **Connections Puzzle Book**



## 500 puzzles to do anywhere, any time!

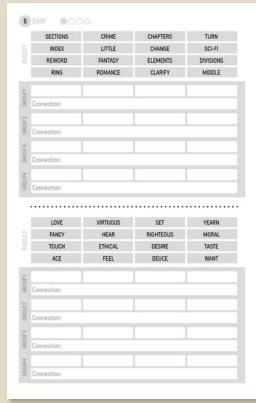
- With an eye-catching mat lam and spot UV cover, this b-format book is perfect for puzzling on the go.
- With challenges for all abilities, this book can be enjoyed by the whole family and makes the perfect gift for puzzle fans.
- These stimulating puzzles are perfect for those seeking screen-free time.
- This book is perfect for fans of online games such as Wordle, Quordle, Murdle and Connections - when one puzzle a day just isn't enough!
- Perfect for long journeys or holidays.

## **Connections Puzzle Book**



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NOOL COMMISSIONES STRIKE FIGHT	BLOW ELECTION DIPPRE	SUNSHINE EXMLE DIVE	MANAGER PUFF JOHN	STEAM CORRODE BRIDE BRID	CRIMBLE CLFF APPLE	ALCO DAMAGE BOARD	MONGES ANGUS POT
KOOL COMMICCOMES STRIKE FIGHT  Control Son	BLOW ELECTION DIPPRE	SUNSHINE EXMLE DIVE	MANAGER PUFF JOHN	STEAM COMPOSE ERRORE BRIAN Connection	CRIMBLE CLFF APPLE	ALCO DAMAGE BOARD	MONGES ANGUS POT

CHEESE	BRITHER	\$100P	JELLY .	TROUBACOUR	COLLOGUME	BADWOUTH	RESIDEN
TALL	DIPPER	MUNCK	PROOF	FORMAL	PERFORMANCE	\$195K	LAMBIOA
tor	594640	BLEAT	BUTTER	SEMANTICS	RECAL	SOCIAL	PHONOLOGY
BREAK	CRESS	PRESERVE	DREAM	MUE	MORPHOLOGY	PEER	SUPERBAD
energion.				Connection			
arrection.				Convection			
Correction				Convection			
				Connection			
PRME	PPE	AUTONIA.	GUTTER	DIAMA	CHEEKS	EDIONN	MARS
DRAN	PIPE DRUCK	RATIONAL REAL	GUTTER LAGH	DIANA FRINCE	CHEERS CHAMPIONS	ELEMENTHAY	MARS
PRME DRAN POUR	PIPE DRUCK COMPOSITE	RATIONAL REAL PLANK	GUTTER LACH RIE	DIAMA FRINCE TOLLEVISION	CHEEKS CHAMPONS HORAL	ELEMENTARY FRETUT SENIUS	MARS CUB QUALITY
PRME DRAW	PIPE DRUCK	RATIONAL REAL	GUTTER LAGH	DIANA FRINCE	CHEERS CHAMPIONS	ELEMENTHAY	CUIB
PRIME SRAIN POUR ROUNG	PIPE DRUCK COMPOSITE	RATIONAL REAL PLANK	GUTTER LACH RIE	DIAMA FRINCE TELEVISION FLORA	CHEEKS CHAMPONS HORAL	ELEMENTARY FRETUT SENIUS	MARS CUB QUALITY
PRME DRAN POUR	PIPE DRUCK COMPOSITE	RATIONAL REAL PLANK	GUTTER LACH RIE	DIAMA FRINCE TOLLEVISION	CHEEKS CHAMPONS HORAL	ELEMENTARY FRETUT SENIUS	MARS CUB QUALITY
PRIME DRAW POUR ROURD	PIPE DRUCK COMPOSITE	RATIONAL REAL PLANK	GUTTER LACH RIE	DAMA FRINCE TRENCE TREMCHOON FLORA Connection	CHEEKS CHAMPONS HORAL	ELEMENTARY FRETUT SENIUS	MARS CUB QUALITY
PRIME SRAIN POUR ROUNG	PIPE DRUCK COMPOSITE	RATIONAL REAL PLANK	GUTTER LACH RIE	DIAMA FRINCE TELEVISION FLORA	CHEEKS CHAMPONS HORAL	ELEMENTARY FRETUT SENIUS	MARS CUB QUALITY
PRIME SPAIN POUR BOUNG CONCESSION.	PIPE DRUCK COMPOSITE	RATIONAL REAL PLANK	GUTTER LACH RIE	DARRA PRINCE TELEPHONE TELEPHONE PLORA Connection	CHEEKS CHAMPONS HORAL	ELEMENTARY FRETUT SENIUS	MARS CUB QUALITY
PRIME DRAW POUR ROURD	PIPE DRUCK COMPOSITE	RATIONAL REAL PLANK	GUTTER LACH RIE	DAMA FRINCE TRENCE TREMCHOON FLORA Connection	CHEEKS CHAMPONS HORAL	ELEMENTARY FRETUT SENIUS	MARS CUIB QUALITY





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## **Building Bonds**

## BUILDING BONDS

Why We Choose the People We Choose (and how to change it if we want to)

"Essential, insightful and compassionate." Joshua Fletcher best-selling author and therapist

**ZOË ASTON** 

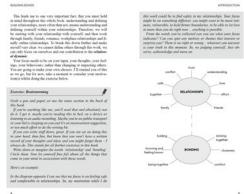
## Learn to navigate relationships

- Hardback book with matt lamination and spot UV cover finishes.
- London based author Zoë Aston has an MSc in Psychology and Counselling and is a registered and accredited member of the BACP (British Association of Counselling and Psychotherapy).
- An accessible and easy-to-follow guide to building healthy relationships in your life, with a focus on a range of different relationships including romantic, friendship, family and professional.
- Includes practical advice, reflective activities and a toolkit of techniques that can be implemented in every day life.

## **Building Bonds**

The trouble with loge.

As I've already said, loge doesn't always week out. But some times there is a reason for that. Some of us have trouble with the concept of loging became our intends visites kink off with the concept of loging became our intends visites kink off with parties like 'do'll, at you for loges part or 'logo for the bott and expect the worst.' When you say segative things to yourself and don't really allow yourself is fully more on the following to the control of th





Do any of these descriptions help you think about your own defi-What if I replace the word 'relationship' with 'bond'?

you and your varie. How to adjust dysfunctional and unhelpful reactions and be

Or ford I ancouncy defines 'bond' as-

A relationship between people or groups based on shared feel-ings, interests, or experiences.
 Join or be joined securely to something else.

#### A grounded feeling of connection to myself which enables me to bond with people outside of myself. INSTILLING HOPE

INTRODUCTION

Transcendent hope: When hope is part of your daily being and personality. It's a general feeling of optimism and hopefulness about the future. For example, living by the following mantras: 'This too shall pass' and 'One day at a time'.

If you do not identify with any of these definitions of hope, ask yourself the following:

- · Is there anyone in your life who you view as hopeful?
- . What do you like about the way they express hope about things? · Can you imagine yourself borrowing a bit of their hope for a while?

If life feels hopeless a lot of the time, it is a good idea to speak to a therapist or mental health professional. You will find ways of contacting mental health professionals on pages 225-226.

#### HOW TO USE THIS BOOK

**BUILDING BONDS** 

This book is split into six chapters. Chapter One ('Self') looks at your relationship with yourself, Chapter Two is a short chapter which provides essential information about boundaries, wants and needs and attachment styles, Chapter Three focuses on Family Relationships, Chapter Four covers Friendships, Chapter Five looks at Romantic Relationships and dating, Chapter Six is all about Workplace Relationships and Chapter Seven explores Online and Digital Relationships.

Each main chapter starts with a reflective statement for you to ponder, before providing an in-depth exploration of each type of relationship and several practical exercises. I've structured the information offered to reflect the developmental process of each relationship and the different choices that can be made along the

For example: how it begins, what the journey of that relationship generally looks like throughout your lifespan, and the effect that your choices can have on you, both positive and negative. We

will also focus on how to work with difficulties and differences which will include resolving conflict and how to communicate more effectively, as well as support to help you move on from relationships that no longer serve you, should you choose to.

The chapters and indeed the subtitled sections, stand alone in their own right so you can read them in any order and refer to them at any time. I do urge you to read the information in the order I have written it as the book builds on itself. However, if you do choose to read things out of order, I have cross-referenced as much as possible so you can read the connecting information.

and your life.

that you start to think of the people in your life who 'should' know, read, understand or reflect on the same messages. In my experience, it is impossible to get someone to read a book if they don't want to. BUT you might just be able to get them to take 60 secyou learned with them verbally. If they will not even read the interest. If that's not realistic, do yourself a favour and let it go focus on yourself.

In relationships, and pretty much all of life, there are two types

We are going to cover a lot of ground and it's likely that not everything will apply to you right now... At the very end of each chapter is a summary which includes the main messages we've covered. Reading this will help you condense the information so you can come back to it when you feel it is more relevant to you

It's to be expected, when you are reading about relationships, onds to read the summary and then, maybe you can share what summary in their own time, read it to them and see if it snarks any

At the back of the book, you'll find further reading lists and web links for each chapter, as well as guidance on contacting mental health professionals and support teams. On pages 228-232 you will also find a glossary of terms. If I have not defined a term within the main text of the book, the first use of each defined term will appear as bold italic text and be defined in the glossary. If you don't know what something means, please read the definition as it'll support your understanding of the content.

#### Before we get started I need you to know that...

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